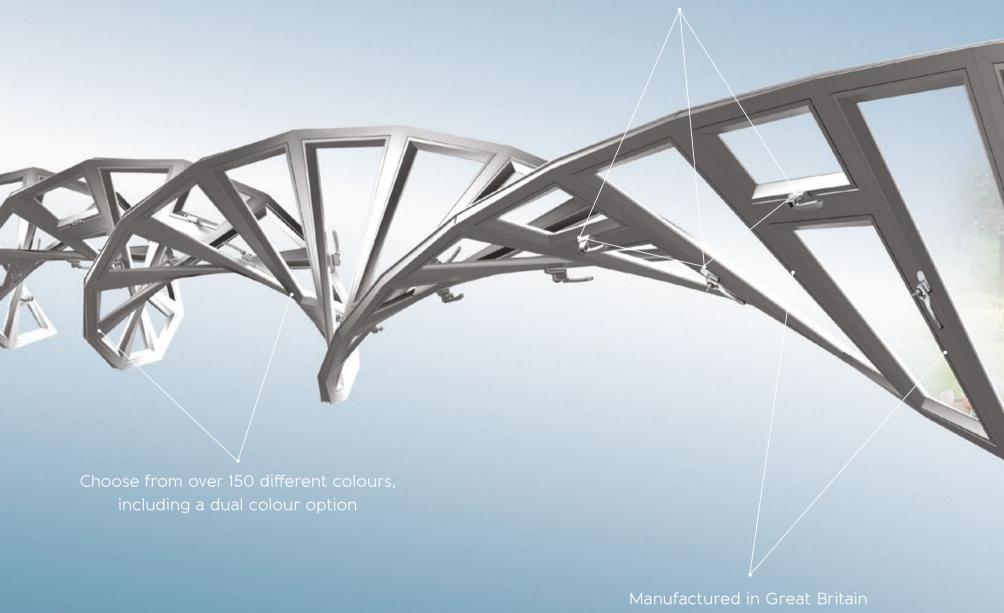
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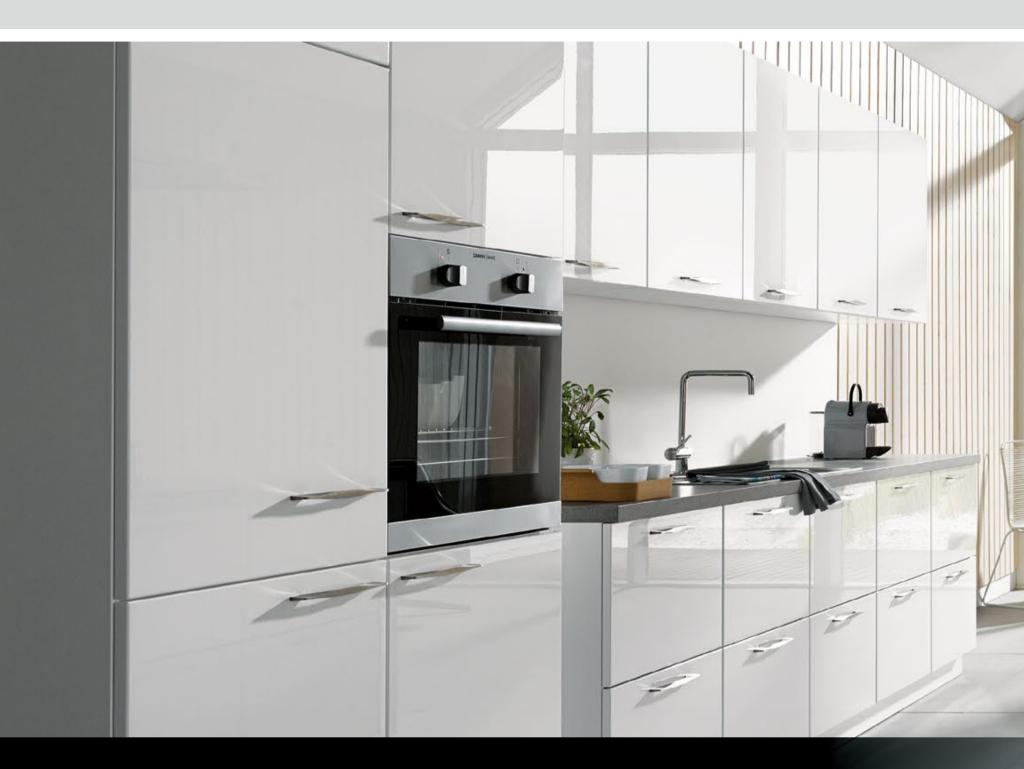
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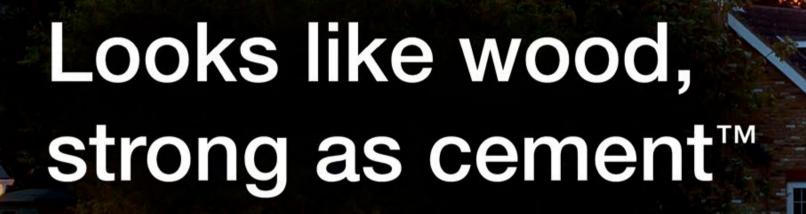
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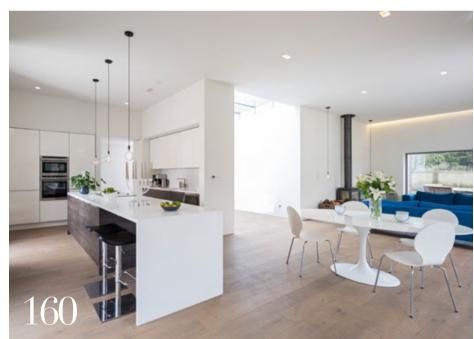




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Behind Every Door

Claire Lloyd is the Editor of Homebuilding & Renovating

isiting readers' homes is without a doubt one of the most enjoyable aspects of working for Homebuilding. Pen and pad packed, Sat Nav at the ready, and on the road we go. It may be a five-minute commute (as our Features Editor, Daisy, recently discovered when she visited a straw bale self-build quite literally 'down the road'), or a four-hour drive. The destination is always different but united by a common

theme — when we tap on the front door it's safe in the knowledge that there's a homeowner inside with a story to tell.

After all, creating an indi-

After all, creating an individual home tailored to your family and lifestyle is not always an easy journey; there are sometimes sacrifices to be made on your time and relationships, sleepless nights over finances, and if like me you live in the midst of building work, there's

a pile of 'I owe you' cards dished out to friends who have hosted dinner yet again at their (finished, warm, dust-free) homes. But, as all of the owners who proudly show the *Homebuilding* team around their homes are testament to, the rewards more than make up for it.

This month I had the pleasure of visiting a couple who'd transformed a youth club into their first home. They'd completed most of the work themselves over

a two-year period, and the result is completely unique. The finished house is also worth almost double what the couple spent on the project — always a bonus.

Alongside said conversion, and highlighting the broad range of projects which we embrace within the fold, is a contemporary self-build designed to maximise its breathtaking cliff-top views, a new

oak frame family home built after a long planning process, and a single storey dwelling which reinvents the British notion of the 'bungalow'.

Elsewhere in this issue, Mark Brinkley investigates 'modern methods of construction' (p.50) — is prefabrication and taking much of the legwork off-site the secret to achieving a new home on time and on budget? Chartered surveyor lan Rock delivers an in-depth masterclass on building a new floor (p.77), while eco expert Tim Pullen asks whether powering a home entirely on solar energy is possible (p.60). Plus, we've dedicated 20 pages to the topic of extending your home — lining up project managers and architects to reveal how to do it and their top tips for a successful project (p.91).

On a concluding note, if you've recently finished your project, we'd love to see it — it just might end up on *Homebuilding & Renovating's* next cover.

facebook.com/homebuildingandrenovating homebuilding@centaurmedia.com



Contributors



WILL BROCKLEBANK
The founder of building data
company Shepherd, Will Brocklebank
is also a former director of CEDIA
(Custom Electronic Design and
Installation Association). Will's
piece on smart solutions for home
security can be found on page 71



PETE TONKS
Pete Tonks is Homebuilding & Renovating's design expert and has been designing homes for over 20 years. Read his design masterclass to building an extension on page 92



IAN ROCK
Chartered surveyor Ian Rock MRICS
is the author of eight popular Haynes
House Manuals, and a director of
Rightsurvey.co.uk. This month he
delves into the world of floor
structures on page 77





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Homes Editor (Digital) Kathleen Spriggs-Bush
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EDITORIAL PRODUCTION

Content Production Editor Melanie Griffiths
Senior Art Editor Billy Peel
Contributions by Emily Smith and Karen Lawson

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ADVERTISING AND EXHIBITIONS SALES TEAMS Print and Digital Sales Director Jackie Sanders 01527 834426 jackie.sanders@centaurmedia.com Key Account Manager Helen Fox 01527 834491 h.fox@centaurmedia.com Key Account Manager Lucinda Clarke 01527 834404 lucinda.clarke@centaurmedia.com Key Account Manager **Debra Greer** 01527 834424 debra.greer@centaurmedia.com Account Manager Samantha Broome 01527 834427 samantha.broome@centaurmedia.com Account Manager **Jessica Harrison** 01527 834427 jessica.harrison@centaurmedia.com Business Development Manager Keri O'Conner 01527 834472 keri.oconner@centaurmedia.com Classified Account Manager Kay Dhillon 01527 834496 kay.dhillon@centaurmedia.com Exhibitions Sales Director Hellen Roche 01527 834418 hellen.roche@centaurmedia.com Exhibitions Account Manager Josh Mortimer 01527 834497 josh.mortimer@centaurmedia.com

MAGAZINE AND WEB PRODUCTION

Head of Production **Bill Griffiths**Digital Production Manager **Tom Burbridge**Email Production Manager **David Lloyd**Print and Digital Production Executive **Alice Sullivan**Production Assistant **Aimee Bradley-Davies**Digital Production Assistant **Nicholas Robertson**

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Digital Sales Executive **Elena Gill**01527 834494 elena.gill@centaurmedia.com
Digital Sales Executive **Kelly James**01527 834471 kelly.james@centaurmedia.com
Trade Sales Executive **Simone Adams**01527 834481 simone.adams@centaurmedia.com
Head of Digital **Gill Dawson**Web Services Manager **Alison Nash**Web Services Technician **Laura Sturgess**Social Media Editor **Sarah Handley**

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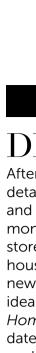
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BLOGS

We catch up with Joe Shimbart, who's building an energy-efficient oak frame house in Hampshire using natural materials.

The lead up to the Carpenter Oak glazing team's arrival was a challenging time, as with the constant winter rain and gales, the thin plastic sheeting covering the recently erected timber frame and window openings was wearing fast and required constant maintenance.

Once the carpenters from Carpenter Oak were back on site, they started to prepare the frame for the glazing. The site was very muddy, but ground was claimed back with scrap boards and pallets to make it a little easier to work, and the carpenters remained enthusiastic about the job. It made a real difference, and the care and attention to detail was evident from the start.

Glazing directly to an oak frame is not an easy process. The finished product hides the complex underpinnings and detailing. I commissioned Carpenter Oak for both the green oak frame and fixed glazing system. This meant that the cover boards were cut and prepared to match the green oak frame precisely at the workshops in Devon at the same time as the main frame was manufactured. Needless to say, I am very pleased with the quality of the finish.

The plan now is to complete the woodwork, finish the external western red cedar cladding, remove the scaffolding and also to start on first fix internally.

For more updates on Joe's project, visit homebuilding.co.uk/blogs

LETTERS

DEAR EDITOR,

After a year of living in our three-bed detached house in Winchester, my husband and I are finally due to start work on site next month, giving the property a large twostorey side and rear extension, and wholehouse renovation. Every month I scour the newstands for homes magazines to take ideas from and like to pick up a copy of Homebuilding & Renovating for its up-todate information, advice and inspiration, and we have collected snippets from our favourite featured houses to build up moodboards for what we want for our own project.

Wanting to improve the existing house rather than demolish and rebuild, we have decided on a drastic overhaul of the external materials, going for a more contemporary look with render and cladding to the original house, and new brickwork to the two storey side extension, rear addition and a large amount of glazing to brighten up the internal rooms and make the most of the views.

Internally, the majority of the walls on the ground floor will be removed and left open plan, and the new extensions will allow for a kitchen/diner downstairs and a large master suite above. We can't wait to get started and will be continuing to keep up with the magazine's articles for advice on our project. Mrs Bates, Winchester

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TOP TWEETS



"Well this is exciting! AR Design Studio's Paragraph 55 house receives planning permission!"

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"Want a #selfbuild plot? You can now register with your council. Visit the NEW @nacsba site: righttobuildportal.org" @JasonPOrme



"If we build too cheaply and too fast then quality goes out the UPVC window. We then have a problem in 50 years' time"@MrGeorgeClarke



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International new builds and renovations to inspire P.30

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David Snell shares his wisdom as he embarks on his fourteenth self-build P.39

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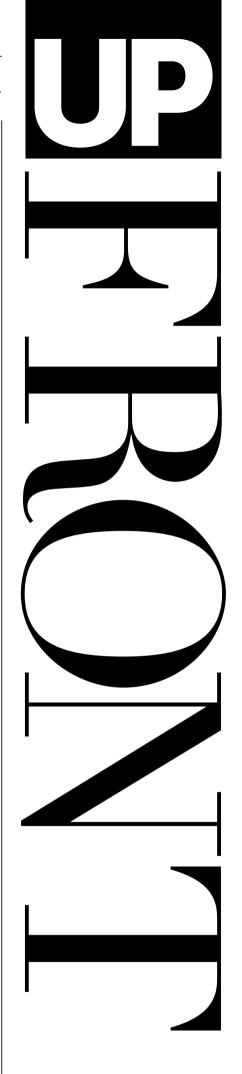
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Offering a handpainted traditional-style kitchen, and starting at a reasonable price of £8,000, the Real Shaker Kitchen by de-VOL features both fitted and freestanding furniture to suit your kitchen space — and in a range of colours, too. In this project (above), the island has been painted in

deVOL's Mushroom while the rest of the kitchen is painted in Putty. The Shaker cabinets have been topped with honed black granite worktops. An undermounted sink, chrome Shaker cup handles and ball knobs complete the picture. (devolkitchens.co.uk)



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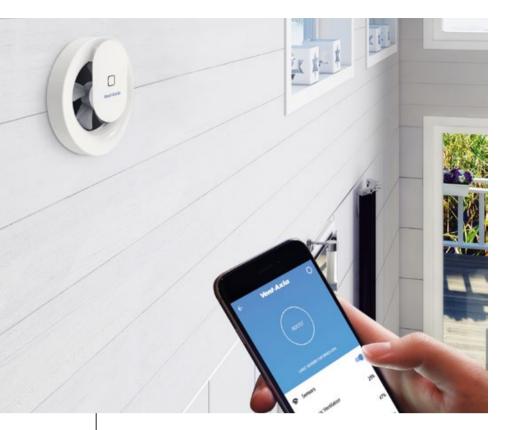
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VENT AXIA'S SVARA SMART VENTILATION FAN

New to the market - and a first for the UK -Vent Axia has launched its Bluetooth-enabled Svara unitary fan, which can be controlled remotely by a free-to-download app. While the fan is available factory set, there are three speed settings, including a boost, to choose from to adjust comfort and indoor air quality. The Svara also features an effective humidistat which reacts to sharp changes in humidity, for instance when the shower is turned on, to help control damaging humidity levels that can lead to condensation and mould. Furthermore, the fan also comes with a light sensor to detect when someone is in the room, as well as silent scheduling and an automatic cycle. POA. (vent-axia.com)



ELECTRIC RADIATORS DIRECT'S HAVERLAND SMARTWAVE RADIATOR

The new Haverland SmartWave radiator from Electric Radiators Direct uses advanced motion sensor infrared technology to monitor movements and adjust itself according to your changing routine. The radiator will start heating your property 30 minutes before you are scheduled to arrive and also switches itself off when you leave. The SmartWave also comes with the optional addition of the SmartBox which connects to your WiFi; enabling full heating control throughout your property whenever you want via a free, userfriendly app. Helping you to save energy, the radiator also features a high-precision thermostat which accurately keeps your room at the correct temperature. Prices for the SmartWave start from £259.99. (electricradiatorsdirect.co.uk)



EVOLUTION WINDOWS' STORM 2

The Storm 2 handcrafted Georgian casement window in white from Evolution Windows measures (H)1,250x (W)1,300mm. Made from PVCu, the woodeffect window comes in 10 standard colours, as well as a range of 200 RAL colour options. Priced from £1,000. (evolutionwindows.com)



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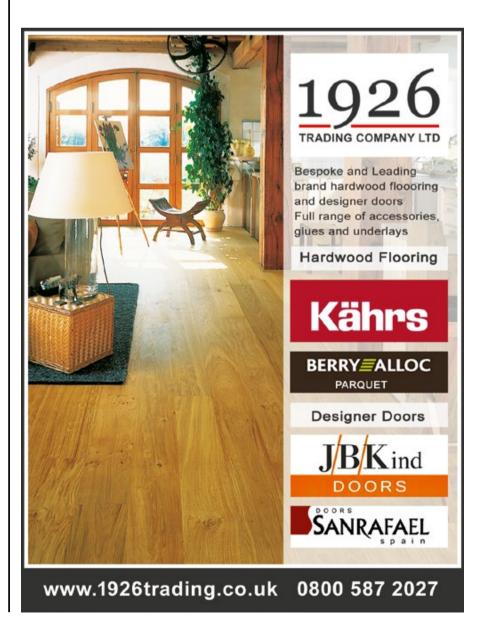
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From B&Q's Cooke & Lewis collection, the Minima bath shower mixer tap is suitable for all baths with high and low pressure water systems, and features an easy-to-use quarter-turn operation. The tap is made from brass with a chrome finish and ceramic cartridge valve. The tap also comes with a 10-year guarantee and costs £92. (diy.com)







VICTORIA PLUM'S LIMITED EDITION ROLL-TOP BATH

VictoriaPlum.com has launched a collection of limited edition coloured roll-top baths, including Victoria Rose, Silver Birch, Russet, Bluebell, Dove Grey, Perfectly Plum and Champagne. These baths are sprayed in liquid vinyl, using technology from the automotive industry, and handfinished in the UK by local craftspeople. POA. (victoriaplum.com)



LAURA ASHLEY BATHROOM COLLECTION'S *MONOGRAPH RANGE*

Inspired by mid-century styles, Laura Ashley Bathroom Collection's new Monograph range of bathroom furniture comes in two on-trend finishes of Light Clay (shown) and Gloss White, and can be wall-mounted to free up valuable floor space or fitted with coordinating, elegant legs to create a statement freestanding look. Measuring (H)540x(W)800x(D)375mm, the Light Clay basin unit costs £549 and is complemented by a ceramic basin, which starts from £400. (lauraashleybathroomcollection.com)

MATERIALS

ENGINEERED WOOD FLOORING EXPLAINED



HARVEY BOOTH
Harvey Booth is the
country manager (UK
and Ireland) for flooring
company Kährs

HB&R: What are the pros and cons of engineered wood flooring compared with solid wood?

Harvey Booth: While the purist may only consider a solid wood floor, there are many advantages to a quality modern engineered design. All wood species swell in a warm, humid environment and shrink when it's cool and dry. This natural movement can cause gaps to occur between boards or for flooring boards to become concave or convex.

As an engineered board is constructed in layers to minimise movement, it expands and contracts as a complete floor, rather than as individual boards, making it more stable. Combined with a quality locking joint, like Woodloc, this eliminates the risk of any gaps or problems associated with humidity. An engineered floor also only uses sustainable hardwood in the surface layer, and fast-growing softwood, like spruce and pine, below so it's also more eco friendly.

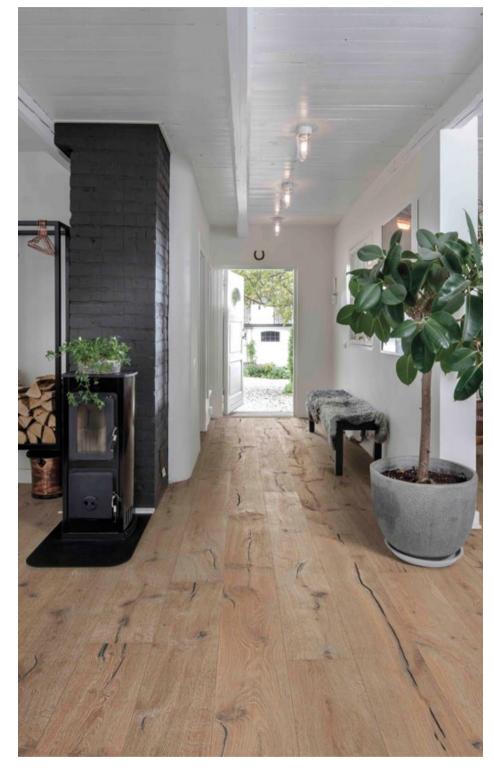
What are the benefits of specifying boards with a thicker wear layer?

Boards that have a thicker wear layer can be sanded more often. However, a quality wood floor in a domestic setting generally won't need renovating for many decades and will be offered with a guarantee of around 30 years. Bear in mind that any wood floor – be it engineered or solid – can only be sanded down to the joint, so both offer the same longevity in this respect.

There are plenty of finishes as well as plank widths — are there any current trends?

Single plank floors are always popular. Less knotty grains are becoming more popular too. Tactile surface finishes and colour hues are also very sought after.

In terms of finishes, lacquered finishes tend to be easier to maintain, as the finish doesn't



Above: Kährs' Oak Kinda one-strip oak wood floor has a brushed, hand-scraped finish, saw marks, bevelled edge and natural oil pre-finish. It costs £98.40/m²

Top Right: Kährs' Oak Herringbone patterned wood floor is from the Studio Collection and features a smoked finish and a matt lacquer pre-finish. Prices start from £68.40/m²;

Bottom Right: Ecora's Oak White Oiled engineered floor starts from £54.85/m²





need to be topped up like oil. But modern oiled refreshers are really easy to apply, as you just mop them into the surface. Some people prefer the matt texture of oil, while others prefer the higher sheen of a lacquered finish. In either case, a quality finish will provide good durability.

If you have underfloor heating, are there any species which should be avoided?

Engineered wood floors work really well with underfloor heating, because the multi-layered construction minimises movement and creates a surface that is 70 per cent more stable than solid timber. The only species that should be avoided are beech and hard maple, as they are more sensitive to humidity.

Do you have any tips for installation?

The ideal time is at the end of a project, so there's no risk of the floor being splashed with paint, etc. Glueless joint systems, like Kährs' Woodloc, promote a fast and accurate installation. The boards are easy to align and lock together. The joint also ensures that the boards don't gap over time and, because they aren't glued in place, they can be unlocked and repositioned if necessary. Kährs' engineered boards don't need to be acclimatised either and can be laid directly from the packaging.

Prices can vary dramatically — what should homeowners typically expect to pay?

You'd normally pay between £30 and £90/ m² for a quality brand. Generally, plank or one-strip designs are more expensive than two-strip or three-strip wood floors, as the surface layer is sawn from a single log. Designs with surface treatments – such as metallic finishes, stains, hand-scraped, bevelled and brushed finishes – tend to be more expensive, too. But bear in mind that a quality wood floor is an investment and one that will increase the resale value of a home.

Useful Contacts:

Kährs	kahrs.com
Ecora	ecora.co.uk
Olestone Oak	orlestoneoak.co.uk
1926 Trading	1926woodflooring.co.uk

DREAM HOMES

INTERNATIONAL DESIGN INSPIRATION

DOWN UNDER

Designed by practice Signature Custom Homes, this luxury three storey 1,100m² home in Perth, Australia, is packed with wishlist features — from a games room and cinema, to a gym, sports bar, wine cellar and outdoor swimming pool.

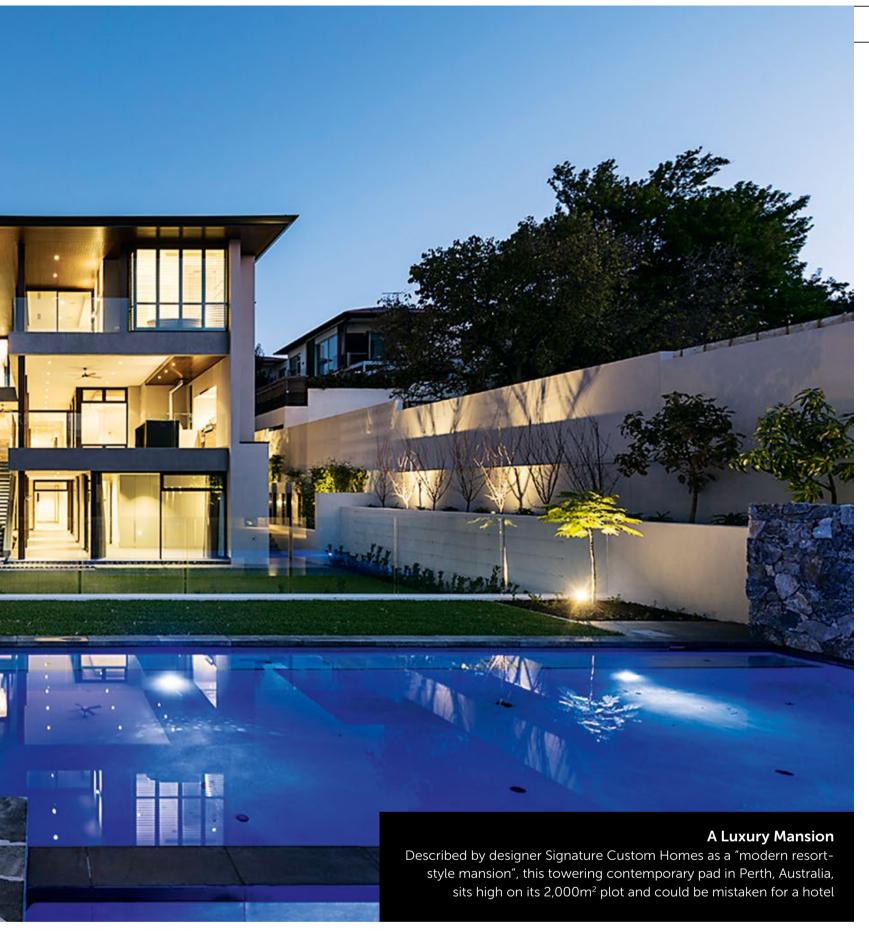
Entering the home through the pivot entry door, you are greeted by a formal living/ dining space with doubleheight ceilings. To the rear, a kitchen, informal dining and casual living space offer views of the river and city skyline, while a lower level plays host to a guest suite and entertainment rooms. On the upper level, a kids' activity space and passageway connects the four-bed children's wing and the master suite (the latter featuring a private balcony and large en suite).

The exterior features a lowpitch tiled roof with huge eaves. External finishes include rubble-style dry-jointed stone cladding, render and polished plaster. Cedar and burnt ash timber were chosen for the external ceilings and eaves linings.













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BEFORE & AFTER

A home in Buckinghamshire receives a dramatic facelift





KATHRYN MANSI Kathryn Mansi is project director at London-based practice Model Projects (modelprojects.co.uk)

existing property had been extended previously but failed to maximise on the fantastic views the site had to offer. The internal layout consisted of rooms of disproportionate sizes that didn't work with other spaces, as well as rooms which led into one another with no central corridor — even one of the bedrooms on the first floor was only accessible through another bedroom.

We worked with the clients on the design, and there were a lot of iterations going back and forth. Initially, they were after something more traditional with red tiles; however, this slowly developed into a more contemporary look.

In order to maximise space and create a more functional layout, we added a side and rear extension, as well as a front porch extension, moving the entrance across to allow for a new central staircase and atrium with a void leading all the way up to a Velux rooflight. These additions allowed for a new kitchen-diner, a cosy living space with log burner, and a luxury hotel-style master suite with walk-through wardrobe. The internal garage has also been relocated and we built into the large loft space to provide additional accommodation, too.

The existing solid brick elevations have been clad in external insulation and then rendered for a modern finish, with new windows throughout. The clients are now so proud of their house.

OUT AND ABOUT

THE TOPPING OUT CEREMONY: ANAGE-OLD RITUAL





From appeasing the tree gods to homeowners offering cake, beer or a BBQ to the building team — we lift the lid on this traditional rite of passage

nown as a builders' rite, the 'topping out' of a building dates back to the dawn of construction, with evidence suggesting that even the Egyptians carried out some of the various forms of ritual that exist in today's modern building traditions. But what exactly is topping out, and why does it still hold a significance in the world of homebuilding? "It goes way back, and is part of different traditions as a way of appeasing the 'tree gods'," begins Nik Sheppard, production manager of Carpenter Oak. "The topping out of a building marks the completion of the frame, when the carpenter nails a live sprig of oak to the top truss [the highest point of the frame] as a way of keeping evil spirits at bay, and also symbolising growth.

"The whole ritual is incredibly superstitious — the recognition being that the fate of the inhabitants relies on the offering and sacrifice of food to those who have built a stable structure. In order to live happily inside, they have to appease the spirits, gods, nature, whoever, and so traditionally the homeowners will provide food and drink as part of the ceremony," says Nik. "Traditionally, building in oak, and building your own house in general for that matter, has







OAKWRIGHTS X 4: CARPENTER OAK (TOP LEFT)







A Community Celebration

Bringing families, builders and trades together, the topping out ceremony is a celebration that marks the end of the construction of a building's frame. Many in the world of homebuilding still maintain this tradition — particularly oak framing companies

always been seen as a community-style affair where the clients were quite dependent on members of the local area for help and support on site, and as a way of thanks they would provide a feast, or even just a beer, at the end as a way of repayment and to thank everyone involved."

