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n the December 2018 issue we announced that we, the Build It team, were going to put all our practical knowledge to the test by taking on our own self build project at the innovative Graven Hill development – a first for a magazine! I visited the build at various stages to see how things were progressing and I can certainly say that I've now experienced first hand the buzz of self building; the satisfaction of seeing a house literally rise from the ground before your eyes is brilliant. It's just over a year since the issue where we shared our project plans with you and now all the hard work from Chris (Build It editor and now self build project manager!) and the rest of our fantastic team on site has paid off. The result is a fine example of how a bespoke home built from scratch can knock spots off those found on mass developed estates. And the best thing about this house is that it's going to be open for you, our readers, to learn all about self building by seeing one in the flesh. Our Education House will be opening to the public soon – so watch this space! In the meantime you can read all about how we achieved our dream home in the free House Guide bundled with this issue and over at the Build It website by going to www.self-build.co.uk/ourhouse.

Back to this issue and we've got lots of inspiring and practical info for you to make your project a success. If you're self building then check out my breakdown of the main structural systems on page 63, Julian Owen's guide to how your building plot should influence your design (page 99) and Mike Dade's advice on keeping your neighbours on side with your build (page 89). This month's renovation series installment is looking at restoring original period details (page 58) and Alan Tierney is discussing draught proofing old buildings (page 95). If you're extending then don't miss our breathtaking cover house on page 18.

EDITOR'S FAVOURITE FEATURES



EMILY SMITH, ACTING EDITOR





MEET THE TEAM

CHRIS BATES is Build It's editor. He's been project managing the magazine's real-life self build at Graven Hill. Don't miss the book all about this exciting venture bundled with this issue.





is Build It's editorial assistant, and newest recruit. She has a passion for design and loves discovering innovative products. On page 77 she's exploring flat roof coverings.

LUCY APLIN is Build It's digital editorial assistant. She's telling us all about the future of woodburning stoves on page 69. Plus, check out the inspiring content she's put online at www.self-build.couk





TIM DOHERTY was the founding MD of the NSBRC and runs Dobanti property surveyors. He's highlighting the importance of acoustic performance in your house on page 103.

MIKE DADE is a planning specialist and plot-finding expert. Every issue he takes a closer look at a site for sale (page 116). He's also advising on how to keep the folks next door happy (page 89).





JULIAN OWEN is a self build architect and founder of the Association of Self-Build Architects. On page 99 he's looking at the various ways your plot can influence your home design.

ALAN TIERNEY is a historic buildings consultant and conservation specialist, offering advice to owners of heritage homes. He's telling us how to draught proof a period property on page 95.





MIKE HARDWICK is a consultant and project management specialist. This month he's outlining a basic schedule for your self build so that you know what to expect and when (page 92).

OPINDER LIDDAR is director of award-winning Land Architects and was the

Is director of award-winning Lapd Architects and was the designer behind the Build It Education House. On page 84 he's talking about how to design an accessible home.





NIGEL GRIFFITHS
is a sustainability consultant
and a fount of knowledge for
heating solutions. Over on
page 74 he's sharing advice
on the best ways to keep
your property well ventilated.









READERS' HOMES

Family affair

Laurence and Debbie Osborne had a wealth of contacts to help them achieve their dream of a characterful modern extension to a grade II listed barn conversion

Scaling new heights 27

Bill and Carol Haygarth decided to address their inefficient and exposed home by building something brand new to withstand the elements and meet their exact requirements

Traditional style

It took Nick and Sue Price 15 years to find the right spot to construct their ideal abode, but it was well worth the wait

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David and Debbie Sesay opted to renovate their end of terrace property to better accommodate their son, creating an accessible layout for the whole family to enjoy

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Green home, green fingers

Torn between renovating a dilapidated bungalow and starting from scratch, Chris and Nicola Pelmear chose to self build an incredibly energy efficient dwelling

RENOVATION & BUILDING

Restoring period features

From fireplaces to wood panelling, Richard Webber explains how to breathe new life into existing heritage details

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Structural systems

Emily Smith breaks down the different ways to build, to help you find the right option for your dream home

The future of woodburning stoves 69

The government's Clean Air Strategy means some changes for stoves. Lucy Aplin outlines what you need to know

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Nigel Griffiths presents the options for ensuring a healthy airflow so that you have a comfortable living environment

Guide to flat roof coverings 77

With lots of choice out there for your roof's surface, Anamika Talwaria explores the benefits of what's available

Build cost basics: roof tiles 81

Adrian Wild discusses how much you might spend on your property's roof tiles, depending on pitch and style



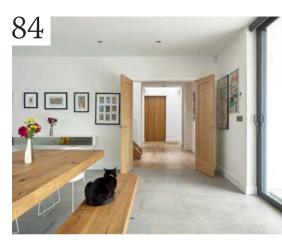














EXPERT HELP

Accessible to all

84

Architect Opinder Liddar goes through ways to create a future-proof home, designing out any potential issues

Dealing with neighbours

Mike Dade advises on the importance of keeping local residents onside during your scheme, and how to do it

Project management guide 92

In the third part to this series, Mike Hardwick outlines how to create a schedule of works for your scheme

Draught proofing a period home

Alan Tierney helps you find the balance between a historic house that can breathe and a pleasant environment to live in

How a site impacts design

Architect Julian Owen explores how the surrounding area can shape the way you self build your bespoke dwelling

Acoustic performance 103

Tim Doherty explains how to minimise noise inside your home, and the regulations behind this

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Steve Goodhew talks to us about CobBauge — a new building material















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Wow factor rural design

Atelier Architecture and Design was the creative brain behind this stunning contemporary home, christened La Madonnina. The project combines timber cladding with extensive aluminium framed glazing. This specific palette of materials was chosen to help the scheme blend into the surrounding rural landscape. The south-facing rear soaks up magnificent countryside views through vast swathes of glass and the dwelling's orientation bathes the house in natural light. This enables the homeowners to harness warmth from the sun (passive solar gain), helping to lower heating bills.

Specialists IQ Glass provided all of the glazing for this unique self build – a feature that was key to bringing the architect's ultra-modern vision to life. The slimmest possible sightlines have been specified for all the windows and sliding doors, maintaining a virtually seamless transition between the internal and external spaces. The double height elevations of glass for the master bedroom are an impressive feature that draw the eye immediately to the highest point of the building. A single storey block links the collection of eclectic forms in a line, contributing to the property's contemporary vibe.

For more information call 01494 722880 or log on to www.iqglassuk.com. Learn more about the design practice by calling 01442 828201 or visiting www.atelier-architects.co.uk

House-withina-house

by Alma-nac

This striking London home is a modern twist on the traditional-looking properties that currently line the road. Now three-storeys, the reworked

form is wrapped around the original building – a twolevel 1950s house, which was built to replace a bombdamaged Victorian terrace. The architectural practice, Alma-nac, designed this to be sympathetic to the local vernacular, using muted grey bricks and keeping the shape of the existing home underneath.

In redeveloping the house, Alma-nac removed the double-pitched roof and added a rear extension and extra storey to give the family of seven ample room to live comfortably. The facade of the extension into the back garden is clad in stained white timber, to complement the grey blend of bricks. This also ties in with the exposed beams that make up the pitched roof structure for this additional space.

The open plan internal scheme provides a sociable living space for the homeowners and occasional pops of colour run throughout the largely neutral decor. The house has been devised to be thermally efficient and sustainable, with a robust palette of materials, like brick and timber, which were key criteria for the clients.

For more information call 020 7928 2092 or visit www.alma-nac.com





UK dwellings become increasingly automatic

According to a report from AMA Research, there has been a 14% increase in the home technology market between the years 2014 and 2018. While sophisticated systems were once only available to the most elite properties, innovation and competition have brought the prices of smart tech down significantly, plus wireless options can be retrofitted to existing homes. Self builders in particular are drawn to these products, for a fully tailored abode plus the excellent levels of energy efficiency and cost savings.

58%

Of local authorities in England are actively supporting local self and custom builders, according to figures from the National Custom and Self Build Association's (NaCSBA) Right to Build Task Force. The analysis suggests that over half of English councils either have current or emerging policies to facilitate self builders wanting to construct their own homes. "However, our research has also found that there is still a long way to go," says Mario Wolf, director of the Right to Build Task Force.

Slow growth in the housing market

The Office for National Statistics' (ONS) report for September shows that average house prices in the UK have risen by just 1.3% over 2019. The south-east of England is still performing poorly, with a downturn of 0.4% on the previous year in London. This still marks a big improvement, however, as the figures for the capital were declining annually at 3% as recently as May 2019. Estate agent Yopa predicts the figures for the end of the year to show an average annual growth somewhere between 0% and 1%.

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CONSTRUCTION MARKET 13th JAN

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ANTIQUES & TEXTILES FAIR 21st - 26th JAN

£10 BATTERSEA decorativefair.com

SPATEX CONFERENCE 28th - 30th JAN

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COVENTRY
spatex.co.uk



Unhealthy living environments put UK youth at risk

39% of children under the age of 15 are at risk of health issues caused by their own homes, according to new research by Rand Europe. A dangerous climate inside the house can include poor air quality, a lack of natural light, cold temperatures or excessive noise. Almost 2.5 million under-15s report that they are living in damp or leaky homes, with rot or mould, and more than 750,000 say their homes do not stay adequately warm. These problems are 1.7 times more likely to cause health risks, such as asthma, eczema and poor respiratory health. Children in homes with a combination of these issues are up to 4.2 times more likely to experience complications. Eradicating such problems tends to be a priority for self builders, keen on the best home possible.

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need to know

How far has self build come?

30 October 2019 was a momentous day on two counts. Firstly, it was the first ever Right to Build Day – the day of reckoning for local authorities across England. They have to own up to how well they have handled the first tranche of self build legislation introduced in 2016. To remind you, under the law championed by Richard Bacon MP, all councils in England were obliged to keep a register of those wishing to construct their own homes. Subsequent legislation within the Housing Act further compels councils to permission enough serviced plots for these parties.

The National Custom and Self Build Association (NaCSBA) have successfully lobbied the government to write to each of the local authorities demanding they report on how they have met their legal responsibilities. Some will take great pride in how well they have embraced the challenge. Most will say they have complied, or will find a way of making it look like they have at least tried. Meanwhile, others will be wondering what on earth they can say to cover up three years of inactivity or, in a few shameful cases, intentional obfuscation to avoid meeting their legal obligations. It will be interesting to see the results and I'm sure NaCSBA will be pushing for those local authorities who are not pulling their weight to get their houses in order. If you are actively looking for land for your project, visit www.nacsba. org.uk/campaigns/right-to-build-portal to get your name down.

The other great event was the soft launch of Build It's Self Build Education House at Graven Hill in Bicester. No doubt you will be reading all about this project in the book bundled with this issue but let me add my congratulations to the team involved for a truly magnificent achievement. The house itself is superb and showcases all that is good about self building. Immediately you notice how much light and space has been created using a modest footprint. The spot of land is relatively compact and the design is built to make the most of the approved plot passport's maximum dimensions. The scheme features non-square rooms, a basement and a SIPs attic room which, combined with an open-plan design that uses pocket doors and a triple-height hallway, creates the appearance of a much larger house than the external dimensions would have you believe. If you get the opportunity to drop in, then do so. I bet, like most of us there, you'll have the feeling that you'd be happy to move in tomorrow!

While at Graven Hill, I took the opportunity to check up on progress at the main site. The first release of what will eventually be 1,900 plots is almost sold out, with a range of individually designed homes at or nearing completion. The whole place is as far from a typical housing development as you could imagine, with a massive variety of schemes, from traditional through to contemporary. It's going to be a great place to live, especially as everyone will have their own self build story to tell.

MIKE HARDWICK

is a self build consultant and project management specialist. He is also NaCSBA's general manager. He has first hand experience of the processes involved and is a regular expert at the Build It Live shows.

Follow Mike's blog online:



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This classic entryway is made from composite timber and marries traditional design with a modern material that is low-

maintenance for convenience. The door can be tailored to suit your aesthetic preferences, and each one is designed to increase the thermal efficiency within your house. Composite front door, from £750, stormclad.co.uk

product news Great shopping ideas for your custom home project



UPDATED DESIGN 1

Bosch's screwdriver has a new look, with sleeker lines, a variety of colours and a more comfortable grip. The tool is lightweight, and packed with useful features, including highly sensitive speed control, precise screwdriving and an LED display showing its charging status. Bosch IXO screwdriver. £49.99. bosch-do-it.com



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mix the units to create different looks.

Pre war common brick. £1.068 per 1,000, imperial handmade bricks.co.uk



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3 *Rosa,* **from £1,643,** ludlowstoves.co.uk



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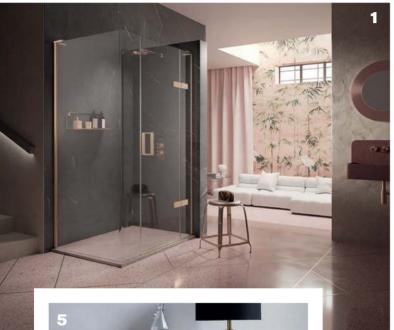
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interiors notebook

As a new decade comes into swing, we're looking back at the roaring 20s. Here's how to add Art Deco style to your home, with a modern twist for the 21st century









Shopping list

- 1 The simple lines and metallic finish give this shower surround an Art Deco vibe. The dark walls offset it and create drama. Eauzone plus radius 20 enclosure, from £3,100, matki.co.uk
- **2** This group of pendant lights marries block silhouettes with intricate detailing. The delicate units are available in four glass finishes. Decanter range,
 - £1,245, christopher wray.com
- 3 The geometric shapes in this wallpaper are typical of Gatsby-era elegance and the metallic shine brings a contemporary twist. Metro Jet wallpaper, £65 per roll, 1838wall coverings.com
- 4 This classic Chesterfield design brings sophistication to the living room. The sofa embodies 1920s grandeur, with luxurious velvet and rich blue tones. **Hampton** blue velvet twoseater, £599.99, furniturechoice.co.uk
- **5** Combining warm tones with golden accents and clean rounded lines, this table is useful and oozes opulence. The range offers various sizes to fit your space. Rockefeller console table, £399, atkinandthyme.co.uk

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Readers' homes

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18 FAMILY AFFAIR

The Osbornes have added a modern extension onto their 18th-century barn, aided by their son and son-in-law

27 SCALING NEW HEIGHTS

An elevated position was key to the design of Bill and Carol Haygarth's stylish self build

35 TRADITIONAL STYLE

Working with package company Potton, Nick and Sue Price have created their dream dwelling

42 TAILOR-MADE HOME

Debbie and David Sesay's inclusive house now offers suitable accommodation for all the family

49 GREEN HOME GREEN FINGERS

Knock down and rebuild was the answer to the Pelmears' quest for an eco abode

MORE ONLINE >>

FOR MORE INSPIRATIONAL READERS' HOMES VISIT WWW.SELF-BUILD.CO.UK/READERS-HOMES



ebbie and Laurence Osborne had long dreamt of extending their 18th century barn by adding a sundrenched garden room, where they could sit and enjoy views of the outdoors. However, due to their property's grade II listed status, plus its position adjacent to a grade I listed manor house, the couple weren't optimistic about their chances of obtaining planning permission and listed building consent.

"We always thought it was a bit ambitious," says Debbie. But a chance conversation with someone from English Heritage who happened to be visiting the nearby manor house generated some intriguing nuggets. "His opinion was that it's better to upgrade

period homes to modern standards of living, provided the original structure is conserved. It turned out he was more than happy with a proposal for an ultra-modern extension."

It was in this way that Debbie and Laurence's plans began to gain momentum. "English Heritage said that any extension we ended up building should be able to be taken down again, with no evidence of the new structure having affected the existing barn," says Debbie.

Countryside home

When the couple first viewed the barn, back in 2000, it was love at first sight. "We were keen to move out of the hustle and bustle of

FACT FILE

NAMES Laurence & Debbie Osborne

OCCUPATIONS Directors of a property development company

LOCATION Cornwall

TYPE OF PROJECT Extension to converted agricultural building

STYLE Contemporary addition to 18th century barn

CONSTRUCTION METHOD

Steel portal frame with timber infill panels

PROJECT ROUTE

Architect designed, homeowners employed main contractor for construction & project management

PLOT SIZE 0.7 acres

PROPERTY COST £175,000

BOUGHT 2000

HOUSE SIZE 195m²

(incl. 55m² extension)

EXTENSION COST £145,632

EXTENSION COST PER M² £2,648

TOTAL COST £320,632

BUILDING WORK COMMENCED

December 2016

BUILDING WORK TOOK

16 weeks

CURRENT VALUE

£600,000





Above: The cedar cladding on the extension helps form a clear visual distinction between the new addition and the original stone barn

town life and into something a bit more rural," says Debbie. "We bought the barn from a builder who converted it for us, to our own design specification." When the pair first saw the agricultural structure, it was the unusual scissor truss roof that had initially captured Laurence's attention. "The design for the conversion completely ignored this feature, so we re-jigged the proposal – the barn already had planning permission – to establish a lounge on the first floor that made the most of the timber structure overhead."

While the couple enjoyed living in their rural abode, it was far from perfect. "I like to live in a sunny house, but an old barn with 1m thick walls isn't the brightest of places," says Debbie. "That was what

drove the idea for a garden room extension. Plus, our family is increasing in size in terms of grandchildren, so we wanted a bigger living space." Over the years, the idea of a light-filled, contemporary addition slowly evolved, eventually confirmed by the pair's chance meeting with the consultant from English Heritage.

All hands on deck

Debbie, a former maths teacher, and Laurence, who was previously managing director of a planning consultancy, Laurence Associates, already had plenty of experience with this type of project. "We've done a lot of property development in our spare time – we set up



((I love the original building, but I wanted a stronger connection with the garden))

differentiated from the original barn." In fact, creating a clear visual distinction between the barn and the extension was one of the key goals of the design. Maximising natural light was another priority.

"The barn is primarily north-facing, so we had to approach the process carefully," says Laurence. "We wanted to draw in as much sunlight as possible, so we decided the addition should project out from the western elevation of the original building."

our own company," says Debbie. "Normally the two of us, or our contractor son-in-law, manages the scheme." The couple didn't have to look far to find a professional designer either, as their son Adam Collier is a director at Truro-based practice Kast Architects.

Having received good feedback from the English Heritage consultant, Laurence and Debbie sat down with Adam to progress their ideas. "I'd already done some initial sketches, so it was a case of developing those further," says Adam. "My parents had been advised to create something in the style of a lean-to cart shed that could be easily







"The metal covering was another factor that had come up in the course of our conversations with English Heritage."