While the tradition has been around for years, it is carried on by different people in different ways, and extends to buildings in glass and steel, too — the World Trade Centre, at the time of being built, had a whole tree lifted to the top, and the Empire State Building had a party some 30-storeys high when the last white steel beam was craned to the top of the building.

From nailing sprigs to the top truss to carving names and symbols into the timber, there are many variations of the ceremony. "In some cases you'll find that the carpenters will draw symbols on the timber, and they all have their own symbols. It could be a symbol of their on-site nickname, a marking representing the locality — all sorts," says Bill Keir, director of operations at Oakwrights. "In some cases, the tradition even extends as far as placing coins with the current date on in the mortice of the first post for good luck; it's a way of recording the event should the house ever be taken down. Oakwrights also carries the tradition of placing an Oakwrights pewter plaque somewhere on the building (usually high up); however, this is often in consultation with the homeowner."

The tradition of topping out is not without some humour. "Over in France and Germany they have these traditions deeply rooted into their trade, and we've heard stories in the past from Germany where if the clients didn't turn up to celebrate then the carpenters would play all kinds of pranks on them, including nailing a fish to the truss instead of a sprig," says Nik.

The ceremony is, however, all about celebrating with the clients, and today many companies are keen to make a special effort to involve the homeowners where possible. "In the world of building we don't always have time to mark every occasion, particularly if we are only contributing something small to a building, but for clients such as self-builders who really take an interest on site we make the effort to go all out. It really is the cherry on the cake for us, for the client to have a connection with the team and for us to build a friendship — it means something," adds Nik.

Bill agrees. "The homeowners are usually thrilled to be involved with the topping out of the building," he says. "Especially if they've been living on site, it's such a big thing for them to have the main structure of their future house in existence, after spending so many months in a caravan in the garden, that they're more than happy to provide cakes, beer or a BBQ — it's great."



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Inspector Dismisses Appeal for Self-build Exemption

While self-builders are usually exempt from paying the Community Infrastructure Levy (CIL), an inspector has dismissed one family's appeal against Croydon Council's decision to refuse exemption after finding they had already started work on site before the council had confirmed their qualification for exemption.

Michael Holmes, Chair of NaCSBA (National Custom and Self Build Association), says: "The inspector's decision must be a huge blow to the family involved. Self-build budgets are usually tight, so this extra unexpected burden resulting from them starting on site too soon is likely to have been very difficult to absorb." NaCSBA has advised self-builders to read the rules for the exemption carefully, especially the definition of commencement which can be found at legislation.gov.uk/ukpga/1990/8/section/56.

REMINDER: Following the passing of the Self-build and Custom Housebuild-ing Act through Parliament, which began taking effect from 1 April 2016, local authorities in England must now maintain a list of those interested in building their own home. To register interest in your local area visit righttobuildportal.org/build-your-own-home.

Zero Bills Home Launched at BRE Innovation Park

A new home opened at the BRE Innovation Park in Watford could provide a solution for future housing. Zed Factory, the RIBA award-winning zero-carbon pioneers, has launched the Zero Bills Home — a concept for a home without energy bills.

Utilising a clever, affordable and easy to build design – which costs approximately £1,350/m² – the Zero Bills Home is built of steel frame with timber wall panels. Its low-energy requirements are met by a roof-integrated photovoltaic panel and energy storage system which can also generate enough power to service a small electric vehicle.

In order to eliminate home energy bills, the Zero Bills Home is heated by a small air-source heat pump that recycles heat recovered from stale air via means of a mechanical ventilation heat recovery system. The heat pump also heats the water for the home's underfloor heating — a woodburner offers back-up heating during the winter months too.

The Zero Bills Home is also heavily insulated in the roof, walls and ground floor to meet Level 6 of the (now-defunct) Code for Sustainable Homes.

Bill Dunster of Zed Factory, the architect behind the concept, said: "SME builders are key to delivering the 250,000 homes per annum we need across the UK — the Zero Bills system is an off-the-shelf solution for SMEs that could really drive the market in the right direction."

BRE's chief executive, Dr Peter Bonfield OBE, who opened the new house at the Watford site, added: "Zero Bills represents new thinking and a fresh approach to the significant challenges and opportunities we face in the housing market."

Zed Factory's concept has led to the creation of the Zero Bills Homes Company which offers six customisable, fully designed and costed house types to choose from depending on solar orientation, house size and access requirements.

For more information, visit **zerobillshome.com**.













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DIARY OF A SELF-BUILD





To Buy One Plot, or Two?

WE FOLLOW SERIAL SELF-BUILDER DAVID SNELL
AS HE EMBARKS ON HIS FOURTEENTH PROJECT
— SHARING HIS TIPS ALONG THE WAY

n last month's column, I explained how we liaised with local estate agent Glen Webb, and spent two days searching for a plot to build our fourteenth self-build, after my wife Linda and I decided to move back to the Forest of Dean from Kent. We finally found a parcel of land which we liked. Straight after Glen had shown Linda and I this particular plot on Friday, we drove to meet designer Kevin Cooper who'd drawn up the plans and handled the planning application for the plot. We knew him as he'd drawn up our last three self-builds and was happy to give us the particulars for this plot.

I couldn't help but feel a trifle smug: it had taken us just two days to find our latest plot, putting the lie to my boast that, once I put my mind to it, I'll find a plot in a fortnight. I had to remember that the plot wasn't ours yet though — we hadn't even set foot on the land. We'd yet to make an offer, let alone have it accepted, and so it was with a sense of relief that Glen called the following morning, advising us that the owner would be pleased to see us on the plot on Monday.

The plot in question was one of two, and Glen had already told us that the plots would be sold together for £210,000. He had mentioned that the vendor might accept separate offers for each plot. There were problems with this, however. Firstly, it would mean the plots staying in the public eye for longer, allowing builders and others the opportunity to jump in over us. Secondly, an intrusive mining survey had been attached as a condition of the planning permission — neither property could be built independently without it.

I phoned the surveyor who'd originally carried out the non-intrusive mining survey for the planning consent to find out more, and the cost of the intrusive survey required. He

"It was fabulous — better than anything we'd hoped for or expected"



Above: The New Plot

Embarking on their fourteenth self-build, David and Linda have found the perfect plot in Berry Hill in the Forest of Dean, with endless countryside views

quoted £1,350 plus VAT. I obviously wasn't going to commission that until or unless we got the plot. "Do I have anything to worry about here?" I asked. "Not really. I don't think so," he replied.

On Monday we drove to the plot and were met by Glen and the vendor, Les Day. He ushered us through his garden and through a raised fence panel on the boundary with his home and then on to the plot.

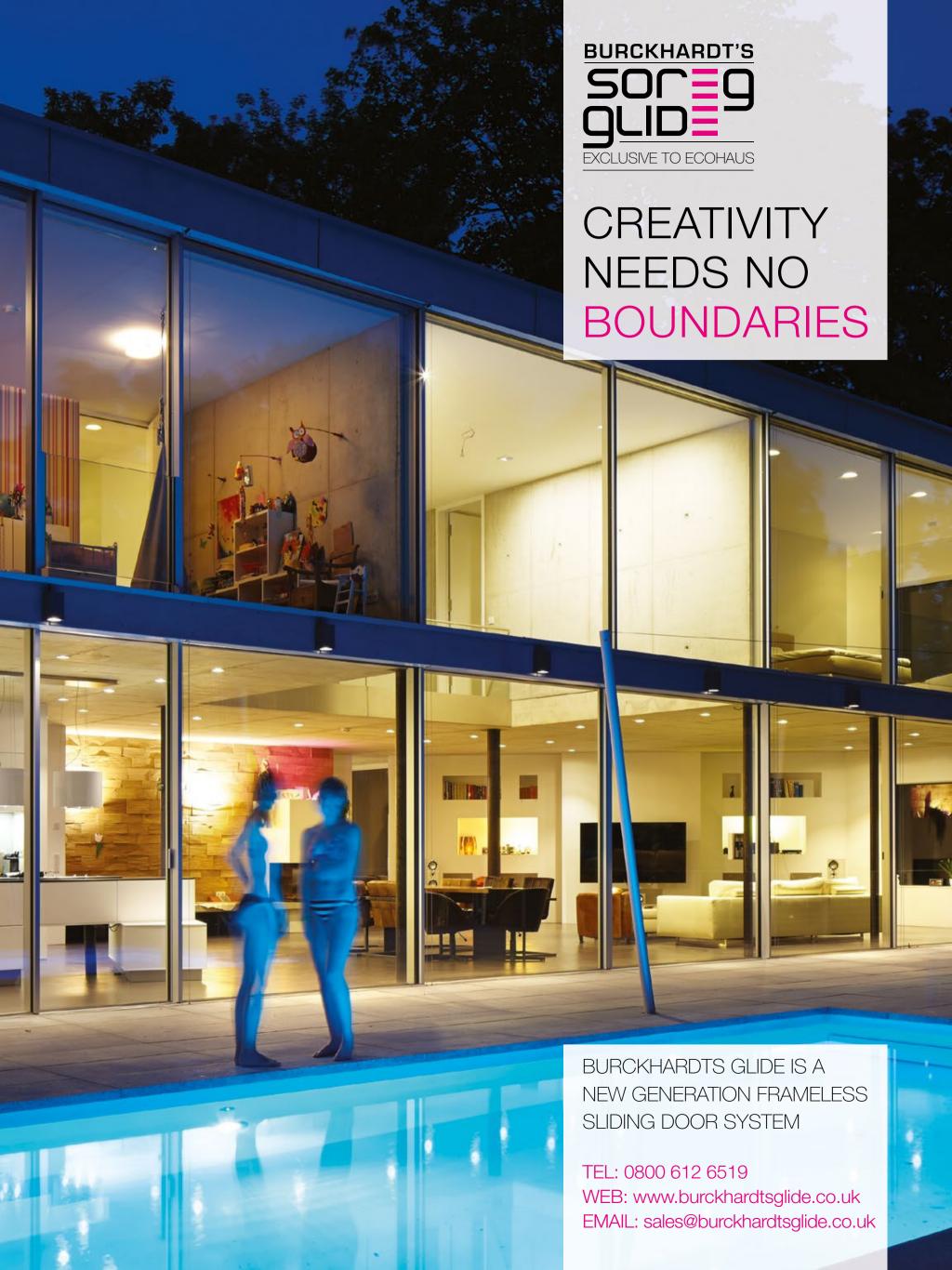
It was fabulous — better than anything we'd hoped for or expected. The land was clear, apart from an old stone pigsty. To the rear there was just the forest with a gate providing access. To the front the views looked over rolling countryside to the Malvern Hills.

Could we buy both plots and then sell off one to take it off the market? We'd have to dip into the piggy bank but it seemed the sensible thing to do. Linda agreed. "We'd like to buy both plots for your asking price of £210,000," I said, and Les merely extended his hand and shook mine.

"Well, we'd better go back to the office and sort out the necessary paperwork," Glen said and, once we'd said goodbye to Les, we followed him back to his office.

 Next month: David enters into the legal proceedings of buying the two plots

||||



DIARY OF A REMODEL



Getting the Design Right

IN HIS NEW COLUMN, FORMER HB&R EDITOR JASON ORME SHARES HIS WORDS OF WISDOM AS HE EMBARKS ON THE RENOVATION AND MAJOR REMODEL OF HIS 1960S HOME



ne of the biggest mistakes that many homeowners make with self-build or renovation projects is rushing into the build itself — eager as they are to start seeing things happen. It usually ends in tears, with either a design that has not fully evolved, insufficient detailing on the plans (if indeed they exist at all), or a spiralling cost base. Some 18 months into the process of extending and remodelling our own 1960s

"One designer alone would probably not be able to provide everything we needed"

house and we're yet to so much as furtle a fascia — we certainly can't be accused of rushing in. Instead, my wife Sarah and I have taken our time on the design. It is, after all, going to be the home our children grow up in for the coming decade or two — the most important home we'll live in — and it's worth spending a bit of time exploring the options before lifting a hammer.

After finding our new project in the Staffordshire countryside, we started off by looking at the main project objectives: to add another bedroom (the house had four,



Before and After: Front Elevation

After advice from three designers, the final drawing (top) for Jason's remodelled and extended home has been worked up — the new tower addition is a defining feature of the front elevation

but one of these, with its own en suite, was downstairs); make the upstairs space feel more generous and luxurious; provide a more attractive kitchen and dining area that would connect better with the lovely garden; achieve better flow between the different parts of the house; and generally improve the architectural appearance of the home from the outside. Mark Brinkley, a long-time contributor to Homebuilding & Renovating magazine and ever one for a good line, called the house 'Frank Lloyd Wrong' and while both Sarah and I liked its mid-sixties eccentricities, it had faded over the years, and some elements were just plain ugly. We wanted a scheme that both achieved the space we required, and gave us a house that was attractive again.

We spent a lot of time doing our own research, both online and using magazines

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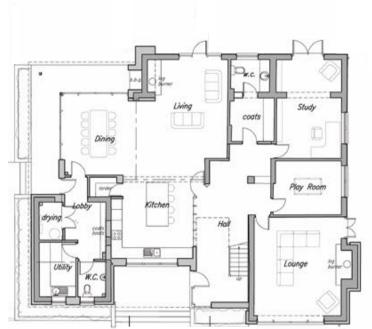
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Ground Floor

First Floor

— and of course my own personal back catalogue of the brilliant homes I'd visited during my 12 years as editor on this title. We then took the view that one designer alone would probably not be able to provide everything we needed, and in the 18 months since we have engaged with three different designers, all of whom have added significantly to the scheme using their own individual strengths.

Pete Tonks (PJT Design), the renowned designer of oak frame homes, has a particular interest in 1960s architecture and he and

"We'll have spent around 10-15 per cent of the final build budget on the design itself"

I share a love for American architect John Lautner, so we engaged him to come up with concepts to achieve the key objectives and see the project through the planning process (more on which next issue). His amazing solution to the problem of the pokey upstairs spaces – building a new tower on the front elevation and reworking the stair position – was the single biggest step forward with the project. Next up, Aaron Chetwynd, a hugely talented architect local to us in Staffordshire who had a proven track record in being able to 'realise' contemporary schemes and, with

A Reworked Floorplan

Following first designer Pete Tonks' suggestions of a tower extension to the front and moving the staircase, the new layout (above) allows for more generous accommodation with better flow between rooms

a background in film set design, ensured the necessary level of architecture was injected. Critically, he was able to co-ordinate key issues like the joinery and stone detailing.

Then, as we began to worry about the potential budget becoming less achievable, we spoke to a local builder about the scheme who recommended local designer Jon Grew to do some further constructional detailing and, more importantly, reappraise the project to carry out a value-engineering exercise. He's been the 'critical friend' that the project needed — very much a 'do we need' approach that I'm sure will be massively valuable down the line.

As a process, it has been time-consuming and felt a bit more expensive than we would have liked. We'll have spent somewhere around 10-15 per cent of the final build budget on the design itself — which, I'm told, is about right. It just feels a lot. So what does that level of investment (in time and thinking, as well as money) get you? I'm hoping it means that the usual dramas and mistakes that others make by rushing in and scrimping on design will be avoided. We'll see.

Next month: The planning process

NEW PROJECT

"IT'S AN EXCITING CHALLENGE"

Simon and Karen Coulson are hard at work renovating and extending their 1960s bungalow in Ipswich...

"We're exactly where we want to be," says Simon Coulson, as he describes the project he and his wife Karen have taken on to remodel and extend a rather drab bungalow in Ipswich. "We bought the bungalow in August 2015 (although we'd been busy planning ideas for what we wanted long before), and after a recommendation through my wife's work we hired an architect to ready our plans. Luckily the planning came through quickly, although we did have a condition that required an archaeologist to come out and conduct a survey as previously a Bronze Age urn had been found in the garden.

"For the design, we knew we wanted a house for entertaining our friends – social space was important to us - and so we wanted to reconfigure the accommodation to meet these needs.

"However, while we did not want many bedrooms as it's just the two of us, we knew it was smart to have one eye on the end value, and knew that additional bedrooms upstairs would make the property particularly attractive if the time ever came where we had to sell," says Simon.

With this in mind, the couple have chosen to completely overhaul the existing layout, keeping only the large 7m² living room — which they are living in throughout the works. "We are turning the old master bedroom downstairs into a dining room, opening out to a new conservatory, moving the staircase, converting the old garage into a study, building a new garage and then adding two new bedrooms upstairs to make this property a four bedroom home — we're keeping the other two guest rooms which sit above the former integral garage," says Simon. "The other bedroom on the ground floor will become a boot room, and by taking down one of the internal walls this will make room for a large kitchen."

Simon and Karen were also keen to create a feeling of space and volume with high ceilings. They knew it wasn't going to be possible with the existing roof space, so the architect suggested removing the roof and raising the ridge height.

"We were quite particular with the design, and by introducing a large dormer on the front elevation we knew we had to make this attractive as it's the first thing both we and guests will see when they approach the driveway," says Simon. As a result, the house is being clad in HardiePlank fibre cement cladding above 2m, with matching render below, taking the property from a brick-clad 1960s bungalow to a beautiful New England-style home.

So what stage are the couple at currently? "We've changed every window and the new front door has arrived but we're going to wait to put that on. The footings for the new garage and the conservatory have been done, the wall has been knocked down to move the position of the staircase and we're currently putting the new beams in the ceiling to support the new floor above for the new bedrooms. The next step is pulling the roof off, which will be done in stages as we go along, and building the dormer.

"It wasn't until three or four days into the project that we realised that we could have been more prepared. We had been so focused on making sure we got the right contractors and the right schedule that we forgot to arrange what we personally need to get through it — particularly as we're 'camping' out in our living room!

"The only question now really is when it will be finished, and as we are doing this on a budget that will all depend on what we have left to spend towards the end and whether I need to step in and finish some of the work myself in my spare time.

"There are absolutely no regrets though as the house we'll end up with will cost way more than we ever could have afforded to buy outright - and it's an exciting challenge."

TARLING





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MATERIAL MATTERS



What to Consider When Choosing Bricks

BUILDING INSIGHT FROM INDUSTRY INSIDER ANNETTE FORSTER

aking sure that the right bricks and mortar are selected for your project is likely to be very important. Within the UK, brick is the most popular façade option, with durability, security, solidity, longevity, versatility and cost-effectiveness all being key contributors to the product's sustained prominence within the housing market.

There are many variables, but most people are surprised that typically the cost of bricks on a new detached property is around £5,000. That is less than three per cent of the overall build cost – and much less than most people spend on the average kitchen – yet this product has such an important impact on 'curb appeal'.

From the way the building looks to how it fits in with its surroundings, bricks can have a major impact on the end result. Add to this the fact that it's also difficult to change at a later date – unlike a kitchen or bathroom, for instance – and the importance of selecting the right brick for your project becomes clear, especially when there are over 1,000 different types available within the UK alone.

With this in mind, it's important to consider the many factors involved with selecting the right product — from the style of brick (contemporary or traditional) to considering the local area and what the planners will accept. So, what are the differences between bricks that impact on the look of a property?

- Brick type: Handmade, stock, wirecut and water struck are all popular options.
- **Size:** The standard size for bricks in the UK is 215x102.5x65mm; however, there are several different sizes available.
- Colours: There are a huge number of colours available, from plains to multi coloured, reds, yellows, white, blacks and even glazed.
- Textures: Creased, handmade textures and 'tumbled' effects provide a look of reclaimed bricks, which are popular with traditional styles. Monotone, smooth products are more popular for contemporary styles.
- **Blending:** By mixing different products, you can achieve a bespoke look for your project.



Above: Traditional-Style Brickwork

Wienerberger's Kempley Antique is a red soft mud stock brick — perfect for traditional schemes

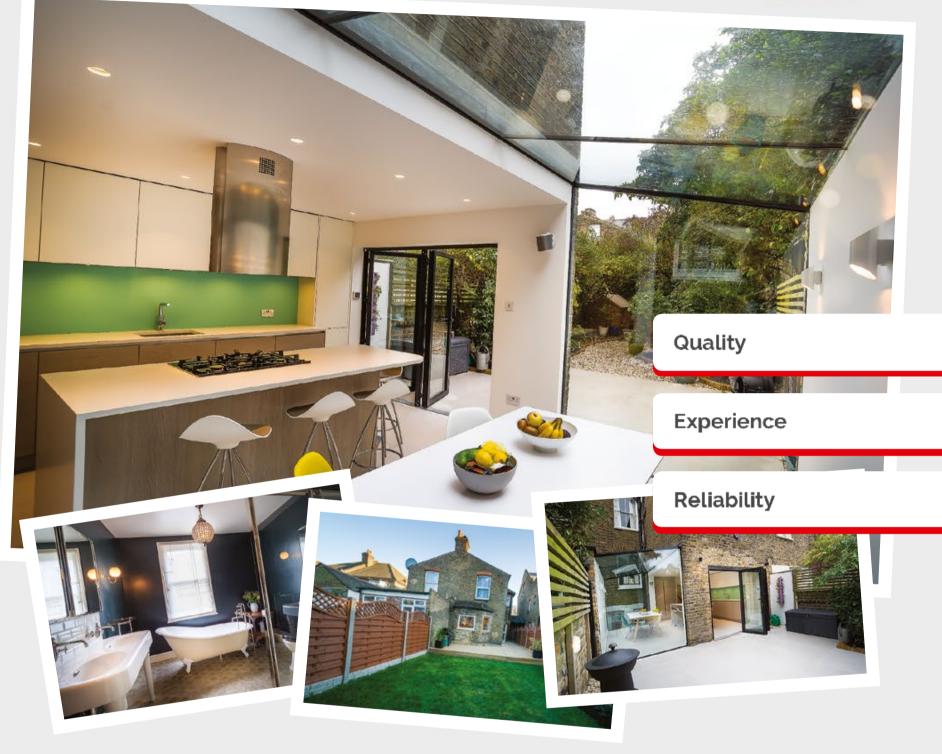
- Mortar colour: Mortar accounts for over 15 per cent of the external wall coverage, so considering the colour is key.
- Bond patterns: People opting for a traditional look tend to go for patterns like a Flemish bond, while those after a contemporary style may look to options such as stack bonding.
- Mortar joint profiles: There are a number of options that impact on the look of the build, from recessed, flush and bucket handle to weather struck, and weather struck and cut.
- Shaped bricks: These offer different benefits, from enhancing the look of a project to increased durability. They can even reduce build time and waste on site by reducing the need for hand cutting.
- Brickwork detailing: Bricklaying techniques like corbelling can add interesting features.

With so much choice available, make sure to visit a showroom and play with colours and textures to get the right look for your project. •

• Annette is the director of marketing at Wienerberger and a lead on the Brick Development Association and Construction Products Association. Wienerberger, the world's largest producer of bricks and Europe's biggest producer of clay roof tiles, has four showrooms and 14 factories in the UK. Its range includes Terca, Porotherm, Sandtoft, Keymer and Penter brands.

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"Good Communication Can Save Thousands"

Builders share their words of wisdom for a successful building project

One of the most common problems

when dealing with existing homes is the effect of changing weather patterns — heavy, penetrating and driving rain has had a huge effect on homes today, together with water ingress from the lack of maintenance such as defective gutters, flashings and poor workmanship. In turn, both can cause migrating dampness problems, creating cold walls, condensation and the very high risk of timber decay to embedded timbers.

The industry has changed dramatically

in the last decade. There are fewer homeowners wanting to entertain the idea of DIY and there is a huge demand where clients can't find suitably qualified, experienced and up-to-date contractors to trust, take advice from and employ.

Energy efficiency is also gaining enormous momentum and importance in all our lives. At Tiffin Group we are qualified and experienced in thermal imaging and have diplomas relating to the best modern methods and techniques regarding insulating old and listed buildings.

Projects are all about client/builder

relationships — knowing what is expected of each other is essential to the success of a building project. A clear specification, conditions, programme and communication will result in a good working relationship. Also bear in mind that changing your mind and varying work during a project is always expensive and you won't get best value for money. Good communication at an early stage can save thousands.

One essential tip when embarking on a

home improvement project is not to be price driven. Have you heard of the astronaut who was perfectly confident of a successful mission when he discovered that his spaceship and suit had been sourced by the cheapest supplier?!

- Robert Tiffin is a building expert and owner of London and home counties-based contractor Eco Tiffin (01442 259067; tiffingroup.co.uk)
- The Federation of Master Builders (FMB) operates the Find a Builder service to help you source quality contractors near you at fmb.org.uk



ADVICE

The Rise of the Prefab Home?

Would you rather your car was built in a field or a factory? Why not ask the same question about your home? It's a fair point — so why aren't more houses in the UK prefabricated off-site? Mark Brinkley explains all



MARK BRINKLEY Mark is the author of the best-selling Housebuilder's Bible and an experienced builder; he's just bought another plot

THE QUICK READ

- >>> Prefabricated homes are big news in Germany and becoming increasingly popular for UK self-builders. Building a home under controlled conditions off-site can result in a build delivered on time and on budget
- >> 'Modern methods of construction' (MMC) is a term often used to describe this approach to building
- >>> In the UK, a hybrid model has evolved, whereby the superstructure is typically prefabricated off-site and erected (usually with the aid of a crane) on site, with the self-builder taking over to manage the finishing trades



few weeks before Christmas 2015, I was cycling through a leafy suburb in my home town of Cambridge, when I spied a huge 40-tonne truck trying to make a right turn across my path. As I got closer, I noticed the lorry had German plates. Why would a vehicle this size, coming from another country, be turning into a quiet suburban side street?

I knew the answer the moment I clocked the German plates. It could only be a prefabricated house from a nation where selfbuild is far more common than speculative building. Germany is home to over 100 fertighaus (or prefabricated house) builders and several of them are active in the UK market. This one was being supplied by Hanse Haus, who have been trailblazers in our home market and have been supplying UK-customised homes

Over the course of some 20 years writing and researching selfbuild, I have been to many sites where factory-built homes were being craned into place, and erected at an almost unimaginable speed, but I always arrived on site by invitation and at a scheduled hour. This was the first time I had ever stumbled across such a delivery by chance and that in itself is significant, because previously such construction methods were so unusual that they were



newsworthy. Now they are routine, if not exactly commonplace. I followed the truck down the side street and found another already parked up on the roadside, waiting to start unloading the house. The assembly gang had also come over from Germany and were being put up in local B&Bs. They knew their job and aimed to have the structure of the house up in three days. The customers were replacing an older house and had been told that they would have the keys to their new home in just eight weeks.

Four months later, the finished house sits easily in the street, the construction phase long finished — only the garden and the landscaping await to be completed. This, in essence, is what people are talking about when they use the phrase 'modern methods of construction' (or MMC).

What are Modern Methods of Construction?

Modern methods of construction are all about taking as much of the grunt work away from cold, wet building sites as possible. Instead of struggling to construct brick and block layers and working from a set of plans in all kinds of weather, much of the process is moved under cover, into an environment where the structure of a house can be built with greater speed and to engineering standards. Which begs the question: why aren't all houses built this way? Why are the majority of new homes in

this country still built on site? The answer is not straightforward, but usually boils down to one or two factors. Factory housebuilding sells itself on being quick, but not everyone is in a hurry to complete. In fact, our big housebuilders have a vested interest in not being too speedy because they want to release their output at a measured pace to match a predicted market demand, thereby keeping their prices high. The second factor is cost: there is often little to choose between on-site and off-site builds, and shipping houses across continents is never cheap.

The main drivers for the uptake of modern methods of construction are quality combined with predictability. I very much doubt my Cambridge self-builders (who incidentally I never met) were drawn to this route because it was a cheaper option. I suspect that they valued the certainty of the outcome (more than simply the speed), combined with the reputation that German manufacturing enjoys across all sectors. Buy a German fertighaus and you know precisely when you can move in. You could book a holiday for the following week, safe in the knowledge that you wouldn't have to cancel at the last minute because of unforeseen snags; there won't be any. That's a very appealing prospect for many people, compared with a typical on-site self-build where the finished date is always "a few months away" and the hope of being "in for Christmas" so often turns into a cruel joke.











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ADVICE MODERN METHODS OF CONSTRUCTION





Closed-Panel Systems

Clockwise from left: **Haus** is an architect-led package company providing prefabricated homes using composite timber frame systems, which are craned into place on site; The wall panels of this **Baufritz** home are factory-finished, complete with windows and cladding in place — saving time on site; The **Hanse Haus** system utilises numerous independent components (layers, seals, flashings, foils, adhesives, materials, compounds, etc) that form an integrated whole — once on site, the windtight and watertight shell can be finished in three days!



An Emerging Hybrid Model in the UK

The total number of entirely prefabricated houses being built each year in the UK is still very small. Even within the self-build community, it accounts for less than a hundred homes each year. It's an expensive business to ship a home across the Channel, and the overall size of the business doesn't yet warrant the investment in local plants, although this may change as one company in Scotland plans to do just this (watch this space).

What has instead evolved in the UK is a hybrid version of fertighaus, where only the superstructure of the house is factory built and erected on site and the self-builder then takes over and manages the finishing trades. Technically, if we take timber framing as an example, the difference between the German approach and the British approach is referred to as closed panel vs open panel. Closed-panel framing sees entire walls finished in the factory. The external cladding is fixed, as are the doors and windows and the ducting for cables and plumbing. A closed panel itself tends to be larger and heavier and a crane is therefore essential to the assembly.