After all their careful groundwork at the design phase, Debbie and Laurence's extension plans achieved planning permission and listed building consent without any issues. "We submitted a supporting statement that outlined how we'd adapted our plans based on the advice we received from English Heritage," says Laurence. "It was entirely in accordance with what they wanted, which meant there were no problems when we submitted the formal application."

Smooth build process

With full consent in the bag, Laurence and Debbie brought in their son-in-law, Jonathan Rogers, director of JDS Properties & Developments, to handle the construction. As no alterations were being made to the original building as part of the project, the Osbornes were able to carry on living in the barn while work was going on. "The team were outside for the majority of the time," says Debbie. "They brought a container onto site, which formed their office and a storage place for tools. There was never much of a need for them to come into the main house." While the couple chose not to get hands on with the build, it was handy being on site every day to keep a close eye on progress. "We were able to make small changes as we went along," says Debbie.

A steel portal frame with timber infill panels was chosen as the structural system. "The metal skeleton was important for us to achieve the big open spans inside the extension," says contractor Jonathan. Cedar cladding has been used to cover up any areas of exposed metal. The addition is topped with a pitched timber roof and finished with a standing seam zinc covering.

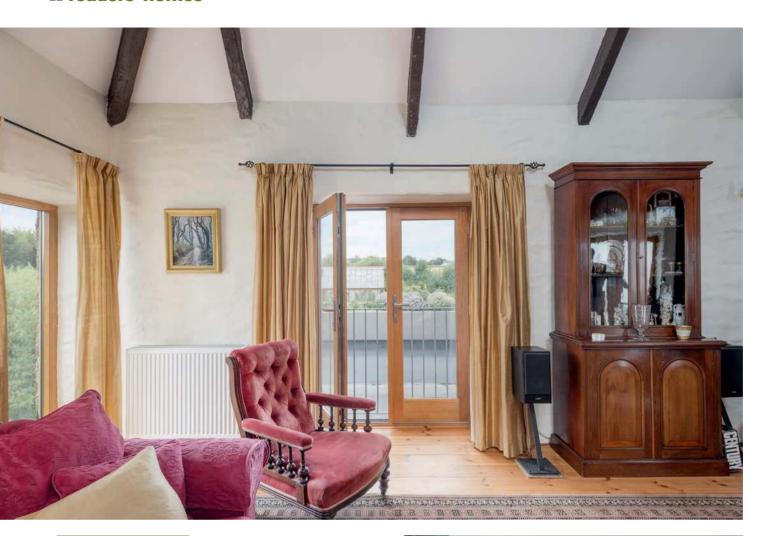
One of the key construction challenges revolved around uniting the contemporary extension with the original period dwelling. "We were working with an old barn with walls that weren't truly straight – they flared out towards the bottom," says Jonathan. "Tying a modern addition into a heritage building can be tricky."



Adam played with different layouts, using computer software to model where sunlight would fall at various times of the day and year.

the new extension with the rest of house

The choice of external materials palette was an important factor in setting the modern extension apart from the original barn. In the end, the couple put together a proposal for a single-storey cedar clad addition with a zinc roof. "The pitch was about 15°, which would have been too low to put slate on," says Laurence.



WE LEARNED...

.....

YOUR PLANNING APPLICATION

will have the best chance of success if you do all the prep and groundwork in advance. Don't just throw something in and give it a punt. We were lucky enough to know which direction the obstacles were coming from, so we were able to create a tailor-made strategy to counter any objections before they even arose.

POSITIONING THE PLUG sockets

was one of the trickiest things for us. When you've not lived in a room, it's difficult to decide how you're going to use it. It's worth sitting down with your electrician and your builder, dedicating plenty of careful thought and planning to this aspect of the scheme.

DURING THE DESIGN phase, it's important to try and imagine yourself living in the house you want to create. Have a clear starting point and know exactly what you want to achieve from the project. Visualise yourself walking in and out, opening windows, sitting there, eating at the table. Try to get a sense of how the extension will impact on the way you use the rest of the house, too. It may be that you don't need to enlarge your home at all, but simply re-jig the existing layout to make better use of the space.

Above: The living room is upstairs in the original part of the house. Right: Situated on the first floor, the main bathroom is decorated in a traditional style to complement the barn's character



The team got around this obstacle by measuring each of the building components and cutting them to size individually. "Once the steel frame was up we were able to add everything else in," says Jonathan. "Obviously, we had anticipated this hurdle, but it still takes a lot of careful detailing to get the end product right."

Jonathan brought in a specialist project manager to handle the day to day running of the project. "He was on site three or four times a week, and the site foreman was here every day," says Debbie. "I'm not just saying this because it's my son-in-law's company, but they were the tidiest team I've ever worked with. At the end of each day, they'd sweep up and put everything away in the container. They were lovely people, too, and always happy to help with any questions."

Fantastic result

Now the extension is complete, it has delivered on all of the Osbornes' design goals. "It satisfies everything I wanted that hadn't been present in the existing barn," says Debbie. "I love the original building, but I wanted a stronger connection with the garden, which this project has enabled." For Debbie, one of the high points of the works was when the bifold doors were installed. The glazed panels can be drawn back to create a seamless connection between inside and out. "We have the slate floor running through to the patio, which instantly created this flow between the house and garden."

The extension provides a new main entrance to the property, positioned under the flat roof section of the structure. The new open-plan space is divided into two zones – a lounge on one side and dining room on the other. "We had a party here recently with 50 people in the room, without it feeling too crowded," says Laurence. "The space is so flexible in terms of how we can use it."

The extension has had a significant impact on how Debbie and Laurence use the entire house, too. In the summer, the couple like to spend the majority of their time in the extension, making the most



Agricultural style...

Creating a design proposal that honoured the original heritage of the barn was a key part of the Osbornes' strategy for this project. "We used materials that respected the existing structure," says architect Adam Collier. "We used timber cladding, laid in lapped overboards in an agricultural style. This was a nod to a Dutch barn that was demolished when my parents' home was converted." Cedar planks were chosen, as they will weather from their original

......

reddish-gold hue to an attractive silvery grey. "We're delighted with how the wood finish helps the extension stand apart from the original stone barn," says Laurence.



24 readers' homes

of their sun-soaked new zone. "It's amazing to sit here in the evenings and watch all the birds and animals in the garden," says Debbie. On the cold winter evenings, however, the couple still have their original lounge on the first floor of the barn to retreat to. "It's so cosy to shut the curtains up there and light the woodburner."

The couple's son and architect, Adam, is also pleased with the outcome of the scheme. "We definitely achieved what my parents wanted," he says. "The space is so light and airy, it's a great family room where everyone can sit around the table together."

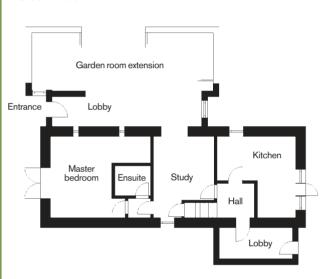
Another bonus is that the extension scores high in terms of its energy-efficiency. Underfloor heating has been paired with slate

flooring to create an ambient source of warmth underfoot. A new boiler was installed in the main barn to power the property's entire central heating setup. "The solar gain in the room is staggering," says Debbie. "Even during winter, all it takes is a weak bit of sunshine, and the space will be warmed considerably. We installed plenty of insulation, too, so the extension retains the heat."

While the experience of doing this project certainly hasn't put the couple off doing another build, they agree this is their forever home. "This is our house for life and we've already made the decision that we never want to move from here," says Debbie. "What we've created is perfect. If I was to do it all again, I wouldn't change a thing."

Floor plans

Ground floor



First floor





House plans re-created using Build It 3D Home Designer software. www.buildit.co.uk/3dsoftware

£

TOTAL BUILD COST BREAKDOWN

Elements	Cost m²	Cost %	Total cost
Preliminaries	£80	3%	£4,404
Architect	£18	<1%	£1,000
Structural engineer	£26	1%	£1,400
Steel frame & structural panels	£342	13%	£18,834
Mono pitch & flat roof structure (incl. covering)	£361	14%	£19,830
Glazing (incl. doors)	£349	13%	£19,200
Cladding & downpipes	£139	5%	£7,626
Alterations to pipework	£22	1%	£1,218
Moving radon vent & associated work	£19	1%	£1,050
Excavation/DPC/Slab	£298	11%	£16,386
Drainage	£53	2%	£2,892
Miscellaneous building materials	£31	1%	£1,716
Electrics	£113	4%	£6,222
New boiler & underfloor heating in extension	£207	8%	£11,400
Screed	£36	2%	£1,980
Slate flooring	£120	5%	£6,600
Outside works	£237	9%	£13,026
Internal finishes & decorations	£109	4%	£5,988
Light fittings	£36	1%	£2,000
Alarms	£7	<1%	£360
Contingency	£45	2%	£2,500

Grand total

£145,632

Note: The costs shown here are for the extension only. They reflect the original prices for materials, labour and services at the time this project was undertaken. As a general guide, inflation in the construction market runs at

Useful contacts



ARCHITECT Kast Architects 01872 241111 www.kastarchitects.com CONTRACTOR JDS Properties & Developments 01209 614726 www.jds-properties.co.uk STRUCTURAL ENGINEER LB Structures 01872 865073 www.lbstructures.co.uk LIGHTING Tom Raffield 01326 722725 www.tomraffield.com



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Bill and Carol Haygarth demolished their 1980s house to create an award-winning contemporary home that makes the most of its elevated position words Karen WILSON PHOTOS KATIE LEE

hen Bill and Carol Haygarth bought their sixbedroom, three-storey house in West Yorkshire in 2004 they didn't intend to knock it down. However, building a new property in its place has allowed them to fix all the bugbears that annoyed them during the 11 years they lived there. Initially they had fallen for the 1980s building's elevated position and the stunning views on three sides of the property. But they soon realised that being 244m above sea level made it very exposed and easily battered by the winds.

With detached garages at the highest point of the plot, it had a mean dering $45\mbox{m-long}$ sloping driveway with a big turning circle behind the house, so removing snow was a two-hour job. "One particular winter I cleared it 20 times before I stopped counting," says Bill, who is 65. "I remember sitting in my study looking out the window thinking, please let's make this the last winter I do that."

Despite having replaced the doors and windows, insulated under the floorboards and switched the two boilers with a 48kW commercial model, the house was still cold. Yet, the woodburner made the lounge too hot. "There was no happy medium," Bill says.

All change

As Bill had never liked the dormer style of the property and Carol craved a protected rear garden, the couple became increasingly frustrated with what should have been their dream home. To find





a solution, they brought in an architect with a view to modifying the house by altering the dormer shape and installing a proper roof.

"It quickly became apparent that keeping any of the existing structure would be too much of a compromise. It made more sense to knock it down and rebuild," says Bill. "This would enable us to move the garage from the top of the plot and shorten the

COOur new home couldn't be more different from the old one it's replaced **)**

driveway. We'd also be able to replace the rear turning circle with an area of lawn, plus a courtyard that would be protected from wind."

After a year of research, during which the couple visited building shows, read magazines and conducted online investigations, they were ready to have plans drawn up. "I'd read about Passivhaus and thought that this strategy would ensure we got a warm home," says Bill. "But it would mean lots of insulation, high spec windows and a mechanical ventilation and heat recovery (MVHR) system. With my technical background, I also wanted AV cabling in every room for TV and internet, as well as a heated driveway."

A property developer friend recommended two architects, and the Haygarths chose Adam Clark at Halliday Clark. "We preferred his design and could see ourselves working with him," says Bill. Adam suggested a U-shaped contemporary style house built from structural insulated panels (SIPs) provided by SIPS@Clays, covered with stone cladding. A decorative oak frame would be seen from inside to add a striking aesthetic feature. Solar photovoltaic panels would also be positioned on the side elevation.

"I assumed we'd be using brick and block but Adam said we'd have a better chance of meeting the Passivhaus standard if we used a timber form of construction, as it's easier to get airtight," says Bill.





The kitchen features a large island for practical purposes, as there's so much glass and therefore fewer walls to mount units on

FACT FILE

NAMES Bill & Carol Havgarth OCCUPATIONS Retired senior IT manager & nurse

LOCATION West Yorkshire

TYPE OF PROJECT Self build

STYLE Contemporary

CONSTRUCTION METHOD

Structural insulated panels (SIPs)

PROJECT ROUTE Architect

designed, builder project managed

PLOT SIZE 0.8 acres

PROPERTY COST £795,000

BOUGHT 2004

HOUSE SIZE 523m²

PROJECT COST £1,505,000

PROJECT COST PER M² £2,878

TOTAL COST £2,300,000

BUILDING WORK COMMENCED

October 2015

BUILDING WORK TOOK

15 months

CURRENT VALUE

£1,750,000

"It's a quicker construction method as build components can be erected in three weeks."

After struggling to find UK-made window frames that met Passivhaus standards, Adam sourced Fusionline composite alternatives from Austrian manufacturer Gaulhofer. Bought via Scottish firm Ecowin, the wood and aluminium surrounds of these products offer the best of both worlds in terms of thermal protection and a contemporary aesthetic. "We wanted to maximise the views, so the new house has far more glass than the old one," says Bill. "But as the walls are as thick as a medieval castle, we didn't want to increase the insulation further. Instead, we lost five Velux windows at the rear to try and meet the standard."

Bill also wanted a tin roof, as the slates on the old house were constantly blowing off. "The planners felt that this material was only suitable for an agricultural building," he says. "I think with imagination you can make a tin roof look like slate tiles, but our council wasn't having it." Instead, Adam suggested Marley Eternit slate-effect roof tiles made from fibre cement. "They're pegged and very secure," says Bill. "We haven't lost any yet."

Working out a budget

Luckily no neighbours objected to Bill and Carol's plans for the new house. Plus, architect Adam didn't foresee any issues in obtaining formal consent from the local authority since the Haygarths were replacing the existing dwelling with a more

WE LEARNED..

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GET A FIXED PRICE from your quantity surveyor. Using this professional can save you money, but if their fee is a percentage of the build cost, there may not be much incentive for them to keep a lid on quotes and spending.

we wish we'd hired a mechanical and electrical consultant because we had some issues with the placement of electrical elements. Every ceiling has six recessed lights, two audio speakers, a mechanical ventilation and heat recovery (MVHR) vent and a fire alarm sensor – but they were all installed by different contractors. It all looked a bit of a mess, so we had to get the builder to make changes so that everything lined up.

TO MEET PASSIVHAUS standards, the most suitable house shape is a box with a roof on rather than something as convoluted as our lopsided U-shape design. We would've given serious thought to making the house a more regular layout if we'd realised that.

energy efficient, compact design with a slightly lower roof and less square footage. His predictions were correct, and the plans were approved on the last day of the statutory eight weeks with no amendments.

However, it wasn't all plain sailing when it came to budgeting for the self build. "I mistakenly thought the initial figure of $\pounds 650,000$ to $\pounds 750,000$ had come from the quantity surveyor, Stephen Brigg of Michael Eyres Partnership. It had actually been the architect's original thoughts," says Bill. "Stephen's figure was more like $\pounds 1,350,000$. But I thought it might end up costing about $\pounds 1,500,000$ and I wasn't far off."

As Bill and Carol had ample savings, they weren't too worried about the escalating costs. The project was tendered to four construction firms, one of which declined to

quote, with all the estimates coming in higher than expected. "I wasn't surprised as I've spent 30 years managing projects; everything always takes longer and costs more than you think," says Bill.

After viewing projects by all the builders, Bill and Carol decided to go with James Tiffany from Roger Tiffany. Construction started in October 2015 and the couple moved into a rented house nearby. However, it wasn't the best time of year to start. "They had to shift lots of earth and pump out water to dig out the lower ground floor," says Bill. "But there were no issues with the foundations as surveys had already been done and soil samples were taken beforehand."

Weekly meetings and regular site visits proved to be invaluable during the build. "There was one point where I spotted the plumber running the hot and cold pipes too close together," says Bill. "Plus the thermostats for the mechanical ventilation and heat recovery (MVHR) system had been put next to the light switches. This looked awful, so I had them moved behind the doors. Generally, though, the team were great. James produces very high-quality work and we still

Right & below: Inspired by an open tread staircase with glass balustrade that the couple had seen in another house, Bill and Carol commissioned Nelson Joinery & Building to produce a similar style



use the plumber, electrician and roofer for maintenance."

Light-filled interiors

You enter the property on the lower-ground floor, which features a three-car garage, utility room with boot rack made by a local carpenter, and a cinema room. "In the initial plans, Adam had the utility next to my study on the ground floor. But I wanted a bigger work space, so they dug out more earth to have the utility directly below," says Bill.

The ground floor features a spectacular central atrium, which spans the full height from the entrance lobby to the roof.

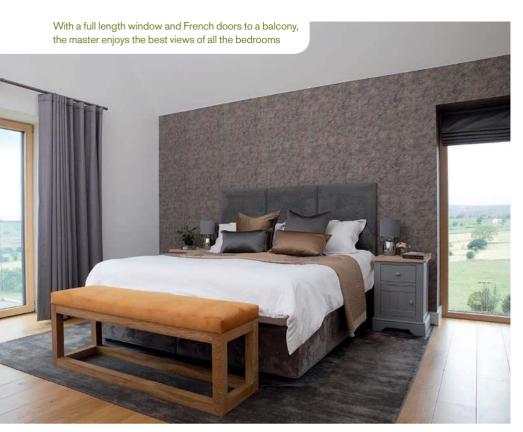
An open-plan dining area is within this, right in the middle of the house, flanked by a kitchen and sitting area on either side. A separate family room has proved handy for the couple's three grandchildren.

To future proof, this floor has a self-contained annexe with a sitting room, bedroom, shower room and kitchenette, plus a lift. "It means we could have live-in carers instead of going into a nursing home when we get older," says Bill. "But at the moment our eldest daughter uses the space as a studio for her personal styling business."

Upstairs is four bedrooms, two of which are ensuite, and a family bathroom. "We didn't want a loft as we think having that space just encourages you to hoard stuff," says Bill. "Instead we have high ceilings in the bedrooms, which I much prefer."

Project success

At the end of January 2017, building works were completed – five months over schedule. The pair moved in the following month. In the end, the house didn't quite meet Passivhaus standards but it





came pretty close. "Our new home couldn't be more different from the old one it's replaced. It uses a lot of power, but it's more energy efficient," says Bill. "As we only have two small areas of underfloor heating in the entrance lobby and sitting area, plus a small 18kW boiler to power the setup, we were fearful it would still be cold." However, the couple needn't have been worried. "If anything, it's too warm in summer. We only need a 1.5 tog duvet on our bed."

As is the case with many self builds, the project went slightly over budget. The standard JCT contract with the builders had included several variable elements such as the kitchen, which ended up costing twice as much as anticipated. Other aspects like the AV

technology, hard wired fire alarm and lift, all conspired to push fees upwards. "To be fair, the quantity surveyor would suggest ways to save money, but we wanted what we wanted and weren't prepared to compromise," says Bill. The Haygarths' quest for perfection no doubt contributed to their house winning an accolade for Best Individual New Home at the Local Authority Building Excellence Awards.