In contrast, open-panel construction leaves the external cladding and the joinery to be fitted on site. The process can often be carried out without a crane. This makes it suitable for sites where access is restricted, a factor common in the UK.

Open-panel timber frame developed in Scotland, riding the back of the oil boom around Aberdeen in the 1960s. Americans were arriving in droves and needed lots of housing quickly. They were more than happy with timber buildings, as that is how they were built back home, but the Scottish weather meant that American-style stick building was always going to be a challenge on site. So the process was brought into a factory and the UK-style timber frame was born. It has proven very effective and Scottish homebuilding has been dominated by timber frame ever since, with suppliers such as Scotframe and Stewart Milne now familiar names. In England, Potton picked up the baton and led the way in introducing factory construction in the 1970s. While the major housebuilders have been happy to stick with traditional methods, the self-build market has been a different story and has embraced different build systems and techniques.

ADVICE MODERN METHODS OF CONSTRUCTION

Oak Framing — a Modern Method of Construction

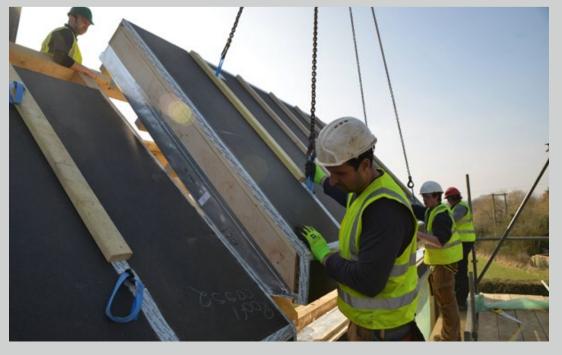
It can be difficult to shake the perception of oak frame as a centuries' old way of building, but prefabrication is key to modern oak framing; after all, the majority of oak framers construct their frames off-site, ready to be erected on site — the quick erection of the frame being one key benefit. What's more, no longer are infill panels of brick or wattle and daub acceptable; today's oak frame builds are typically encased in a highly insulated, airtight envelope in order to meet Building Regulations. Structural insulated panels (SIPs) are often used, but Oakwrights has developed its own series of encapsulation systems (the WrightWall Natural system, shown here, being just one) — wall and roof panels are built off-site to exacting standards (below), reducing build time on site











ADVICE MODERN METHODS OF CONSTRUCTION

The Many Faces of Modern Methods of Construction

But there is more to modern methods of construction than just a choice between closed and open-panel timber frame systems, and timber is not the only construction system that lends itself to this approach. Danilith, a Belgian company that also operates in the UK, provides prefabricated panels of highly robust insulated concrete with a brick outer leaf (render, timber cladding and even flint can be specified too), complete with external windows and doors. These are transported to site and craned into position as described before.

In the past 20 years, alternative construction systems have also emerged that are rather different from either closed or open-panel timber frame, and they all vie to be included as 'modern methods of construction'. Timber frame has spawned variants, most notably SIPs (structural insulated panels) which are characterised as being like timber frame without the timber. Here you are essentially building walls and roofs out of solid slabs of insulation, producing excellent thermal performance, in tune with today's concerns over energy efficiency and sustainability. SIPs are an American idea and were first used in the 1950s. They appeared in the UK in 2000 and have established a successful niche in both the self-build and developer markets. There are other framed systems using steel, too, though these have yet to make a significant impact on the self-build scene.

Even on-site blockwork construction is going through something of a rethink, using methods which simplify and speed up masonry construction — and in the case of insulated concrete formwork (ICF), completely rethink it. ICF construction is based around the use of expanded polystyrene moulds which are used to build walls with readymix concrete, then poured into the cavity to form the structure. No way can this be characterised as 'off-site construction' but, used well, it can be very speedy and the result is often a better insulated house that ticks many of the sustainability boxes that modern methods of construction tend to benefit from.

To completely understand all aspects of modern methods of construction, it is necessary to delve into the world of commercial building (where many aspects of car manufacture have been incorporated into building design). Here we see developments such as prefabricated craned-in bathrooms and living spaces fitted with wiring looms. This sort of building needs economies of scale – typically 50 or more very similar units – so it is usually only seen in blocks of flats, hotels or student accommodation. Its interest to self-builders is little more than academic at this stage.







Insulated Concrete Formwork

Left: BecoWallform is based on large lightweight block components that lock together without intermediate bedding materials — creating a formwork system into which concrete is poured. The formwork remains in place as thermal insulation and the system provides low U values

Top and above: NUDURA estimates that its insulated concrete formwork (ICF) system saves up to 60 per cent on labour and 25 per cent on time on site for a shell finish, compared with more traditional build masonry methods such as blockwork. The product has also recently been used to complete a curved self-build

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Above: Structural Insulated Panels

Potton was pioneering in its introduction of timber-based builds to the UK in the 1970s. Today, the company offers a number of build systems - including timber frame and SIPs (the Kingspan TEK® Building System shown) systems in order to deliver highly efficient homes - plus, a range of self-build routes (from erecting the shell only, to a full build service)

Below: Prefabricated Components

The Danilith system uses brick-faced insulated concrete panels which are transported to site and erected



The Benefits to the Self-builder

Which brings us to ponder what this all has to offer the prospective self-builder. There is no straightforward answer to this, partly because there is no clear-cut definition of what modern methods of construction represents.

Many non-conventional build methods like to call themselves modern methods of construction because this distinguishes them from the mainstream or traditional methods. However, this doesn't mean that the so-called modern methods always share common features. SIPs and ICF are poles apart in their approach to housebuilding. SIPs are all about factory-produced panels used for their energy efficiency and airtightness characteristics; ICF is very much an on-site method, appealing to the hands-on self-builder who wants to be in control of the whole process of the house assembly. Paradoxically, what they have in common is their heavy use of plastic-based insulation and also their designed outcomes, providing very energy-efficient homes.

Interestingly, neither SIPs nor ICF are widely used in Germany which many see as the spiritual home of modern methods of construction. The choice in Germany is somewhat simpler: on-site (or traditional) construction versus the off-site fertighaus methods, which we are slowly seeing becoming established over here. In the UK, we seem to be more open to other construction systems, many of them emanating from North America, but the wider choice doesn't necessarily make it better or a better place to build; the plethora of choices sometimes just adds to the confusion.

The choices for the self-builder are not simply restricted to wall systems either — component parts such as prefabricated floors and roof cassettes, for instance, can make for a more efficient build and speed up the construction of the shell of a new home.

If you are hoping to build a home in the coming years, it probably pays to keep an open mind about potential build methods, whether modern or traditional. Off-site construction has many attractive benefits for the self-builder. It delivers a certainty of outcome at a predictable cost that most on-site methods cannot match. But off-site modern methods of construction do not suit every design or every site, and only rarely does it work out as being significantly cheaper.

One thing modern methods of construction don't do is remove the human element in building. Whichever method you choose to build your home, make sure that you are dealing with people who know what they are doing and are able to show you how their system will meet your needs and your budget. •

FURTHER CONTACTS

Danilith UK: danilith.co.uk; ecoHaus: ecohaus.org.uk; Haus: haus-uk.com; Hanse Haus: hanse-haus.co.uk; Heb-Homes: <u>hebrideanhomes.com</u>; Oakwrights: <u>oakwrights.</u> co.uk; Potton: potton.co.uk; Scotframe: scotframe.co.uk; WeberHaus: weberhaus.co.uk; SIPs: Kingspan TEK® Building System: kingspantek.co.uk; ICF: Nudura: nudura.com; Beco Wallform: becowallform.co.uk







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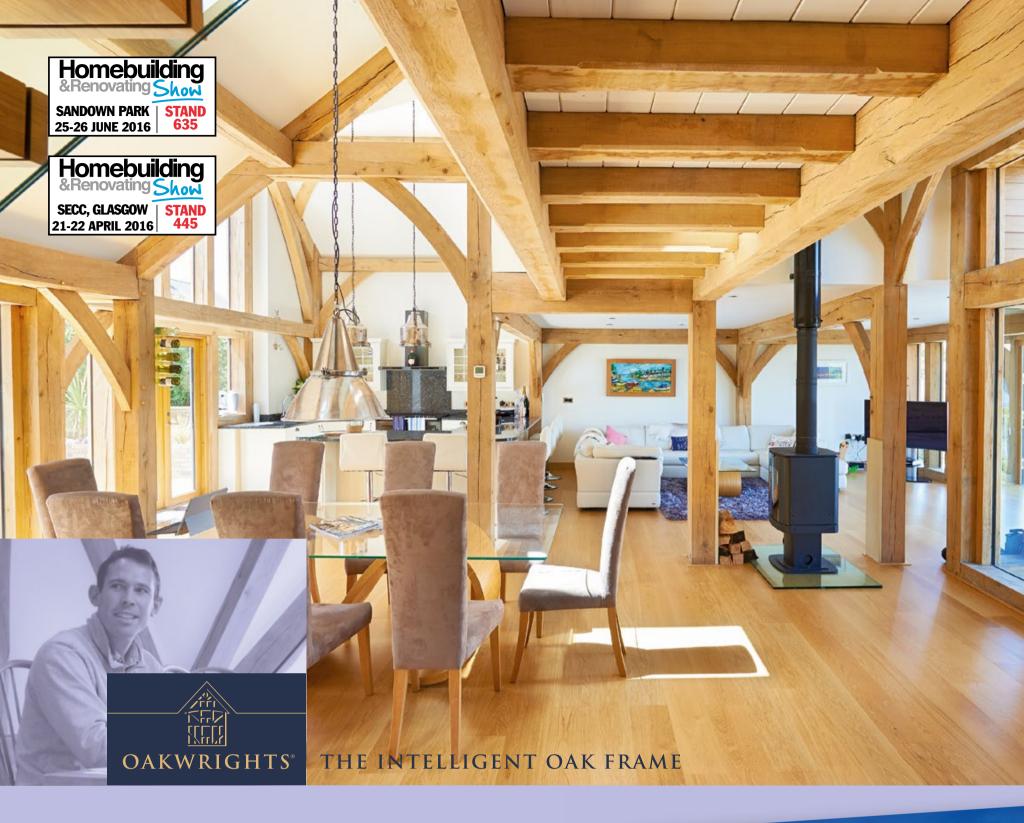




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he sun delivers more energy to the earth in an hour than the world uses in a year, according to the US Government's Department of Energy. An extraordinary statistic, but perhaps misleading in that the amount of energy actually available will vary with where you are in the world, the season, the time of day and the technology available to harvest it. Nonetheless, surely it should be possible to run a new home entirely on solar power?

Solar energy arrives here in the form of light and heat. We use technology to capture, magnify and convert it into useful purposes. As far as a house is concerned, there are three ways to do that:

- Photovoltaic (PV) uses silicon to convert light to electricity.
- Solar thermal uses the greenhouse principle to produce useful amounts of hot water.

• Passive solar energy is light energy gathered by the house without the use of technology. That is, sunlight passing through a window and warming the air within.

There is a fourth to consider too — PVT. In basic terms, PVT is a hybrid solar panel consisting of PV and thermal functionalities which contribute towards electricity while heating hot water.

It used to be considered by many that the UK did not receive enough sunshine to justify investing in solar power. The recent proliferation of PV arrays on roofs and in solar farms has dispelled that myth and it is the efficient use of all forms of solar energy that makes the idea of the solar-powered house a viable possibility. The one issue that could put the breaks on this notion - storing this power (solar power is generated in the day, which is not always when we need it) – is beginning to be resolved, too (more on page 63).





TIM PULLEN Tim is Homebuilding & Renovating's expert in sustainable building and energy efficiency. He runs the green home consultancy Weather Works, advising clients on renewables and energy efficiency in the home

The Solar House

Ty Solar in west Wales has insulation levels very close to Passivhaus standard. The three bedroom house is aimed at first-time buyers

How Much Energy is Enough to Power a Home?

This is a very good question, and an essential piece of information to feed in to the design process. We need to know how much energy the house requires before deciding how much we can or want to generate. There are plenty of 'UK average' figures – the average three bedroom house uses 4,800kWh of electricity per year; a four-person household uses 3,000kWh on hot water each year; a flat screen TV uses 0.1kWh/hr (hour), a fridge 1.6kWh/day – and while these may be more or less accurate, they are at best only a starting point.

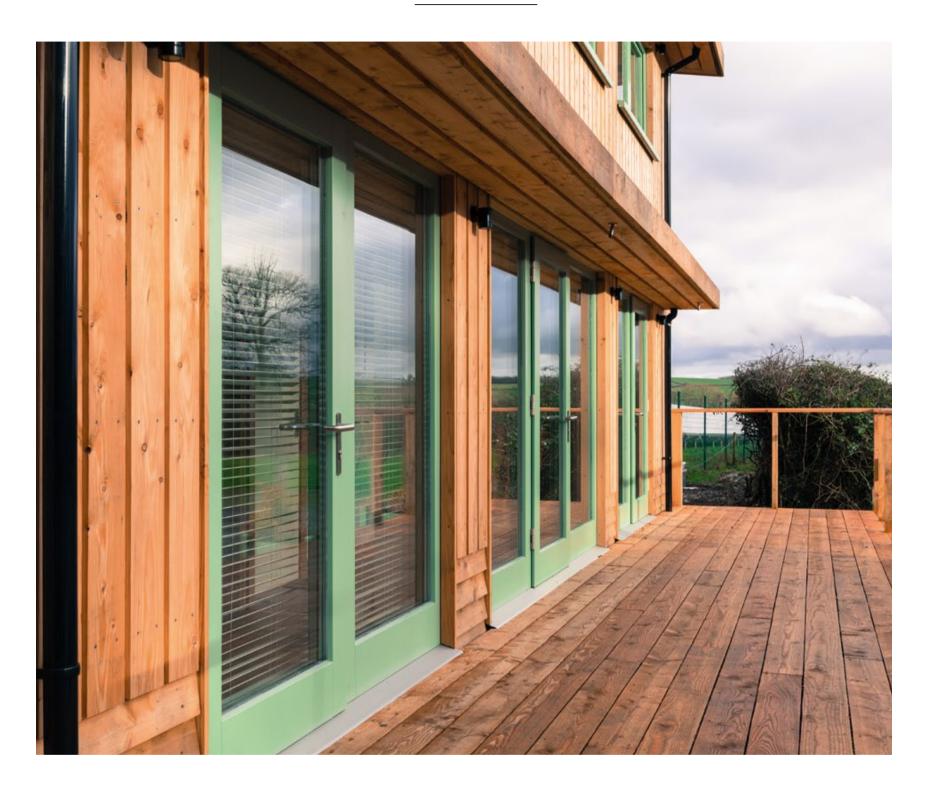
What is wanted is a detailed and accurate calculation of the energy demand based on the building and the people in it. This ideally needs to be completed by a specialist, as working out how much electricity is needed for lighting, appliances, etc, and so on is

a tricky process. These will be largely fixed amounts: we can choose to have LED lighting rather than tungsten filament and A+, A++ and A+++ rated appliances, but that is about as far as we can go.

It is the fabric of the building where we can have the greatest influence. The insulation and airtightness are important, but glazing, shading and orientation are also key issues that need to be looked at.

And then there is the question of balance: how much of the budget can be spent on renewable energy technology, how much on extra insulation and airtightness, and what are the rewards? There are a number of ways of solving this problem and the three examples on the following pages give some idea of what is possible. Regardless of the route taken, the following projects all demonstrate that the solar-powered home is a practical option for self-builders, regardless of budget or project size.

ADVICE THE SOLAR-POWERED HOME



1:TY SOLAR, WALES

Ty Solar, based in Pembrokeshire, is the brain-child of Glen Peters. His idea was to develop a house that was both sustainable and affordable, ideally running entirely on solar energy.

Glen Peters brought together a small team comprising himself, architect Gareth Dauncey, and Jens Schroeder, a builder with sustainable construction experience and passion. Together they designed and built a three bedroom, solar-powered house, essentially as proof of the concept, and are now building an estate of six solar houses, due for completion in June 2016, with plans in place to build 1,000 solar houses over the next 10 years.

"The design process was a combination of cost engineering, materials research, environmental design and end user analysis," begins Glen Peters. "What we wanted was a house that would

provide comfortable family accommodation, using predominantly sustainable materials, that generates most of its own energy and can be built at a price which is affordable to first-time buyers."This led the team to focus on energy demand reduction, rather than technology. The idea was to use PV alone, and focus on thermal efficiency in the fabric of the building and passive solar heating to generate a high proportion of the space heating. The average space heating demand here is below 25kWh/m²/yr, compared to 31kWh for the Northamptonshire house featured on page 66 and 39kWh for the solar house in Kent, on page 65.

What Glen Peters and his team have done is to develop a method of building energy-efficient, attractive, spacious, robust, three bedroom houses, at £1,000 to £1,100/m², including the PV panels. The anticipated running cost for these remarkable houses will be below £300 per year. The way he has done this is both simple and complex — simple, in that it was a matter of focusing intently on

ADVICE THE SOLAR-POWERED HOME





Low Running Costs

Passive solar heating and thermally efficient construction materials were chosen for Ty Solar. Annual running costs are expected to be below £300 per year. Sustainable materials, including locally sourced timber, were also used in the construction

STORING SOLAR ENERGY

The problem with solar energy is that we have access to most of it when we want it least — in the daytime and in summer. Caplin Home's Earth Energy Bank (see overleaf) is the only practical option currently available for storing heat for weeks or months but there are more options available for storing electricity.

The Tesla Powerwall has a 7kWh capacity, which is sufficient to power most homes through the evening, given that the PV panels fully charge it during the day. Multiple batteries can be installed together for homes with greater energy needs.

The Sonnenbatterie takes a slightly different route with a modular design that can be customised to store up to 16kWh. This is already seeing some success in Germany, which is some way ahead of us in terms of solar technology. This product is now available in the UK

Furthermore, Maslow is a 3kWh unit that looks like a small gas boiler and is aimed at the urban three bedroom home. It can be connected directly to PV panels and to electronic devices via smart USB sockets and is intended to run a home office.

Right: Ty Solar during construction

The timber-frame house was built to demonstrate that a home aimed at first-time buyers could run on solar energy



the design and eliminating everything unnecessary, and complex for exactly the same reasons. To make the project just that bit harder, Glen Peters also wanted materials and labour to be locally sourced. He set up an apprenticeship programme to provide skilled labour and the timber frames are made from trees from a local forest, kilndried, processed and manufactured in the company's own factory.

Insulation levels are also very close to Passivhaus standard, with an airtightness of $0.9 \, \mathrm{m}^3/\mathrm{hr}$. Passivhaus was not a requirement, or even a consideration, but reducing energy demand was considered an essential prerequisite for a solar-powered house. Large, southfacing glazed areas, with appropriate shading, produce a lot of passive solar heating, meaning that space heating is provided by a couple of simple electric radiators. This, in turn, eliminates the cost of wet radiators or underfloor heating. It is that sort of innovative thinking that has led to this truly remarkable house — a house that produces enough energy to even power an all-electric car.

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2: KENT SOLAR HOUSE

This architecturally stunning five bedroom property in Bekesbourne, Kent, was designed and built by Caplin Homes with the specific intention of being solar powered. It incorporates extensive glazing to provide passive solar heating and shading to prevent summer overheating, as well as a south-facing roof to accommodate the PVT panels (see right) and a ground-source heat pump.

With a floor area of 431m², this is a large property, and even with thermal resistance close to Passivhaus standards and a low airtightness level of 4.5m³/hr, it still needs a lot of energy. EPC (energy performance certificate) figures suggest a heating load of 17,180kWh per year and domestic hot water at 2,753kWh, although it is accepted that these are often at odds with real life. The 9kWp PVT array can produce around 23,000kWh of heat each year but most of this is, obviously, produced in the spring and summer months, when not much of it is needed.

To address this problem, the property uses a technology called the **Earth Energy Bank**: a system of 90 boreholes, each 1.2m deep, below the house itself and connected to a pipework grid. In summer the Vaillant heat pump diverts the excess heat to the Earth Energy Bank, where it (mostly) remains until winter when the heat pump extracts it again to warm the house.

As a result of this technological approach, the house is close to zero carbon and the investment ensures running costs are – taking the FiT (Feed-in Tariff) scheme and the domestic RHI (Renewable Heat Incentive) into account – almost zero! The director of Caplin Homes, Michael Goddard, comments: "We want to prove that Government targets are achievable and that genuine zero-carbon homes are a viable investment for UK housebuilders. This house shows how existing technologies can be used for a large family home, but we also offer solutions for all house sizes."

3: CLOPTON NEW BUILD

This family home in Clopton, Northamptonshire, demonstrates that providing genuinely low CO₂ emissions and low running costs can be done for the 'average' UK home. In this case, the 162m² three bedroom house has 12 PVT panels with 3kWp electrical capacity and produces 7,800kWh of heat each year. Insulation levels are again close to Passivhaus standard and airtightness is 2.8m³/hr.

The space heating energy demand is 5,006kWh per year and domestic hot water 2,340kWh — which is good, but not great. The space heating energy demand equates to 31kWh/m²/yr, compared to Building Regulations requirement for 55kWh/m²/yr and Passivhaus at 15kWh/m²/yr. While the insulation levels are very close to Passivhaus, the standard demands airtightness of less than 0.6m³/hr — rather than the 2.8m³/hr achieved here.

It seems there may have been a trade-off. The cost of the renewable energy system -12 PVT panels, a heat pump and a 28m borehole Energy Bank – is around £24,000. Achieving airtightness close to Passivhaus standard would have a reasonably significant on-cost, but not save much in terms of the scale of the systems installed. The PVT system will produce virtually all the heat needed in the house, but probably only half the electricity. So there is more reliance on grid electricity. This situation is not uncommon or unreasonable, as it is difficult to justify the extra investment in renewable energy to produce all the energy needed for a house of this size and build cost. \blacksquare

WHAT THESE HOUSES HAVE IN COMMON

These three very different houses have two key issues in common: they all incorporated the idea of solar energy from the design stage right through to construction, and they all recognised that improving thermal efficiency was essential to success.

In addition, they all achieved very low running costs. The projects in Kent and Northamptonshire (below) used a variety of technologies applied to the house design and accepted the capital cost implications. In the case of Ty Solar, reducing capital cost was a key issue and this led to a focus on energy efficiency rather than technology. The Earth Energy Bank, developed by Caplin Homes, is also a leap in the right direction in storing heat

What these three houses also show is that the solar-powered home is not only possible but a practical option for any self-build, from starter homes to the more grandiose. The knowledge, the skills, the technology, everything necessary to build a solar house, exists and for the self-builder it is simply a matter of deciding to go for it.





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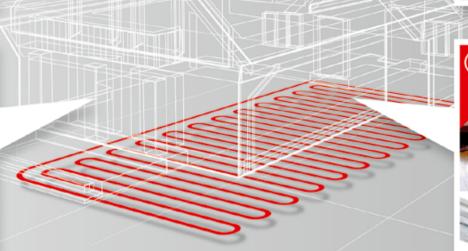














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Crime may be our worst home security fear, but losses from burglary are tiny compared with damage from risks such as water leaks and fire, says security expert Will Brocklebank — who reviews the latest (and smartest) alarm systems



WILL BROCKLEBANK

The founder of building data company Shepherd, Will is also a former director of CEDIA, the Custom Electronic **Design and Installation Association**

THE QUICK READ

- >>> Traditional alarm systems operate to long-established national standards and are favoured by insurance companies
- >>> More modern 'smart' options offer a more integrated system that allows homeowners to manage their security alongside other systems such as lighting and heating
- Another new option is the internal camera-based system that monitors activity in the property

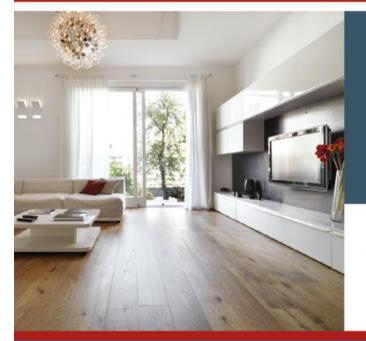
he Cornish sea looked beautiful in the evening sun. There was only one thing troubling me: why was my home alarm not set? My phone had buzzed when the cat sitter unlocked the house at 10.15am but the alarm was never set again. I was on the point of calling her when my phone vibrated again to tell me the alarm had been put on. "OK," I thought, "she must have forgotten and returned to the house when she remembered." But, oddly, this happened every day of our holiday... six hours or so each day our alarm was left unset. So on the third day we called her and she admitted she was learning to become an interiors photographer and had been spending all day at our home taking photos as training!

This story is a useful place to start when discussing the ways the home security market is changing — it illustrates the increasing popularity of a self-monitoring solution and the usefulness of getting a wide range of information such as set/unset times as well as the traditional 'alarm is ringing' alert. It also demonstrates how internal CCTV cameras can play a helpful role in modern home security.



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ADVICE HOME SECURITY

Traditional Alarm Systems

So, let's start with a quick review of the home security options currently available to UK consumers. First, we have the traditional alarm system that is installed by a professional security company with hard-wired door and window sensors, presence detectors (PIRs), keypads and alarm sounders. These are available from national firms like ADT and thousands of independents accredited by the likes of the National Security Inspectorate (NSI) or Security Systems and Alarms Inspection Board (SSAIB). Costs for an installation like this run from £800 including VAT and labour to £3,000+, depending on the size of the house. The alarm hardware is provided by well-known brands like Honeywell, Texecom and others.

Second, we have the same sort of equipment deployed using wireless sensors, as with Texecom's Ricochet products. Although wired systems are usually preferable to wireless ones (for security and reliability), there are many retrofit circumstances where a wireless system is significantly more economical due to reduced labour costs. (It is also possible for your installer to design a hybrid system that uses a mixture of both.) Prices are similar to option one.

Together these first two approaches are the 'classic' choices. They operate to long-established national standards mentioned previously and can form the basis of a 'graded' alarm system. This means that they can be connected to an ARC (alarm receiving centre) that can call the police in the event of an emergency. Ungraded systems do not have this function.

However, it is important to note that the police are struggling to respond to a large number of domestic alarm call-outs as their resources are stretched. As such, there is a growing realisation that proactive self-monitoring might actually produce a more timely and effective response to alarm issues.

Smart Home Systems

The third option comprises more intelligent components that form part of a wider smart home 'eco system'. Perhaps the most wellknown in the UK are Samsung's SmartThings devices that have been on sale on the high street for the last year or so, but other platforms can be used (such as Loxone, Control4 and Crestron). A highly capable home security system can be built up incorporating PIRs, door/window sensors and a wide range of other smart home components giving control of lights, heat and the integration of camera imagery. These systems can also play a direct role in promoting security by turning lights on and off to mimic occupancy. This sort of function is remotely controllable and can be automatically initiated when the alarm is fully set. (If a camera had been installed in my home I could have seen that the cat sitter was still in the house during that period, which would have put my mind at ease instantly.) However, it is important to note that, unlike the first two options, these products are not currently regulated by a body like the NSI and the initial reaction from your insurer may be less »

Right: Intelligent and CCTV systems

1: Samsung's SmartThings allows homeowners to monitor, control and secure their home from anywhere; 2: Control4 provides a similar platform; 3 & 4: Internal CCTV systems such as Piper (3) and Canary (4) alert homeowners to unexpected activity in the home; 5: ACT Excel products include wire-free alarms, CCTV alarm systems and door viewing systems



ADVICE HOME SECURITY

"The insurance industry is increasingly aware that a smart home security system, if properly monitored, can be preferable to an unmonitored bells-only system"

favourable as a result. Even though these home automation products do a better job for most people of keeping tabs on the key causes of loss, the insurers are not conceding this and so it will not currently reduce the premium that households have to pay. But here's the strange part: if you can actually discuss the capabilities of this sort of system with your insurance underwriter they will often be very happy with the level of comprehensive coverage the products offer and will endorse them once satisfied. Indeed, the insurance industry is increasingly aware that a smart home security system like this, if properly monitored by the owners and other responders, can be preferable to an unmonitored bells-only system that might conform to NSI standards but never stop an intrusion or alert homeowners and their neighbours to a problem.

These smart home systems can be installed by a committed and technical DIYer or you can seek help from a wide number of custom integration specialists (visit <u>cedia.co.uk</u> for the latter). Because these systems cover much more than just burglar alarms, they can range from £150 including VAT to £5,000+ and can integrate TV, music, heating and other controls.

Internal CCTV Solutions

The final option is relatively new and comes from the growing number of standalone, often camera-based security products that are meant to help you literally 'keep an eye' on your house. Products like Canary, the Nest Cam, Piper and others offer an attractively packaged internal CCTV solution that make various claims to alert you if activity is detected when you are away (i.e. to act as an alarm that can be 'set') and you can view imagery, sound sirens and take your own actions. In the main, these work for smaller homes, such as city apartments, where a judiciously placed camera is likely to capture intruders crossing a central part of the building. They are also readily movable to a new property and they can be used in properties where a wired infrastructure is not an option or too expensive to install. These systems are DIY and the units cost £100-£200 excluding VAT.

In deciding which of these routes to follow there are two key questions: do you feel it is vital for your insurance to have the possibility of police response? If so, choose a standards-compliant graded alarm system and a traditional security installer with accreditation to sign off on the whole system. If not, you have more choice and the opportunity to use a more comprehensive and modern solution.

Flood, Fire, Burglary?