Although taking on a knock down and rebuild could've been a financial gamble, Bill and Carol feel they wouldn't have found another site with such amazing views. "Carol loves having a back garden sheltered from the breeze. I like watching movies in the new cinema room and, of course, not having to clear the snow," says Bill.



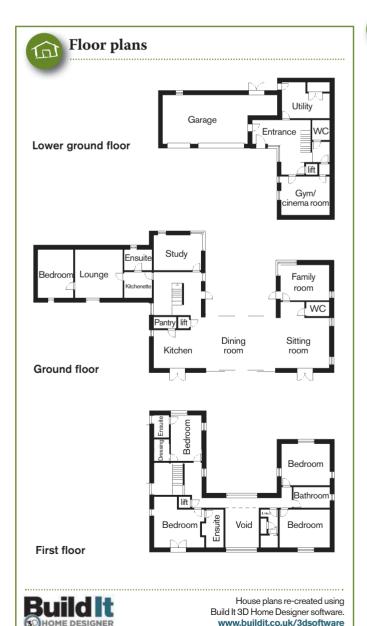
High-tech solution...

One of Bill's favourite aspects of the new house is the heated driveway. Specifying this element has proved to be so effective that he never has to clear the snow during winter. The system was supplied by OJ Electronics and comes with sensors to monitor the ground temperature, plus a timer so it's only used when needed. "It's effectively like a big electric blanket," says Bill. However, as there was no specialist mechanical and electrical consultant, it didn't

become apparent until late in the build that the standard domestic setup wasn't going to be enough to cater for the amount of power needed. "It would've taken all day to melt any snow," says Bill. "As a solution, we upgraded the transformer in the field opposite; this required a second pole to support the extra weight. By the time we'd negotiated a wayleave agreement with the farmer, we'd been in the house for a year, so I still had another winter of clearing the snow."

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TOTAL BUILD COST BREAKDOWN

Elements	Cost m ²	Cost %	Total cost
Preliminaries	£108	4%	£56,408
Demolition	£24	<1%	£12,399
Substructure	£188	6%	£98,110
Structure	£984	34%	£514,771
Windows & external doors	£203	7%	£106,172
Finishes	£228	8%	£119,283
Fittings	£161	7%	£84,360
Mechanical & electrical	£519	18%	£271,414
Lift	£45	1%	£23,197
External works	£365	13%	£191,024
Contingencies	£53	2%	£27,862

Grand total

Note: The costs shown here reflect the original prices for materials, labour and services at the time this project was undertaken. As a general guide, inflation in the construction market runs at about 3%-4% per annum.

Useful contacts



ARCHITECT Halliday Clark Architects 01943 604123 www.hallidayclark.co. QUANTITY SURVEYOR Michael Eyres Partnership 01274 480011 www.eyres. co.uk BUILDER Roger Tiffany 01756 793734 www.rogertiffany.co.uk SIPS & TIMBER FRAME SIPS@Clays 01756 799498 www.clays.com ROOF TILES

Marley 01283 722588 www.marley.co.uk WINDOWS Ecowin 01383 824458 www.ecowin.co.uk GARAGE DOORS Zap Garage Doors 01924 938075 www. zapgaragedoors.com HEATED DRIVEWAY OJ Electronics www.ojelectronics. com STAIRCASE Nelson Joinery & Building 01282 615550 SECURITY Gough & Kelly 0344 880 7100 www.gough-kelly.co.uk AUDIO VISUAL Finite

Solutions 0113 537 8141 www.finitesolutions.co.uk KITCHEN Townhouse Design 01423 701555 www.townhousedesign.co.uk BATHROOMS Easy Bathrooms 0330 660 1120 www.easybathrooms.com CABINETRY Manor Cabinet Makers 07966 284206 www.manorcabinetmakers.co.uk SOFT FURNISHINGS Georgia Brown Interiors 07774 186949

HOME DESIGNER

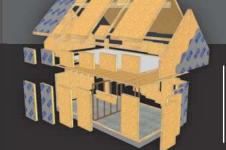


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ick and Sue Price had dreamt of building their own home for 15 years before they finally found the perfect plot to transform their vision into reality. During that time they lived in a modern property in a commuter village in Hampshire. "It was very convenient for family life," says Sue. "It was great that the children could walk to school and cycle around the village to meet up with their friends. When they grew up and left home we wanted something a little more rural in a quieter situation, and with a garden that wasn't overlooked."

Having lived in Hampshire for 25 years, the couple were keen to stay in the same area, so looked within a 30 mile radius of Alton. They kept their eyes and ears open for a suitable site, but experienced two unsuccessful bids for plots as they weren't able to sell their existing house quickly enough. "We realised, through bitter

After years of searching for a self build opportunity, **Nick and Sue Price** realised their dream home on an idyllic plot in Hampshire

WORDS & PHOTOS KATY DONALDSON

experience, that the only way that we were going to get our hands on a suitable plot was to be in a position to move swiftly," says Nick.

Fortunately, the ideal self build plot soon presented itself: a two-bed bungalow set within two acres of flat land with planning consent for a replacement dwelling. The permission was for a six-bedroom townhouse and a three-car garage with accommodation above. This was larger than Nick and Sue wanted and wasn't a style they were keen on. Therefore, they decided to put in a new planning application for something that was better suited to their requirements.

Inspiration & research

Encouraged by a local friend who has built several Potton homes, including the barn-style one he currently lives in, Sue and Nick were interested in a similar kind of abode. They conducted thorough

36 readers' homes

research, visiting a number of self build exhibitions and an event at the National Self Build and Renovation Centre in Swindon. There they saw the Potton show house, which led to a journey to the company's show centre in St Neots for a presentation about budgeting for a bespoke project. "Creating your own house can be daunting so we wanted to have a clear understanding of the whole process," says Nick.

The couple soon decided that Potton's Milchester House design would suit them, but they wanted a scaled down version of the standard scheme. With help from the firm's consultant/designer Sean Adams, Sue and Nick reduced the size of the plans and played around with the layouts until they had their perfect floorplan.

The bespoke design included a large open-plan kitchen-living area and a vaulted

plus an inglenook fireplace in the living room. The 260m2 house would give the couple everything they

bedroom,

bedrooms, while still feeling like a manageable size. With Potton producing the technical and construction drawings, Sue and Nick could leave everything safely in the package company's



A set of bifold doors glide back to create a broad

aperture leading directly into the large garden



FACT FILE

NAMES Nick & Sue Price

OCCUPATIONS Finance director & operations manager

LOCATION Hampshire

TYPE OF PROJECT Self build

STYLE Georgian

CONSTRUCTION METHOD

Timber frame with external finish

in block & render

PROJECT ROUTE

Design & planning by Potton.
Homeowners project managed

PLOT SIZE 1.8 acres

LAND COST £628,000

BOUGHT October 2014

HOUSE SIZE 270m²

PROJECT COST £445,000

PROJECT COST PER M² £1,648

TOTAL COST £1,073,000

BUILDING WORK COMMENCED

June 2016

BUILDING WORK TOOK

46 weeks

CURRENT VALUE

£1,300,000



WE LEARNED.

ONCE YOU'VE DECIDED to

self build, make sure that you are in a position to move quickly when it comes to securing a plot. It is frustrating and disheartening to set your heart on a place, only to lose out to someone else who is able to move faster than you.

DECIDE ON YOUR BUDGET and then stick to it. The easiest way to do this is to make sure that you're happy with all your design decisions before you get started, and then don't make any alterations. Modifications will mean extra costs and the budget can very easily go astray as a result.

ALLOW A CONTINGENCY of an extra 5-10% of the cost for each stage of the build. Also remember to take into account the price of removing debris and soil from the site. If landscaping, don't forget to factor in the cost of topsoil.

ALWAYS TRY TO DEVELOP A GOOD RELATIONSHIP with the people working on your site. We made sure we paid every bill within 24 hours of receiving it, which helped to keep the building teams and tradesmen happy. We're sure that meant they were keen to do a good job and go the extra mile.

THE DEVIL IS IN THE DETAIL.

Make sure you really understand what each person on site is meant to be doing and that they take responsibility for their work. Construction sites often have several people working there at the same time, so inevitably errors can occur.

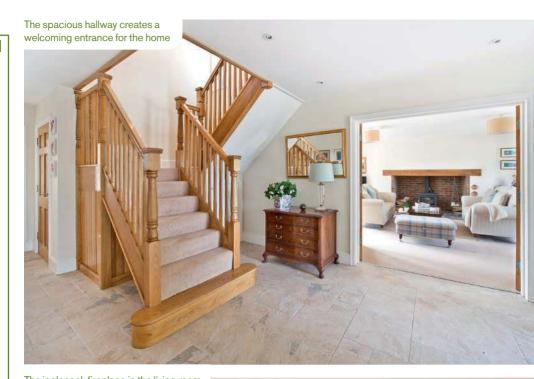
As the site had been bought with full planning permission in place, the couple assumed that all the relevant boxes had been ticked. They were confident that getting consent for a smaller property than was previously agreed would be straightforward, but things didn't turn out to be that simple.

When the pair put in the new application

for their final design, they were informed they needed to carry out ecological and bat surveys. It transpired that this step had, unfortunately, been overlooked previously. "The bat assessment was very thorough," says Nick. "They even sent two representatives to conduct an overnight watch in the pouring rain!" The couple were then told they couldn't demolish the bungalow between October and March, as there was a possibility that bats might roost there during that period. As it turned out, no bats were found, but the Prices were several thousand pounds out of pocket.

One of the benefits of this particular plot was that the new house had consent to be sited on a different footprint from the bungalow, which would be demolished when the new home was finished. This meant Nick and Sue could live on site throughout the build. This saved money on rent and meant they were always on hand.

Nick, a finance director, chose to take on the role of project manager. Years earlier he had worked as an officer in the Corps of Royal Engineers building bridges, roads and even airfields, so





he could read and understand technical drawings. The decision to be on site was a sensible one, but it wasn't always easy. "Trying to keep a tiny bungalow clean and habitable when you're living on a building site in the winter, with an unbelievable amount of mud, was an impossible task," says Sue. "Having a large dog only made it harder!"

Construction begins

Nick recruited a retired local builder to work as a part-time project consultant, who turned out to be invaluable in advising on some of the technical and detailed aspects of the scheme. He put the Prices in touch with good contractors, including excellent local ground workers who constructed the foundations and slab.

This stage was fairly straightforward; there was only about 1m of clay to get through before they hit chalk. Even so, the Potton team were very impressed with the accuracy, saying the levels were absolutely spot on – apparently a rarity. Nick and Sue were



financial gain. It wasn't long before he reconsidered and threw the concrete roof tiles into a pile of hardcore.

The Prices got onto the roof to put their mark on the new self build by carving their initials and the date into the chimney when the final brick was laid. They've included a time capsule in the haunches just below the chimney pot. This holds contemporary items such a newspaper cutting, a little money and a note to future owners.

Successful venture

After 15 years of dreaming about tackling a self build project, Nick and Sue were finally able to create their own bespoke home and what a great sense of satisfaction they had when it was all completed. "It was certainly hard work and extremely tiring," says Sue. "The last three months felt like forever." Her favourite part of the whole process was putting together the finishing

so pleased with the initial work they decided to use the same team for the external brick and block application, as well as the hard landscaping. The couple were also delighted with their brilliant roofing contractor. They were impressed with how quickly and efficiently the Potton frame was erected, too. "It was fantastic to see a house all of a sudden," says Sue. "It was definitely one of the highlights of the build."

Hands-on project

By their own admission Nick and Sue are both doers so, as well as project managing their build whilst working full time, they were also happy to get stuck in and do some of the physical jobs themselves. They fitted the insulation and ran the cables for the sound system, which reaches into every room of the new property. They also laid the wooden floor in the dining room and erected the beautiful gazebo in the garden. The Prices worked hard to keep the site organised and tidy (notwithstanding the mud) which helped to keep the works

running smoothly. They even learned how to drive dumper trucks.

Nick demolished the bungalow himself at the end of the project. Hoping to recoup some of the costs by selling the salvaged materials, he carefully and methodically removed the roof tiles before realising that the time involved wasn't going to be worth the potentially minor

The Juliet balcony in the master bedroom ensures the space is drenched in sunshine, as well as benefitting from great views

> touches, such as picking out soft furnishings and planning the decorative scheme. For Nick, the construction side of things was both exciting and rewarding. "I wish we had done this 10 years ago," he says, although he freely admits the biggest thing he learned during the process is that he is 58 - not 28.

Useful contacts



DESIGN, PLANNING & TIMBER FRAME Potton 01767 676400 www.potton.co.uk ELECTRICAL CONTRACTOR RWE Electrical 07884 493293 BUILDING MATERIALS **Buildbase** 0345 685 4467 www.buildbase.co.uk ROOFER **Beacon Roofing** 01483 202828 www.beaconroofing.co.uk SCAFFOLDING **RS Cane Scaffolding** 07836 259399 PV SOLAR PANELS **Solstice Energy** 020 8789 4717 www.solsticeenergy.co.uk MVHR **Regavent** 01767 600499 www.regavent.co.uk RAINWATER GOODS Yeoman Rainguard 0113 279 5854 www.rainguard.co.uk PLASTERING & RENDERING J Murphy 07774 457390 SANITARYWARE Bathstore 01256 814441 www.bathstore.com KITCHEN & UTILITY ROOM Howdens www.howdens.com MUCKAWAY & CONCRETE SUPPLY Chambers Recycling 01483 504595 www.chambers-group.co.uk

closer look

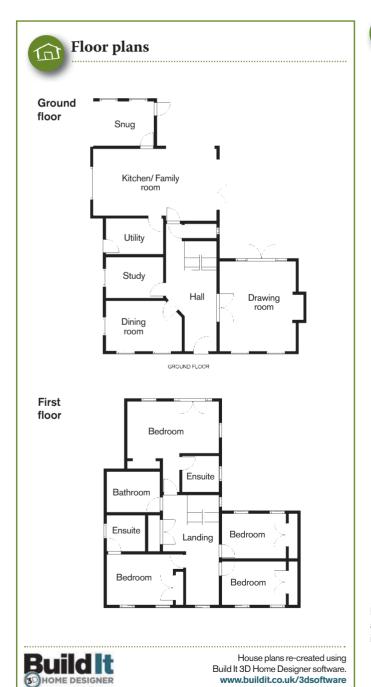
Solar panels...

Nick and Sue's electricity is powered by a photovoltaic (PV) array on their roof. They opted for a setup built flush into the tiles rather than having a system fitted on top. This has provided clean lines and a subtle appearance. Although this style costs more, it doesn't involve the double battens needed to support standard solar panels. The Prices are happy with the arrangement, although a

problem with the solar panel inverter, which is now fixed, means that so far they have not yet had a full year of uninterrupted supply to gauge the cost benefits.

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TOTAL BUILD COST BREAKDOWN

Elements	Cost m²	Cost %	Total cost
Preliminaries (incl. design, planning & surveys)	£48	3%	£13,000
Foundations & drainage	£226	14%	£61,000
Scaffolding	£35	2%	£9,500
Timber frame, joinery, doors, windows & staircase	£520	32%	£140,500
Roof structure, covering & rainwater goods	£104	6%	£28,000
Solar panels	£35	2%	£9,500
Floor screed & internal plastering	£48	3%	£13,000
Construction of external block walls, chimney & fireplace (incl. external quoins & sills)	£119	7 %	£32,000
External Rendering	£44	3%	£12,000
Plumbing & heating (incl. bathroom & kitchen)	£181	11%	£49,000
Electrics incl. IT, Hipsmart music network, TV & security system	£104	6%	£28,000
Floor & wall tiling	£20	1%	£5,500
Decorating	£19	1%	£5,000
Car port & workshop	£82	5%	£22,000
Fees (project consultant)	£26	2%	£7,000
External works (incl. landscaping, patios & drive)	£31	2%	£8,500
Miscellaneous	£6	<1%	£1,500

Grand total £445,000

Note: The costs shown here reflect the original prices for materials, labour and services at the time this project was undertaken. As a general guide, inflation in the construction market runs at about 3%-4% per annum.







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home

As well as transforming their 1960s abode, **Debbie and David Sesay's** renovation project has created a home where the whole family can enjoy time together

WORDS & PHOTOS KATY DONALDSON

avid and Debbie Sesay live in Grays, Essex with their two children, Tomipe and Maboneh, in a house they bought in 2010. Their ex-authority end of terrace property was constructed in the 1960s. It had a conventional layout featuring a separate living room and kitchen on the ground floor, plus three bedrooms and a bathroom upstairs, topped off with a large attic. Tomipe is disabled so the family had to use a lift to move him to and from his bedroom on the first floor.

David and Debbie were keen for Tomipe, now 13, to be at the centre of everyday family life, with a space tailored to his specific needs. They considered moving but quickly realised that any house would need adapting, so decided to radically alter their existing home instead. "Tomipe goes to school nearby and we have a strong support network here, with several local carers who regularly come to help. There were many advantages to staying put", says David.

Getting started

To realise their ideas the couple commissioned Barry Stott-Brookes of Architects Atelier to design and oversee what would turn out to



FACT FILE

NAMES Debbie & David Sesay

OCCUPATIONS Business consultant & IT consultant

LOCATION Essex

TYPE OF PROJECT Renovation incl. rear extension and loft conversion

STYLE Contemporary

CONSTRUCTION METHOD

Brick & block, with cladding finish

PROJECT ROUTE

Architect designed and project managed, builder hired for construction

PROPERTY COST £240,000

BOUGHT 1994

HOUSE SIZE 189m²

PROJECT COST £229,000

PROJECT COST PER M² £1,212

TOTAL COST £469,000

BUILDING WORK COMMENCED

July 2018

BUILDING WORK TOOK

24 weeks

CURRENT VALUE

£570,000



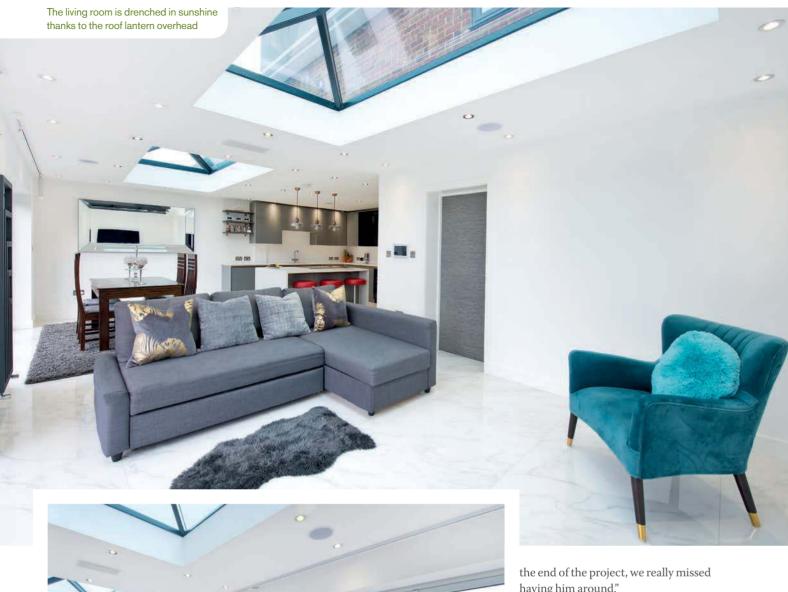
be a complete transformation of their house. Barry took their long list of requirements and devised a scheme that would give them the beautiful home they wanted and revolutionise the way they live. As well as completely re-jigging the floorplan, Barry put together plans for a new rear extension and a loft conversion.