The second question is a little more radical but no less vital: how do you view the nature of 'security'? In the UK we have a highly developed model of intruder security using the alarm systems mentioned, but rates of domestic burglary have been falling since the 1980s. Losses from burglary are tiny compared to fire and water damage (particularly from internal water leaks). Statistics clearly show that it is wiser to consider the security of your house in a broader context: you should consider deploying a system, or different sensors, that monitor for any of the big threats. These clearly include burglary but crucially they also monitor for fire, flood and even mechanical failure of key items like boilers or freezers. If this sounds sensible, then a smart home package would be a better choice.

Which brings us to the question of monitoring: we live in a world of notifications, alarms and alerts. Whether it is the disembodied voice telling us we are coming to the end of the airport travellator or the honking of a car alarm, as a nation we have 'alarm fatigue': the old 'bells-only' approach to burglar alarms (in which it is hoped someone in the street will come looking when they hear the sounder go off) is somewhat ineffective. It is prudent to have a monitoring solution that alerts specific people in the event of serious alarm. These people might be neighbours with whom you have a specific agreement or they might be a professional response service like the Keyholding Company.

Whatever happens, it is important that your solution reaches out to you and then to other responders if you are not in a position to assist. This can be achieved for burglar alarms via the traditional ARC, but is somewhat outdated as you are essentially asking a person in a call centre to make phone calls when an alarm comes in. Also, ARCs only traditionally monitor burglar and fire alarms; they don't offer a multi-threat, information-rich alert system. But soon to launch are 21st-century solutions that seek to automate this process more cheaply, simply and effectively. These will give a much more flexible and powerful self-monitoring solution with all the benefits of back-up from third party responders and day-to-day peace of mind.

Personally, I want a solution that tracks and logs the normal pattern of life and my home systems, and alerts me when things go wrong: in the example of my cat sitter, the fact that I knew the alarm was not being reset in the expected timeframe alerted us to an issue. I felt in touch with my home, even though I was miles away. •

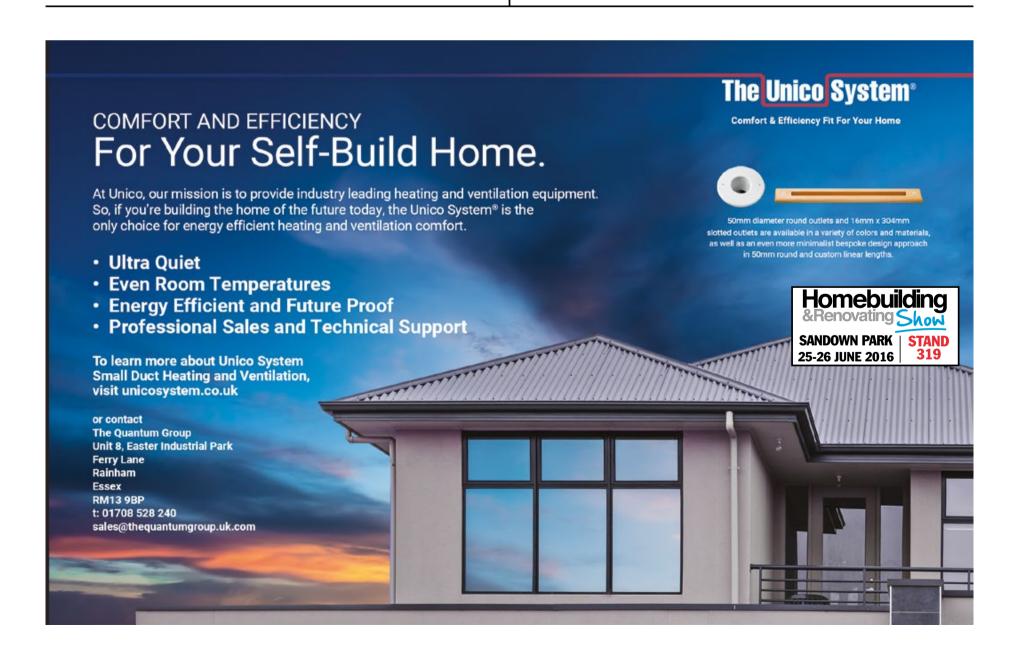
Useful Contacts

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Loxone	loxone.com
Keyholding Company	keyholding.co.uk
Nest	nest.com

NSI	nsi.org.uk
Piper	getpiper.com
Samsung	samsungsmartthings.com
SSAIB	ssaib.org
Texecom	texe.com/uk













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ADVICE

Building New Floors:

The Choices

The methods used to construct new floors have come on in leaps and bounds in the last decade. Chartered surveyor Ian Rock explains the options for ground and first floor structures for new homes and extensions



IAN ROCK Chartered surveyor Ian Rock MRICS is the author of eight popular Haynes House Manuals, including the *Build*Your Own House Manual, and is a director of Rightsurvey.co.uk

THE QUICK READ

- ➡ Beam and block floors are the most popular solution when building a ground floor on self-build sites. Concrete slabs are a good alternative for small extensions (where beam and block floors are uneconomic)
- **>>>** Beam and block systems which utilise insulated blocks can provide an even quicker installation
- ⇒→ Solutions for first floors include traditional softwood joists, timber I-joists or open metal web joists; the latter options are more expensive but provide considerable benefits. Unlike softwood joists, timber I-joists do not warp over time, providing a 'quiet floor', while open metal web joists can provide an easy means of installing services

he world of floor construction has undergone something of a revolution recently — the established order rocked to its core by dramatic advances in methods and materials. At the dawn of the new millennium, many new homes were still being built to a formula little changed since the Victorian era, with solid concrete slabs downstairs and boarded 8x2inch timber joists 'up top'.

But both types suffered from significant drawbacks. Timber floors were constrained by stunted spans and prone to developing draughty gaps and annoying squeaks; their intolerance to damp also rendered them vulnerable to attack from fungal decay and beetles. Concrete slabs fared little better, with a tendency to sink and crack over time, and a propensity to conduct cold into the home. Fortunately, in the intervening years, technology has leapt ahead, transforming the options available to domestic buildings. Over the forthcoming pages we explore the options available for both ground and first floors.



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Beam and Block Ground Floors — The Most Popular Option

Suspended concrete flooring systems were originally developed as a means of overcoming ground problems such as unstable sloping sites, where it made sense to bridge deep gaps rather than fill them. Today, nearly all new houses employ beam and block construction for their ground floors. Although the cost of materials is relatively high, ground preparation is minimal and a beam and block floor is quick to install, with significant savings in labour.

Standard concrete beams typically span up to 6m, although some can extend as much as 8m without support from expensive subfloor walls. Specialist suppliers can custom design beams if supplied with a set of approved drawings, or they can be ordered via builders' merchants.

The pre-cast reinforced concrete beams are laid in rows in a similar fashion to traditional timber joists, with their ends resting on the inner leaf of the main walls over the damp-proof course (DPC). Their inverted T profile is designed to accommodate standard 100mm deep concrete blocks (which are typically 440mm wide), making infilling between the rows remarkably quick and inexpensive. Standard beams are 150mm deep, although for longer spans deeper 225mm sizes are available. For greater strength the rows can be laid closer together with the blocks instead laid sideways. The floor surface is then stabilised by grouting with a weak sand/cement mix brushed into the joints.

It's essential that the void under the floor (which should be at least 150mm deep) is vented via airbricks in the lower walls to protect the building from any build up of noxious gases such as radon or methane. (On this note, you may be required to install a radon barrier and sump too by Building Control.) The void can also provide a handy place to run service pipes.

One slightly odd quirk with these floors is their slight upward camber (more than 10mm over a 4m span). This isn't a problem with a conventional screed finish, but with dry floors (such as 'floating' insulated chipboard panels) a self-levelling compound may first need to be applied.

The main drawback with beam and block floors is that they are uneconomic below about 50m^2 — so they are not a solution for small extensions. It's also important to note that the heavy weight

of longer span beams requires use of a small crane to lift them into place.

On the positive side, unlike timber floors, suspended concrete doesn't shrink, creak or bounce. This makes the system well-suited for upper floors which need to be exceptionally strong.

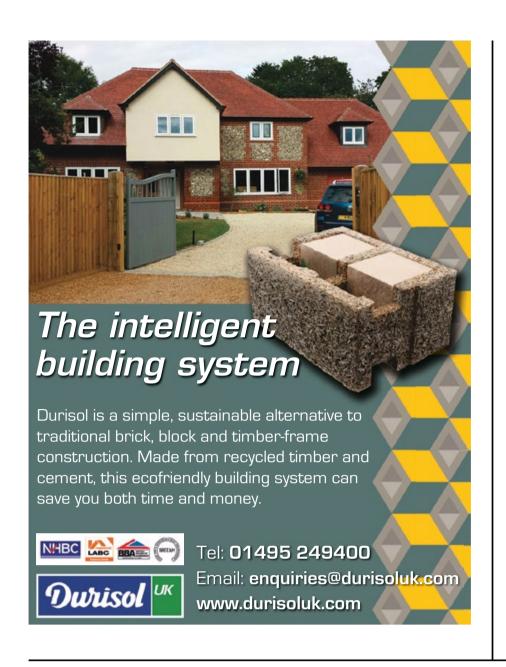
The Importance of Insulating Beam and Blocks Floors

It's essential that suspended concrete floors are properly insulated from blasts of cold air blowing through the subfloor void underneath your feet. The Building Regulations' 'backstop' target U value for ground floors is $0.25 \text{W/m}^2 \text{K}$, which should be easily achievable with 75mm or 100mm-thick rigid insulation boards laid over the surface. Polyurethane (PUR) is a more effective insulator than expanded polystyrene (EPS), meaning a thinner board can be laid to achieve the same results. The insulation can then be covered with a conventional wet sand/cement screed of approximately 65mm thick, or with a dry floating chipboard deck. Alternatively, a highly insulated composite 'floating floor' finish can be applied using special panels made from insulant material bonded to a base of either plywood or chipboard laid over a polythene vapour barrier.

However, the most efficient solution combines two layers in one — minimising the depth of the floor by making use of the wasted space in the void below. Rather than adding an extra layer of insulation above standard blockwork, the insulation is incorporated into the structure. Systems such as Jetfloor, Litecast XT and TETRiS use special insulated polystyrene infill panels between and beneath the floor beams, helping to eliminate cold bridging.

Hollow Core Ground Floors — An Even Quicker Solution

The quickest way to construct an entire floor is by craning in enormous ready-made hollow core concrete flooring planks. These feature a hollowed-out interior to reduce their weight. Inevitably the price you pay for super-swift buildability is the relatively high upfront cost, but the system also offers potential savings in terms of flexibility in the location of internal walls, which can be built on top without the need for additional support. Hollow core decks are used mainly for upper floors in flats, but are ideal for cantilevered balconies, although cold bridging can be a potential design issue.



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ADVICE CHOOSING FLOOR STRUCTURES







Quick Guide to Installing a Concrete Slab

Concrete slabs are usually employed on smaller sites (extensions being a prime example). Once the foundations have been dug out (top), the area within needs to be stripped of vegetation and top soil. A loose granular sub-base (MOT Type 1 is ideal) is then added and compacted with a wacker plate (centre). The damp-proof membrane (DPM) and insulation can then be installed (a steel mesh may be required too), with the concrete slab poured. The edges of the DPM are lapped around the slab (bottom) in order to prevent cold bridging. (Here the blocks and bricks have been delivered in readiness for building up the walls)

Concrete Ground Floors — A Good Option for Extensions

Ground floors built of solid concrete remain popular with small builders and can often be an economic solution for home extensions. Although this method is very labour intensive, the cost of materials is relatively low, hence the appeal for DIYers with access to free labour.

But there's a risk with solid slabs. Whereas foundations are normally dug down at least a metre to anchor the building into solid ground, floor slabs sit on the cleared oversite, less than half a metre deep. So this isn't ideal on soils prone to seasonal movement, like shrinkable clay with trees in the vicinity.

Slabs rely on careful ground preparation and a well-compacted hardcore base. Unfortunately, this often gets skimped on site with the result that slabs can start to sink years later, leaving a cracked, hollow surface. So, as a precaution, the concrete can be strengthened by incorporating sheets of steel mesh, similar to raft foundations designed to span across patches of weak ground.

It's also important that hardcore is specified as 'clean' — old demolition rubble containing lumps of plaster and wood can hold moisture or start to rot. Worse still, chemical reactions in poorquality hardcore can cause solid floors to expand, bulge and crack. However, despite such risks, when laid correctly this method can be a cost-effective solution.

Solid concrete floors are typically built in six layers (plus two more if you include underfloor heating and the floor coverings). The key stages are:

- The oversite area is stripped of vegetation and topsoil. Then a base of clean hardcore at least 100mm thick is laid. The ideal material for this purpose is a loose granular sub-base such as MOT Type 1, which can be delivered to site. Being largely self-compacting, this only requires a quick going over with a hired wacker plate before levelling with a layer of sand blinding.
- To prevent any dampness percolating through, a 1,200 gauge plastic sheet damp-proof membrane (DPM) is placed over the sand blinding, or alternatively laid higher up on top of the concrete slab. Either way, the edges must be joined up with the DPC (damp-proof course) in the walls. It's common for flooring-grade rigid insulation boards (e.g. PUR) to be placed on top of the DPM at this stage, in thicknesses ranging from 50mm to 100mm.

The DPM must be lapped up around the edges of the slab and screed to protect against cold bridging and also around incoming water pipes and soil stacks, etc. Alternatively, the insulation can later be placed on top of the concrete slab prior to screeding.

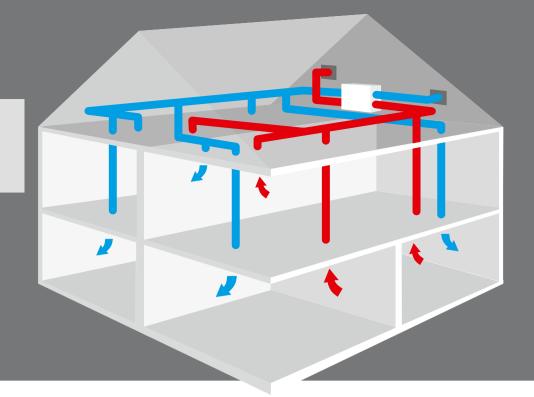
● The slab is normally at least 100mm thick, cast from ready-mixed concrete (a relatively strong mix). The fresh concrete needs to be 'tamped' as it's poured to remove air bubbles and excess water. Depending on ground conditions, the slab may need strengthening with steel mesh or special fabric reinforcement.

It takes two or three days for concrete to cure and in cold weather it needs to be protected with suitable sacking or old carpet. In hot weather, concrete can also be vulnerable to drying out and cracking, requiring a periodic light sprinkling of water. Concrete should not be poured when temperatures are below about 5°C.

• Instead of finishing the slab with a conventional screed, it's perfectly feasible to level the surface of the slab with a power floater, which results in a hard-wearing floor finish. Insulation will need to be added below the slab in this instance.

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ADVICE CHOOSING FLOOR STRUCTURES



I-joists: A Good Alternative to Softwood Joists

Timber I-joists are a popular alternative to softwood joists due to their stability (they're not prone to warping, so provide a 'quiet floor') and ability to span greater widths. The webs can be drilled to accommodate services, but can also be specified with pre-formed knock-out holes for this purpose Above: The Metsä Wood Finnjoist (metsawood.com)

Below: Howarth Timber Engineered Solutions' I-Joist (engineeredsolutions.howarth-timber.co.uk)



OPTIONS FOR FIRST FLOORS

Timber floors may largely be a thing of the past downstairs but they still enjoy a virtual monopoly upstairs. Kiln-dried softwood joists typically span up to about 4.5m between structural walls or steel beams. Joist ends must be supported from galvanised steel joist hangers rather than simply being embedded within the walls. Softwood joists are available in standard sizes such as 38x225mm and their spacing determined by published span tables, usually at 400mm, 450mm or 600mm centres. To support partition walls and accommodate openings for staircases, for instance, the rule of thumb is for joists to be 'doubled up', although building control will want to see the structural engineer's calculations to confirm adequacy.

To prevent joists deflecting and wobbling about, bracing in the form of herringbone strutting needs to be inserted between the joists, usually comprising purpose-made steel X struts and wooden noggin offcuts. Steel straps also help prevent movement by tying floors to the main walls. The enduring popularity of timber floors is probably down to the fact that they're a relatively inexpensive option as well as being straightforward to build and easy to adapt on site.

Traditional pine boards cost about twice the price of chipboard (which must be of a moisture-resistant type), but are hard to beat for natural appeal. Timber is also the most sustainable option but has a tendency to suffer from shrinkage resulting in floors becoming squeaky over time, and is always potentially vulnerable to subsequent weakening from careless notching and drilling for pipe and cable runs.

Timber I-Joists — Creating a Quiet Floor

Today the upper floors in most new homes are built using factory-made timber I-joists (also known as I-beams). These are basically timber RSJs (rolled steel joists) with an I-shaped cross-section comprising top and bottom flanges made of softwood or LVT (laminated veneer timber) bonded to a tall vertical web of OSB (oriented strand board), or a similar engineered board. Their main appeal is that, being strong and lightweight, they can span 6m or more, without support from internal walls or beams.

While they cost roughly twice as much as standard softwood joists, they be installed in half the time. Their superior rigidity and strength-to-weight ratio makes for easier handling, and they typically feature pre-formed knock-out panels designed for pipes and cables to be threaded through. They can be cut to length and the webs can be drilled, but the top and bottom flanges must not be cut. To provide lateral support, 'blocking panels' made from strips of engineered wood or spare I-joist offcuts are wedged between the joist ends.

There's another reason why I-joists have captured the hearts of developers, self-builders and renovators alike — unlike standard softwood joists, I-joists aren't prone to shrinking and warping, making them perfect for 'quiet floors'. It's even claimed that some products do not require sound insulation when installed at 400mm centres or closer.



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The Young family were thrilled by aesthetics as well as efficiency of their new home. "We were primarily driven by the desire to reduce our own energy consumption," say Mr and Mrs Young. "We have downsized, but with the slopes and curves in every room we are comfortable and content."

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ADVICE CHOOSING FLOOR STRUCTURES



Open Metal Web Joists — Good for Running Services

Engineered joists with a wavy metal web centre are another recently adopted flooring solution, with a plethora of different brand names such as Ecojoists, Posi-Joists, easi-joists (Fforest Timber Engineering's easi-joists are shown above) and SpaceJoists. Typically costing about 10 per cent more than timber I-joists, they are extremely strong, capable of achieving unrestricted spans of up to 7.5m, and light enough to easily carry up a ladder with one hand!

Like I-joists, they have a top and bottom flange (chord), but are held together by a galvanised steel framework. They come in a range of depths, from 195mm to 304mm, and can be hung from the top or the bottom chord. The installation time is claimed to be around half that for the traditional softwood variety, plus there's no need for bracing, which helps to reduce labour costs. Like I-joists they have the benefit of not being prone to shrinkage-related problems.

Because the whole system is open, they can accommodate bulky service runs such as mechanical ventilation ducting and full bore 100mm waste pipes, although where different lengths run alongside each other you need to check the webs all line up. The main drawback – apart from the cost – is that they need to be custom made to suit the dimensions of your build and can't be cut on site to fit, although some suppliers incorporate adjustable ends for minor trimming.

Soundproofing First Floors

Thermal insulation is only necessary in rare cases where upstairs rooms happen to be located above cold spaces like garages or passageways. But Part E of the Building Regulations does require floors to be insulated for sound. The simplest method to deaden impact sound (e.g. noise from people walking upstairs) is by laying thick carpets and underlay. The spaces between the joists can also be packed with sound-absorbing mineral wool (up to 80 per cent depth). Alternatively, special acoustic flooring, such as pre-insulated chipboard panels, can be used to build a sound-deadening floating floor. Other methods include fixing 'resilient bars' to the undersides of joists prior to plasterboarding; British Gypsum's Gypframe RB1 Resilient Bars is one such product.

Where resistance to the passage of sound is a particular design factor, suspended concrete flooring is normally the best solution. There are systems such as the beam and pot system from Litecast that can achieve exceptionally high performance with specially formulated 'robust tray tiles' between the concrete beams. Whatever your choice of flooring, it's obviously best to avoid cutting holes in ceilings for recessed lighting; a better idea is to construct a false suspended ceiling underneath to run ducting and lighting. \blacksquare

The Benefits of Open Metal Web Joists

Self-build package company Potton specified MiTek Posi-Joists when constructing the first floor of its latest Passivhaus-standard showhome (below). "They really do simplify the installation of the services, particularly the large ducts required by MVHR (mechanical ventilation heat recovery) systems. They can also be manufactured to a variety of depths and widths so that a range of span and load conditions can be accommodated," says project manager Brent Ackerman.

Here, the Posi-Joists are hung off the external Kingspan TEK® Building System walls using metal hangers to help reduce thermal bridging.

Norbord Cabershield floor decking was specified on top. "The Cabershield chipboard is a new product for us — a departure from traditional plywood," continues Brent. "It has a permanent protective coating that protects the product from moisture during construction; we now know that it works very well. The Cabershield floor deck is then glued and screwed, using a special gap-filling adhesive, to the top of the Posi-Joists. The adhesive helps prevent squeaks and creaks in service and contributes to the moisture protection performance of the system during construction." For more on the Potton build, visit: homebuilding.co.uk/self-build-live-building-a-passivhaus





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Why Your Project Needs a Warranty

Even if you don't need a mortgage to finance your project or do not intend to sell up after building your new home, a warranty is a very smart idea, says self-builder David Snell



DAVID SNELL A 13-time self-builder, David has been building homes for 50 years and is the author of **Building Your Own Home**

THE QUICK READ

- >>> Not only does a dedicated self-build warranty provide peace of mind against faulty workmanship, design, materials and components, but a warranty inspector can also lend a second pair of eyes to a project
- >>> Some warranty providers can provide a building control service, too — combining both can be a cost-effective option
- >>> The cost of the 'average' self-build warranty is around £2,000, and the majority of warranties last 10 years

nlike self-build site insurance policies, which cover unforeseen eventualities, warranties give specific insurance against faulty workmanship and/or design. "They also protect against faulty component parts and materials," says Simon Middleton, divisional director of self-build warranty provider Protek Selfbuild. Most lenders will require that any property under 10 years' old has a warranty and, while there may be some who feel that, as they don't need a mortgage to build a new home, there's no need to bother with a warranty, they'd be wrong. Quite apart from the peace of mind that comes with having a structural warranty, if they ever wanted to sell, chances are that the buyer will need a mortgage and their lender will want to know that a valid warranty is in place.

Those buying a new home from a builder will almost always be offered a warranty as part of the purchase price. Those who, while still self-builders, are not intending to do any of the work themselves or employ any of the tradespeople directly, in all probability will employ builders who are able to offer a warranty through and from one of the recognised providers.

In most cases that means that the structure of the property will be covered for 10 years with the builders responsible for many other faults (including non-structural faults) for the first 12 months to two years of the policy. A distinct advantage of these policies is that the schemes cover a developer's insolvency, and loss of deposit of up to 10 per cent of the contract value or £100,000, whichever is the lesser.

Happily, those who do want to employ smaller unregistered builders, subcontractors or even put in their own labour, can still purchase a warranty, putting them in almost as good a position as any new homebuyer. There are a small number of companies that specialise in providing self-build warranties; some can provide warranties for conversion and renovation projects, too.

Most of the self-build warranty schemes have a lock-in period, during which the cover cannot be transferred, effectively preventing any sale within that period — this lock-in period tends to be 12 months (although this is worth checking before choosing a provider). This is not because of any perceived fact that selfbuilders represent a higher risk. Instead, this is designed to stop builders and developers endeavouring to escape the requirements and responsibilities for latent defects within the first 12 months and taking advantage of lower fees or the lack of a need to register.

The cost of a self-build warranty will vary from provider to provider, and will be dictated by the size and complexity of your project. The cost for an 'average' self-build is around £2,000.

What Does a Self-build Warranty Protect Against?

"Unlike an architect's certificate, a warranty is an insurance policy providing you with cover in the event of damage caused by a defect in your property," says Andrew Reardon, senior self-build account handler at ProAktive Selfbuild.

Warranties do not protect against minor snagging issues such as sticking doors, but against defects in the design, workmanship, materials and components which could cause damage; they also offer protection against major issues relating to weatherproofing. "They protect you against defects which could be very expensive ">>>



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Above: An Extra Pair of Eyes

Self-builds are often pioneering in their use of products, technologies and construction systems, which makes a dedicated self-build warranty more of a necessity. "The main thing for the surveyor on a scheme of this sort is to be as proactive and as helpful as possible," says Keith Shackleton, the LABC Warranty surveyor who oversaw this cutting-edge self-build. "As the self-builders were using non-standard systems and materials, I checked every product and solution for the relevant accreditation and also examined the technical specifications. There were many telephone discussions to ensure everything went smoothly"

to fix. For instance, you may move in and discover the damp-proof course or membranes were not installed properly or are faulty—the cost of taking the house apart to rectify the problem, to move the family out, etc, can be significant," says Simon Middleton. "Most warranty claims tend to be against the waterproof envelope."

Taking the Build-Zone Self-build Structural Warranty as an example, this warranty protects against: major damage attributable to defects in design, workmanship or materials; newly constructed drainage systems (excluding septic tanks and treatment plants); defective weatherproofing in the external envelope attributable to faulty design, workmanship or materials; defects in chimneys and flues causing an imminent danger to occupants. Like most self-build warranties, cover is also provided for additional local authority or professional fees resulting from the work, alternative accommodation costs and the removal of debris.

When to Buy a Warranty

It is a very good idea to purchase a warranty at an early stage. "You need to buy a warranty at least a couple of weeks before you start on site: the warranty provider's inspectors will need to audit the design drawings prior to the build going on site, and if you are using a warranty provider who will also provide the building control [more on which later], they'll need to serve an Initial Notice on the local authority before any works commence on site," says Simon Middleton. "Although a warranty can be provided retrospectively (even once the build is complete) you can end up spending four to five times more on a completed housing warranty," adds Andrew Reardon. "The further into the build you are, the more expensive a warranty becomes."

What's Involved

Your warranty provider will need copies of your plans and Building Regulations drawings to first complete a technical audit. They'll also need to inspect the site at arranged stages during the construction and once complete, in a similar way to building control. LABC (local authority building control) provides its own dedicated warranty through LABC Warranty; the inspectors will liaise with the local authority building control inspectors, but will also want to see the build at set stages.

Some providers also offer a building control service. Build-Zone, for instance, can for an additional fee, take on the responsibility of building control through its network of approved inspectors, or are quite happy to fit in with local authority building control. Protek Selfbuild can also provide this facility. Combining both is often more cost-effective, and as such, it can pay to research your options for a warranty while deciding who will deliver building control for your project.

The number of site inspections required will often depend both on the provider and the nature of the project — its size and complexity (the use of non-standard systems and products, for instance). "There are inspections at key stages throughout the build which will depend on the complexity and size of the project," says Andrew Reardon. "Once the site is live, the risk management surveyor will discuss with the client directly how many visits will be required and what they are looking for."

Another advantage of buying a structural warranty is the expertise that a warranty's inspector will bring to the project. "One of the best things about a self-build warranty, especially for those project managing their own builds, is that you're getting another pair of eyes on your project, which can be invaluable," concludes Simon Middleton. •

WARRANTIES

Build-Zone Structural Warranty: selfbuildzone.com 0345 230 9874; BuildCare Structural Warranty: buildstore.co.uk 0345 223 4888; LABC Self Build Warranty: labcwarranty.co.uk 0845 054 0505; Protek Selfbuild Structural Warranty: protekselfbuild.co.uk 0845 217 7059; ProAktive Selfbuild Warranty: selfbuildonline. co.uk 01302 346 831

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DESIGN EXTENSIONS

The Art of Extending: A Design Masterclass

You are creating the next chapter in the history of your home, so think big and have some fun with the whole process, says design expert Pete Tonks

xtending your home has gone way beyond the basic requirement of providing more space to meet increased demand for living. When extending your home, you, as the guardian of that property, have the privileged opportunity of writing the next chapter in its history. Do not underestimate how important this could be and more importantly, how much fun. We all like to think we can leave a legacy, so think big about your plans to extend and consider far more than just creating more of what you already have.

This article looks at some of the key elements and considerations when extending, how to create your extension methodically and practically with a focus on engineering basics, and the successful integration with the host dwelling through the consideration of layout, flow and connection of the new spaces with the existing rooms.



PETE TONKS
Pete Tonks is
HB&R's design
expert and has
been designing
homes for over
20 years



MON MAXWELL; OPPOSITE: LUKE FOREMAN

Design Basics

Look sensibly at the space around your

existing dwelling and zone in on the best place to put your extension. Side and rear extensions are the norm as gardens here often have the best outlook and orientation. However, do consider the balance of built form versus outside amenity space. It's all well and good having an amazing large new kitchen/family/dining room opening out to the garden, but if the extension takes up too much garden and dominates unsuccessfully, this will have a negative outcome on the property as a whole. It is all about a sensible balance and you don't always have to add a large extension to make a huge difference to the existing spaces.

Set the budget at an early stage and allow for at least a 10-15 per cent contingency, too. This is particularly important when extending, as the overall development cost per square metre is often greater than with a new build. Ensure you commission a measured building survey and topographical site survey before any design work is done. The output from

these surveys will deliver 100 per cent

accurate data about the host dwelling and the site, and will therefore ensure the design process is efficient from the outset.

This approach allows for design issues to be considered during the first round of concepts, thereby minimising inconvenient and often costly decisions being made during the construction process.

Consider a single storey versus two storey extension, as this decision will set the blueprint for the project in terms of construction methods, the impact(s) on neighbours, planning permission and the overall architectural integration with the host dwelling. Where do you need more space? Is it day-to-day living areas or do you need more bedrooms?

Just because you need more bedroom space, don't assume this has to be upstairs. We're living longer, so ground floor bedrooms can be a good long-term consideration. I also know from my own experience with clients that many would like a ground floor bedroom because it results in a connection with the garden.



Planning Considerations

You may be able to extend your property without planning permission (known as Permitted Development, or PD). While not guaranteed to be applicable to every property, the basics of PD are currently:

- You can extend a detached dwelling by 8m to the rear (subject to the neighbour consultation scheme; this is 6m for an attached house) if it's single storey, or 3m if it's two storeys;
- The height of a single storey extension to the side or rear of the host dwelling is restricted to 4m in height (measured from the nearest ground level) to the top of the

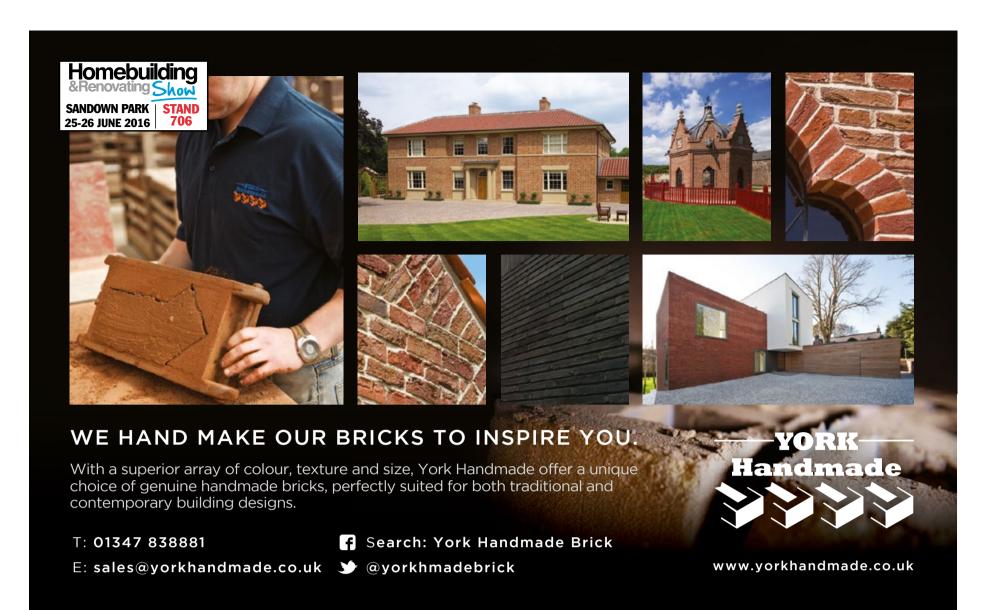
ridge and the eaves, and ridge heights of any extension not being higher than the existing property;

- A minimum distance from the end of the extension to the boundary must be 7m;
- The extension must be built in the same or a similar material to the existing dwelling;
- No forward-facing extensions are permitted under PD, based on the main entrance being the front elevation;
- Side extensions must be no wider than
 4m (measured from the nearest ground level) and no wider than half the width of

the host dwelling;

- In designated areas where certain restrictions apply, such as Conservation Areas, Areas of Outstanding Natural Beauty and National Parks, side extensions will require full planning permission and all rear extensions must be single storey;
- As a result of extending, the built form should not cover more than 50 per cent of the plot area.

Full planning permission is needed for extensions that go beyond PD criteria, although the process and documentation is not as detailed as for a new build.





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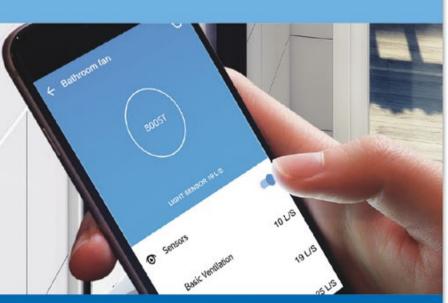
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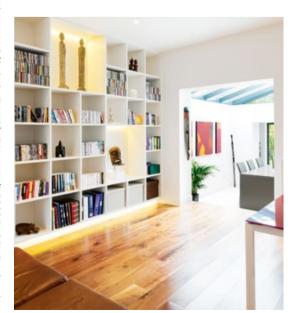
Above: The Side Return Extension A side return extension can be an ideal means of adding space to a terrace home as this project by architect Cathie Curran goes to show (rooflights can be a great means of pulling in additional light too)

Centre: A Change in Levels

IBLA Architects replaced a lean-to with a contemporary kitchen-diner extension — a change of level allows the dining area to be on a level threshold with the garden

Below: Using Existing Openings

An existing opening provides a connection between a cosy living space and bright kitchen/dining area in this contemporary extension project by Granit Architects





The Practicalities

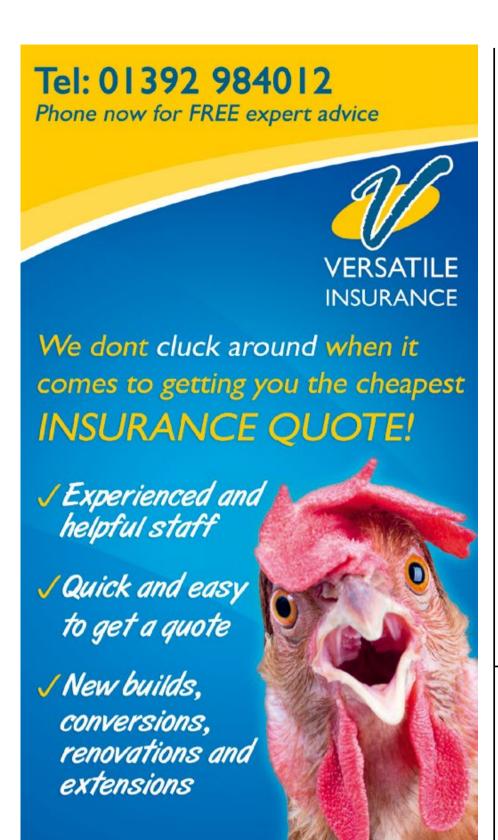
When extending, look to minimise the amount of work you need to do on the host dwelling (unless, of course, you need to renovate), so that the budget is focused on the new build element. Try to nominate the 'break-through' using existing openings. For instance, existing window openings will have lintels above them taking loads from above. This often means no structural calculations will be necessary if you want to remove the wall section below a window opening to make into a door opening or walk-through into the extension space.

If, however, you want to merge a number of existing small openings into one large opening, you'll require a new lintel to be designed by a professional and backed up with the appropriate engineering to support a full plans Building Regulations application, or as part of the documentation trail if you are undertaking the project under a building notice.

It's a very good idea to use a laser level to get the datum of the floor levels on the host dwelling, as you'll probably want to match these with the new build element to ensure good flow between the new spaces and old. When calculating how to match floor levels, bear in mind that the build-up required to meet today's Building Regulations will be far more than historical build-ups and you may also want to include underfloor heating and thicker floor finishes.

It is likely that, in addition to the proposed extension, you may end up wanting to reconfigure the spaces within the host dwelling (to 'remodel') to achieve a cohesive overall flow through the spaces. This doesn't need to be an expensive process, but it does take the talents of a designer who can look at the proposal with fresh eyes and suggest subtle changes such as wall removal and zone re-designation to make sure the whole house works well when completed.

FROM TOP: LYNDON DOUGLAS, NINA MAKLIN; DARREN CHUNG; GRANIT ARCHITECTS





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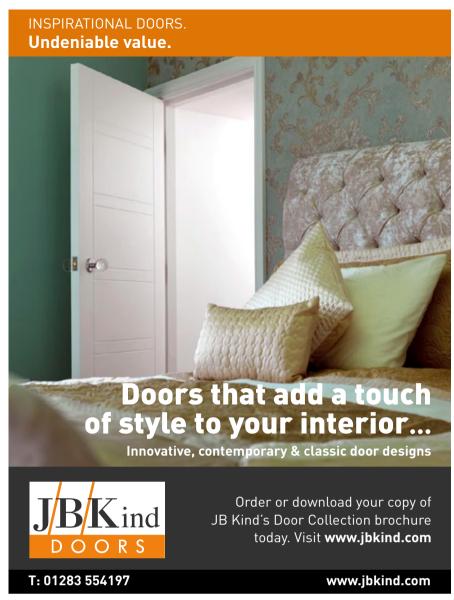






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LISTAIR NICHOLLS

The Aesthetics

If, like me, you are a property 'nerd', you will get excited about the evolution of buildings and how they can be read in chapters. Many of my favourite buildings have different personalities and there is a good chance you also have a few too! Look to have a bit of fun with your extension project if appropriate and create something that is clearly different to the host dwelling. Think of it more as an exercise in art as well as architecture and take the opportunity to make a statement.

There is no right or wrong in terms of matching new and old and, as always, your design should relate to the context of the host dwelling and its immediate surroundings. Many local authorities publish their own district design guidelines for extending and you will see phrases such as 'materials should be the same or similar'. In this instance, for example, if the host dwelling is brick and horizontal timber boarding, the extension could also be clad in brick and timber boarding, but the latter could be

applied vertically to clearly demonstrate the different visual chapters of the building. This approach could be considered to match and may also be considered a contrast — albeit a subtle one.

If you really wanted to make a completely obvious difference between new and old then this can be an exciting approach and the sky really is the limit — subject to the usual planning constraints.

Historically, when designing extensions, architects and designers would have taken the existing layout and added the new element immediately on to the host dwelling as a direct continuation of the built form. However, this presents various technical challenges about how to 'knit' the new element into the existing element while still producing good architecture. Sure, you can set the wall lines in so there is a step in the building line and make the extension lower than the host dwelling so that it appears subservient, but this can still result in that

'more of the same' look that is not always successful.

In recent years, there has been a growing trend (which I support and practice daily) to consider the extension space to be a separate entity and place this a distance away from the host dwelling in terms of the construction, to make it in effect a standalone building. The new build element can then be linked back to the host dwelling in a more refined and controlled manner using simple glass or metal frames. This method of extending has proved to be successful as it clearly defines the difference between new and old. It also looks really cool and can lift the design level of your project.

When considering your planned extension as a separate entity, albeit linked back to the host dwelling, you can start to expand your thinking and strive to create a built form which has its own identity. If done well, it will also complement and enhance the host dwelling.





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A Beginner's Guide to Project Managing Your Extension

Should you leave project management to the professionals or take the plunge and manage the extension yourself — potentially saving thousands in the process? Project specialist Bob Branscombe says that first-timers can take this on successfully, and explains how



BOB BRANSCOMBE

Bob is a chartered surveyor with almost 30 years' experience running a mix of residential and commercial projects. He has particular expertise in cost estimation and project scheduling

THE QUICK READ

- ➡+ If you are new to project management, consider using a contractor to finish the shell, and then tackle the finishing trades
- Technical construction knowledge is not necessary, but project management does require a clear head, time and an understanding of risk

y far the most common type of project undertaken by us on our properties is an extension or reconfiguration of an existing house. While this is generally perceived to be a simpler form of improvement than demolition and reconstruction of a new build, in reality, the challenges of dealing with an existing building can often impose greater management requirements on the project than for a new build. The initial reaction, therefore,

would be to engage a professional project manager or architect to oversee the whole process, absolving you of any problems or tricky technical issues.

However, I would always maintain that the best person to oversee an extension that you are proposing to utilise and enjoy is yourself — no one knows the space or the building better than you, and nobody has a greater level of interest in getting it right. In fact, if you are a typical homeowner, you will always inspect »



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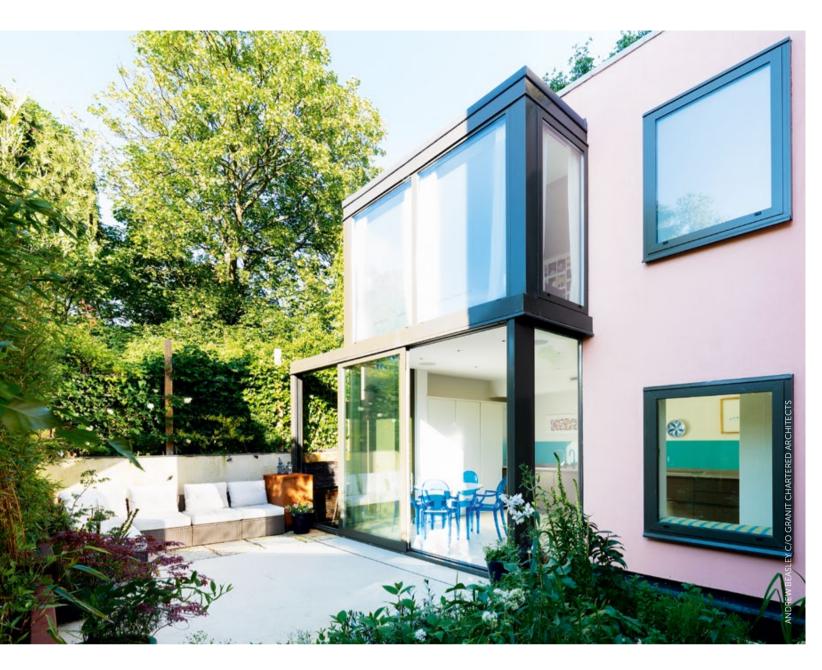
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Cost Saving

The triple-glazed sliding door system for this extension was sourced from Polish company Lumex for a very good price. The rear extension (designed by Granit Chartered Architects) was part of a complete remodel of a 19thcentury property in south-west London. The building had been unoccupied for two years, which meant that the project was eligible for VAT at just five per cent. Careful cost planning software such as Easy Price Pro (easypricepro.com) can aid here - is also key to success

the works at night once everyone has gone home, send outraged emails to your architect, and then change everything prior to work starting the next day — you are in effect 'pseudo managing' vicariously, and probably wasting a significant chunk of fees on consultants who are simply carrying out your instructions. I say this slightly tongue-in-cheek, but there is a grain of truth in there.

For a reader of this magazine, it is a reasonable assumption that you have a higher level of interest and desire to be involved in your project than others. You will almost certainly fall into the 'remote manager' camp, which begs the question: why not project manage the extension yourself? So, what exactly do we mean by the term 'project management'? By definition, it is the overall planning, coordination and control of the project from inception to completion.

None of this implies a high level of technical training, construction knowledge or experience. It does, however, imply a level of dedication, commitment and ability to motivate, engage with and understand the input of the consultants, contractors, suppliers and authorities that do possess the technical background. Project management is about facilitating, confirming, enabling and satisfying the brief. We are all project managers every time we go to a supermarket for a 'big shop'. We write down a brief list, ensure the travel arrangements are in place, arrange the procurement of the goods, select alternatives if necessary to ensure the timeline and programme is achieved, arrange delivery home, settle the finances, and provide safe, secure storage for the materials. A home extension is not that different, except the materials, costs and third party influences are greater.

At the outset, you can influence the design of your extension to best suit the key drivers of the project, be they cost efficiency, programme speed, maintaining usage of the existing house, minimising disturbance, maximising space, etc. If you stay in the house while the works are ongoing then the need to maintain services, heating, etc, are paramount. If you move out (or are building a new house) then the pressures of family life and the peculiarities of an existing building are less of an issue.

So when looking at the design, think about the impact of maintaining usage of the building - cutting off drains may be

necessary for the works, but challenging for the household. As part of the planning element of project management, consider hiring a site toilet, or constructing a temporary bathroom and kitchen if necessary in an unused reception room adjacent to the extension. Remember, rooms are all simply spaces for living — the names we give them do not have to define their use!

Early Planning and Logistics

Plan the logistics of the work early on - if you have a house near a low railway bridge, don't allow a design to progress which requires large items of plant or prefabricated elements to be used that cannot be delivered to site. The key to early planning regarding design is to consider how you would enable the works to be able to commence and be carried out — will you need a road closure to get materials on to the site? It seems unlikely for an extension, but many double-parked urban streets present huge challenges in getting materials delivered without stopping traffic.

Another potential issue to consider is whether the existing utilities are able to cope with a bigger property. Don't let the design evolve without considering water ***

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pressures, gas requirements, etc. You do not need to be able to calculate this, you simply need to be able to have a conversation with your designers who can do the technical work. Your job as project manager (PM) is to plan, enable and deliver, not design. The examples mentioned here illustrate the additional elements the PM needs to consider outside of the 'fun' parts. You don't need reminding to pay attention to the window design, the colours, the room layouts, etc — it's the logistics and practicalities that scupper the PM's remit, such as programme, cost compliance and legislative approvals.

When procuring the work, there are several different options that are commonly used by the PM for an extension project. The main factors affecting your choice are your appetite for risk and your need to be involved. Many projects are often used as ego trips. If this is your main driver then there is nothing wrong with this, but always look at effective and value-led use of resources. If you are better served earning in your day job, then you are making a wise choice by engaging someone else to manage the work for you. Don't ever dismiss the opportunity cost of your wages in this process.

However, as with most people (myself included!), it is surprisingly hard not to get involved and be intimately caught up in the works to your home. Therefore, the next consideration must be an assessment of your appetite for risk, which is always present in a construction project. This may include cost risk, programme issues, technical compliance, health and safety on site — you get the picture. The management of this risk all comes down to who is responsible for it. By using a design and build contractor you pass 'ownership' of this risk to the contractor, but of course they will be building in a cost provision for this risk. If the risk doesn't materialise, they will make more money, so it is in their interest to manage the risk properly.

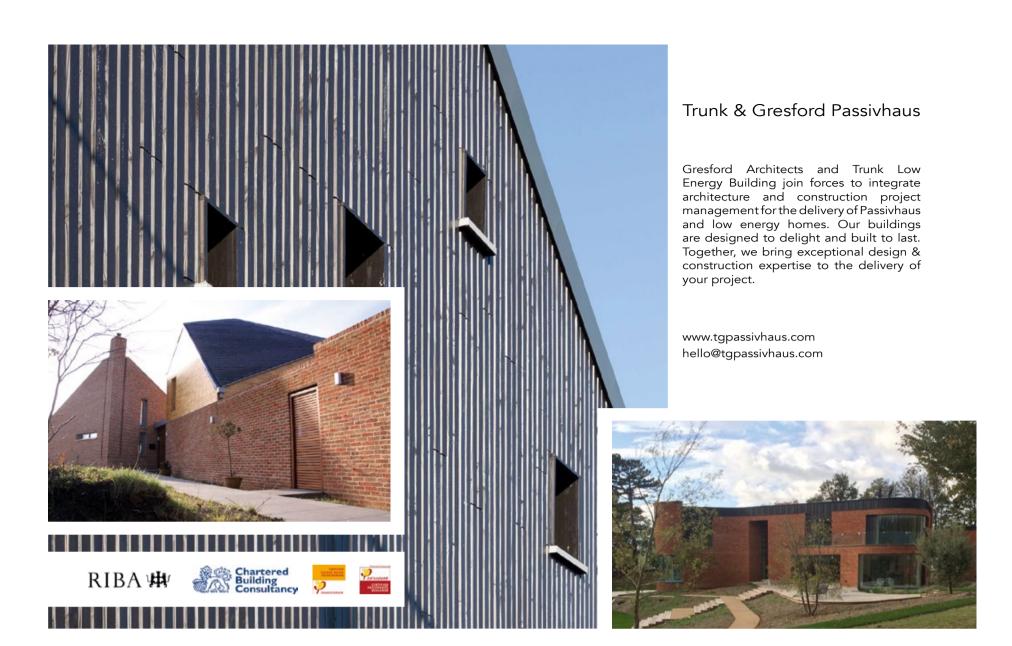
The opposite of this is you acting as PM, retaining all responsibility for risk, appointing individual trades and buying materials directly — you retain the risk, but the advantage is that if you manage it well and mitigate it properly, the cost of that risk arising has not materialised, and you have saved money over a full contractor route. This ownership of risk is a key consideration with procurement.

In practice, most extensions and alteration projects are managed with a hybridised

system of procurement — using a contractor to construct the shell of the structure, make it watertight and do the knocking through of the old into the new, leaving you with a building that can then be fitted out via individual trades and operatives appointed directly by the project manager/yourself. The advantage of the shell being constructed by one entity is that the contractor is responsible for the riskiest technical processes — holding up the existing property, cutting openings, not damaging water mains, drains, and other services, and maintaining the existing usage of the building. If this is your first attempt at project management, I would suggest that this hybrid route is sensible and leaves you free to hone your management technique on the follow-on trades.

Managing out Loopholes

Coordination of tasks is one of the most challenging aspects of project management — ensuring the acrow props are on site, that lintel bearings are maintained, building control is informed and inspects the works, and so on. The point here is that it is the loopholes between the tasks that cause issues and hold risk, not the tasks themselves. This is the main point to keep ***





"If this is your first attempt at project management, a hybrid route is sensible – with a contractor building the shell – leaving you free to hone your management technique on the follow-on trades"

in mind when project managing — how do you ensure that each task or trade is not impeded by the predecessor, and does not impede its successor? Speak to the different tradespeople, understand what they will require from you to make the process work smoothly, and make sure you know exactly what you are getting for your money. Anything not included needs to be procured or put into the follow-on package of works — either way, eliminate the 'gaps' between the trades and works.

Take the example of making sure that the wall plate is strapped down to the walls of your extension when the roof is built. The bricklayers will build the walls, and the carpenters will build the roof out of timber. Simple. But the wall plate should be bedded on mortar, level and true, and then strapped down to the masonry with stainless steel straps. Who beds on the plate — carpenter or bricklayer? In practice, this is easily resolved, but unless the project manager either remembers and plans for this, or gets one firm to build the walls and pitch the roof, this remains a risk to be managed and considered. The technical risk of the plate not being bedded on is minimal — most carpenters will point out that it is not correct before pitching the roof, but the cost risk is high as you are assuming that someone will have allowed for it in the pricing. If neither has, the only person who takes the hit is you.

Managing your own project has the potential to deliver a scheme at a lower cost than using a main contractor. This is the obvious, well-known, and logical choice for the would-be project manager. Or is it? The main issue to consider once again is risk. If you retain ownership of this risk, you retain financial responsibility for it. Pass this on to a contractor and their price will contain provision for it. Either way, the risk itself has not gone away. So while the common view that it's cheaper to manage the works yourself is sound, it can only be finally considered once the

level and severity of risk has been catered for. Every scheme has risk.

Consider a typical extension to provide a large open plan box to the rear of the property with bi-fold doors and a patio to create the 'inside/outside' living currently in vogue. The risks there are generally well understood and minimal: structural integrity of the existing property, maintaining the soil and drainage runs which typically run down the original rear walls, procurement of the doors in a timely fashion. It's all fairly manageable stuff. But when you appraise the job as a project manager, look at the topography - if the ground falls away steeply to the rear, the foundation construction changes significantly and the support of the patio becomes an issue. The level of ground water similarly affects these issues. Procure the job via a main contractor and you can pass this risk to them via your contract documents. They will look at the site, and build in some risk money to cover potential ground problems.

If you haven't understood the site, it is tempting to think that this is an expensive price and you will manage it yourself more cheaply. However, the risk still remains, it is just that you have retained ownership of this risk. If, for example, the soil is not a problem, you have indeed found a cheaper way of getting your extension, but if it hasn't...

Consider External Influences

Be wise to the third party influences that impact on your project — as project manager you need to be sure that not only is your project architecturally designed, structurally proven, correctly specified and well procured, but that you have also considered all the external influences, such as:

- Are Party Wall agreements required?
- Building Regulations approval
- Planning approval and discharge of conditions
- Site logistics and preliminaries
- Any product guarantees or collateral

warranties available

- Test and completion certificates
- Neighbourly issues and consideration
- Traffic management and impact of construction traffic
- Overhead issues if cranes are needed
- Tree protection issues
- Hours of working (often stipulated in planning approval)
- Local access and road issues
- Address of nearest A&E department (in case of accidents)

The list goes on, but you can see already the level of influence that can be brought by third parties is potentially significant, and will be yet another risk factor to manage and deal with.

So let's assume that you are now acting as project manager for your extension — you have understood and put in place your procurement strategy and have got comfortable with the ownership and costing of risk as identified in your design, site planning, programme considerations and the requirements of the existing site, occupants and neighbours.

Preparing for the Project

Your next consideration is: what can you do before works start to be prepared? The obvious aspect is programming. A fully thought-out programme of works enables you to understand the relationship between trades and tasks, plan procurement and establish 'critical path nodes' - points in time when certain things have to be resolved prior to the next task being enabled. This can include ordering windows and glazing which have generally long lead-in times for manufacture, and require ordering well in advance of the site works. You will need to ensure that the window openings are well detailed to enable them to be constructed without the windows necessarily being available. This can be done by building in 'formed' or dummy frames which ensure that the

PROJECT MANAGER SKILLS

To be a good project manager you'll generally need to:

- ✓ Be able to focus on the point of the discussion and cut to the chase
- ✓ Not be blinded by the aesthetics and excitament of the project
- Understand a programme of works and the principle of critical path analysis
- Have motivation and be able to motivate
- Have energy, enthusiasm and be positive
- ✓ Have an aversion to assuming anything facts, facts always
- Recognise and appreciate risk and the ownership of it
- ✓ Have a reliable 'phone a friend'
 service to provide technical backup (which can be invaluable when
 challenging views, techniques
 and issues). Often surveyors and
 project managers can offer this
 service for reasonable rates which
 are charged as they are required.

windows will fit correctly when delivered later. This programme analysis lets you move on to lining up trades, materials and specialists to be 'booked' to come to site at the right time, remembering to look for the loopholes between each package.

While you should avoid it for risk management reasons, many suppliers are insisting on advance payments before manufacturing component and bespoke elements — windows, doors and kitchens being prevalent at present. If left with no choice, manage this risk to an extent by ensuring a correct paper trail and full vesting rights to the items as a minimum, to give you some recourse if the supplier goes out of business with your materials in their workshop. This is not ideal but is often a pragmatic approach given the current market unease with credit and payments.

Split the Work into Packages

If you decide to act as your own PM, there are a few skills that you need to possess (see left). It is a time-consuming role — for a simple extension, this can be part-time, but will probably involve several very early mornings and late evenings during the week as well as some dedicated daytime work. The more time you spend, the better your understanding and involvement.

For first-timers, the hybrid procurement route would also enable you to be

less involved time-wise while the structure/shell is built, and then increase your involvement as the fit out commences. Splitting work into smaller packages will require less dedicated hours on site, and be more of a coordinating role, which may be advantageous if you have a demanding job, for instance.

Finally, bear in mind the flexibility that project managing can offer. By getting the shell built with one contractor, then letting a few significant packages (mechanical, electrical, plastering, etc) to smaller outfits, you still have the flexibility to put a cap on expenditure and carry out some finishing items on a DIY basis if you need to. While not ideal, this ability to reduce your contractual liability as the work proceeds lets you make savings and use 'sweat equity' as needs must.

The only caveat is that supplementing trades packages with DIY work as part of the package (loading skips, insulating works, etc) is often thought to be a saving, but in my experience generally slows things down and sometimes makes no savings at all, just increases the stress levels of all parties. Don't rely too much on your own labour — as the project manager you would be better served pre-booking, procuring, value engineering and planning as no one else will do it for you while you are out loading skips to save a few pounds.



Extension Project Step-by-Step Planner

What does a typical extension project look like? What are the critical paths and construction schedule? Here's our week-by-week guide and checklist

BEFORE WORK STARTS

- Find trades, obtain quotes and inform them of your schedule
- ⇒ Check lead-in times for materials to avoid delays
- → Advise Building Control of commencement
- **>>→** Arrange/amend insurance
- ⇒ If living on site, put measures in place to keep the building work separate from your living spaces
- → Arrange toilet facilities for trades if necessary



PREPARATION WORKS

- ➤→ Ensure clear access to site

blocks and associated materials delivered to site and stacked in place

- ⇒ Hire mixer and digger this is only necessary if you are project managing, otherwise your builders or contractors will organise this on your behalf
- **⇒→** Ensure the site is safe, particularly if you have small children



GROUNDWORKS

- → Builders arrive on site
- → Groundworkers dig foundations
- **⇒** Building Control visit to approve the foundations
- Reinforcement laid within foundations, if required
- **⇒** Pipework, drainage or services laid within foundations
- → Concrete footing poured and levelled
- **■→ Building Control visits to approve**



SUPERSTRUCTURE

- ⇒ Bricklayers to build up to dampproof course

and trenches dug for associated pipework

- ⇒ Insert concrete lintels into brickwork if a drain run requires it
- ⇒ Sand is then laid before damp-proof membrane is put down
- → Insulation fitted
- >>> Concrete slab poured
- >>> Arrange for Building Control inspection



EXTERNAL WALLS BUILT

➤→ Check that the required materials

are on site for the superstructure to commence, including lintels, door and window frames and wall ties

- >>> Whether the brickwork or blockwork is built first will depend on your builder, but work now starts on the superstructure
- **>>** Cavity wall insulation fitted
- >>> Wall ties inserted to fix the new walls to the existing
- **>>>** Lintels for windows and doors fitted
- ⇒ Door and window frames should be inserted as the walls go up



INTERNAL WALLS BUILT

- → Internal walls are constructed

such as windows, roof tiles, etc., which can sometimes have long lead times of up to five weeks

⇒ Check that the carpenter is all set for the following week and all materials are ready — including lead



ROOF STRUCTURE

- ⇒ The carpenter will start building the roof structure
- or in some cases prefabricated roof trusses may be used
- ⇒ If you are having rooflights, the carpenter is usually in charge of fitting these at this stage
- ⇒ Dormers will be constructed if they are being introduced



ROOF COVERINGS

→ Roofing membrane is laid over

the newly built rafters

- ⇒ Roof battens cut and fitted over membrane
- **■→ Tiles/slates laid**
- ➡ Ridge/hip tiles laid and bedded
- >> Valley tiles laid, along with finishing details, flashings, etc.
- → Fascias, soffits and verges primed/ stained/painted
- **■→ Floor screed laid**



WINDOWS AND DOORS

- ⇒ External rendering if required
- ⇒→ Windows and doors fitted into linings and frames that were (hopefully) put in place when walls were being built
- → Guttering and downpipes fitted
- ⇒ First fix carpentry, plumbing and electrics
- ⇒ Studwork walls built, door linings fitted and pipes boxed in

The trick with building extensions is to delay breaking through to the existing house to as late as possible in the build schedule



10 WEEK

BREAKING THROUGH

⇒ Now is a good time to ensure you get sealed off from

the building work as things will get messy

⇒→ Steels are put into place, along with padstones — sizes should have already been approved by Building Control



PLASTERING

>> Walls are boarded, with insulation placed between battens on

existing uninsulated external walls

⇒→ Plastering — followed by a period of drying out (around a week before decorating can begin)



SECOND FIX

⇒→ Second fix electrics carried out (sockets made live,

switches put in place, lights fitted, etc.)