The first thing he did was to create a large garden studio across the entire width of the back garden to accommodate the whole family for the duration of the 20-week build. However, before construction could even begin, the Sesays had to obtain the go ahead from the local council. In the end, it took Debbie and David nine months to receive planning consent. "If you're doing a project like this, apply for all your alterations and extensions at once so you don't have too many amendments or additions further down the line," says Debbie. "Even if you're not ready to do all the work, it's much easier to get all the permissions in place at the beginning."

According to Debbie, employing a professional to oversee the scheme was key to its overall success. "I can't stress enough how important it is to bring in a specialist. We are not builders – we have full time jobs and two children to take care of. One of the best



44 readers' homes



decisions we made was to employ Barry as the project manager so he could deal with the ins and outs of the construction process."

The transformation begins

When the Sesays put the project out to tender, they were surprised by the huge variations in price that were quoted. They eventually decided to go with the contractor who was completely transparent in his costings for the finished project. His price was higher than others, however, there were no hidden fees. "He became like another member of the family," says Debbie. "It was really sad to see him go at having him around."

Although architect Barry managed the build, David was very involved in the day to day work on the scheme, too. Living on site meant it was easy to have regular discussions with the builder, who was happy to listen to his ideas and was keen to collaborate. "One of the great things about the contractor we chose is that he's a perfectionist," explains Debbie. "I was delighted with that, as I'm an obsessively neat and tidy person!"

Maboneh, who is 11, was keen to get involved in some of the practical work for the renovation project, too. She learned how to do plastering, as well as pitching in to help with the painting. Along the way, she

also picked up some Albanian phrases, as the workers taught her some expressions and songs from their native language.

But, as with all projects, there were several obstacles to overcome. The building inspector insisted that the foundations be made deeper than the Sesays had anticipated, after an assessment showed that the property sits on mixed soil. This created delays which ultimately held up the installation of the underfloor heating in the new kitchen and living rooms. There were also some problems with the attic beams in the loft, so the ceilings on the first floor all had to be lowered. David and Debbie, however, remained upbeat. "We were confident that

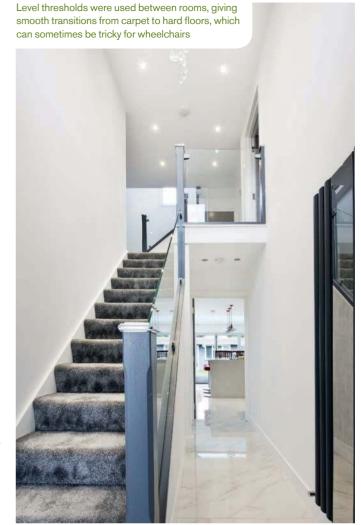
We really loved the transformation journey. We're absolutely thrilled with the end result))

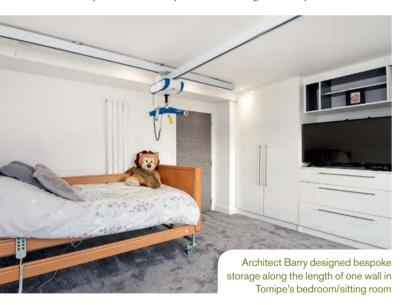
if we trusted our architect and followed his advice, we'd get a wonderful home at the end – and we were right," says David.

New interior layout

Now the build is complete, the Sesays are delighted with the outcome. As the main purpose of the project was to create a dedicated space for Tomipe in the thick of the action, the original family living room was redesigned. It was transformed into a sociable room, large enough to easily accommodate Tomipe's hospital-style bed, wheelchair and other equipment, as well as a sofa. Accessed directly from this is a large wet room that makes life much easier for everybody in the family. Barry also designed a custom-built storage unit that stretches the length of one wall in Tomipe's room, with space for a wall-mounted television visible from the bed and the sofa. Now, Maboneh (and her parents) can chill out with her brother, watching television.

Drawing on Debbie's love of light and minimalist contemporary design, the large single-storey extension at the back of the house has been arranged in an open-plan layout. To ensure the space is flooded with light, two roof lanterns have been fitted overhead and large bifold doors open out onto the enclosed garden. This zone is divided into a sleek modern kitchen and a sunny living area, with easy access to Tomipe's room just next door so he can be included in the noise and daily life of the family. Where the original utility room and lift





used to be positioned, there is now a cosy snug with comfortable sofas, plus another television for when anyone wants a bit of time to themselves. "Open-plan living is lovely and sociable but we also wanted to incorporate a space for those times when somebody might want a little bit of peace and quiet," says Debbie.

The three bedrooms on the first floor were all redecorated and have been styled in a similarly uncluttered fashion. The new bathroom is Debbie's favourite place in the house. "I totally love it!" she says. "It is simple, yet luxurious at the same time." In the loft, there's now an impressive master suite. Thanks to architect Barry's



WE LEARNED..

^{2...}

EMPLOY AN ARCHITECT to project manage everything. We both work and have a busy family life. We soon realised we couldn't take on a large renovation project like this ourselves. An expert is experienced and will deal with all the inevitable problems that tend to crop up during a build project.

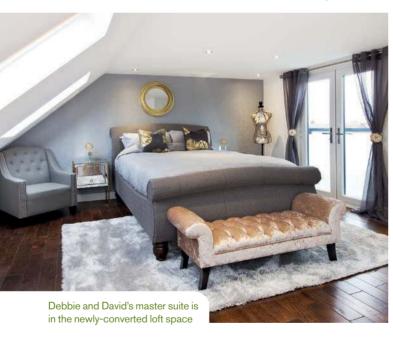
THE BUILDER who provides the lowest quote isn't necessarily the one you should go for, as there may well be extras that haven't been included. The contractor we chose wasn't the cheapest, but he was transparent in his fees and there were no hidden extras.

FINALISE YOUR DESIGN before going to planning. This will avoid costs and delays associated with any changes you make further down the line.

CHOOSE YOUR WINDOW

manufacturer early on. Our project was delayed by eight weeks because of a setback in the delivery of the glazing.

Above right: Debbie loves the simple, yet luxurious bathoom. It's her favourite space in the house. Right: Rooflights flood David and Debbie's dressing room with natural light



smart use of space, some of the attic storage has been retained. A large Cedral Click-clad dormer was constructed to the rear of the structure, allowing a spacious bedroom to be created in the eaves. Off this is a cleverly designed dressing room that gives access to the small but perfectly formed ensuite shower room.

The finished house

The Sesay family are keen to point out that doing a major project like theirs isn't as daunting as people often think. "When you watch





programmes on TV it seems that every scheme is fraught with issues and stress," says David. "But that wasn't our experience. We loved the transformation journey. We're thrilled with the end result. With a bit of careful planning and preparation you can have your dream property — and you don't have to move house to achieve it."

Even squeezing the whole family — including Granny when she came to visit — into the cabin in the garden was part of the fun, and of course the family think it was totally worth it. They now have a beautiful home tailored to their very specific needs. Tomipe has a large, specially laid-out room with all the equipment he requires to ensure he is comfortable and at the centre of family life. Maboneh has a stylish bedroom, plus a little snug where she can have some quality time to herself, with her friends or her parents. Debbie and David have the whole of the top floor to themselves.

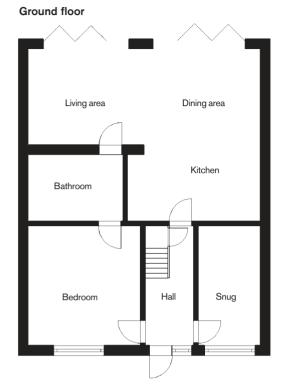
The experience certainly hasn't put the Sesays off doing another build in the future. When asked if they'd ever consider taking on a new scheme, their answer is an emphatic, "Yes!" The ideal would be to create a house with sea views. "We'd love a contemporary property. It'd have to include a grand hallway with a curved double staircase, like something you'd see in Los Angeles," says Debbie.

Useful contacts

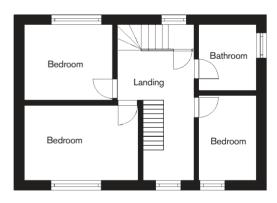
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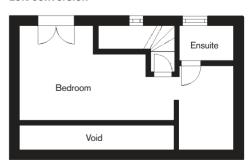
Floor plans



First floor



Loft conversion





House plans re-created using Build It 3D Home Designer software. www.buildit.co.uk/3dsoftware

closer look

Sundrenched interiors...

As the kitchendiner extension is north facing, it was important to channel as much sunshine inside as possible.



This was achieved via bifold doors, plus roof lanterns in the ceiling, both sourced from Safe Style. David and Debbie chose solar controlled self-cleaning glass, which is blue tinted to prevent too much heat entering or leaving the room. Specifying the glazing correctly was a vital element for the project to meet Building Regs, as a large proportion of the extension is formed from glass. These overhead features also act as visual dividers, delineating the kitchen from the living and dining space, as well as adding elegance and grandeur.

E

TOTAL BUILD COST BREAKDOWN

Elements	Cost m ²	Cost %	Total cost
Preliminaries	£48	4%	£9,000
Foundations	£79	7%	£15,000
External walls & windows	£318	26%	£60,000
Roof structure & covering	£95	8%	£18,000
Internal walls	£42	4%	£8,000
Floor, wall & ceiling finishes	£132	11%	£25,000
Joinery & fittings	£64	5%	£12,000
Plumbing & heating (incl. bathroom & kitchen)	£270	22%	£51,000
Electrics	£48	4%	£9,000
Decorating	£26	2%	£5,000
Fees	£64	5%	£12,000
External works	£26	2%	£5,000

Grand total £229,000

Note: The costs shown here reflect the original prices for materials, labour and services at the time this project was undertaken. As a general guide, inflation in the construction market runs at about 3%-4% per annum.



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GREEN TM8ers

The simple elegance to **Nicola** and **Chris Pelmear's** home belies its complex eco credentials, where even the snowdrops were salvaged words sophie gale PHOTOS CAMILLA REYNOLDS

he minute they walked through the gate into an overgrown plot in Nailsea, Somerset, Nicola and Chris Pelmear were enchanted. At first glance, it was a mess. The site was home to a seriously dilapidated bungalow. On all sides, the land was knee-deep in brambles. But their eyes were drawn to the lawns carpeted in snowdrops. "They were covered in flowers," recalls Nicola. "I'd always loved pottering about with plants and the thought of owning a garden like this was a dream for me." True to that passion, before any major works began on the plot, Nicola dug up and temporarily potted all the shrubs, perennials and bulbs they could salvage, ready for rehoming when works were

50 readers' homes

completed. This kind of forward thinking on their landscape has given them a dream home with a garden to match.

Spot of luck

The couple, who had been living in central Bristol for 40 years, knew Nailsea well. They had visited while caring for Chris' mother. She had dementia and sadly passed away during the build. They later lived in her house during the project. Nicola had been working as a local government officer, and Chris ran his own facilities management company, but as retirement approached, the thought of a quieter life appealed. They wanted a grander garden, but there was no desire to be remote. "In Bristol, we could walk to probably 200 different restaurants with ease. Theatres, cinemas, pubs; it was all on our doorstep," explains Chris. But there were no qualms about leaving their life in a draughty Victorian townhouse. They wanted a better insulated home, with be the means to achieving their dream.





Nicola has turned the overgrown outdoor space into her dream garden, making use of the leftover scaffolding planks

((We just wanted a feel-good house with minimal running costs. And that's what we achieved **))**

very selective online. This one ticked every box. "Greenery, views, yet only six minutes' walk to Waitrose. What more could you ask for?" says Chris. There was an added bonus, too: the extent of the land. "The agent we spoke to had significantly undersold it," says Chris. "Their details indicated it was 'large' but, given the fact it was one third of an acre, it wasn't listed with the prominence it deserved."

Going green

The couple set about visiting eco-build fairs, including exploring low-carbon homes as part of Bristol's Green Doors open house trail. They quickly realised that Passivhaus building standards would be high on their wish list. This approach, developed in Germany in the 1990s, involves angling a property towards the sun for maximum solar gain, and insulating hugely to optimise the heat in the building. And the plot's crumbling bungalow, with its sunny aspect of southfacing front rooms, provided the perfect starting point. That said, when the sale went through in June 2013, the enormity of the task

Below: The mezzanine level is supported by steel beams. It has a fantastic view over the lower level and beyond, thanks to the doubleheight window span

NAMES Nicola & Chris Pelmear

OCCUPATIONS Retired local government officer & retired managing director

LOCATION Somerset

TYPE OF PROJECT Self build

STYLE Contemporary

CONSTRUCTION METHOD

Timber frame

PROJECT ROUTE

Architect designed and helped source a main contracter to manage the timber frame build

PLOT SIZE 0.3 acres

HOUSE SIZE 344m²

PROJECT COST £446,586

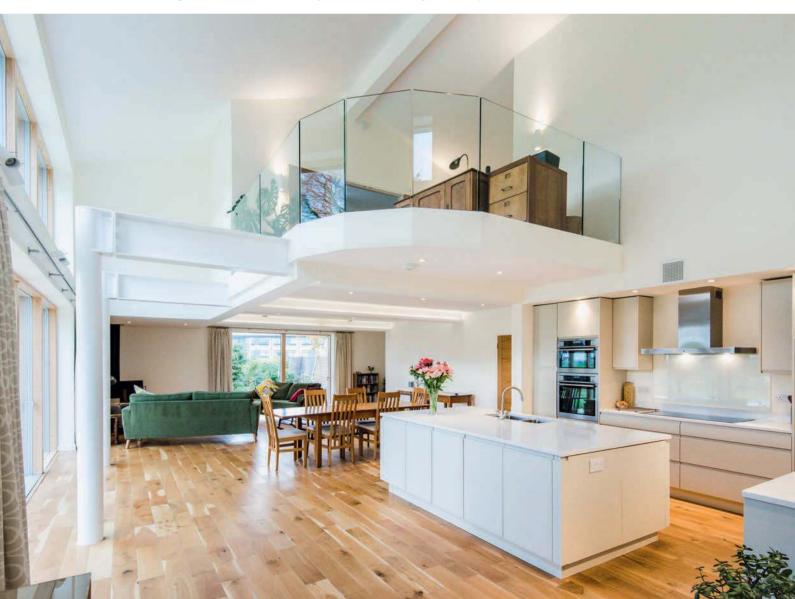
PROJECT COST PER M² £1,298

BUILDING WORK COMMENCED

June 2016

BUILDING WORK TOOK

52 weeks



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COMPROMISE is inevitable and sticking to your principles can prove expensive! We settled on off-the-shelf fittings, and we don't feel it detracted from the rest of the house at all.

THINK ABOUT your future needs as well as current requirements. We designed ours for wheelchair accessiblity so we know this can be our forever home.



"They also gave us a detailed spec – some 70 pages, with a choice of six designs based on our brief." The couple were sold. On the question of whether to retrofit the

existing bungalow or start anew, everyone agreed – a self build from scratch would unquestionably be more cost effective for what the couple wanted to achieve. "The risk with keeping the 1920s bungalow was we could unearth more problems along the way," says Chris. Indeed, when the dwelling was eventually demolished, it came to light that it had virtually no foundations. "That's not unusual, but had we wanted to expand upwards, the structure would have needed more support," he says. "Then we might have been looking at spending just as much as on a new build, but for something less perfect." In April 2014, MJW submitted a planning

on Passivhaus projects – not easy to find in

the UK for what is still considered to be a groundbreaking technology," says Chris.

application for a new dwelling that would be close to the same footprint as the bungalow. Consent was granted in July 2014, at which point Nicola and Chris looked around for a contractor. The couple had to make three tenders before a suitable builder, at an acceptable fee, was found. This drew out the process significantly with demolition of the house deferred until May 2016 and construction beginning a month later. During the wait, tree and soil surveys were conducted. The arboricultural report detailed the trees that must stay, including the mature oaks that give the home its name — Four Oaks. A company called John Dean cut the trial pit into the ground for the soil survey. "It was only a small task, but they did a cracking job at a reasonable fee," says Chris. They remembered this when quotes coming in from other builders were sky high. "We were budgeting perhaps 20% extra to cover passive techniques. But at one point, our architect actually contacted a contractor to ask if they'd put the decimal point in the right place!" To the couple's relief, John Dean offered them a fixed price bid at a manageable quote.

The living area features dual-aspect views thanks to the expansive glazing

before them suddenly struck home. "I remember putting my head in my hands," says Chris, "and saying to Nicola 'What have we done?"

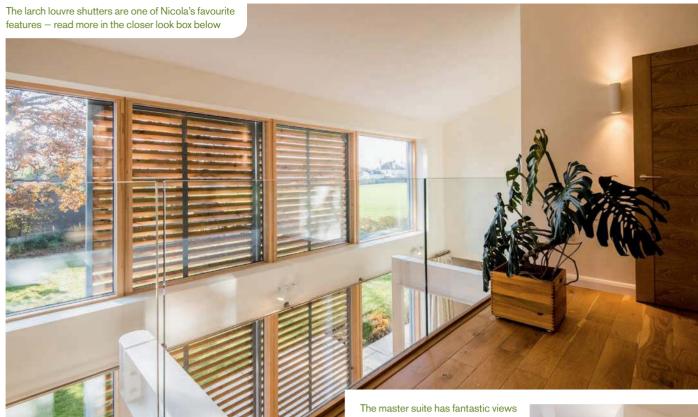
Tentative tender

At first, the possibility of refurbishing the bungalow to a high spec was not ruled out. However, the prospect of being able to reclaim VAT on a self build option hadn't escaped the couple's attention. Therefore, between September and October 2014 they invited quotes looking at both a refurbishment and the demolition and rebuild from four architects, all sourced via The Green Register. One of those four made an impression. "MJW had experience of working

Walking on air

The rectangular design of the house was chosen for added simplicity. "It requires less labour and material than more complex shapes," says Nicola, "as well as being good for heat retention and easier to make airtight, due to fewer junctions." Energy efficient homes tend to be wrapped in insulation from top to toe, but the presence of radon gas in the ground required a slightly different approach. A cavity was left between concrete strip foundations and the precast beam and block floor above, in order to vent the radioactive gas. A timber frame sole plate sits atop, overlaid with rigid polyisocyanurate (PIR) insulation boards, then concrete screed over it all. MJW's managing director, Michael Williams, says: "This configuration not only removed radon gas, but also improved the house's thermal insulation."