- **⇒→** Second fix plumbing (taps, connections, etc.)
- ⇒ Flooring laid (sometimes people choose to lay flooring after the kitchen is fitted)
- **>>** Kitchen units installed (if this is a kitchen extension)



SNAGGING

⇒ Leaks, electrical problems, heating system issues, sticking

doors and windows — report them all to the relevant trades as soon as possible after finishing $oldsymbol{\Theta}$

Extension Checklist

Make sure your project runs smoothly with our handy 'don't forget' checklist

- Obtain planning permission, if required, prior to works commencing
- Submit application to your local Building Control
- Arrange access for delivery lorries and consider where skips can be placed
- **■→** Get quotes from trades
- If living on site, arrange schedules to minimise impact on day-to-day living
- Agree timescales and schedules with trades to avoid delays on site
- Arrange or amend insurances as necessary (you may need a new policy)
- >> Inform neighbours of work commencing
- Organise the hire of plant, toilets, etc.
- Set up accounts with your local builders' merchants

- Theck lead-in times for materials and order where necessary
- Notify Building Control that you are commencing works
- Make space available to store materials safely on site
- Make sure water will be available for cement mixer (and later plastering) where it will cause minimal mess inside
- Arrange scaffolding if required
- Make second fix decisions (such as the position of lights and sockets) as early as possible
- Build in time for plaster to dry out before decorating commences
- Make sure plasterers and other trades know if you are carrying out aspects of their jobs on a DIY basis

ADVICE

20 Great Tips for Extension Success

No two extensions are the same, yet it's surprising how many share similar design and construction challenges. Our panel of architects explain how to ensure your project goes smoothly from day one

SPEND TIME ON THE BRIEF

"It is so important for the client to ensure their brief is refined at the start of the design process. At this early stage, we ask for the client to send us a copy of the brief, no matter how small the project is, which states the types of spaces they want to achieve and an idea of what they envisage will happen within the spaces — in essence, how they want to live.

"As well as information regarding likes and dislikes, we are also keen for the client to be as accurate as they can about their budget. Often we ask a client to accompany the brief with a link to their Pinterest account, so we can get an idea of the client's tastes. We often find that one client's idea of 'modern' or 'minimalist' is very different to another client's, and such websites help us to pinpoint what a client is trying to achieve or likes visually.

"We quite often find that a written brief is far more detailed or contains more desires than when we discussed the project in our initial consultation, as the client has had the chance to really think about what is important to them. Once we receive this information it becomes the basis for the design, and something we refer to during the design process.

"For this reason, we expect the brief to not change too significantly once we start the design process, so we can hone the design to the client's requirements and make sure we have addressed all the initial points raised by the client. The more information we receive in a brief, the better opportunity we have to tailor the design to the client. A brief can take many forms: from handwritten lists to PowerPoint presentations, we seen them all, but all are useful."

Lesley Hally, LA Hally Architect

GO FROM GENERAL TO PARTICULARS

"Do not get hung up on the detail at the very early stages. If you and your architect get the concept right, the detail should simply fall into place. Immediately concentrating on existing details is an easy trap to fall into, particularly if you have been thinking about work to your home for some time.

"Designing the whole extension around an existing boiler location is a classic example of this. There are some big decisions regarding existing features which do need more consideration, particularly the decision to move a staircase. Of course, this could have a significant cost implication. However, it could be the magic ingredient which ensures you get the concept right and the home and layout you have always dreamed of."

Brendan Tracey, Phillips Tracey Architects

BE FLEXIBLE WITH THE BRIEF

"Don't start with too rigid a brief; although you know your house better than anyone, it can take an outsider, your architect, to spot issues and opportunities that you might have otherwise missed.

"Although for most an extension may be the right route, it's not always extra space that's ultimately required. A reorganisation of space — maybe a small strategic extension — can often unlock a home that currently doesn't function to its best potential. A better arrangement of rooms and spaces, better daylight and strategic fitted furniture can all make a house much more enjoyable and give a perception of spaciousness without the cost of an extension."

Paul Testa, Paul Testa Architecture

IS AN EXTENSION THE RIGHT CHOICE FOR YOUR RENOVATION PROJECT?

"Extensions are not the only option when looking to renovate your home. We have worked on various projects where we have had to consider all the options before extending.

"We had one scenario where a client was extremely keen to build another floor on top of their 1950s bungalow. We looked into the possibility of doing this and found that if we were to go down this route we would end up using a huge amount of money having to underpin the extremely shallow foundations. Instead, we opted for a two storey side extension that housed the sleeping accommodation in a modern style, contrasting against the simplicity of the bungalow. In this scenario, it made financial sense to extend to the side rather than to build above. This project came in under budget and we were able to modernise the entire bungalow so that internally the design was coherent.

"In another scenario, we were asked to look at building a rear extension to create a larger kitchen/dining/family area, which would look on to the client's large rear garden, set within a Conservation Area. The small extension would have been built over a public sewer, and the cost for the build-over application would have

eaten severely into our client's budget. They would have also faced Party Wall issues with their neighbours — again a possible costly exercise.

"We looked at the design and altered the existing layout and instead used the volume they had to create an open home with all the requirements. By rearranging the internal spaces and altering the walls, we could answer the client's brief, yet avoid some of the costs that would have been levied had additional volume been added to the house."

Lesley Hally, LA Hally Architect

OVERCOME THE PLANNING HURDLE "Gaining planning permission is usually the first major hurdle and can be a nerve-wracking process without the help of the correct individuals.

"Choosing an architect who understands the planning process and has a very good history in gaining approval is key. It's worth noting that most architects are by no means 'experts' in planning policy; if a planning application is likely to be complicated or contentious then we always advise using a planning consultant. An architect, however, does have the experience and insight into how a local authority will review a proposed scheme and know when to push the boundaries."

Andy Ramus, AR Design Studio

GET ADVICE ON RESTRICTIONS

"Many houses have Permitted Development rights that allow you to build an extension, subject to certain conditions, without planning permission. However, these rights may be restricted if you have a listed building or are in certain areas (e.g. within national parks or Conservation Areas). If in doubt, check with the planners or an architect. Because we produce contemporary architecture, we always apply for approvals for our projects.

"First and foremost, your project must address the points raised by planning policies in your area. Your case officer wishes to be certain that your proposals comply with these policies. Sometimes the planning policies require interpretation, which is why a clear set of drawings together with some 3D images help."

David Nossiter, David Nossiter Architects

SKETCH YOUR IDEAS

"Good communication is key throughout the entire process, particularly when you are engaged with a building contractor. Showing your design and contracting teams images helps, but don't be afraid to sketch either. Clients are often embarrassed to draw, but even the crudest drawing often helps articulate an idea and helps information flow down the chain from architect to contractor. Having everything written down in drawings and documents, and utilising a standard form of building contract, will ensure you have a cost that is as accurate as possible, before you put a spade in the ground. Ask your architect, or contact your regional RIBA office for advice on what contract suits your building work best."

James Ferguson, Staran Architects

SINGLE OR TWO STOREY?

"Whether you extend one or two storeys will of course depend on your brief and your budget, but also your site and the proximity of your building to the neighbouring ones. Two storey extensions can impact on neighbouring properties.

"When designing any extension, think about the consequences on the existing room layout. Are you left with a room in the centre of the plan without views and without daylight? Do you need to add a rooflight to encourage daylight entering deep into the plan?" David Nossiter, David Nossiter Architects

GO AHEAD — EXPERIMENT!

"Do not be afraid to experiment with different design materials and contrasting palettes. Allow your horizons to be broadened and don't rush your architect to complete the design stages — allow plenty of time for reflection and thought.

"There have been several times when some exceptional design ideas have been created while pondering 'completed' designs. Allowing time to really understand and assess the designs at the drawing stage will save money in the long run as changes to designs once they get to site are costly and time consuming."

Katie and Simon Lewis-Pierpoint, SDA Architecture





Simon and Katie Lewis-Pierpoint, SDA Architecture (sdaarchitecture.co.uk)



Lesley Hally, LA Hally Architect (<u>lahally.com</u>)



Andy Ramus, AR Design Studio (ardesignstudio.co.uk)



Allan Corfield, Allan Corfield Architects (acarchitects.biz)



Brendan Tracey,
Phillips Tracey Architects
(phillipstracey.com)



Paul Testa, Paul Testa Architecture (paultestaarchitecture. co.uk)



Kieran Gaffney and Makiko Konishi, Konishi Gaffney (konishigaffney.com)



Annie Martin, Annie Martin Architect (anniemartin.co.uk)



James Fergusson, Staran Architects (staranarchitects.com)



David Nossiter,
David Nossiter Architects
(davidnossiter.com)



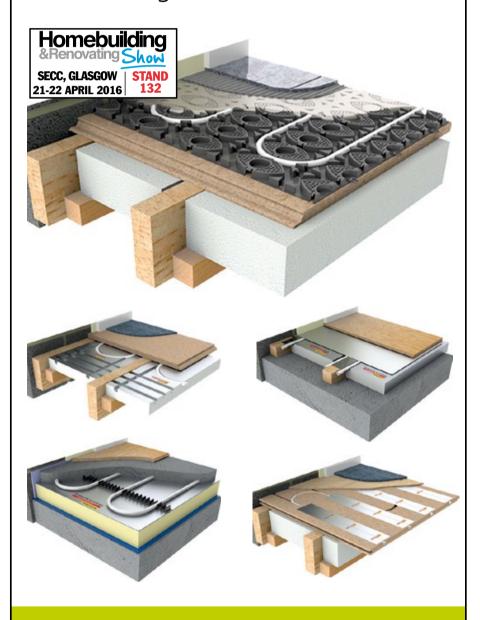
James Chapman, OB Architecture (obarchitecture.co.uk)

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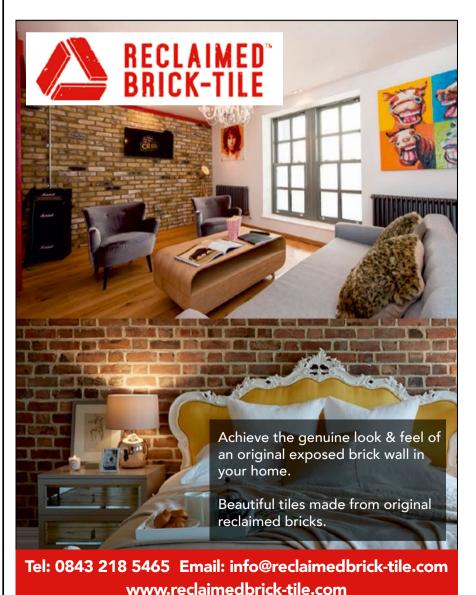
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ADVICE TOP TIPS FOR HOME EXTENSION SUCCESS

INTRODUCE THE WOW FACTOR

"We believe that the main entrance is very important to the appreciation and perceived value of a house, so make the design here a priority. Look at the feasibility of incorporating double-height or oversized spaces, particularly over the dining areas to create a wow factor. Rooflights can also be used to dramatic effect to bring light deep into an interior space."

James Chapman, OB Architecture

LOWER YOUR FUEL BILLS

"When complete, an extension can make up a large proportion of the external envelope of your home. So it makes a lot of sense to make this as energy efficient in its construction as possible. This can improve the comfort of your whole home and ensure your bills are as low as possible. You're unlikely to ever revisit the construction of an extension, so get it right first time. I would also suggest that anyone should aspire to retrofit their home to a high standard. Most people won't be

able to afford the cost or disruption of this at the same time as an extension, but planning this in is useful so that you won't need to undo anything if this retrofitting work becomes possible in the future."

Paul Testa, Paul Testa Architecture

UNDERSTAND THE BENEFITS OF SIPS

"Clients are tending to lean towards very energy-efficient construction materials. In particular, we've dealt with a number of clients opting to use SIPs (structural insulated panels) as their chosen construction method.

"These panels — usually a core of expanded polystyrene (EPS) sandwiched between outer layers of oriented standard board (OSB) — are stronger than the sum of their parts, and are very well insulated. The other advantages of extending your home using SIPs include the fact that they are factory-made to the precise measurements of the building's design, so on-site labour time is kept to a minimum. They are lightweight and extremely quick to erect due

to their precise design. SIPs also offer a lot aesthetically, as they can be used to create open or vaulted roof spaces. Typically, roof construction relies on a conventional trussed roof to develop the roof space, but as SIPs are glued together following their precise design, they can span from ridge to eaves (maximum 4.8m) with, at most, one intervening horizontal beam.

"Building roofs with SIPs is much quicker compared with other conventional roof systems and is very cost-effective as the insulation is built in."

Allan Corfield, Allan Corfield Architects

CHOOSE DURABLE MATERIALS

"You have to consider durability and maintenance when choosing external cladding. Better to pay more for a more durable timber that may be left unfinished, such as Siberian larch. We have used fibre cement cladding successfully, which is very durable but does require care to set out and install and is often supplied through specialist com-

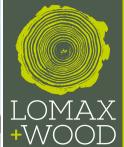
DON'T OVERLOOK THE INTERIOR
"One of the most important items that we constantly find has been overlooked is the interior architecture. We often spend more time designing the interior architecture than the exterior, as this is where the clients will spend a large percentage of time. This does not mean overlooking the exterior, as it is equally important, but it is not the only area of design that needs to look great."

Katie and Simon Lewis-Pierpoint, SDA Architecture

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panies. Be aware that as soon as you consider alternative materials, costs inevitably go up. General builders can be nervous about using materials that they do not have experience installing and it can be an advantage to use a manufacturer's approved contractor. Often a manufacturer will not guarantee the installation of their product unless an approved subcontractor installs it." David Nossiter, David Nossiter Architects

ADDRESS EXISTING ISSUES

"Extensions can be an opportunity to put right irritating problems with the original house. Remember that an extension is not just about space. The project needs to address the shortcomings of the house and address issues such as poor circulation. You may even be able to re-evaluate the house so as to enjoy the best of the views."

Annie Martin, Annie Martin Architect

CONSIDER PREVIOUS EXTENSIONS (OR CONSIDER DEMOLITION)

"If it is possible to reuse existing extensions and incorporate them in the design this is generally preferable, as the embodied cost and energy in these buildings is high. They can usually be insulated, opened up with windows and extended to increase the floor area. Be wary though — we have worked on many projects where an existing extension is of poor quality or simply in the wrong place. This is typical of Victorian extensions built at a time when sunlight wasn't deemed important and of 1960s construction, when quality wasn't so high on the agenda. We find that it is better and sometimes cheaper to consider demolishing extensions which are obviously in the way or that are poorly built.

"This can be frustrating, as there is a cost for demolition and then rebuilding a similar amount of floor space. For us, natural light is the most important part of any project, so managing sunlight and orientation is essential. Clients should be prepared to demolish to let the light in. On several projects we have demolished extensions and not rebuilt them - more space is not always the right answer." Kieran Gaffney,

Konishi Gaffney Architects



AIM TO HAVE A CONTINGENCY FUND

"Try to identify cost plans along the way. Until the project is tendered they are always approximations, but it may help you avoid nasty surprises later. When you tender your project, ensure that you receive a full breakdown of the costs as far as possible and do not forget VAT.

"Costs can increase as clients become enthusiastic about their project. With existing properties, extra costs may arise when dealing with elements concealed within the existing fabric of the building and under the ground. Identify these as far as possible, but also ensure that you have a contingency fund."

David Nossiter, David Nossiter Architects

VALUE FIXED COSTS

"RIBA suggests that an average architecture fee for an extension project should equate to between 9-12 per cent of the overall construction cost. However, we would suggest you try and find an architect who offers a fixed cost and an advised timescale, with the required services split up into logical stages. We believe our clients should know all of the main facts and costs before committing to

an extension — that way, budgeting and monitoring cashflow can be done with more concrete figures."

Allan Corfield, Allan Corfield Architects

TAKE CARE WITH LISTED HOUSES

"Listed properties and those in Conservation Areas require particular care. Our approach would always be to provide something contemporary to contrast with the period property. A contemporary approach can be sensitive if handled with diligence by a good architect. Consider carefully the materials that you use for repairs. If you own a listed building, be aware of the reasons why the building is considered notable and ensure you have the necessary consents in place before undertaking work - remember, it is a criminal offence to demolish a listed structure without consent.

"Lime mortars and lime renders are breathable and compatible with traditional building methods. They are better suited to older buildings than cementbased mortars and renders, which can trap moisture, although lime-based materials require care during execution."

David Nossiter, David Nossiter Architects **(1)**



Extensions Portfolio

From a listed farmhouse to a dramatic urban project, Alison Wall visits five projects that illustrate different solutions to common extension challenges — including a wide range of approaches to successfully tackling the build

For anyone faced with the prospect of renovating or remodelling an existing extension – particularly one poorly built or designed – the simplest and most effective option may simply be to demolish the original extension and start again.

This was the route taken by the homeowners of this extension project in Surrey, who chose to start afresh rather than renovating a single storey rear extension designed and constructed with little consideration for the original Victorian villa.

They asked Olly Bray, director of OB Architecture, to remodel the interior and design a two storey extension to the side and a large open plan kitchen/living/dining space with better connections to the garden. The decision to demolish or renovate an existing extension needs careful thought, he says, especially when it involves some heritage or architectural value.

"So often we go through this process and ask ourselves: can we rebuild? In our experience, it is easier and cheaper to take the extension down, and builders prefer working with a clean slate," he says. "Here we went through a process of stripping back and allowed the original building to breathe again."

The other choice facing owners of traditional or period homes is whether

to mirror the original home's form and fabric, or to create something distinctively modern and different.

In this case, there is a clear division between the old and new but the use of glazing and white render links the two spaces and retains the memory of the original property.

Thinking through the size of the rear extension was also key. "We needed the extension to be subservient to the main house," explains Olly. "If we'd constructed something too large at the back of the house, such as a two storey extension, the handsome proportions of the original house would have been lost."

(obarchitecture.co.uk)

ADVICE EXTENSIONS PORTFOLIO

The starting point for this project, a rear extension and loft conversion in a terraced house in London, was a client prepared to take risks and go outside their comfort zone, accoding to architect Luke McLaren of McLaren Excell.

"The homeowners wanted something different - from the outset, their overriding concern was that they did not want yet another typical rear terrace extension and they also knew they wanted to use concrete as part of the project in some way," begins Luke. "They were very happy for us to push them with challenging ideas and concepts, and they warmed to the idea of making unexpected decisions. That level of trust is really quite important and taking the right kind of risk will lead to the right kind of reward."

Another important factor was the unusually generous height of the extension. 'Right to Light' planning restrictions restrict building height to 2.4m on one side. But,

interestingly, after discussion with the next-door neighbours, a joint application was submitted to the local authority that allowed both households to build extensions up to 3m high.

"The approach was quite unusual – and getting permission does depend on individual local authorities - but having the extra space has made a difference to the feel of the space internally and avoided the standard lean-to aesthetic," says Luke.

Throughout the ground floor interior, the dominant material is concrete, which is used for the walls, floors and a central island/table in the ground floor extension. Externally, the cladding for the walls is preweathered - or 'rusted' - Cor-ten steel, the same material used for the large central door. "The orange rusted tone worked really well against the concrete," says Luke. "We didn't want a building that looks fabulous now and in five years looks haggard and tired — Cor-ten works well and will age very well as it is designed to weather and rust." (mclarenexcell.com)

CONCRETE NOTES



NICK GUTTERIDGE/MCLAREN EXCELI



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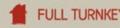
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Panoramic Views

The extension allowed the architect to open up the building to surrounding rural views. Removing a large barn helped, as did re-routing the original driveway to the rear of the house. A new stone retaining ha-ha allows uninterrupted views across the fields, as does extensive glazing

Obtaining planning permission to extend this Grade II-listed farmhouse in the rolling hills of Dartmoor National Park in Devon was never going to be easy. "The National Park planning department is renowned for being stringent," says architect Annie Martin, who carried out the project for her parents.

"They required detailed drawings and much more negotiation than normal — for them, vernacular architecture is key and they were very interested in materials. I was pleased that they accepted the standing seam zinc roof finish that I'd specified — it's a slate colour, reflecting the farmhouse slate roof, and is a reminder of the corrugated iron roofing that was on the barn previously."

The approvals process was helped by the fact that the proposal involved taking down one enormous – and unattractive – barn and converting the dilapidated and structurally unsound storage barn adjoining the main farmhouse. Neither barns were required for their original purpose, as Annie's parents were retiring from their organic holding and no longer needed a working farm. Taking down the structures was considered to be a large planning gain, so the conservation officer and national park planners sanctioned a more contemporary approach. However, there were some restrictions.



Listed building requirements meant that Annie could not create an entrance from the original farmhouse wall directly into the extension, so instead she designed a small timber porch at the rear that provides the link between the two spaces. An original casement window in the adjoining farmhouse wall was also required to remain intact, and has survived as a visual link with the original architecture.

Overall, the extension is a simple double-height space, executed with exacting craftsmanship. "My parents liked big

bright open spaces with large sliding doors, but living in the farmhouse there were no options because of the beams and small windows," she says.

Visually, the new space follows the original asymmetric roofline of the original storage barn, although the original oak A-frame - kept for its aesthetic appeal and to meet listed planning requirements – is no longer structural. All of the new timbers are also oak, some of them sourced from the farm grounds and seasoned on site and others reclaimed from elsewhere. "We had a joiner on site and got through an amazing amount of timber," says Annie. The one remaining cob wall adjoining the farmhouse was repaired using conservation techniques and elsewhere new cob blocks with lime mortar were introduced. "They have a robust quality and match the rest of the house," she says. "It was relatively straightforward - my dad did the work himself. I am not a conservation architect but on this project I learnt not to be scared of conservation techniques. They've been around a long time and once you understand them, they are easy to do."

Another stand-out feature is the mezzanine, which is used as a study. "I slightly resisted this, as I didn't want to go back to dark low ceilings, but the mezzanine is only half way across, and pulling it back allows us to retain the full-height double space," says Annie. (anniemartin.co.uk)

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The homeowners of this large oak frame extension in north Wales saved thousands by taking on some of the work themselves and managing subcontractors after the oak frame contractor, Welsh Oak Frame, had finished on site. By tackling just one job - cleaning the oak frame after it had been installed – they managed to save between £5,000 and £6,000. "We were up on scaffolding, sanding and waxing the oak beams every single night from the middle of October to just after New Year," remembers homeowner Lynne Harkin.

"When the oak went up it was really muddy and dirty, and black where the chains had lifted it. Welsh Oak Frame would have cleaned the oak if we wanted them to, but we were keen to sand and wax the wood ourselves."

The other significant budget win was the kitchen. "We had a look at quite



a few kitchens and couldn't believe how much they cost," she says. In the end, Lynne commissioned Unfitted, a company she found online, which allows homeowners to input their required dimensions to get a quotation.

"What we chose was double the size and half the price of some of the other kitchens we'd seen," she says. "We went for granite worktops — the company said it was the biggest piece of granite they had ever cut." Taking on the latter stages of the project also allowed the homeowners to side-step some of the logistical challenges of the early stages of the project, including six weeks of local road repairs that threatened to scupper access to the house for large vehicles. Welsh Oak Frame managed the potential disruption by rescheduling the works and starting on site at 7am each day. (welshoakframe.com)



Another option may be to find a company that manages all stages of your project, as in this extension to a barn conversion near Wilmslow in Cheshire. ARKHI.build, an architect-led design and build company, was approached by the homeowners to design and build an extension to provide more space for their growing family.

"Originally, the couple wanted a simple lean-to at the rear, perhaps with a gable on the side," says architect Matthew Lewis. "I went round the house with them and saw that they were very design orientated. I didn't think their original plan was really them, so I designed something that I thought did represent them." In fact, Matthew created two options: one that had a slightly pitched roof, and the other – chosen by the homeowners – a simple zinc-clad boxed form that makes the maximum use of glass. Its most striking feature is a glass-to-glass corner, which provides the kind of design statement the clients were looking for.

Energy efficiency was also important. "Although you can only do so much with

an older building in terms of energy efficiency, we super-insulated the walls and it's pretty warm in there," says architect Matthew, who managed both the design and build elements of the project.

"We are a construction company as well as an architectural firm. It simplifies the process for the client — they have one port of call and it avoids the triangle where the builder blames the architect, the architect blames the builder and the client is left in the middle."

Working in this way also allows the project to benefit from the coordination that comes with it, he says: "We can mobilise quickly, get on to site and work straight through." The other benefit is being able to take architectural details from concept to execution.

"We are architects first — and the devil is in the detail. Often, the client doesn't keep the architect on and the detail that the architect specified just doesn't stay. Although here we took a simple approach, the client was a details man, interested in elements like the junctions between the flooring. People may not notice these things consciously, but they do recognise quality compared to a badly designed project." (arkhibuild.com)



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HOMES

Hidden Depths

A healthy dose of clever design and a considerable measure of DIY has seen a youth club transformed into a unique home — for just £95,000

THE QUICK READ

- Mat and Polly Hilton have converted a redundant youth club near Exeter into a characterful two-bed home
- The building was wrapped in external insulation, with insulation added to the roof and floor to bring it up to modern standards
 - → Part of the roof was removed to create a south-facing courtyard — this fills the interiors with much-needed light and provides valuable outdoor space









HOMES YOUTH CLUB CONVERSION



his magazine has seen its fair share of unusual conversions over its 25-year history. Among the flock of barn conversions and congregation of church conversions, there have been factories and stables transformed, a city centre office conversion, and even a former bowling alley overhauled as a home, but we have to admit, converting a youth club is a new one on us. But that's exactly what Mat and Polly Hilton have done — they had the foresight to spot the potential in a redundant youth club in a Devon village, and have transformed it into a dynamic home. The project is all the more impressive given that it's the couple's first venture into property ownership, they undertook the vast majority of the work themselves, and achieved the conversion for under £100,000. The property has now been shortlisted for the south-west RIBA Awards 2016 to boot.

A key part of the equation was Mat's brother, architect Rob Hilton, who developed the plans for the conversion, and joined the couple on their search for a first home. "I used to live nearby and noticed the 'for sale' sign outside this building; it looked like it could be an interesting project," says Rob. "Mat and Polly had also noticed it online — there's not a lot for sale under £100,000 in this area." First impressions were mixed and while the single storey building was in a relatively sound state of repair, it was evident that considerable work would be required to bring it into

Semi-Open Plan Living Space

The living area is semi-open plan to the dining area, kitchen and circulation space, thanks to open doorways and internal 'windows' which punctuate the interior walls. The raised floor, however, provides definition between the spaces and makes the living area feel cosier (a carpeted floor also aids here)

the 21st century. "There were single-glazed Crittall windows, an asbestos cement roof, and the building had evidently been built on a budget," says Rob. The brick-clad façade was rather of its era, too.

The youth club had been funded and built by volunteers from the local community in the early seventies, and had served the village and surrounding area for over three decades. Its construction was akin to that of an agricultural building, with a concrete portal frame providing the structural backbone, with walls built in blockwork.

Despite the challenges and the fact that it was being sold without planning permission for change of use, the couple decided to put in an offer. "A previous application had been made to convert the building into a blinds-making factory, but this was turned down. We were fairly confident about gaining planning permission and had Mat and Polly not gone on to convert the building into their home, we knew it would be worth more if we sold it with planning permission; it was a gamble worth taking," explains Rob.





When Mat first viewed the building, it was, he says, "one big open hall." Creating a floorplan that would divide this space to meet the couple's brief for a two-bed home with adequate living space, together with a workshop (Mat is a carpenter), while also ensuring that all new rooms received natural light, was no mean feat. The lack of outdoor space was another issue that needed addressing. Fortunately, Rob was on hand to suggest a solution to both. "I knew right away that an element of the roof would need to be removed to achieve this." A considerable portion of the south-facing roof has been taken away to create an internal courtyard; a much-needed 'room outdoors'. The primary living spaces and master bedrooms are arranged around this courtyard and designed so as to receive sunlight at different times of the day. Polly and Mat were sold on the design concept.