The timber frame and panelling construction was one of Nicola's favourite parts of the process. "It went up so quickly," she says. "A new building appeared in a matter of days!" The prefabricated twin frame walls involve layers of studwork and insulation with minimal connections, small amounts of battening, allowing fewer routes for heat to escape through cold bridging. A particular risk area was the large open plan kitchen-living room, where steel supports hold up a first-floor gallery. To mitigate heat loss, all the steel is fixed into the timber frame and does not extend outside the insulated envelope.



Wanting to make the most of morning light, the couple chose to include slit windows on the east and south faces of the building, in addition to the large bank of glass to the south side, which brings in as much heat and light as possible. To quell heat gain in the heights of summer, the house has extensive shutters.

Low bills

With everything designed to be snugly airtight, a mechanical ventilation and heat recovery (MVHR) unit becomes an essential piece of kit. "It's very good value and works beautifully," says Chris. "The windows in the bathroom don't open. Yet if you're having a shower, the mirrors steam up, then clear in moments." Though not

over the countryside landscape

closer look

Stunning window feature...

The couple chose to attach louvre shutters made from larch to the main south-facing windows. These stop the house overheating on bright days, but have another unexpected benefit. "When it's Larch louvre shutters sunny, the dappled light effect within the house is magical, giving the feel of a plantation house," says Nicola. There were some unforeseen complications, however, when it came to the large models needed for the substantial south-facing windows. These were far heavier than anticipated. "It took us a bit by surprise!" says Chris. "The realisation dawned that the timber frame would not be strong enough to support them." But this problem was circumvented with the use of freestanding steel posts, to which the shutters are attached at the top. "In summer when the large windows are open, it can get windy," says Nicola. "We often have the shutters pulled across to limit the sun's rays and also diffuse the breeze."

54 readers' homes

a fully certified Passivhaus, the home's energy consumption has lived up to expectations. Electricity use has been 10% lower than in the previous house – despite running similar appliances. Gas, hot water and heating costs are projected to be less than £300 for the year, and that's considering that the couple don't let the internal temperature drop below a warm 20°C. The property achieved an EPC rating of A — the recommendation suggested this could be improved further by adding a wind turbine to the grounds.

"In deference to the neighbours we decided not to follow this route," says Chris. "Achieving that last 20% of Passivhaus standards is hard and you get diminishing returns. However, even just reaching the 80% creates a very comfortable environment."

The house provides an amenable climate to live in, and not just for Chris and Nicola. In salvaging thousands of bulbs early on, the couple were able to ensure a beautiful garden display in spring 2018, not long after moving in, drawing compliments from neighbours. Wanting to make the most of leftover building materials, scaffolding planks were transformed into raised vegetable beds and a small shipping container was reinvented as the couple's garden shed. "You can actually buy these off the shelf," says Nicola. "They are extremely secure and dry. Ours has a silver galvanised finish, though we clad it in larch." Water butts from the previous owner have all been reused - there is now a water storage capacity well in excess of 1,000 litres. Paving stones from the bungalow patio have also been reused as stepping stones in the two large borders at the front of the house, while stone from an old rockery was used to face the new front boundary wall. "We care strongly about the environment and our carbon footprint – but we are not exactly eco warriors," says Chris. "Neither are we terribly technically minded. We just wanted a feelgood house, with minimal running costs. That's what we achieved."



TOTAL BUILD COST BREAKDOWN



Grand total

Note: The costs shown here reflect the original prices for materials, labour and services at the time this project was undertaken. As a general guide, inflation in the construction market runs at about 3%-4% per annum.

Floor plans Utility Bedroom WC Livina Dining Kitchen Ground floor Garage Store Study/ First floor Bedroom Gallery Void Vardroh House plans re-created using Build It 3D Home Designer software. www.buildit.co.uk/3dsoftware HOME DESIGNER

Useful contacts

ARCHITECT MJW Architects 01749 840180 www.mjwarchitects.com The Green Register 0117 3773490 www.greenregister.org.uk STRUCTURAL ENGINEER David Bearman 01278 685250 www.davidbearman.co.uk SUSTAINABILITY CONSULTANT Laura Meehan www.msustainability.co.uk MAIN CONTRACTOR John Dean Contractors 01179 611163 www.johndeanbuilding.co.uk WINDOWS AND DOORS Velfac 01536 313552 www.velfac.co.uk ROOFLIGHTS The Rooflight Company 01993 833155 www.therooflightcompany.co.uk SOLAR SHUTTERS Contrasol 01727 809459 www.contrasol.com GLAZED BALUSTRADES The Glass Balustrade Company 01746 763477 www.glassbalustradecompany.co.uk MECHANICAL VENTILATION & HEAT RECOVERY SYSTEM Green Building Store 01484 461705 www.greenbuildingstore.co.uk METAL ROOFING Rheinzink 01276 686725 www.rheinzink.co.uk



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Now that the government's Clean Air Strategy is in play, Lucy Aplin explains what you need to know

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Complete guide to renovating a house

part 7 Restoring period features

From authentic timber sash windows to decorative plaster details, Richard Webber outlines the key features you should look to reinstate to enhance your home's heritage appeal

Below: Dominic McKenzie Architects have renovated this 1830s home and added an extension that blends sympathetically with the existing building. The painted timberwork inside the house was stripped back and repainted, and a new Carrara marble fireplace was introduced

t's easy to fall in love with a period property, especially one that's in tip-top condition with its characteristic features intact. Maintaining such old houses, though, requires much effort. But it's nothing compared to the hard graft involved if you're contemplating the complete refurbishment of a neglected heritage home.

The level of satisfaction would-be renovators will experience once the project is complete should not be underestimated. Whether it's Victorian, Georgian or Tudor, any period house deserves to be looked after. "If you own a period property, it's important to make sure that your little piece of history remains in excellent condition," says Tom Barfield, joinery sales manager at Scotts of Thrapston.

Each architectural era has its own individual features, from the pillared doorways and stucco-fronted buildings of the Georgian period to the bay windows and tiled hallways

to retain the property's authenticity wherever possible.

the local authority before any works begin, to ensure you comply with the regulations. Over the next few pages I'm looking at a selection of original period features that are worth the time and effort to restore to their former glory.



Approximately one third of Britain's houses were built before the First World War, with most dating from the Victorian era. In addition to high ceilings, ornate gable trims and bay windows, floor tiles are synonymous with Victorian decor. "Many homes built from around 1860 would have

> had a tiled front path, entrance hall, porch or kitchen," says Scott Robson, head designer at Original Style. "Being a classic staple of this era, those who renovate this type of house typically find themselves looking to reinstate geometric Victorian floor tiles to achieve genuine charm and character in their home."

If original units are already in situ, it's almost inevitable that some will be damaged; you might even have to replace them all if they're beyond repair. Whatever the situation, it's advisable to hire a Victorian tile specialist to undertake the work.







original windows is a concern, ensure they fit as snugly as possible within the frame by adding draught-proof strips. These will eliminate the in-flow of chilly air and reduce heat loss. Window shutters and curtains also provide efficient insulation. But for even better energy



Left & inset: Cousins & Cousins masterminded the complete renovation of this Georgian house in North London. Careful attention was paid to the restoration of authentic historic detailing including cornicing, wood panelling and fireplaces. As well as maintaining and restoring the period features, the project boosted the house's energy efficiency

You can buy new replica traditional tiles in a batch or, in cases where a small repair is needed, individuals. But unlike many contemporary products, they won't be supplied on a mesh. "Victorian houses weren't built square - they came with their quirks. Therefore, using individual shapes allows flexibility in terms of adapting the tile pattern to the floor space it's installed into," says Scott.

The way in which the tiles are laid also has a profound impact on the result. They must be installed as flat as possible, which means attention to the subfloor surface is crucial. If you're laying them on an existing timber floor, it's worth covering the surface with well-secured marine plywood sealed with a bonding agent. Though many new Victorian-style tiles are suitable for outside use, it's important they're laid in such a way that rainwater drains away freely. Sealing off the tiles is also recommended, both as a protective measure and as a cleaning aid.

Windows

Fenestration styles have developed over the decades due to advances in glass-making techniques, rather than purely as a result of passing fashion trends. Typically, Georgian sash windows sported numerous small panes of glass with intricate glazing bars. But by the time the Victorian era dawned, improvements in glass production meant that larger single panes were available.

According to Historic England, one of the main threats to our architectural heritage is the loss of these kinds of traditional windows from period buildings, with the older units often made from wood far superior than is available today. Therefore, where possible, it's important to repair rather than replace windows. If the energy efficiency of

performance, consider secondary glazing that doesn't affect the external appearance of the building.

"If you're renovating a Georgian sash window, it's worth noting that the original pane would have been made of crown spun glass," explains David Conlon, founder of En Masse Bespoke Interiors. "This glazing contained ripples and imperfections, where it was spun and cut to the size of the window. This caused shadowing and reflections that can't be produced with newly manufactured glass. Therefore, it's important to stick with traditional glazing, where possible, to produce an authentic look."

Inevitably, there are occasions when replacement is the only solution. "Very often, inappropriate products have already been introduced to the property or, perhaps the originals aren't repairable due to rotting," says Tom Barfield. In such cases, responsible substitutions are advisable. This also affords renovators the chance to consider upgrading to double glazing rather than keeping the initial windows.

"If done properly, there will be almost zero variation in appearance from the single glazed original," says Tom. Though double glazing should provide superior thermal performance, units that are poorly designed or fitted badly will have a negative impact on the overall performance of the setup. "It's important for people to source windows from experienced manufacturers that use top quality materials, can offer consistency in the performance and quality of the products, plus provide lengthy warranties. This should give you peace of mind," says Tom.

Wood panelling

This handsome feature adorns the walls of many period properties, particularly Georgian and Victorian, adding a degree of character and regality. It's best not to disturb this kind of timber surface unless it's broken or otherwise unsound. If a clean is all that's required to spruce it up, a wipe over with methylated spirits will remove surface dirt without affecting the original colour.

If, however, sections do require replacing, it's essential that you approach a specialist. Modern wood could move



Above: These Victorian floor tiles from Original Style show a bespoke pattern in black, Dover white and Holkham Dune units. Right: Oliver **Leech Architects** put together the design for the renovation and extension of this Victorian house in West London, The intricate plaster work around the front entrance and windows is typical of properties built in this era

differently to the original panels, resulting in unsightly gaps. By employing experts, it's possible to match mouldings and panel profiles, plus produce identical finishes by mixing bespoke stains. Etons of Bath, for instance, are specialists in Georgian interiors.

Doors

For many people, the front entrance is the focal point of a house, setting the scene for what lies beyond. Therefore, this is one feature you'll certainly want to get right if you're renovating a heritage home. Chances are, the original doors are still intact, but will have suffered through years of repainting. Stripping these back in order to repaint or stain is one straightforward solution.

If any of the paint layers are pre-1960s, it's advisable to employ a professional. Paint from this era invariably contains lead, so without specialist knowledge its removal can present a health risk. The British Coatings Federation, representing manufacturers of paints, printing inks and wall coverings, provides detailed advice on the matter. Their website explains the precautions that should be carried out if you intend to remove such coatings.

When stripping doors, dipping each unit into a large vat of alkaline solution provides a cost-effective solution but bear in mind that chemicals used in the process can damage some doors. Furthermore, any ironwork will need to be removed before the procedure can begin. It's also a good idea to take out any original glass embedded in the door which could be damaged and difficult to replace. If you're worried about the potential risks associated with dipping, then consider professional hand-stripping. Due to its specialist nature, however, this will be more expensive.

Once doors are stripped back, they should be sanded lightly. At that stage, they will be ready to paint. Take the time to research what colours were used during the era that your house was built in. With many paint suppliers now producing period-specific colours, restoring your door to its original aesthetic should be fairly straightforward.

Plasterwork

Intricate cornicing and coving, including mouldings, are a feature present in many period homes. Decorative examples can play an important role in establishing the traditional character of the room. If plasterwork is sound



but a little dirty, surface stains can be removed with a bleach solution. Alternatively, you could choose to strip away old paint. Where signs of damage exist, it may be necessary to consult a specialist in the field who can offer a restoration and bespoke design service to perfectly match the existing mouldings.

Fireplaces

In many period properties, it's not unusual to find this feature in every room, simply because it was the primary means of warming the home. The development of central heating led to many of these fireplaces being boarded up or removed. Uncovering a hidden gem behind a piece of plasterboard can be very satisfying and restoring it can add significant value to your home.

Before undertaking any revival, it's worth checking with your local authority about any regulations that might exist, especially when a new appliance is to be added. Once uncovered, the fireplace could reveal a multitude of issues, like damaged tile surrounds, cracked hearths or excess paint. Most of these can be dealt with by a competent DIYer. However, the chimney will need to be swept and inspected by a professional to ensure it's in working order. Any new appliance must be installed by a specialist.

Cast iron fireplaces can be cleaned using a little Liberon paste applied with a soft cloth. To help in the makeover, consider applying a heat-resistant matt black paint. If old layers of paint need removing, use a chemical stripper, as cast iron is brittle and liable to crack under high temperature differentials. However, it's vital you remember the advice from The British Coatings Federation, as you must consider the possibility of older paints containing lead. For any missing components or in situations where the fireplace is proving difficult to restore, a visit to your local reclamation yard may prove fruitful.

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Structural systems: the options

Choosing your construction method is one of the most important decisions when self building, so getting it right is crucial. Emily Smith takes a look at the main structural systems available, their benefits and some real-life examples



Timber frame

Versatility in terms of design, costs and package options makes timber frame a popular method for self builders.

Key benefits

- There are lots of suppliers out there offering a range of package options specifically tailored for self builders.
- You can be involved in as much or as little of the project as you want - from simply specifying the

manufacturer to supply and erect the frame right through to buying a turnkey package where the company looks after everything for you, handing you the keys to your new bespoke home at the end.

- Buying a package upfront means you'll confirm costs before work starts, offering you more certainty for overall project budgeting.
- The amount of work completed on site is flexible. An open timber frame will have the insulation, services, windows etc installed on site. Alternatively, closed designs have more elements fitted in the factory.
- Off-site manufacture allows groundworks and foundations to progress on site while the structural frame is being cut.
- Once delivered to site, the shell can be put together very quickly.
- Good energy efficiency and airtightness are easily achievable.

Main considerations

- Most turnkey packages don't include work on site before the timber frame arrives, such as groundworks and foundations.
- Changing things once the shell is in place can be complicated and costly - especially if you've got a closed panel system.

CASE STUDY

Location Cornwall Structural system Timber frame System supplier Potton House size 370m2 Build cost £630,000





Bob and Mandy Williams decided to self build after they couldn't find a suitable property on the market in the area they wanted to live. After some research, they chose to adapt one of Potton's timber frame designs into their ideal home. The couple worked with one of the company's in-house designers to make extensive modifications to the design they liked, which was then put through planning by the Potton team.

Work on site got underway in March 2018; the couple were particularly impressed at just how quickly the timber frame went up on their plot. Bob and Mandy moved into their new home in December the same year.

The finished property features a white rendered exterior and lightfilled interiors thanks to large windows and glazed doors. The pale grey composite fenestration and aluminium rainwater goods create a modern look. An air source heat pump works alongside underfloor heating to create a comfortable home, which the pair are delighted with.

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Masonry

Some self builders favour the familiarity of building with brick and block, and this traditional method remains fit for purpose.

Key benefits

- Lots of builders have experience with working with masonry.
- Brick is a traditional option, but

it doesn't have to look as such — many modern homes have been built with this method; it doesn't even need a brick external finish.

• There are variations for building this way. The conventional route is blockwork with a cavity wall construction – typically with brick as the outer leaf. You could use two layers of blockwork and finish the exterior with a cladding of your choice (typically render) or switch to a modern system like super-fast thin joint masonry.

- Because the structure is being formed on site, literally brick by brick, there's more opportunity for you to change your mind as you go in comparison to off-site manufactured systems.
- You can buy design and build packages from suppliers, some of which offer project management and turnkey options.
- Bricks and blocks have high thermal mass properties, which means they absorb heat during the day and release it into your home at night.
- You can source locally manufactured or reclaimed bricks and the units can be recycled at the end of their lifespan.

Main considerations

- Build time on site is generally slower than timber frame because you're creating everything there, but if you take the lead time of premanufactured systems into account it tends to even things out.
- You're unlikely to have the same up-front cost certainty as with a structural system that's produced off-site.

CASE STUDY

Location Essex **Structural system** Brick & block **House size** $372m^2$ **Build cost** £670,000





For their demolish and rebuild project Sophie and Stephen Keane had strict guidelines for the design imposed by their local council, but that wasn't a problem for these forward-thinking self builders. They worked with an architect to come up with a suitable brick and block design and hired a builder they had previously worked with to project manage.

One month into the build they came up against a problem with the bricklaying. "We made the mistake of selecting expensive bricks and the cheapest labour quote," says Stephen. "We wanted straight arches above some of the windows using thinner vertical pointed products, but instead, our bricklayer turned the normal units on their vertical side. We stuck to our guns and found another firm to do the task, but obviously it caused unnecessary stress and delays." Thankfully the rest of the scheme came together smoothly and the couple are delighted with their new masonry dwelling, which boasts a traditional aesthetic and a homely feel.



Oak frame

Britons have favoured the golden hues and characteristic shakes of oak frame inside their homes for centuries. Nowadays this system's character remains,

but its production matches 21st century building standards thanks to the latest computer engineering and technology.

Key benefits

- Many oak frame suppliers have in-house designers that you can work with to create plans for your bespoke dream home.
- The frame is created off-site in a workshop by experienced craftspeople who understand how this method works.
- Oak is a natural material, so it's a sustainable option if you know it's been sourced from environmentally managed forests.
- You can choose to have exposed oak both externally and internally without affecting the building's thermal performance.
- Oak homes can look traditional or contemporary.
- Frames are encapsulated in a highly efficient thermal envelope to create an extremely well insulated and airtight structure.
- Results look striking when paired with lots of glass.
- Not necessarily an expensive option there are ways to bring costs down if considered early in the design stage.

Main considerations

- Make sure your designer has experience in working with oak frame.
- The frame will need to be cleaned once erected.
- Oak will settle and shrink into place as part of the drying process, which is what gives it those characteristic shakes but this needs to be carefully considered at the design stage, especially for any glass.

CASE STUDY

Location Worcestershire Structural system Oak frame System supplier Oakwrights House size 305m² Build cost £1,200,000





After 17 years of living in their 1980s property, Rachel and Darren Luke were fed up with its cold rooms and subsidence issues. The solution was to knock down and build their dream home in its place.

The couple were inspired by a nearby house. "We spoke to the owners to get advice; their oak frame was from Oakwrights," says Rachel. They chose to work with the same company, whose team put together the design. A key part of Rachel and Darren's brief was to avoid the flooding issues they'd experienced, which resulted in a house raised 1m above ground with 81 five-metre piles below.

Once delivered to site, the oak frame took just seven days to build. Darren took on the role of project manager and did a lot of the work himself. They also employed Specialist Foundations & Construction and builders Furber Young Developments.

The finished building is clad in oak, with sections of render and stone. The oak frame has been wrapped in Oakwrights' Wrightwall Natural encapsulation system to ensure a thermally efficient and airtight building. Inside, the frame is exposed, creating warm honey colour focal features within the contemporary decor.



SIPs

Structural insulated panels do pretty much what their name implies - they are pre-insulated wall, floor and roof panels made in a factory that create a strong and energy efficient structural envelope.

Key benefits

- Structural insulated panels are known for providing excellent thermal performance once built.
- Off-site manufacture can help with budgeting and scheduling.
- Computer-aided factory-precision to meet bespoke requirements.
- You can get panels with windows and doors already fitted.
- Groundworks and foundations can take place on site while the panels are being manufactured elsewhere.
- Once delivered, the panels can be slotted together quickly.
- Panels are lightweight, which offers design flexibility.
- SIPs are an excellent option for creating open vaulted ceilings without the need for any structural beams.
- Can be paired with other construction methods easily.
- Walls can be finished in pretty much any type of cladding to create both traditional and contemporary looking properties.

Main considerations

- Once the SIPs are craned into place, on site changes are tricky.
- Foundations need to be accurately measured and constructed for the panels to slot into place perfectly.

CASE STUDY

Location Northumberland Structural system SIPs System supplier SIPS@Clays House size 500m²





Richard and Ros Maudslay worked with the team at SIPS@Clays to create their new dream home. The complex design spreads across two levels, with only one 90° square corner in the whole property. Other interesting architectural features include large spans of glazed walls and a 4.5m overhang created from structural insulated panels.

Off-site precision engineering was the right solution for this ambitious build, but the tight access via rural lanes was a challenge for getting the system delivered to the plot. However, once there, the SIPS@Clays team quickly assembled the structure, with the home watertight in just over a month. "Seeing the SIPs structure rise from the ground was one of the high points of our project," says Richard.



ICF

Insulated concrete formwork wall systems are created using hollow blocks (usually made of expanded polystyrene), which are interlocked and stacked. reinforced with steel and filled with concrete.

Key benefits

- ICF is gaining popularity among self builders thanks to its quick construction time and impressive energy performance once built.
- This method is sometimes referred

to as Lego for adults because stacking the ICF blocks is a fairly straightforward task, so homeowners can get involved - you can even go to training courses to learn how to do it yourself.

- ICF offers design flexibility curved walls and irregular angles are achievable, plus the property can be finished in a myriad of materials.
- Very little waste is produced on site offcuts can be re-used and you can order the exact amount of ready-mixed concrete needed.
- This heavyweight structure boasts great acoustic performance.
- ICF is an excellent structural choice for basement construction.

Main considerations

- Concrete must be of the right consistency and directed accurately.
- Once the pour is done, changes are difficult and costly.
- The blocks should be braced properly to avoid walls distorting.

CASE STUDY

Location Carlisle Structural system ICF System supplier ICF Scotland/Nudura House size 510m² Build cost £464,000





When the owners of this contemporary new home struggled to find a property they liked on the market, they decided self building was the best solution to a bigger home that catered for their young family. After investigating which construction methods would offer a speedy build time and an energy efficient result, the couple decided that insulated concrete formwork (ICF) ticked all the boxes on their brief. They sourced their structural system from ICF Scotland, which supplies Nudura blocks.

Work started on site in January 2016 and the whole family got handson with laying the ICF blocks – one of the benefits of this system. Although they were set back by extreme weather and flooding, plus frustrating delays because of problems concerning getting utilities connected, they were determined to be in the house for Christmas. Less than a year after they started, they moved into their new home on 23rd December. The result is an energy efficient home that boasts and MVHR system, underfloor heating and triple glazing.



Alternative methods

There are other options to the main contenders for your new home, namely systems that use largely natural materials.

Straw bale

- Popular amongst super ecoconscious self builders who are keen on using natural materials.
- The straw bales can be stacked like bricks to create loadbearing walls or used to infill a structural frame (whether timber, steel or concrete).
- Straw is an agricultural waste product, which means that building with this method comes with a very low carbon footprint.
- This is an opportunity to get hands on with building your home.
- The depth and natural look of the walls adds charm and character.
- No more at risk of fire and pests than other structural options.

Log building

- Great way to get that cosy chalet style popular in ski resorts.
- These designs look particularly fitting in woodland areas.
- Quick construction as the structure is made in a workshop.
- Durable and thermally efficient system.
- There are options in terms of the type of wood used.

Cob

- Lots of people love the historical heritage of this method building with mud is thought to date back to 8,000BC.
- Walls are made from mud from clay, water, aggregate and straw, which leaves little carbon footprint and creates an organic aesthetic.
- Cob is a great option for doing a DIY self build.
- Once built, the finished cob structure will require maintenance from homeowners, including an annual lime wash.
- New research is underway about advancements in this technique go to page 130 to read about the CobBauge initiative.

CASE STUDY

Location Gloucestershire Structural system Straw bale System supplier Straw Works House size 25m² Build cost 70,000

Alison and Stuart Sedgwick-Taylor used straw bale to build a small house in their garden, either to house their adult children returning home or Alison's mother, who was looking to downsize. They wanted the space to feel organic and, having been inspired by an earth sheltered house they saw on the edge of a beach in rural Wales, they looked into this method. "We found out that one of the people behind that project specialises in straw bale construction and is now running a company called Straw Works," says Stuart. "We got in touch with builder Barbara Jones and were delighted when she said she wanted to work with us."

The couple made an agreement with Straw Works that their project

could be used for training purposes, which meant hosting four building courses to create their new property. "It made it difficult to keep control of quality of the build or to know who was accountable





for the work completed," says Stuart. But it all came together, and Alison particularly enjoyed placing the straw bales: "It was like playing with great big giant toy bricks made out of straw," she says.

CONTACTS

TIMBER FRAME

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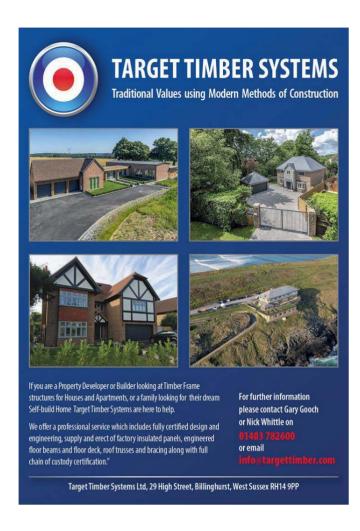
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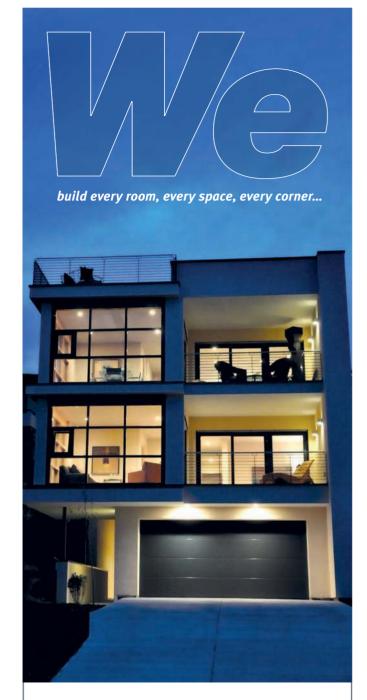
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othing can beat the cosy ambience and welcoming heat of a flickering flame in a woodburning stove. It's for this romantic reason that stoves remain a desirable fixture in British homes, decades after the introduction of central heating.

Alongside the traditional appeal, sustainably forested wood offers a renewable heat source for those that wish to avoid using fossil fuels and reduce their carbon footprint in our increasingly eco-conscious world.

This being said, woodburning stoves are not without fault. The latest figures show that the use of wood and coal on open fires and old stoves causes 38% of harmful

particulate matter (PM) and significant amounts of the sulphur dioxide currently found in the UK air.

In January 2019, the government released The Clean Air Strategy with the hope of reducing the harmful effects of toxic air pollution by 50%. The strategy aims to tackle all types of pollutants, ranging from the typical large-scale manufacturers and transport industries, down to personal woodburner usage within the home.

Part of the strategy has seen the government pledge that by 2022, only the cleanest stoves will be available for homeowners to buy, but this doesn't mean that you will have to remove or adjust your old appliance. "The most

Above: The Stovax Vision Midi T woodburning stove offers a tall and expansive flame picture. Below: The Purevision PVR Stove by Charlton & Jenrick is Ecodesign Ready. This model is available from Ludlow Stoves

BURNING THE RIGHT FUEL

There is no point in buying an efficient stove if you then use it with the incorrect fuel. For example, you can't burn newspapers in an appliance specifically designed for timber. If you want to have fuel flexibility, consider a multi-fuel appliance.

You should also ensure you use logs with less than 20% moisture content. This is because water-logged timber releases significantly more smoke than dried wood, causing a higher concentration of harmful gases and pollutants to enter the air and your home.

DEFRA suggest using fuel that has been branded with the Woodsure's Ready to Burn logo; this sticker comes with the guarantee that the bag of timber has less than 20% water content. "You can also use a moisture meter if you want to check the dampness of your firewood prior to burning," says Nic Snell, managing director of Certainly Wood.

One of the benefits of an Ecodesign Ready appliance, is that you won't need to use a lot of fuel in modern homes. "Many new houses now have a big, ultra-efficient inset stove. In this case, just use two or three logs in the fire and make sure the wood burns properly before reloading," explains Vicky Naylor, general manager of ACR Heat.



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Above: The Christon 750 Mendip Stove, brought to you by Eurostove. has an output of 8.7kW and is **Ecodesign Ready** important thing to understand is that stoves were not made illegal in January 2019," says Vicky Naylor, general manager from ACR Heat. "All that has happened is the government has introduced legislation to simply encourage the sale of safer woodburning stoves."

So, what kind of stoves are deemed 'safe' under the government's new official guidelines?

Ecodesign Ready Stoves

According to The Department for Environment Food and Rural Affairs (DEFRA), the safest appliances with the lowest PM emissions are recognised as Ecodesign Ready Stoves, which also support the government's Clean Air Strategy. "These advanced stoves burn so cleanly that they meet, and in many cases even exceed, 2022 air quality and efficiency targets," says Michael Coke, senior development engineer at Stovax.

"An Ecodesign Ready Stove produces 90% less emissions than an open fire and 80% less than a stove

SMOKE CONTROL ZONES

If you are in a smoke control zone (most people living in cities and towns will be), then you are required by law to have a DEFRA-exempt stove. These models have been designed to limit the amount of smoke produced at the point of combustion. The installation of DEFRA-exempt stoves in smoke control zones has been a legal requirement for decades now; this has not changed since the introduction of The Clean Air Strategy in 2019, nor should it any time soon. You can find out if you live in a smoke control zone by contacting your council.

"Your local retailer will be able to tell you if your appliance is approved for smoke control zones," explains Michael Coke, senior development engineer at Stovax. "Alternatively, multi-fuel stoves give the option to burn authorised smokeless fuels in these areas."

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Reduction in PM Emissions with an Ecodesian Ready stove 10 Year Old Ecodesian Stove Ready Stove

Above: This illustration, provided by the Stove Industry Alliance (SIA), outlines the difference in harmful PM emissions between Ecodesign Ready Stoves and other, less efficient alternatives

manufactured 10 years ago," explains Erica Malkin, secretary general of The Stove Industry Alliance (SIA).

This new range of eco-friendly stoves is far more precision engineered than its predecessors. Through clever use of flue systems, an Ecodesign Ready Stove channels airflow to encourage a thorough and fastburning combustion. This ensures that the timber burns thoroughly and efficiently, meaning that the flames release significantly less polluting PM emissions into the surrounding atmosphere.

The SIA have been working alongside DEFRA to ensure that by 2022, Ecodesign Ready Stoves will be the only woodburners available to purchase in the UK. The Clean Air Strategy was introduced just one year ago, but there have already been seismic shifts within the woodburning stove industry. "By the time we reach 2020, SIA members will be developing exclusively Ecodesign Ready appliances," says Vicky.

Buying advice

In the wake of The Clean Air Strategy, you can still buy stoves that don't match Ecodesign Ready standards. However, if you're purchasing a new woodburner, it makes sense to buy one with the accreditation. These appliances are not only sustainable, but could also save you money on fuel. "It is a responsible, future-proof purchase," says Vicky.

"You should also take professional advice on the heat output that will be required for the size of the room that the stove is to be installed in," suggests Erica.

Your local independent stove and fireplace retailer will be able to advise you on choosing the right size model but, as a rule of thumb, you need a stove with approximately 1kW of heat output for every 14m³ of space.

Essential maintenance

Once you've chosen a suitable stove, you need to look after it properly. Ensure your chimney is swept annually and regularly check the glass and other components for signs of wear. Always consult the manufacturer's advice.



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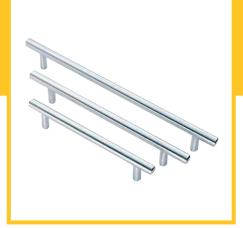
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Ventilation for new builds

Eco expert Nigel Griffiths discusses how to get the air flow right in your house – an essential element for creating a healthy home

s our homes have become progressively more airtight, principally in order to reduce heat losses, ventilation has become increasingly important. The advent of modern sealants, improved window technology, better quality control of site work and, finally the introduction of airtightness membranes, means there is little to no air leakage in modern structures. This is why we need to make provisions for letting fresh, clean air into our homes.

Purpose provided ventilation

There are three main ways to let fresh air in. In practice, a combination of the below are used in most dwellings:

- Extract systems, such as extractor fans in kitchens or bathrooms, are designed to remove water vapour and pollutants and to prevent or minimise their spread to other parts of the building.
- Whole dwelling ventilation provides fresh air and is used to remove residual vapour and pollutants that are not dealt with by extract systems. This includes openings in walls or trickle vents, but also integrated whole house setups.
- Purge ventilation basically means opening a window so high concentrations of pollutants can be removed quickly. Normally used after burning the toast!
 Whole house arrangements can either be actively powered by fans or passively driven. Perhaps surprisingly the former

by fans or passively driven. Perhaps surprisingly, the former use little power. Passive systems, on the other hand, rely on the stack effect, which arises from differences between indoor and outdoor air pressures and temperatures. This example of natural ventilation is normally known as Passive Stack Ventilation (PSV). It is worth noting that



Ventilation systems

There are four main types, which are:

- Background ventilators and intermittent extractor fans
- Passive stack ventilation
- Continuous mechanical extract ventilation
- Mechanical ventilation and heat recovery (MVHR) How the ventilation system is controlled is an important factor. This may simply be the ability to open or close a vent, or could be more complex, as with whole house MVHR setups. Even permanent background vents, which should always be open, can be compromised either by obstructions or by changes to the building fabric. Kitchen and bathroom fans use a combination of manual switching and automatic control, such as timers and humidity sensors. Essentially, they operate as needed.

Active whole house ventilation systems often have a much more sophisticated means of operation. They can be run continuously, or switched on intermittently when sensors indicate a high level of a pollutant. Normally, the sensors work on either humidity or CO2 levels. These are not the only important pollutants in dwellings, but they are a good indicator of broader air quality and thus the need to ventilate. Ideally, this type of ventilation system should monitor and control air quality in every habitable part of a property, so this requires ducting to each room.

By using a centralised system, air flow can be concentrated to take the warmth from what is being expelled and use it to raise the temperature of incoming fresh air. This is known as a mechanical ventilation and

Above: The Larch Corner Passivhaus was designed by Mark Siddall at Leap Architecture (www.leap4.it). When completed, the Cotswolds home was the UK's most airtight self build. Green Building Store (www.green buildingstore.co.uk) supplied numerous materials and products for the development, including the MVHR system - a Paul Novus 300 MVHR unit, with a 200mm Maico grille on the exterior wall

BUILDING REGULATIONS ON VENTILATION

Approved Document F or "Part F" of the Building Regulations sets the standard for the minimum amount of fresh air that needs to be provided in new dwellings.

As the regulations need to cover buildings that are constructed to very exacting airtightness standards, two models are used:

- In the default option the guidance assumes zero air permeability (Passive dwellings can approach this), so the building relies entirely on purpose-provided ventilation.
- The alternative option assumes that the building will have a permeability of (ie be leakier than) 5m³/m²/hr at a rate of 50 Pa (Pascals), so assumes an air change rate of 0.15.

The Building Regulations set out the extract rate in litres per second required for kitchens, bathrooms, utility rooms and

sanitary accommodation, in addition to whole dwelling ventilation rates per m² of internal floor area.

There are two main problems with the Part F approach. Firstly, a ventilation design is not normally submitted to Building Control, and the provision of background ventilators is normally left to window designers. Secondly, in practice, the provision of fresh air is rarely tested and natural ventilation almost never. Most mechanical systems can deliver on the 0.31/s/m² but they have to run at full power to do this, so noise becomes an issue.

It is worth noting that Part F is currently under review and a new 2020 edition is currently out for consultation. The proposed document dispenses with much of the prescriptive advice in the current regs and moves instead to a performance specification. For more advice, visit www.planningportal.co.uk.

The ducting in this self build scheme by

Model Projects (www.modelprojects.co.uk),

heat recovery system (MVHR). Going one step further, if a heat pump is integrated into the system, the MVHR can become the main source of space heating - and the dwelling is operated more like a larger non-domestic building, where such systems are the norm. Thankfully, there is a half-way house that is pleasantly low tech! This is to provide a heat bank based on coils of pipework laid underground leading to a heat exchanger in the incoming air duct. This provides a stable 10-12°C which can be used to warm incoming air in winter or to cool air in the summer.

Lastly, we should mention positive input ventilation (PIV). Essentially, this is the opposite of extract ventilation. By forcing air into a building, an adequate fresh air supply is provided, and pollutants can then escape through

current regulations for PSV, continuous extract systems and MVHR setups. Also bear in mind that basements will require special treatment, and even Building Regs recommend that you consult an expert. Whole house ventilation arrangements are classed as mechanical systems and therefore have to be formally commissioned, too, which provides another layer of protection.