While first incarnations of the design featured, in Rob's words, "straight walls and rigid, rectangular spaces," as the plan developed, an asymmetrical floorplan began to take form, with zones dedicated to different activities and the boundaries further blurred between inside and out. "The concrete portal frame really helped here; it »



Circulation Space

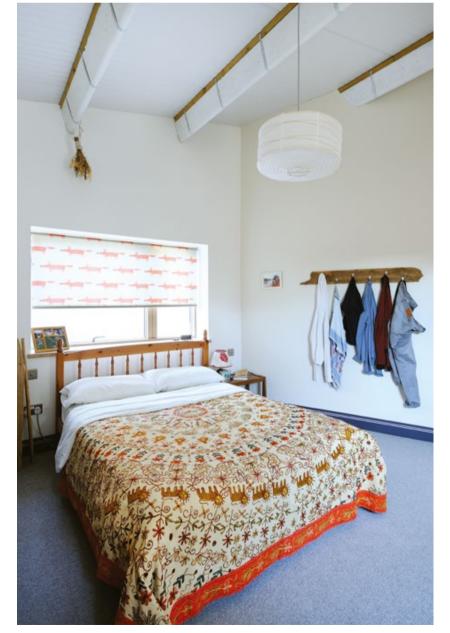
The couple and their architect Rob Hilton considered squeezing in an additional bedroom, but instead decided to utilise the generous circulation space between the two bedrooms as a home office. Oak cladding has been introduced here, too





Bathroom

The sanitaryware was reclaimed and has been paired with timber cladding (crafted from off-cuts of oak left over from cladding the living spaces) and slate worktops, lending instant character to this new room. A large picture window from Velux provides plenty of light and a discreet view









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Kitchen

The kitchen units were handcrafted by Mat, who used salmon packing crates (which he'd collected in the hope of one day having a use for them). The units are supported on a steel framework

supported the roof, providing the freedom to experiment with the internal walls," explains Rob.

The Hiltons applied for planning permission for change of use. The plans also included a 28m² timber frame extension to the front of the building, which would provide space for Mat's workshop and help to break up this flat elevation. The planning process proved relatively pain-free. "It wasn't too bad. The only real issue was with the Highways about the entrance to the road," says Mat.

Bringing the Building up to Modern Standards

One of the biggest challenges involved bringing the structure in line with Building Regulations' standards: insulating the building was a particular priority. The Hiltons opted for external wall insulation, adding 100mm of solid PUR insulation to the exterior of the blockwork walls and fixing cedar cladding as a rainscreen. The existing floor was dug up, too, in order to accommodate further insulation as well as the pipework for the new underfloor heating system. (The couple opted for a power-floated concrete screed to provide a cost-effective and hardwearing floor finish.)

The underfloor heating is powered by mains gas, although a woodburning stove was also installed as a cosy focal point in the living area and to give off instant heat on colder days. The property features solar PV panels too (these were retrofitted on the southfacing roof and were a housewarming gift from Mat's parents while Mat and Polly benefit from the free electricity the panels generate, Mat's parents receive the Feed-in Tariffs payments).

With the asbestos roof stripped away, an insulated roof panel system (Kingspan's Trapezoidal Roof) was introduced; the product is typically used on commercial buildings, but it provided a costeffective and easy-to-install solution for this project. As with much of the work on site, Mat roofed the building himself. Joined by Rob and three friends, the team of five (who'd never used the system previously) roofed the entire structure in just two days.

The project took two years to complete, with Mat taking two prolonged breaks during this time. "I needed to go back to work to earn money to fund the project," explains Mat, who is self-employed. The couple finally moved in during Christmas 2013. "We wanted to finish as much as possible before we moved in — otherwise you never quite finish," says Mat, who offers the following advice: "Be patient and don't cut corners. You will be rewarded on completion."

The rewards of the couple's endeavours are certainly evident in their finished home. The interiors feel spacious, thanks to the generous ceilings and dynamic shapes created by the asymmetrical walls, and that connection to the courtyard. There are also interesting pockets of space to explore in every room, and unique design touches throughout, from the kitchen units handcrafted from packing crates sourced from a salmon farm to the timber-lined openings which punctuate the internal walls and double up as shelving. It's an enviable first property by any measure.





The Courtyard

The private south-facing courtyard was key to the creation of this home - it provides much-needed outdoor space, but also allowed large windows and doors to be designed in, to introduce light to the interiors. Two sets of 3.2m-tall IDSystems' bi-fold doors allow the dining area (opposite) and circulation space to be opened up to the courtyard too, creating a cohesive entertaining space. The original concrete portal frame (which was cleaned up during the project) also dissects this space, providing a characterful addition to the cedar-clad and brick walls









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HOMES YOUTH CLUB CONVERSION

The Project

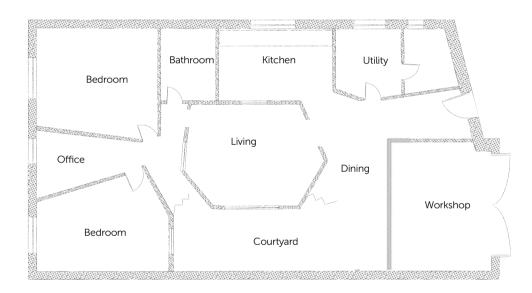


Mat and Polly Hilton Homeowners

HOMEOWNERS' VIEW

The design of the house is fantastic. It suits our lifestyle perfectly as the boundaries between outside and inside are very blurred. In good weather you can really enjoy it and in bad you feel all the elements but can still find a cosy place to relax. We wouldn't change a thing. It's certainly all we had hoped for and more. It's a great house for entertaining and is very sociable.





PROJECT TIMELINE

May 11 Building purchased

Sep 11 Planning permission granted

Nov 11 Work started on site

Dec 11 Stripping out/demolition

Feb 12 Extension completed

Mar 12 New roof added

Jun 12 External insulation and cladding installed; windows and doors fitted (followed by a break in works)

Nov - Dec 12 First fix

Jan 13 Plasterboarding

Feb 13 Plastering (followed by a break)

Sep - Dec 13 Second fix and decoration

Dec 13 Moved in

Plaster Dan Hawke

SUPPLIERS

Main contractor Mat Hilton
......mathilton@btinternet.com
Subcontractors Stride..stride-spaces.co.uk
Structural engineer TWPtwpeng.com
Building control JHAI......jhai.co.uk
Surveyor Croft Surveyors
......croftsurveyors.co.uk
General materials RGB Building Supplies
......rgbltd.co.uk
Kingspan Trapezoidal Roof KS1000/2000
RW panels SIGsigplc.com
Windows Velfacvelfac.co.uk

Architect Hilton Barnfield Architects

Bi-fold doors IDSystems
01603 408804
Oak cladding Luton Green Sawmill
01404 841504
Cedar cladding Benchmark Timber
benchmarktimber.co.uk
Stonewalling Rob White07886 636184
Garage door Wessex Doors
01942 832355
Driveway landscaping Ed Rogers
Landscape Maintenance and Construction
ed-rogers.co.uk
Power-floated concrete floor Streat Crete

.....industrialflooringspecialist.co.uk

Plaster Dan Hawke0/969 06/121
Electrics Croft Electrical
croftelectrical.co.uk
Plumbing AB Plumbing and Heating
01647 270211
Kitchen steel work Hotstuff Blacksmith
hotstuffblacksmith.co.uk
Stainless steel MR Engineering
01392 841099
Contura woodburning stove supply and
fit Ash & Grateashandgrate.co.uk
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omnie.co.uk
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Home in the Forest

Louise and Peter Wreford have built a characterful oak-framed property in the New Forest, overcoming strict planning rules to achieve their dream home





THE QUICK READ

- **▶→** Louise and Peter Wreford demolished their 1950s brick bungalow in order to build a family home on their 3/4 acre plot
- ⇒→ Being located in the New Forest meant the Wrefords had to work with oak frame provider Border Oak in order to find creative solutions to fit in with the very strict planning rules that were imposed
- A combination of oak, brick, timber cladding and clay roof tiles means that the house blends in perfectly with its setting
- Despite the traditional look of the house, it uses some very eco-friendly technology, including a ground-source heat pump making it economical to run

hen Louise and Peter Wreford, along with their two children, Victoria (13) and Alexander (14), first moved to the New Forest in 2001, they had planned to renovate and remodel the 1950s brick bungalow they had purchased there. "It quickly became clear that it needed far more than we realised doing to it," begins Louise. "It had shallow foundations and needed underpinning — so we decided to demolish it and just start again."

The couple had been searching for something suitable for some time — which for them meant a house with enough land to accommodate the household as well as their horses, three dogs and five cats. "Originally Peter suggested that we live in a caravan on site while the build took place," begins Louise. "I couldn't see us coping with that, not with all the animals and two children — which meant renting would have been difficult, too. In the end we bought a small two bedroom terraced house just five minutes' walk away from the bungalow, which we now rent out."



Left: Exterior and Garage

The oak-framed house features clay roof tiles, render panels and a single storey timber-clad section — all in keeping with the local area. The detached garage $\frac{1}{2}$ was built before work on the house began

Below: Double-Height HallwayThe hallway is flooded with light, thanks to an enormous full-height window, with views over fields owned by the Wrefords









Top: Dining Hall

The light-filled dining hall is now used for Victoria's piano practice, as the family tends to congregate in the kitchen/breakfast room at meal times

Above and Right: Living Room

The living room is full of character, thanks to the exposed oak frame and the eye-catching Bath stone fireplace complete with woodburning stove from Clearview Stoves

Strict Planning Regulations

Being located in the New Forest meant the planning stipulations about what they could do with the plot were ferociously strict. "We were told we were only allowed to build a house 30 per cent larger than the original bungalow," says Louise. "By this, the council meant 30 per cent of the total floorspace rather than the footprint, so we did have to look at ways to get the space we needed into this."

After consulting with the New Forest District Council on what kind of house would be acceptable (materials in keeping with the local area and a design that looked as though it had evolved over time), Louise and Peter chose a design from Border Oak's portfolio and adapted it to suit their needs.

"The size restrictions meant that we have gone from a five bedroom bungalow to a four bedroom house, but the layout is so much better and the rooms much bigger," explains Louise. Plan-



HOMES OAK FRAME SELF-BUILD





Kitchen-Breakfast Room

An Aga and island unit were top of Louise's wish-list for the new home. The painted units (well suited to the country-style kitchen) are from deVOL. The marble floor works brilliantly with the underfloor heating — the only issue the Wrefords have with the kitchen is stopping their newly acquired rescue dog from chewing it

ning permission was granted in May 2011, but delays followed after a mistake that Louise describes as an 'awful moment'."The groundworkers had just started digging the foundations and were in the process of excavating the first trench when I arrived on site," explains Louise. "I knew immediately that the trench was not where it was supposed to be and it turns out that the measurements they were using were derived partly from an Ordnance Survey map that was 4m out!

"Building work came to a halt and we weren't allowed to continue — we had to wait for a non-material minor amendment to be granted which took an additional seven weeks and was finally approved in November 2011. I was so upset — we had demolished our home and had nothing to show for it and technically no planning permission," says Louise.

Designing a Family Home

The new home has been constructed using an oak frame with SIPs (structural insulated panels) and finished in render. Shiplap cladding has been used for the single storey element of the house. Clay roof tiles and Flemish Antique bricks from Hoskins Bricks have been used to ensure the home blends in with its setting.

"Our brief was for the complete opposite of the original bungalow," says Louise. "No long corridors and plenty of natural light." And this is just what they have got. The open plan kitchen-breakfast





HOMES OAK FRAME SELF-BUILD

Below: The Utility
The handy utility room that leads off the kitchen is essential for a home with so many pets, while the open plan kitchen-breakfast room (bottom) makes the whole space sociable









First Floor Spaces
Upstairs, the original plans were tweaked at the request of Louise and Peter to open up the ceilings to the A-frame for maximum character. Although the stylish bathroom is currently shared by the whole family, plans are afoot to turn a storage space in the master bedroom into an en suite. in the master bedroom into an en suite





room is filled with light and is the room where family members spend most of their time. An island unit, Aga and marble flooring suit the house perfectly, while a utility and cloakroom lead off.

In the living room, a Bath stone fireplace — chosen before the couple had even obtained planning permission — frames a wood-burning stove, giving the space a homely feel. But it is perhaps the stunning dining hall that steals the show, with full-height picture window and chunky oak staircase, set off by a chandelier that took Louise and Peter 12 months to choose. In fact, the decision-making process was something that Louise admits she found hard to deal with. "There were so many decisions to be made all the time," she says. "It was quite overwhelming — and constant. It is hard to decide on flooring, door furniture and so on when you are struggling to picture what the finished house will look like."

On the first floor, the four double bedrooms ooze character, thanks to the vaulted ceilings and exposed beams. "On the original plans the ceilings were not open like this," says Louise. "So we asked for them to be opened up to the A-frame." At present there is just one bathroom, although a master bedroom en suite has been planned in for the future. The finished house has some

rather impressive eco-credentials, too. Underfloor heating has been used throughout the house, powered, along with the hot water, by a ground-source heat pump. In order to meet Code 3 for Sustainable Homes (which, while now defunct, was required by the local planners at the time of building), they were also required to install a compost bin, space for bicycles and bat and owl boxes, as well as soakaways for the rainwater.

"The house is so economical compared to the old bungalow," says Louise. "The bungalow cost us around £3,000 a year just for oil, now we only have electricity and that costs just £2,000-£2,500.

"My advice to other self-builders? Don't be afraid to give your input. I was hesitant at first to interfere, but the builders are not mind readers! They need your input and if you don't tell them exactly what you want, you won't get it."

Despite going over budget – the build ended up costing around £550,000, including interior fittings – Louise and Peter could not be happier with their new home. "I asked Peter whether he would build again, and he said 'why would I?" says Louise. Peter sums up how pleased they both are with their new home: "Every time I pull up at the front gate and look at the house, I smile."



⋙→



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HOMES OAK FRAME SELF-BUILD

The Project

Merry Albright Border Oak

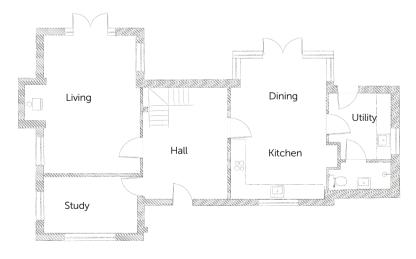
DESIGNER'S VIEW

What I love most about this design is the organic, relaxed ambience. This has been created by using a mixed palette of natural materials such as green oak, brick, glass, weatherboard and lime render — all of which will weather gradually without competing against one another. It is a classic palette that Border Oak has used many times over the past four decades and something we are confident will complement the surrounding landscape.

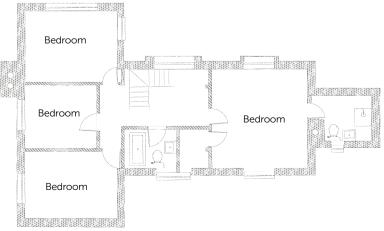
The combination of materials also works well because the design has architectural variation and interest — differing ridge heights, dormer windows, an oak jetty and the open porch, for example. These devices help diminish the volume and size and allow the building to integrate with the plot, but they also provide recession and projection and a distinctive 'informality', which is both easy to live with and pleasing to the eye.

It is always a pleasure to work with clients who prioritise craftsmanship and workmanship in their brief and hopefully this home is an excellent example of our artisan skills, traditional craftsmanship and high specification. Quietly blending modern technologies and construction detailing with incredible craftsmanship and a family-orientated layout that is light and bright was important to our clients and we hope we have achieved this for them. It was a joy to work on this project from the design and planning stage through to the complete build.

Ground Floor



First Floor



SUPPLIERS

Design, structural engineer, quantity surveyor and build Border Oak					
borderoak.com					
Arboricultural tree survey Mark Hinsley Arboricultural Consultants					
01202 840819					
Building materials Travis Perkins					
travisperkins.co.uk Bricks (Flemish Antique) Hoskins Brick					
Companyhoskinsbrick.com					
Tiles Heritage Clay Tiles					
heritagetiles.co.uk					
Fireplace Finesse Fireplaces					
01225 783558					
Drive and patio Scotiabuild					
scotiabuild.com					
Woodburning stove Clearview Stoves01584 878100					
Fencing supplier New Forest Fencing					
and Gates023 8073 3442					
Kitchen deVOLdevolkitchens.co.uk					
Sanitaryware Vitravitraglobal.com					
Brassware Crosswatercrosswater.co.uk					
Bath Bathroom & Kitchen Academy					
thebathroomandkitchenacademy.co.uk					
Shower controls Aqualisaaqualisa.co.uk					
Renewable heating and hot water					
system Worcester Renewable Energy					
01684 892121					
Code for Sustainable Homes designs					
and post-construction assessments					
Ashmount Consulting Engineers					
Chandelier My Home Lighting01202 835002					
Curtains, blinds and poles					
Material Matters01420 82759					

PROJECT TIMELINE

May 10 First enquiry to New Forest
District Council
Dec 10 Planning application submitted,
withdrawn on the advice of the

planning inspector **Feb 11** Planning resubmitted

May 11 Planning permission granted

Nov 11 Non-material minor amendment approved and work began

Oct 12 Build completed





HOMES CONTEMPORARY SELF-BUILD

THE QUICK READ

- **>>>** Colin Price purchased the seaside house in Cornwall as a surprise birthday present for his wife Sharon Toye
- The couple considered extending and renovating the existing house but soon concluded that it made more sense to demolish the property and replace it with a new house
- Their architect designed a striking contemporary home with large expanses of glazing and, despite the tight and rocky ground conditions, the project was finished on time and within budget

Above and left: Front Elevation

The windowless front elevation of the house appears single storey and gives little clue as to what lies beyond the entrance door — including those stunning views

n the village of Porthcothan Bay in North Cornwall, on the UK's southernmost tip, stands an innovative new house that was designed around the site's remarkable position on the coastline, overlooking Will's Rock and the sea. Situated between Newquay and Padstow, in a designated Area of Outstanding Natural Beauty, the contemporary two storey house replaces a smaller, more traditional property.

"We were determined to find a house on a particular road we had fallen in love with, and waited for a full two years until one became available," explains Colin Price. "It was actually a surprise present for my wife, so intrigue was high, and we were delighted to bag it."

Building a Replacement

At first Colin and Sharon considered extending and renovating the existing 1960s property, but soon realised it would be more practical to demolish the house and build a replacement, which would take full advantage of the spectacular views.

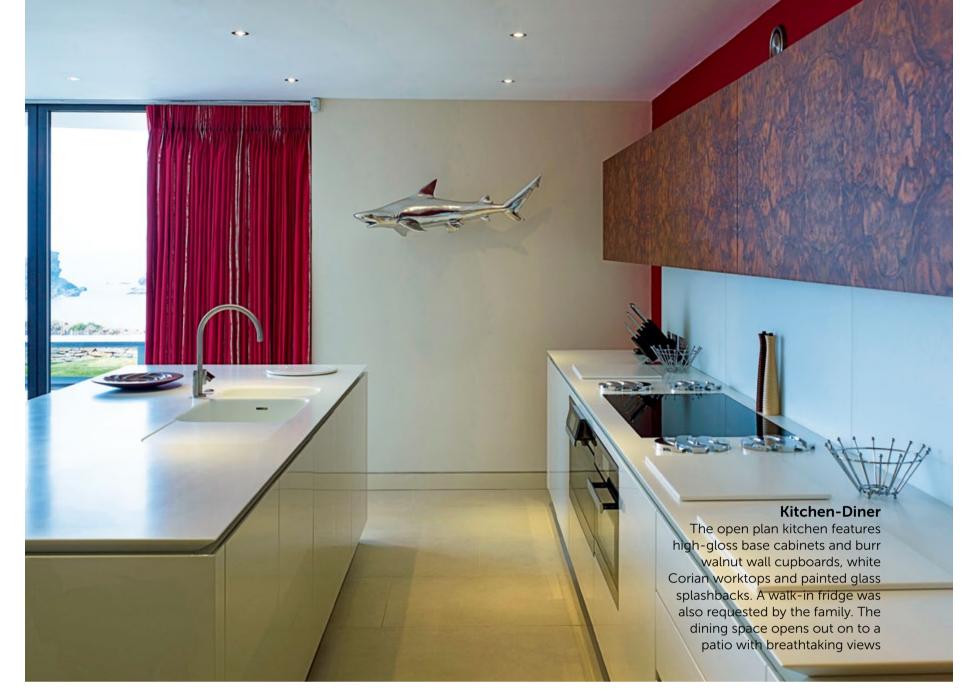
Right: Rear Elevation

Inspired by two sets of binoculars, the northfacing rear of the rendered blockwork house has been almost entirely glazed, and is angled to make the most of the sun and sea views



, mm





"The plot is in such a beautiful location it was critical that the design was sensitive to the environment, but we also wanted a contemporary statement," Colin explains. "This is where the architects worked their magic."

London-based practice Lacey & Saltykov Architects was appointed, and worked with Colin and Sharon to design a house that would suit the couple and their children, Cameron and Jodie. "My dad is a retired architect, who had also worked with the family on previous homes," says Tom Lacey.

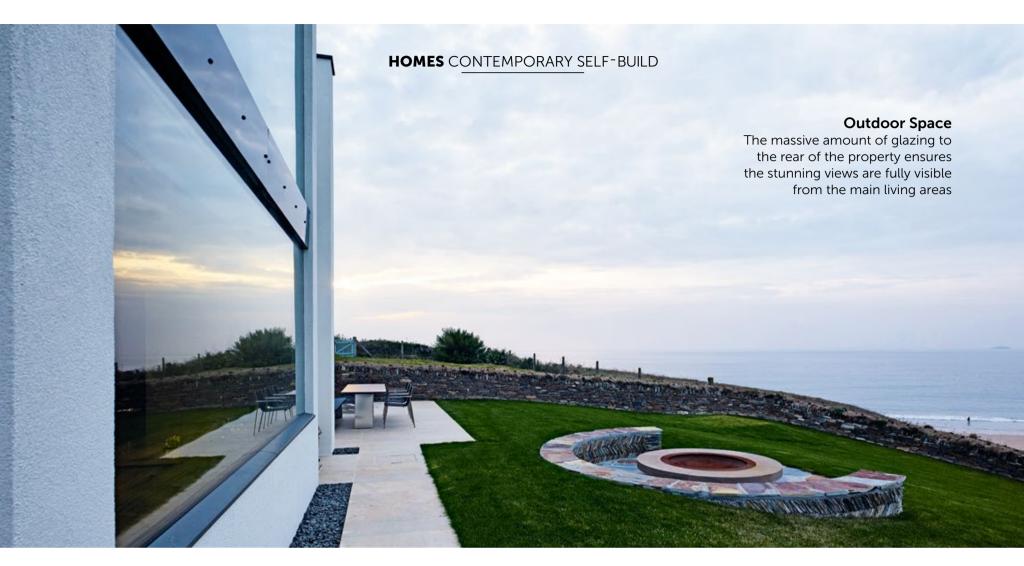
A Site-Specific Design

The shape of the plot dictated a long, tapered structure, which broadens out towards the sea. Responding to the site's topography, the new house accommodates the slope of the land and is arranged in two distinct zones. All bedrooms are located in a rectangular block, which captures the morning sun from the east, and living spaces are situated in a triangular block arranged over two floors, with the sitting room above the dining area.

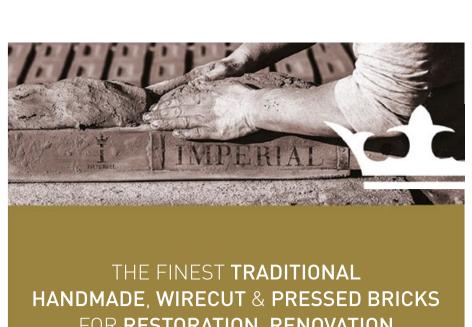
The main entrance is reached through a gap between these living and bedroom blocks, where a glimpse of sea and Will's Rock to one side of an angled wall gives a hint of what can be seen from inside. The rear of the house is largely given over to glass doors and windows, which provide spectacular panoramic views of the surrounding scenery.

The new house is more than double the size of the original three-bed property which stood on the plot, and the first planning application was rejected following objections to a circular roof over the living room. This was changed to a more conventional pitched design, which was felt to be in keeping with other buildings along the coastline, and following meetings with neighbours, consent was finally given for the second scheme.









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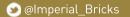


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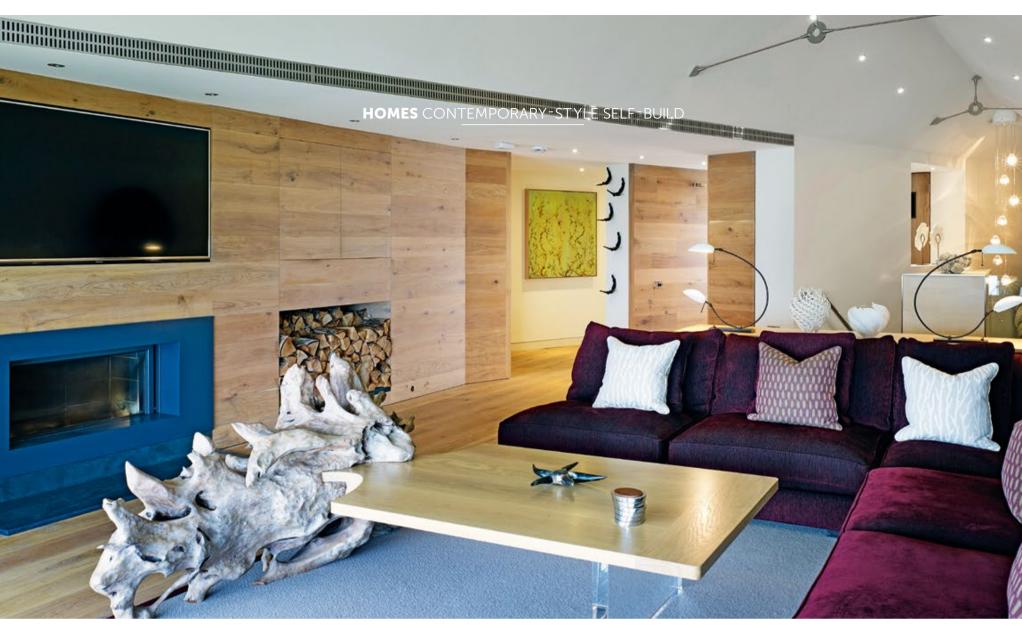








Factory & Showroom Pontefract, West Yorkshire



The Living Room

Large wall-to-wall full-height glazing overlooks sea views in the first floor sitting room (accessed via a centrally placed stairwell, right), where engineered oak flooring has been laid over underfloor heating and clads the fireplace wall

Doubling the Size

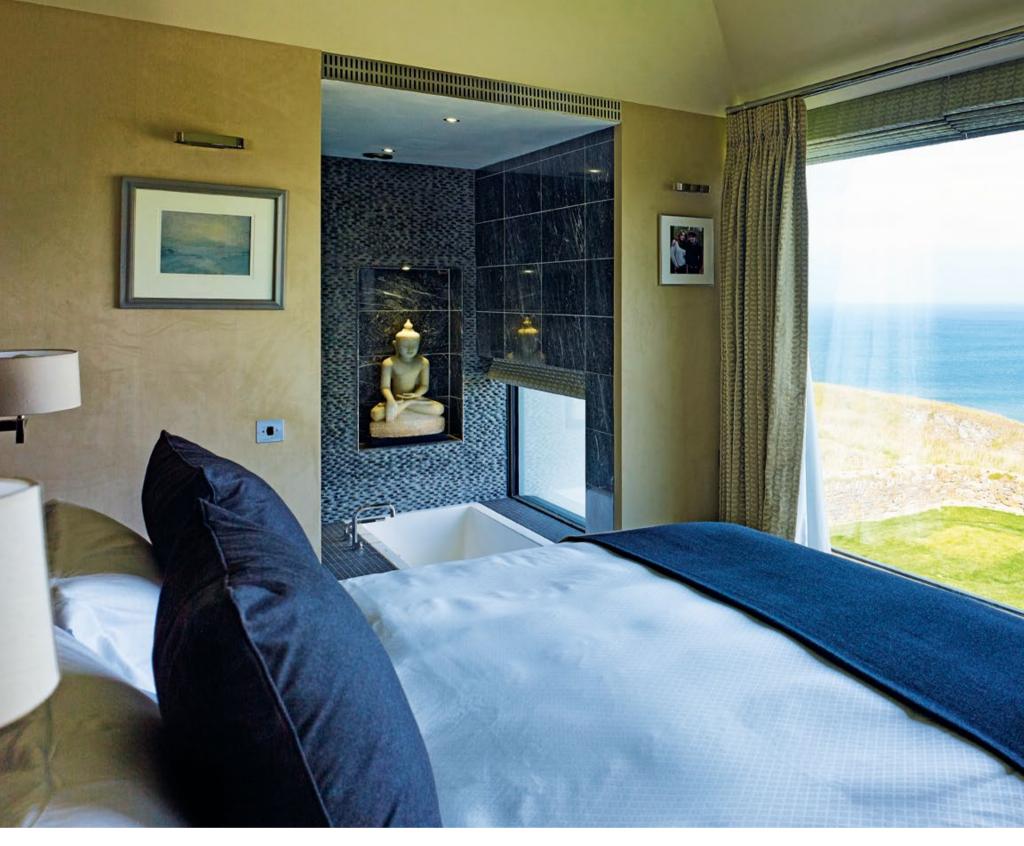
Colin had seen a house in Cornwall that had been built by Gordon Derry & Sons, who – following a tender process – was employed as main contractor for his own project. Building such a large property on the narrow, sloping site proved challenging, especially as access was along a lane and there was little space for storing materials on site.