It is important for MVHR your house can sometimes located in Wimbledon, London, forms part of a whole house ventilation system

systems to be designed and fitted by a specialist provider to ensure your setup runs as effectively as possible. The use of flexible ducting is to be discouraged - rigid ducting is less prone to installation issues such as kinks or compression of pipework. Poor co-ordination with the structural design of

lead to non alignment of the ductwork. Therfore, it pays to involve a specialist ventilation designer at an early stage in the structural design of your new property.

In reality, one of the major reasons that MVHR systems fail is a lack of maintenance. It is recommended that filters are checked regularly and changed at least every six months, as they can become clogged with dust, dirt and grease - especially in busy kitchens.



was designed to be as airtight as possible. It has a separate plant room to house all the eco tech installled in the home

designed openings or through leaks (gaps) in the external building envelope. This is not a recommended strategy for new buildings but, in some circumstances, it can be used safely and to great effect in existing buildings.

Design & fitting

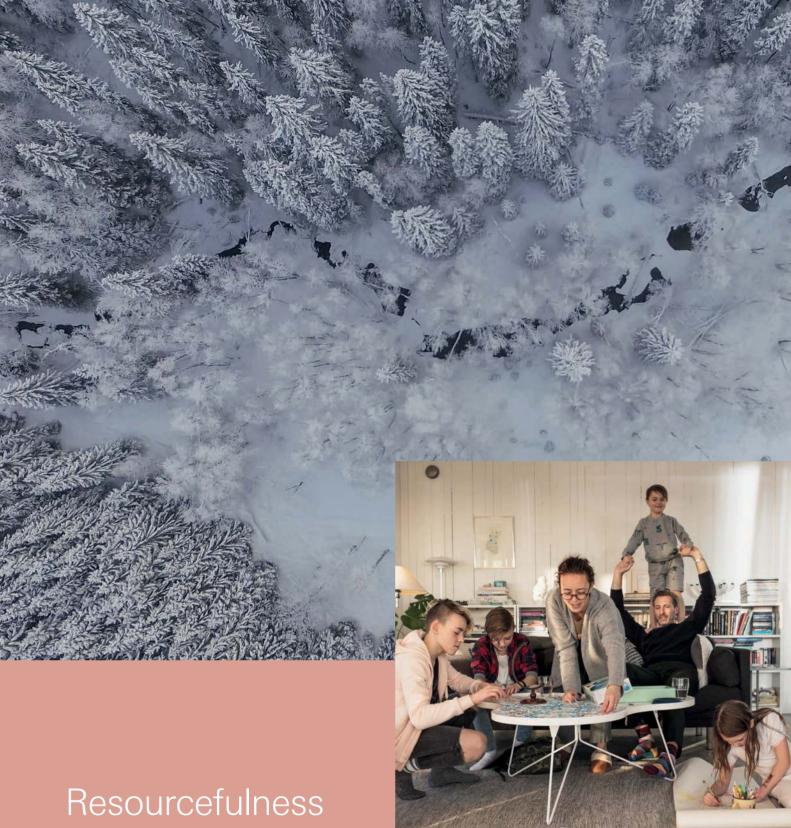
Many self builders design to high levels of airtightness, and will therefore want to adopt a whole house system. This is subject to Building Regulations and a professional design will be required. The work will need to be carried out by a qualified supplier, but it is much better to use an independent expert who will provide unbiased advice.

It is necessary to balance the different kinds of vents in the building, and to be aware of the stipulations in the

NIGEL GRIFFITHS



Nigel Griffiths is director of the Sustainable Traditional Buildings Alliance (www.stbauk. org) and a consultant working mainly on energy policy and evaluation. He specialises in sustainable construction and building performance and is the author of the Haynes **Eco House Manual.**



is in our nature





flat roof coverings

Anamika Talwaria outlines the options available for your flat roof's finish, and the key considerations to make

electing a material for your flat roof can be a daunting prospect, especially as these once held the stigma of being leaky and less capable of directing water away from a building. However, modern construction and coverings mean that a level roof can protect your home just as effectively as a pitched one. Technically, flat roofs are never completely flat – they need a slope to allow water to be channeled away and avoid water pooling, which is how leaks start. Any covering lower than 10° comes under the flat category.

Other than low-flying planes and occupants looking out over a flat roof lower storey, few people are likely to see this level. So, rather than the look, perhaps budget constraints and durability will dictate the material you choose. However, if aesthetics are important to you, it may be worth spending extra on a more attractive covering. So with this in mind, what are the available options for a flat roof finish and which is right for your home?

Torch-on materials

These are coverings such as felt and bitumen, which are placed on the roof surface and blowtorched to melt and weld panels together. This process attaches them to the roof surface and creates a watertight seal. It's a popular installation method, but is a job best left to the experts.

Modified bitumen is one of the most common materials installed this way. The asphalt-based covering is strong

and durable, with a lifespan of around 20 years. It's at the higher end, price wise, compared to other torch-on options.

Despite being less sturdy, felt is still widely used on domestic roofs. "This continued use is due to its low price and long-standing tradition in the industry," says Reggie Norman at Roofinglines. "But it's harder to maintain – you have to torch a new layer of felt on top of the existing one."

Synthetic roofing

An alternative to torch-on roofing is a single ply membrane, which is strong and flexible, made predominantly from synthetic polymers. Popular options include PVC (polyvinyl

Above: This modern home with a flat roof was created by BWP Architects. Below: The Metal Roof Company provided this lightweight steel covering with a finish to imitate zinc



chloride), TPO (thermoplastic polyolefin) and EPDM (ethylene propylene diene terpolymer).

"EPDM is essentially a sheet of man-made rubber glued to a clean roof decking," says Reggie. It comes in two thicknesses, 1.14mm and 1.52mm. When in place,

78 renovation & building

Right: This house extension in Marlborough by Designscape Architects benefits from a green roof, giving the homeowners a picturesque view from the window above



the surface is smooth and durable, but some people aren't keen on its rubber-like appearance.

PVC roofing typically comes in sheet form, too. It's a strong and lightweight material, with a useful lifespan of around 20 years. This covering comes in a wider range of profiles, so it can be easier to manipulate and apply than EPDM. PVC tends to be a low-cost solution for sheet roofing, despite the benefits it offers.

TPO membranes are a great modern option for flat roofs, especially as an alternative to lead. TPO is chemically welded using solvents and once stuck, it stays stuck. Make sure it's installed by a professional and backed up with an insurance-backed guarantee.

A high-end alternative

If you're after a roof terrace, a glass reinforced plastic (GRP) roof could be the perfect solution. "They are extremely popular for their aesthetically pleasing grey or white finish and ability to take regular foot traffic," says Reggie. Being able to bear the weight of people makes this an ideal option for an outdoor living space. This high level of functionality and attractiveness puts GRP at the upper end of the pricing scale. "It might be expensive, but its durability could be a big money saver in the long run," says Reggie. As with any option, GRP does have some limitations. "This kind of covering can only be affixed to oriented strand board (OSB), whereas felt can be easily laid onto plywood," says Reggie. You should factor these materials in early on in the design and construction process, so that you don't accidentally go over budget.

Going green

Referred to as green or sedum roofs, installing a plant ecosystem on a flat roof is a popular choice for modern builds. "One of the main benefits of this kind of covering is its



ability to remove air pollutants from the surrounding atmosphere," says Jake Locke at Sky Garden. "It also requires minimal maintenance post-installation, as long as it has access to sunlight and water reserves."

With most roof coverings you try to keep water off, but with this solution the opposite is true. This makes accurate, professional installation and insurance-backed guarantees an absolute must for sedum roofs because if you get a leak it could be tricky to trace and a nightmare to fix.

The design process is quite in-depth as you need to consider the extra weight that your roof will have to bear. "There must be a minimum of 50mm deep substrate for the sedum to grow successfully and some kind of storage element for water for the drier seasons," says Jake.

Standing seam

These roof systems are made up of metal sheets joined by a crimping technique, which forms a seam. Underneath sits a layer of insulation and timber, creating a watertight, long-lasting roof which retains heat and avoids echoes.

Zinc is a popular option for a standing seam roof, but comes with a higher price tag than other metals. "A metal sheet roof should have a lifespan of over 50 years," says Sean McHugh, director at The Metal Roof Company. "There are many zinc roofs that were installed over 100 years ago and are still in good working condition today."

Steel roof systems offer similar benefits, but at around half the cost. "When compared to a large zinc roof, there is usually a considerable saving," says Sean. Steel can also offer a number of finishes, like different colours and glossy or matt looks, which makes it appealing to self builders who want to customise every aspect of their home.

Code 4 Lead is another good option for flat roofs, especially for small areas. It's advisable to use in spots that are out of reach as they have a tendency to be stolen.

WHY CHOOSE A FLAT ROOF?

Any roof with less than a 10° pitch is considered flat. This design can offer a raft of benefits to your build. "Flat roofs are usually quicker and cheaper to construct than pitched designs, will lower the height of a building, and can be used to host sedum coverings," says Leigh Brooks, director at BWP Architects. The covering you choose to finish the roof will have a dramatic impact on the entire house, so it's important to design it well. Leigh says: "the decision between a flat or pitched roof is often a matter of aesthetics rather than function." For instance, if you're building a traditional-style

home, something level might not work. "When designing a roof, we consider various factors, like the client's architectural desires, the style of nearby properties and the local environment," says Leigh.

Your roof's intended use will heavily influence the covering you specify, too. If your garden is small, for example, you might decide to incorporate a roof terrace or balcony. You also need to account for the weight of foot traffic, which means your covering should be load-bearing. What's more, if you want a green roof, it will need to cater for not only the weight of a plant roof, but also irrigation.

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Build cost basics: roof tiles

Adrian Wild from the Build It Estimating Service takes a closer look at what you can expect to pay for your home's roof tiles

iles are a popular covering for pitched roofs, but there are lots of options to choose from. Plus, each style works best on specific roof pitches, so it's important to do your research before ordering. But before I get into details about the materials themselves, let's look at how the different gradients could affect your choice.

Roof pitches

The most suitable topping for your self build or extension will be influenced by your budget, how the space will be used and, possibly, the thoughts of the local planning department. Other considerations include geographical location, building orientation and wind exposure on your site.

The roof pitch on a ground floor single-level extension is generally going to be lower than those on higher storeys mostly because of its visual appearance (a high pitch on a low building can be a very dominant feature) and the practical element of needing to fit the roof below/between existing upper floor windows. But a pitch of 15° or less is unlikely to be tiled due to wind uplift and penetration by wind driven rain, particularly in areas of severe exposure.

As a rule, lower pitches require greater overlap between tiles, which means more units and therefore higher costs per m². Tile spacing on steeper designs is generally wider; although the price per m² will reduce, it will not make the roof cheaper overall because the steeper angle has a bigger surface to cover. However, the larger area beneath this can provide an opportunity to create additional living space.

Tile options

There are different styles and materials available to cover a pitched roof, but here are some popular solutions:

Pantiles: Featuring an S-shape profile, lapped tiles are available in various designs to create a roof with rolls and troughs. They are available in single and double tiles, noninterlocking and interlocking, clay and concrete. Some are suitable for pitches down to around 15°. These units are generally lighter and the most cost-effective in comparison to the other options I'm discussing here. You can also get pantiles that simulate the look of plain tiles.

Plain tiles: Mostly made of clay, these flat designs require double lapping to prevent water penetrating the gaps between adjoining tiles, which can increase the load on the structure by as much as 50% more than interlocking units. The extra nailing requirements make a big difference to labour costs, which is why you'll see in the table below that they are the most expensive option I'm investigating. Plain tiles are not generally suitable for pitches below 35°. Slate: These units need at least double lapping for a watertight finish. They usually require a pitch of 30° or more; larger sizes are suitable for lower designs as they are heavier, but they are also more expensive.

Estimating costs

The prices shown below are presenting a 12m x 8m house and a 5m x 5m extension project, both with apex roofs. The costs include the labour and materials (tiles, timber, membranes, undercloak, nails, mortar, guttering, fascia, soffit, bargeboards, plus insulation and plastering to the ceiling). The main exclusions are design charges, planning costs and fees. We haven't included VAT, overheads and profit. Self build projects qualify for zero-rated VAT on labour and materials (the latter will be reclaimed after the project), but renovators will need to pay the usual 20%.

We're looking at a standard gable-to-gable roof design, so I've included the gable wall costs as these will change depending on pitch height. The prices shown below are based on brick and block construction.



New house

Plain tiles come in as the most expensive option on our 12m x 8m roof. The roof pitch creates a price difference of £8,641 in the most extreme example below.

Roof pitch	Pantiles	Plain tiles	Slates	Gable wall cost
35°	£17,349	£24,597	£20,852	£3,741
40°	£17,863	£25,565	£21,606	£4,471
45°	£18,467	£26,755	£22,531	£5,317
50°	£19,255	£28,302	£23,725	£6,324
55°	£20,357	£30,383	£25,256	£7,566
60°	£21,837	£33,238	£27,579	£9,163

^{*} Limited range of tiles suitable below 17.5° pitches ** Larger slate tiles needed to resist wind uplift



Extension

Pantiles are the only option here that are suitable for our lowest roof pitch of 15°. Going higher than 45° on an extension is likely to restrict views from upper storeys.

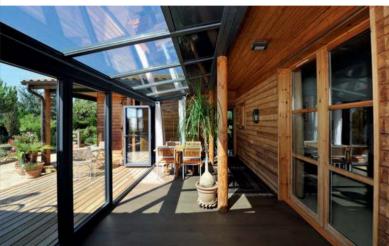
_	Roof pitch	Pantiles	Plain tiles	Slates	Gable wall cost
	15°	£6,158*	(Not suitable)	(Not suitable)	£315
	20 °	£6,240	(Not suitable)	£7,692**	£419
ĺ	25°	£6,315	(Not suitable)	£7,700**	£530
	30°	£6,466	(Not suitable)	£7,454	£651
	35°	£6,663	£8,950	£7,709	£784
ĺ	40°	£7,077	£9,509	£8,142	£935
ĺ	45°	£7,394	£9,998	£8,547	£1,109



Adrian Wild is managing director of HBXL Building Software, which powers the Build It Estimating Service. The service will enable you to calculate your project costs right down to the last roof tile. Find out more at www.self-build. co.uk/estimate







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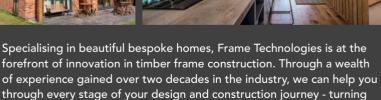
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Architect Opinder Liddar advises on how to design your home with disability issues in mind from the beginning

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Local residents can have a huge impact on your project. Mike Dade investigates how to keep them onside

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Avoid an overly noisy home with Tim Doherty's guide to sound proofing

PLUS: FINDING LAND (PAGE 111), YOUR QUESTIONS ANSWERED (PAGE 108), PLOT WATCH (PAGE 116) & SELF BUILD MORTGAGE TABLE (PAGE 107)



Inclusive design isn't costly. By embracing it from the outset, your home will benefit you and your guests for the rest of your lives, says architect Opinder Liddar

put my back out earlier this year. I wasn't able to walk upstairs and, although I could sleep on the ground floor of my house, the journey from there to our sanitary facilities was a long one. It was an interesting and difficult few weeks, and it made me wish that I lived in a house that had been designed with inclusivity in mind.

When buildings are created from the outset to be accessible, you will not notice the inclusive elements, because they are part of the design. However, many properties that have been adapted after their original construction have a cluttered feel, as the changes have to be tacked on as an afterthought.

Since the early 1990s, there has been a big legislative push for dwellings to make provision for disabled access. Now, for example, every new property must have an accessible front door and ground-floor WC. However, there are many other features that can also be easily incorporated into a house's design, which can add value without significantly increasing the budget, so long as they are considered in the early briefing and design stages.

Part M of the Building Regulations (Access To and Use of Buildings) is the most relevant to this subject. However,

treat these standards as the bare minimum. With more of an embracing attitude towards inclusivity, you can ensure that your home will benefit you and anyone else that comes to live there for the rest of your lives.

External features

Starting from where you park your car, the space should be 3.3m wide on a level area so doors can open fully to help you get out of the vehicle. Aim to place one of these spots close to the entrance. The area immediately outside the front door should have a cover such as a porch, with level flooring. So, if you're juggling with crutches, a buggy or a wheelchair while getting your keys out, you're able to stay balanced. Keyless entry could make things even easier.

Make sure that the front door opening is at least a clear 775mm width. There are some fantastic wide designs on the market that exceed this width and create better access. You cannot have any lip at the threshold of an entrance that is greater than 15mm but, by installing a channel drain, you could have a perfectly level approach at this junction. Consider introducing this to every external door, so everyone can enjoy easy access to all entry points of the house. Large bifolds or sliding openings are a popular solution to the rear of properties. It is possible to introduce drainage channels to enable a level means of approach across the width of your glazed feature doors.

Internal features

Design corridors and internal openings so that they are wider than usual and aim for a width of 1,000mm where possible (minimum 900mm). When a door is open in front

Above: Extra-wide front doors with flush thresholds may be popular, but they also dovetail perfectly with inclusive design ideals. This Porto oak door is by Urban Front (www. urbanfront.com) of you, the clear distance from the edge of the handle to the point at which the panel would close (into the door stop) should be 775mm. I've recently used 926mm-wide units in my own self build project. Just this subtle tweak is making all the difference in terms of ease of access, even for when you are simply carrying a tea tray or items of furniture. Try and keep obstructions, such as radiators, away from particularly tight areas like narrow hallways. In a confined corridor, doorways that are perpendicular to the direction of movement (that turn at right angles from the corridor) should be made wider for ease of access, although using 926mm doors will be fine.

We at Lapd design staircases so that the risers are lower than the Building Regulations height, which results in more steps with deeper treads. We also add handrails to both sides of the flight. These subtle alterations mean that you will be able to use the steps for much longer into old age than if a standard arrangement with one rail had been installed. These design features also reduce the risk of the user falling, as the treads are more generous and you have something to hold on to with both hands.

Bending down can be a challenge as we get older so, these days, electrical switches and sockets have to be sited within an accessible zone. This is a useful requirement and in newer houses you'll find power sockets higher and light switches slightly lower. If for whatever reason you find you spend more time seated or in bed, lower sill heights will be appreciated as you'll have clear views of the outdoors. You will require a WC at the entrance level of your home

bedroom with access to a shower and WC. The downstairs cloakroom is positioned next to this potential bedroom area, and the dividing wall is constructed in such a way that a door-shaped panel can be easily removed, so you have the potential to create an ensuite. The cloakroom will have been designed with plumbing already in place to install a shower, which doesn't cost too much to do. Ideally, this zone should be fitted out as a wetroom (ie, waterproofed, with a floor gully in place), so that it is all ready to fit the shower and a screen at a later date. This type of bathing area should have a level entry to get into the shower.