"The build was tricky and it would have been something of a disaster if we'd damaged the cliff while digging down, but our builders managed it with great skill, and the project was finished on time even considering we experienced one of the worst winters on record," says Colin.

Once the existing property had been demolished, the site was cleared and the rock excavated by specialist groundworkers for foundations. Blockwork walls were then built up on the concrete slab, with a beam and block first floor and a timber roof structure.

The external walls have been finished in insulated render, and the windows are made from thermally efficient aluminium — ensuring that the structure is highly insulated and energy efficient. Underfloor heating and a mechanical ventilation and heat recovery system were installed, with energy usage further reduced by the use of high-performance heat pumps to provide heating and hot water.





Above: Master Bedroom

The bed in the master bedroom has been placed facing the wall of glass, which overlooks Will's Rock and the sea. A sunken bath (shown centre) is positioned directly in front of a window looking out to sea

The Finished Home

Living in Bath during the project meant that site visits were infrequent for Colin and Sharon, who relied on their builder's weekly emails and photographs for updates. The couple, who are both management consultants, have renovated and extended a number of properties, and this experience proved invaluable.

They chose to employ the same interior designer they had worked with on previous homes, who suggested a simple scheme using natural materials such as timber and stone. This ensures that the focus remains firmly on the view, with major pieces of furniture positioned facing out to sea.

The result is a tranquil retreat with stunning views, which offers the family everything they need. "We love the house and every time we arrive stress melts away," concludes Colin. "It was definitely worth the wait to find this site."









Above and Far Left: Bathrooms

In keeping with the rest of the home, the bathrooms are contemporary and feature a subtle combination of dark slate and natural stone. The sanitaryware is from CP Hart

Left: Study

A study area on the first floor takes full advantage of the magnificent sea views



QUALITY BATHROOMS

WITHOUT SPLASHING OUT























HOMES CONTEMPORARY-STYLE SELF-BUILD

The Project



Tom Lacey and Andrei Saltykov Architects

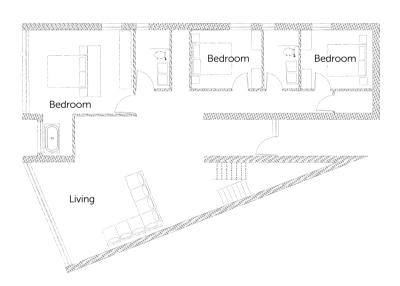
ARCHITECTS' VIEW

Creating a house that was both striking and worthy of the stunning setting was a real challenge, but the site gave us all the inspiration we needed on this project, and it was this that we kept coming back to as the design evolved.

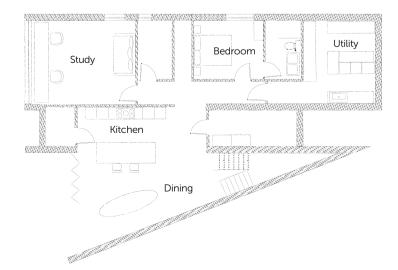
The starting point was the idea of two pairs of binoculars, placed one on top of the other, so that the four lenses of the binoculars were angled individually to capture uninterrupted views towards Will's Rock and out to sea.

We were limited to a traditional palette of materials, which we reinterpreted for a crisp, clean finish. The house has rendered walls and frameless double-glazed glass units. Built from engineered slate, the low-pitched roof adds extra volume to the living space.

Ground Floor



Lower Ground Floor



SUPPLIERS

Architect Lacey & Saltykov					
Architectslaceysaltykov.com					
Structural engineer Expedition					
Engineeringexpedition.uk.com					
Services engineer Aruparup.com					
Main contractor Gordon Derry & Sons					
01208 812 97	′5				
Interior designer Amanda Burgess-Webb					
abw-design.co					
Landscape architect Jano Williams Garden					
Designjanowilliams.com					
$\label{lem:could} \textbf{Architectural glass} \ Trombetrombe.co.uk$					
Bi-folding doors Camel Group					
camelglass.co.u	Jk				
Render system Knauf Marmorit UK					
marmorit.co.u	Jk				
Roof tiles Nu-Lok Roofing Systems					
nu-lokusa.con	1				
Engineered oak floors and wall cladding					
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PROJECT TIMELINE

Jul 11 Plot purchased

Jan 12 First planning application submitted

Jan 13 Planning approval granted

Mar 13 Start on site

May 13 Foundations completed

Aug 13 Glazing installed

Feb 14 House occupied

May 14 Garden and garage completed





THE QUICK READ

- >>> Christian Bonard, along with the help of his architect Simon Skeffington of Architecturall, has replaced a rundown bungalow with a contemporary single storey home
- ➡ Blending in with the surrounding woodland, the new dwelling has been clad in larch which will eventually weather to a silver grey. It features a sedum roof too
- The project was constructed from steel frame with Porotherm clay building blocks, providing a quick build time. The house was also built to a tight budget of £250,000 without compromising on high-quality materials and finishes
- The project was a finalist in the Federation of Master Builders (FMB) Awards in 2015

Exterior Façade

Clad in larch from Vastern Timber, the vertical planks allow the single storey property to appear taller in size and blend in with the surrounding woodland. Tall picture windows and wide glazed openings help break up the façade ith many projects, what starts off as a simple idea can quickly evolve into something you'd never even dreamed of achieving. This was the case for Christian Bonard, who with the help of his architect Simon Skeffington of Architecturall, has built a

beautiful larch-clad single storey home on a wooded site in Surrey — even though the original plan was to extend and renovate the existing run-down bungalow.

"We found the property by pure luck," explains Christian. "My partner and I were looking to move out of London to the countryside but still be within a commutable distance. I'm from Surrey originally and we spent a lot of weekends here, so it made sense to move back. We came across this bungalow which is only a 30-minute train journey to Waterloo, which made it perfect. The old bungalow was very drab and had been lived in by a recluse who'd left it to ruin – there were even brambles growing on the inside, and it smelt of damp – and we knew we wanted to tidy it up and make changes."

The Design Concept

"We'd never dreamt of being able to afford to demolish and rebuild the property, or achieve anything like we've got today, and so assumed that renovating and extending the bungalow was the only option," explains Christian. "We were introduced to Simon through a family friend and discussed extending into the roof space. However, once we realised the roof was in a poor condition and would need replacing, with the extent of the work involved, Simon came back











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to us with some designs for a new house and convinced us that we would be able to afford it and we'd get planning," says Christian.

"The design concept centred around two larch-clad boxes – one for living and one for the sleeping quarters – with simple openings around the boxes that opened out into the heathland," continues Simon, who designed, project managed and built the house. "We then focused on choosing materials that matched the surrounding woodland and so we went for larch timber cladding and grey aluminium frames to the glazing. When the timber silvers, the house will blend in nicely."

Living in the property prior to the rebuild helped shape the brief, too. "We had lived in the old bungalow for a while before work started and that really allowed us time to consider aspects of the new house such as the layout," says Christian. "The kitchen, for instance, was originally at the back, but living there for a while we realised just how much time we spent in there and decided we'd like to move this area of the home in order to make the most of the views to the front and sides of the plot."

With a design in place, Christian took Simon's plans round to each of the neighbours well in advance of applying for planning permission and they were incredibly supportive of the project. "They felt it would really enhance the area and was a big improvement on the previous bungalow," says Christian.

The project was submitted for planning permission; however, it kept going back to the same planning officer who found issues he didn't like with the scheme. Eventually, after several tweaks to the design, the project ended up going to a different planning officer and the project was given approval. Work started almost immediately after, with Christian living in a caravan on site during the build.

A Quick Build

"The house was constructed using a steel frame with Porotherm clay building blocks which provide a quick assembly solution,"



explains Simon. "We dug the foundations in week one, week two the Porotherm went up, week three the roof joists were assembled, week four windows were in and by week five we were watertight. The remaining weeks were just fitting out, snagging, etc."

The project ended up taking only four months on site, thanks to the quick build system, good communication between homeowner and architect, and careful planning prior to works commencing.

Quality on a Budget

The project was a real test of building to a budget – it ended up costing about £1,428/m² – while still achieving high-quality finishes and materials. For Christian, the main elements to factor in to the brief were the introduction of light and sustainability. "We have a large footprint for a single storey house, which meant that there was a lack of light in the centre of the plan. Simon designed a structural glazed rooflight in the centre of the house which completely changed the property; it really brings the outside in and allows you to live with the seasons. At night you can see the stars and it really makes you feel like you're somewhere special," says Christian. "Simon managed to save money on the structural glazing, too, by designing it and sourcing the glazing, and even





Above: Kitchen

In keeping with the light, bright interiors, white gloss overhead units and worktops sit above the walnut kitchen from James James Kitchens — the colour of which references the exterior cladding

Left: Living Area

In the open plan living space, a Dik Geurts woodburning stove acts as a main focal point and provides additional warmth to the property when required, as well as creating a cosy atmosphere. Oak flooring from Wood and Stone Flooring has been laid throughout over the underfloor heating



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installing it himself instead of taking up any of the quotes from companies that were going to charge around £30,000.

Given Christian's job as a sustainability consultant, building an energy-efficient home was a top priority. "We initially wanted to install a ground-source heat pump but this proved too expensive so we opted for an air-source heat pump that serves the hot water and underfloor heating," he says. The energy rating of the original property was F — the new house has an A rating. The electrical bills have plummeted, too, and the heating is rarely on. The woodburning stove provides additional heat if needed and the underfloor heating works well to heat the living spaces with the high ceilings.

"Now there are 3.5m-high ceilings in the living space, which bring a different feel to this area," Christian adds. "The lighting and woodburning stove create atmosphere and stop it feeling like we're living in an art gallery. The three bedrooms are now situated in the lower box to the rear, which doesn't have such high ceilings as the living quarters and therefore feels more cosy.

"We had an initial budget of around £200,000 but we didn't want to compromise on certain elements. We took Simon's advice to spend money on high-quality items that we knew we wouldn't look to change at a later date, so we spent money on things like the kitchen. We also spent more on the landscaping, but we made these decisions consciously in order to get what we really wanted.

We definitely shopped around, but we've been left with a house we love," Christian says. "The feeling of space is brilliant. We've had instances where it's been raining outside and have easily accommodated 30 guests in the living space for parties — we've had so many good times in the house with friends. Being able to open up the 8m glazed doors and move out on to the decking outside is great in summer, too.

"I also love the larch cladding. Considering it was the one aspect I was worried about to start with, I am so pleased with it and it really helps the house to camouflage with the woodland setting."

Light-filled Accommodation

To meet Christian's brief for plenty of light, large expanses of glass from View Glazing puncture the walls, along with a large rooflight (right of shot) in the centre of the space, which allows plenty of natural light to enter the home. Recessed low lighting around room edges adds a soft glow in the evenings



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HOMES CONTEMPORARY-STYLE SELF-BUILD

The Project



Simon Skeffington Architect

ARCHITECT'S VIEW

The design of the house is centred around two larch-clad boxes – one for living and one for sleeping – with simple openings around both boxes that lead out to the outdoors.

In order to introduce daylight – a top priority for Christian – the solution was a large, frameless glass roof structure at the heart of the plan. Used to orientate the arrangement of spaces and circulation patterns within the house, the frameless roof structure offers wow-factor and also establishes a link with the outdoors — perfect for gazing at the starry night sky.

The building itself was quick and easy to construct, with a prefabricated steel frame structure and Porotherm building blocks. Inside, the property boasts three bedrooms plus an ancillary room used as a TV room in order to move the television away from the main open plan living/kitchen/dining space. The high ceilings and glazing add to the sense of volume and space — it was a lovely project to work on.



SUPPLIERS

Architect and builder Architecturall					
architecturall.co.uk; 020 8244 1673					
Porotherm blocks Wienerberger					
wienerberger.co.uk					
Windows and doors View Glazing					
020 8244 1673					
Larch cladding Vastern Timber					
01793 853281					
Steel frame Intersteelsintersteels.com					
Air-source heat pump Terra Therma					
terratherma.co.uk					
Woodburning stove Dik Geurts					
dikgeurts.uk					
Kitchen James James Kitchens					
jamesjameskitchens.com					
Oak flooring Wood and Stone Flooring					
woodandstone.co.uk					
Bathroom furniture Splash Direct					
splashdirect.com					

SELECTED COSTS

Groundworks and demolition	£23,000
Drainage and utilities	£5,000
Steel frame and superstructure.	£32,000
Glazing	£26,000
Roof	£22,000
External cladding	£19,000
Internal fit-out	£30,000
Bathrooms	£10,000
Kitchen	£20,000
Services and heat pump	£29,000
Woodburning stove	£5,000
Landscape	£18,000
Design and build fees	£8,000

PROJECT TIMELINE

Mar 12 Planning application submitted

Feb 13 Planning permission approved

Feb 13 Work started on site

Mar 13 Superstructure/roof completed

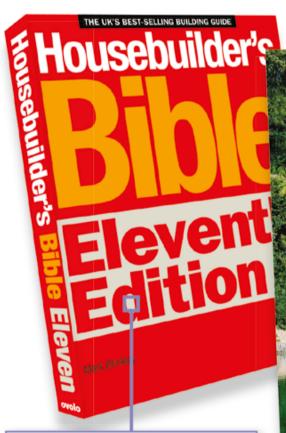
Apr 13 Built to watertight stage

Mar 13 House occupied

Jun 13 First and second fix completed

Jul 13 House completed

Recommended books for self-builders

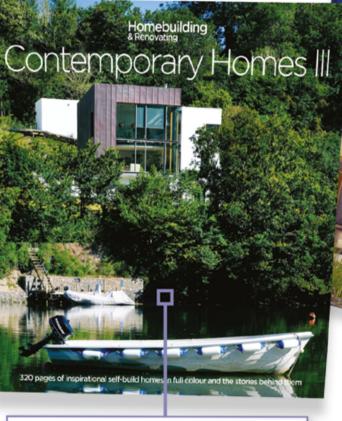


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HOMES CONTEMPORARY-STYLE SELF-BUILD

Building with Porotherm





Above: Clay Blocks

Wienerberger's Porotherm clay block system offers a rapid build time, thanks to its virtually dry construction method — the interlocking design means no mortar is required on vertical joints (wienerberger.co.uk) ffering a fast, effective and virtually dry construction solution, building in Porotherm clay blocks was the perfect option for Christian Bonard's new home, according to architect Simon Skeffington of Architecturall. "We discovered Porotherm from Wienerberger's own website and it is a very good product to work with due to its fast construction time — there's no limit to how many courses can be built in a day, and it doesn't necessarily require a bricklayer, which saves you a considerable amount of money on labour costs," says Simon. "While Porotherm can be used in load-bearing and non load-bearing applications, we adopted a monolithic wall construction due to the steel frame. We also liked the fact that the product is sustainable, being made from 100 per cent clay."

What is Porotherm?

"Our Porotherm clay block walling system is a modern method of construction with the reassuringly traditional values of clay," says Richard Brown of Wienerberger. "It's extremely fast, safe and simple to use, immensely strong and environmentally friendly.

"The heart of the system (and the secret of its speed and efficiency) is the precision-engineered clay block — the unique interlocking design of which rules out the need for mortar in the vertical joints, and consistent manufacturing quality that allows for true 1mm bed joints," he says. "With its lean laying process and rapid daily output, Porotherm brings cost and time-saving benefits throughout the build while its thermal and acoustic efficiencies bring further advantages for decades to follow — the design life for a Porotherm wall is over 150 years."







Architect Rory Harmer (tateharmer.com) talks to Homebuilding & Renovating about a new home he has designed in Yorkshire, full of clever (and fun) design features and perfectly suited to its wooded site.

HB&R: What was on the site prior to the build?

Rory Harmer: The site was a private garden that belonged to the adjacent property. The previous owner had sold the site with planning permission for a new build home (which looked atrocious). It was a very difficult site to develop, due to the number of mature trees across the site and the steep slope that limited access and services.

What was your brief for the project?

The brief was to create a very low-energy, four-bed, sustainable home that would be hardwearing to the elements. The site is north facing and very shaded because of the surrounding woodland, so we tried to create a house that would take advantage of as much natural light as possible, with the main living area and outdoor garden/deck area raised up on the first floor. The sleeping accommodation was designed to be solid and robust to withstand the harsh wet conditions.

The advantage of moving the main living space to the first floor is that it gives the client the feeling of being in a giant treehouse, up in the tree canopy. Part of the brief was to include an element of fun. This is extended to the big slide (made from stainless steel) that connects the first floor external deck area to the ground floor garden — it's a slide that even adults can use!

How was the house constructed?

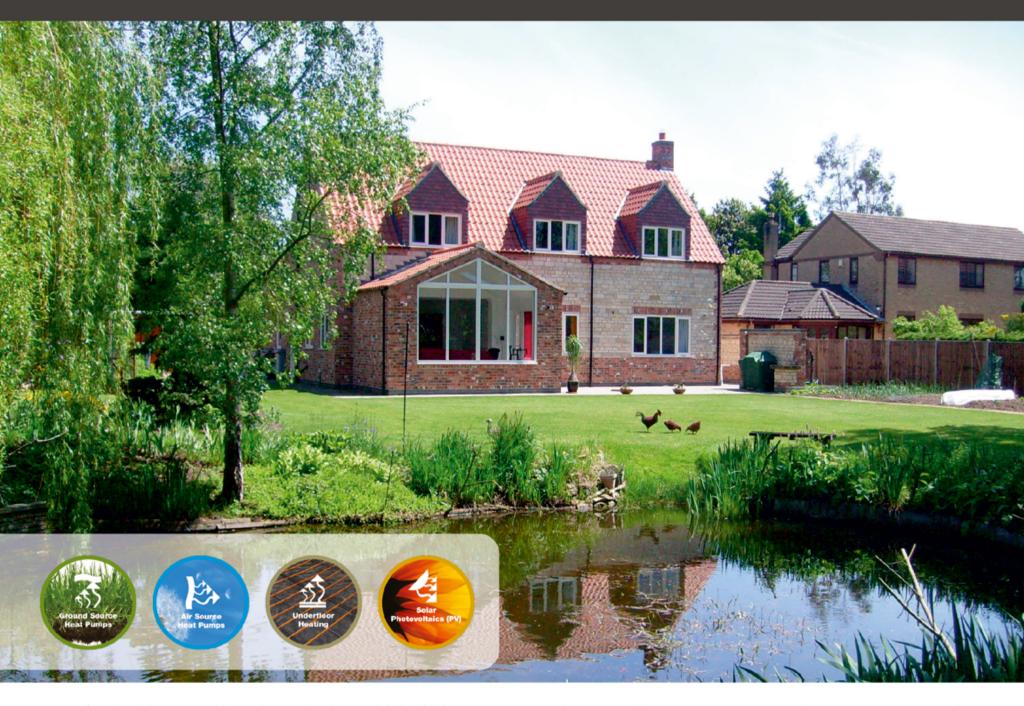
The house is a super-insulated timber frame construction with steel to support the large first floor roof. This enabled an efficient and quick erection period and minimised too many wet trades on

Private Retreat

The main challenge for this project was getting plenty of light into the interiors while still blending in with the woodland setting. The combination of larch cladding, natural stone and plenty of glazing meets the needs of the site perfectly. A stainless steel slide connects the first floor deck (above) to the garden on the ground floor (right)



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the external fabric. To protect the timber frame, we chose a local robust York stone cladding that would be extremely hardwearing and blend in with the local vernacular. The first floor is clad in a lightweight larch cladding that will weather in time and blend in with the tree foliage. The result is a simple but natural material palette, sympathetic to the Yorkshire moors.

Were there any restrictions on the site?

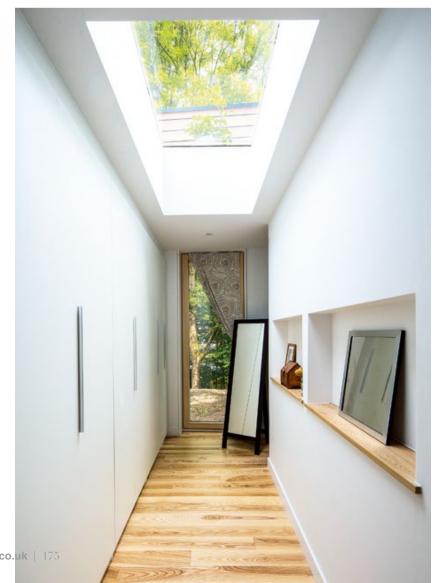
The main restrictions were the trees. The entire site is covered by tree root protection areas and the canopy of some of the mature trees prevented us from building too high (the flat roof has a single-ply membrane). Working with the engineers and arboriculturalists, we created a floorplan that managed to avoid many of the large tree root areas and minimised the impact of any undue loads to the surrounding roots. This floorplan also created a first floor deck and living area that would take advantage of the gaps in the tree canopies so that plenty of natural sunlight would stream into the house.

How long did the build take and how much did it cost?

It took approximately 32 weeks and cost £385,000. The finished house is 210m².

What is the layout inside like?

The ground floor is separated with bedrooms and service areas at the rear of the property. The first floor is a big open plan living/dining/kitchen area with very high vaulted ceilings. $oldsymbol{\Theta}$







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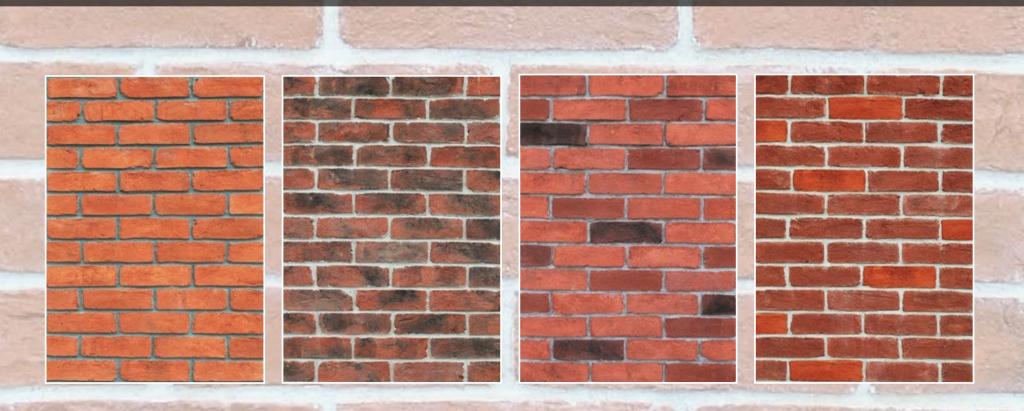
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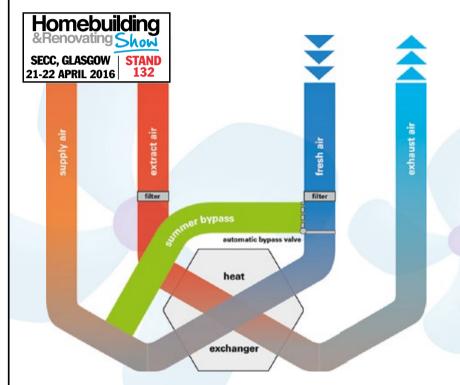


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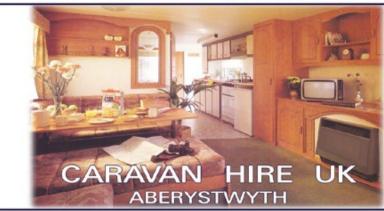
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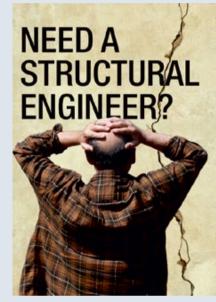
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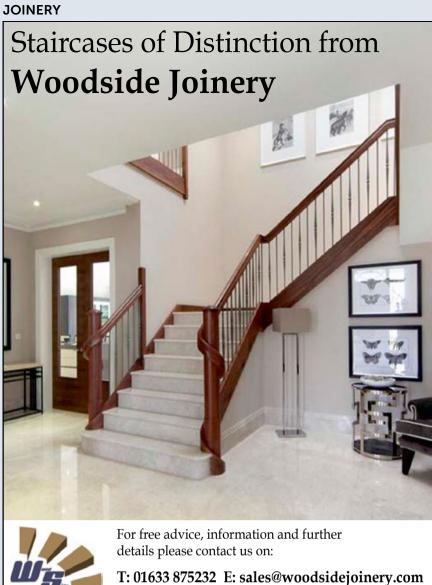
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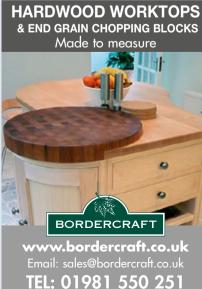
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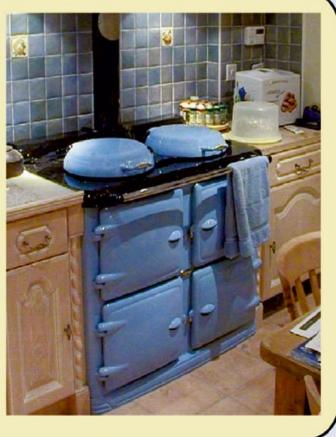
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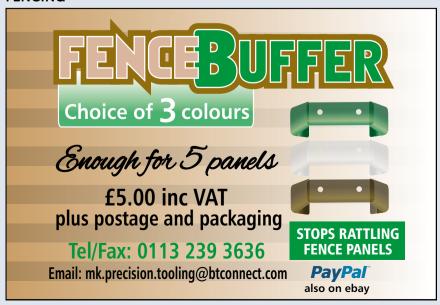


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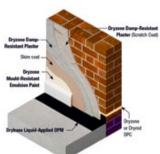


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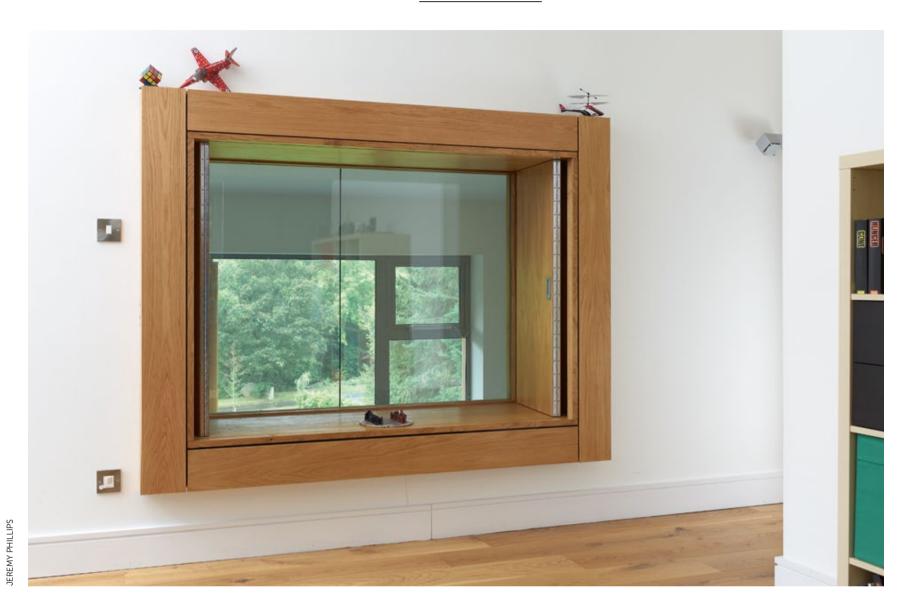




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- >>> What to Look for When Hiring an Architect
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MY BIG IDEA NO. 14



The Internal Window

Architect Neil Turner shares one of his favourite design tricks

f you have a particular view that you want to capture, try and open it up - even if this means introducing glazing in the centre of the house. During my own

glazing in the centre of the houextension and remodelling project, Treetops (above), we decided to include an internal window in our son's room, which was the only north-facing bedroom in the property. While the room already had views to the north and east, this southfacing internal window allows the room to enjoy the hillside views, and benefit from the sun's warmth. This creates a great dynamic feature within the bedroom itself, as it made way for a deep window seat which offers a quiet reading

spot. It also provides a great focal point and adds interest to the double-height kitchen situated below.

For privacy at night, we built in a concertina screen made

of the same oak plywood as the seat (this material is used around the rest of the house, too); the hinges and brackets for the screen were from a yacht. The screen folds back to sit flush with the window frame when open, allowing plenty of light to enter during the day, while at night the window can be shut off. The total cost of the window was around £2,000.

When building new or renovating, do consider adding design features like this — it's the small details that can add wowfactor and surprise to a home.



Neil Turner is director at Howarth Litchfield Partnership and specialises in residential designs (howarthlitchfield.com)



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Rega's unique WhisperFlow[®] technology ensures that even when operating at full 'Boost' mode (usually during the morning bathroom rush hour!) the system remains whisper quiet - unobtrusively and effectively venting stale, damp air, replacing it with air that's been gently warmed and filtered.

Low energy DC fans, insulated ducting and a high efficiency heat exchanger also ensure that power usage and energy losses are kept to an absolute minimum. RegaVent systems are designed and built here in the UK, to our own stringent quality assured standards, you can be sure that your RegaVent system will give you the optimum balance of a technical specification that's exactly right for the UK climate, coupled with low energy consumption - for lower heating bills!



Call us on 01767 600499 or visit www.regavent.co.uk

Rega Ventilation Limited

21/22 Eldon Way, Biggleswade, Beds SG18 8NH fax: 01767 600487 email: sales@rega-uk.com

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