If your home's floorplan does not allow for a ground floor bedroom, think about future lift provision. This is an expensive item to supply. Therefore, if you allow for the future installation within your initial build, at least you won't have the additional construction costs later on, on top of the outlay for the lift itself. You can construct your first storey so that, as with the shower room idea, a panel can be simply removed to enable installation and access. Carefully consider where this can be positioned so you have a clear area on the ground floor and first floor for easy access to and for use of this feature. Access to sanitary facilities is important, too, so you may want the lift to open into a bedroom with an ensuite bathroom.

When building in timber frame or constructing internal stud walls, it's a good idea to allow for an additional layer of plywood sheet to line the walls. Not only is this useful for hanging shelves and toilet roll holders but will also allow you to fix grab rails to ease movement in the future. Below & below left: New British Design (www.newbritish design.com) planned this house for a homeowner paralysed from the neck down. The scheme includes a lift and a hoist slotted into the roof truss above the bed





and need to make sure that the room is wide enough to accommodate someone who uses a wheelchair.

Future proofing

Your property should be able to adapt as your various requirements change. Whenever we design new homes at Lapd, we create a space on the ground floor that, no matter its immediate intended use, can easily become a

Without this, you'd require specialist fixings or need to build in new structures at a later date.

In some special circumstances, we have designed ceiling joists that are strong enough to carry hoist systems that enable people to move from a bed to the sanitary facilities. Carefully consider your own needs and the likelihood of requiring such provisions at the outset, as they are relatively easy to install as part of the original

construction. However, they are far more costly if you are adapting an existing structure.

Latest technology

Great leaps have been made recently in home automation and these new high-tech products have the power to significantly adapt our use of our dwellings, even beyond the physical changes that can be designed and built in.

Voice recognition allows lights, sound and visual devices to switch on and off so that you can operate your property without moving. Heating and ventilation can be monitored from your mobile phone, enabling efficient and comfortable control of the temperature of individual areas of a house.



The requirement for clear accessible widths has been set in the Building Regulations for well over 20 years. However, I've been surprised in my own self build project at the current lack of choice and availability of regulation-compliant doors, in particular for the glazed doors that are currently on the market. Bear this in mind when carrying out your own project. It is possible to have glass units that are purpose-made, but you would probably be looking at a three-month lead-in period to have these manufactured, which may impact on the overall timescales of your build.



Above & above right: This house by **Hunter Architects** (www.hunter architects.co.uk) is Lifetime Homes accredited It includes a wetroom on the ground floor. **Building Regs state** that a WC needs to be sited on the ground floor, but a wetroom goes one better as it can potentially be used to service an adjacent bedroom

I've even incorporated electrically operated blinds on windows that have been timed to co-ordinate with the sunrise and sunset at different times of the year.

Conclusion

The Lifetime Homes standard (www.lifetimehomes.org. uk), a set of 16 criteria for inclusive residential design, covers much of what I've described here and is a good reference to point your designer towards. Its aim is to assist everyone, regardless of age, gender or disability, to make full use of buildings. Some local authorities have adopted the criteria as part of their planning requirements.

Whether regulations apply or not, many of the changes described here make sense to consider even if you are not required to by law. I've designed houses for all age groups and have applied these principles to everyone. When designed well, these adaptations do not stand out in comparison to those that are subsequently added where the occupants' situation changes.



It can, quite literally, be a real pain when you no longer have the maneuverability that others take for granted. Taking on board these straightforward requirements in your design will make things significantly easier for everyone using your home and for future occupants if and when you ever decide to sell.

OPINDER LIDDAR



Opinder Liddar is a Build It Award-winning designer and a director at Lapd Architects. He specialises in self build homes and renovation projects, and is a regular expert at Build It Live. For more information

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Dealing with neighbours

Mike Dade investigates the level of influence other local residents can have on your project, and how to successfully navigate issues and objections they bring up

ost self build projects are likely to include a degree of involvement with your neighbours. It could be at any stage - when going through your initial ideas, during the process of getting planning permission or even when you're completing the works. Love them or hate them, the people next-door, and even beyond, can carry clout over what you build, how you do it, or even whether you can go ahead at all. So, let's look at their main areas of influence, what you can do to get their support and how to minimise potential objections.

Neighbours' role

Your local community formally comes into the planning process when you submit your application. They are automatically notified by the council and have the opportunity to object if they don't like your plans. If you seek pre-application advice from the local authority before you make a formal submission, your neighbours aren't consulted, but some councils post pre-app enquiries online which an eagle-eyed person might spot. For those wanting to build a larger rear

extension as permitted development, there's a notification process where a neighbour objection enables the council to have a closer look at your plans, as opposed to just waving them through unchecked.

Influencing decisions

Some residents in the area almost invariably object. With a new house, it's likely you'll get opposition pop up from somewhere. Unfortunately, it only takes one vocal and determined challenger to wind up others, start a petition, or lobby local councillors. It would be nice to think that objections from neighbours would only affect the outcome of an application if they were raising genuine planning issues, like overlooking, a dangerous access, or loss of significant trees. Unfortunately, the sheer force of numbers, rather than quality of arguments, can, and sometimes does, significantly impact the council's planning decisions.

So, try to avoid resistance from neighbours in the first place. Tell them about your plans before submitting a proposal, offer to adapt the scheme to meet any concerns they might have and generally maintain good relations.



certain your neighbours will oppose to anything you propose, you might be inclined to put forth your application without telling them, to minimise the period they have to galvanise others to object. Similarly, you can pre-empt your neighbours by approaching councillors, both parish and district or borough, in an effort to get them onside, before your fellow residents know what you're intending.

Where applications are decided by a planning committee, neighbours can exert particular influence on the decision. One might persuade your local councillor to call your application to committee and then turn up and speak against your project. You have the opportunity to speak in favour, so can counter any negativity. But stick to the facts and keep it cordial — a public row is unlikely to win you any sympathy or positive votes.

Why they might object

Neighbours could challenge new projects for a wide variety of reasons. Some, such as noise and disturbance during the build, are generally ignored by planners. So too are the vague

Above: Anthony and Teresa Ralph described their project as a Marmite house: "people either love it or hate it!" By communicating with neighbours at the planning stage, they were able to overcome objections and create their dream abode



Above: Even though neighbours objected to the proposed height of this project, built on a street full of bungalows. Barry and Jenny Tape managed to get planning permission within five short weeks

assertions about inadequate school or doctor places, or the number of potholes in the road. However, others, like loss of privacy or light, are taken more seriously, so you must carefully consider the effect your scheme will have on neighbours as part of your design process. In severe cases, your new house or extension could infringe on your neighbour's legal right to light. Although this would usually be picked up by the planners, bear in mind that if you do intrude on this, neighbours could seek compensation or changes to your scheme under common law, separate to planning.

Before you begin

Let's assume that you've obtained consent, despite your neighbours' best efforts to thwart your plans. Be very careful that you adhere to any conditions that might be attached to your permission, as a disgruntled neighbour might well be monitoring.

In addition to planning, there's still one significant issue to deal with: the Party Wall Act. This doesn't just apply to shared walls, such as you find in between terraced or semi-detached

houses, but also garden walls, and buildings close to boundaries. The Act identifies the situations where it is applicable and sets out a code of practice for notifying neighbours of works, appointing surveyors, gaining access to their land and recording and remedying any damage to their property — this also protects you from any unjust claims.

During your build

This might seem obvious, but make sure you build within your permitted plans. Some people succumb to the temptation to stretch their new home a little. A few decide to make design changes on the hoof, while others fall victim to sloppy builders who simply don't accurately follow the plans. Worse still, the commencement of the works sometimes reveals flaws in the plans — an inaccurate survey, for example, which means the house that you've been permitted won't actually fit on your plot. While minor discrepancies might go unnoticed, negative neighbours could pick up on anything significant and be on the phone to the planners in a flash. You can minimise their resistance to your project by keeping them informed of its progress. Tipping them off about when noisy activities are going to take place and preventing the trades from playing radios at full blast can help keep relations on an even keel.

Where your garden is too small for a whole new house, or you don't have quite enough room for your dream extension, cooperating with next-door might just be the key to unlocking the problem. There's no reason at all why you couldn't assemble a sizeable plot from your land combined with one or more neighbours', and if there's a fair share of the profits in it for them, you can at least expect to pique their interest. Sometimes it might be that you just need another metre of space to create the plot you want. Again, a fair offer, perhaps with some perks thrown in like funding a new boundary fence, or planting some trees, might not only enable your project to move forward, but could even guarantee their enthusiastic support. Bear in mind though, that if a metre of garden is what makes or breaks your scheme, then neighbours could hold back for a substantial share of the plot value, even though they're only contributing a tiny proportion of the land area.

Legal matters

It's not uncommon for neighbours to share rights of access over private drives. One may even have the benefit of a covenant that can affect what another neighbour can build on their land. Planning departments ignore these private legal issues, so they may well grant permission to build on a plot, but the intricate legalities can prevent the project from going ahead. You should approach these situations with care - seek legal advice before you try to unravel an impasse that's halting your progress. These are potential ransom situations, so it could take an awful lot more than a token bottle of wine or homemade meal to persuade your neighbours to release you from a covenant.

Conclusions

Neighbours are an integral part of any self build project. Good bonds can make for a quicker, cheaper and altogether more enjoyable project. Poor relations can add immeasurable amounts of time, cost and stress. If you're looking to buy a plot, one of the first things you should check out is the neighbours. If you're purchasing land that has already been granted planning permission, find out early if the neighbours objected. Either way, launch a big public relations drive to win them over. Keep their interests in mind to ensure a dispute-free build.

MIKE DADE



Mike Dade is a land and planning specialist, and Build It's plot guru. He's one half of Speer Dade Planning Consultants and the author of several must-read books on plots and planning.

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Project management guide:

Scheduling

Understanding what's likely to happen when on site is key to a successful project. Mike Hardwick looks at the basic sequence of events for a typical self build venture

Above: This home was built by Glosford SIPs (www.glosford sips.co.uk), who get the house to weathertight stage, leaving you to coordinate the internal fit out. Right: The kitchen will be installed at the fit out stage, but you'll need to plan for it earlier. This contemporary open-plan design is by Mereway Kitchens (www. mereway.co.uk)

nderstanding what needs to happen and the order of it all varies from project to project. There may be some flexibility at later stages of the build, but until it is wind and watertight, the order of work is fairly obvious. This month, I'm looking at how to draw up a simple schedule that can be used as a high-level plan for your scheme. I'm assuming that you have already acquired a plot and that there is an architect or designer on board with drawings at an advanced stage.

Statutory requirements

Before anything happens on site, it is vital that you have obtained detailed planning permission and that you have satisfied any conditions that are required to be cleared before development commences. If the community infrastructure levy (CIL) applies in your local authority, then make sure you have already sought your exception and that you submit the correct notice of commencement before any work starts on site. Failure to do this can mean that you forfeit your exemption and a charge will

be payable. Your Building Regulations provider must also be notified at least

48 hours before work begins.

Hiring the team

Having selected your builder, you should take the time to run through the pre-contract arrangements and formally agree who's doing what and how much it'll cost. Use a small works contract, such as those provided by

from. Once these have been advised by the supplier, you will know where any service trenches will need to run so you can keep these areas clear.

the Federation of Master Builders (FMB) or the Joint Contracts Tribunal (JCT). You can expect your builder to coordinate the sub-contractors on site. If you are self-managing the project, then you will need to source the individual trades yourself and agree rough dates for when they will be required. Each of these should be able to give you an indication of how long their part of the build will take and you should keep them updated of any changes to the schedule to ensure continuity during the project.

Early works

On commencement of the build, the site will be cleared and access to and from the highway will be established, if not already in place. Roadways and simple hardstanding areas might be created from compacted stone ballast or scalpings, to stop the ground from turning to mud. It's worth drawing up a simple management plan of the plot, indicating where the materials will be stored and where the site office can go. It's essential to contact the service providers so that you have a good idea of where things like electricity, water and drainage will be coming



Groundworks

The footprint of the house should be set out in exactly the right place, ready for the foundation trenches to be excavated or for any engineered foundation solution. If in doubt, get

this done by a professional as it will be too late to move once the building work starts. Once concrete has been poured, the footings, oversite and slab, or beam and block flooring can be laid. If this is in preparation for the erection of a timber frame, accuracy is essential. While the plant is still available, you should dig the service trenches and any holes for underground tanks you may require.

Superstructure

If a timber frame is being used, the scaffolding may well be erected at this stage, ready for the panels to be craned into position. If traditional masonry is employed, then it'll go up as required and raised in a number of lifts as the build progresses, along with any platforms that are necessary to construct chimneys or roof details. As first floor level is reached, the floor joists will be installed.

Sorting the roof

When the external walls are up to the required height, the roof trusses can be lifted into position and held in place with timber windbracing. More complex dormer windows will be put together on site. The brickies will then come back to build up any gable ends into the gable ladders. Once this is done, the roofers will lay down the felt (usually a breathable membrane) and fit the battens before the tiles or other coverings are loaded up onto the roof and laid at the correct spacing. If you are considering a flat roof for your build, don't miss the feature on page 77 to see your covering options.

Maximising scaffolding

It's sensible to get all the work at great heights done while the scaffolding is still in place. This is the time to fit the soffits, fascias and bargeboards, install the guttering, windows and any other external bits like satellite dishes or security cameras, that would be difficult to set up using a ladder. Any high-level painting or staining should be done while the scaffolding is still around. Once the windows are in, the structure should now be wind and watertight, so internal work can begin.

Readying the interiors

The first step for the inside of your home is the first fix for plumbing, electrics and joinery. This term refers to all of the components that will be hidden from view once the house is complete. For example, the decking boards, electrical wiring and socket boxes, as well as underfloor heating and waste pipes. Once the plastering or dry lining is complete, the second fix – the elements that are visible in the finished home – can be installed. This will include skirting boards and architraves, electrical switches and sockets, as well as sinks, baths and radiators. It's a good idea to have decided on some of these smaller details earlier in the project.

Fitting out

Now is the time for kitchens and bathrooms to be fitted. This can be either before or after floor finishes have been laid, but remember that if you revamp the space in the future, any bare flooring could be exposed and would need to be filled in or redone, which isn't always possible. If you plan to keep expensive tiled or stone floors for any length of time, it can pay to have these fully covered first and then fit your units on top.

Decoration & tiling

Once everything is fitted inside, the decoration can begin. Ceramic tiling should be done first and the painting after to ensure a neat finish. External painting and decoration can take place at the same time.

External elements

When the internal construction work is complete, you should start thinking about works outside, like boundary treatments and gates. Plus, consider what you want from your drives, paths and patios. Once these are finished, any landscaping work including laying lawns and flowerbeds can be tackled.

Completion and post-contract work

Once construction has wrapped up, you can expect a thorough inspection by your Building Control provider. If you have complied with the Building Regulations to their expectations, you will be issued with a completion certificate. The good news is that you are now the proud owner of a fullyfledged dwelling instead of a dusty building site. The bad news is that council tax is now due! At some point after completion, you will go around



the house with your builder and agree a snagging list of little details that need fixing or things that have been missed. Once this work is done, the build is officially complete.

Inspection regime

Throughout the process there will be visits from both your Building Control provider and your structural warranty supplier (they might well be the same person if you buy both services from the same company). These visits can vary depending on the complexity of the build and the risk, so I couldn't say exactly when this might be for your project. However, they will usually tell you beforehand, and if you are using a self build mortgage, the dates will invariably be linked to the agreed release stages to ensure work to date is up to the required standard.

For further details, you can read my week-by-week breakdown of a typical build schedule at www.self-build. co.uk/self-build-planner

Above: Build It readers Chris and Christina Hughes were on the cusp of laying out their foundations when the planning compliance officer told them to cease work immediately. Some elements of the house hadn't been officially signed off yet, so the couple faced a 13-week delay before they were allowed to continue constructing their timber frame abode

MIKE HARDWICK



Since successfully finishing his own bespoke scheme, Mike has become a wellrespected project manager and self build consultant. He is general manager at the National Custom & Self **Build Association.**

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DRAUGHT PROOFING

a period home

Historic buildings expert Alan **Tierney** explains how to make a period home comfortable and free of cold spots, without compromising its ability to breathe



ome of the most important priorities for homeowners are energy efficiency and comfort. There is generally a perception that period homes are colder and more draughty compared with modern ones, but this doesn't necessarily have to be the case.

If you are taking on a refurbishment project, there is bound to be some deficit in past maintenance and repair that is likely to include issues around draughts and airtightness. In most cases, that's more a factor of age and a lack of TLC than any inherent problems with the building itself. In fact, the worst structures tend to be those built in the 1960s to 1980s.

Why is draught proofing important?

Draughts have a disproportionate effect on how comfortable we feel in our homes. As well as having a negative impact on temperatures in rooms, air movement causes us to feel colder than we would otherwise. So, if a house is draughty, it will be more uncomfortable than a property at the same temperature without draughts. This means that you will need to heat the space to a higher temperature to feel comfortable, as well as countering the actual heat loss. The result is that draughts have a disproportionate impact on fuel costs and CO2 emissions.

Where are draughts likely to occur?

The prime culprits are usually doors and windows. Even if glazing was originally well fitted, several factors such as movement over time, wear and tear and repeated decoration is likely to create gaps around sashes, frames and casements. Homeowners will often pay a lot of attention as to whether their windows are single or double glazed, but heat loss tends to be generally much greater around units than through them. Likewise, doors have similar issues with air leakage around them and hardware, such as letter flaps and key holes, allow a surprising opportunity for draughts in homes, too.

The majority of older properties in the UK will have a number of chimney stacks, many or all of which are likely to be unused. These can provide an opportunity for a large direct channel for air exchange with the outside.

Suspended timber floors often have gaps between the boards with a ventilated void below. This can generate a draught through the floor. Interestingly, this feature was an intended result of their original design

Above & above left: Replacing modern plaster with a breathable equivalent, such as clay, will act as a defence against draughts in the building envelope. This project in Cornwall was undertaken by specialists Clayworks (www. clay-works.com)

96 expert help

Right: Ventrolla (www.ventrolla. co.uk) specialises in the sensitive overhaul of period windows, including cill repair, discreet draughtproofing, secondary glazing, and other upgrades as they were considered healthy in the 18th and 19th centuries.

There can also be gaps in the fabric of the structural envelope causing draughts. This is particularly common in timber frame buildings where junctions between the frame and infill have opened up. It can also occur in solid walls where past alterations (especially blocked openings) have left straight joints in the masonry. In extreme examples, severe cracks can penetrate the full depth of the wall – this is likely to indicate a structural problem needing attention beyond just draught proofing.

Possible solutions

Windows and doors can easily be refurbished and draught-stripped to improve their fit and airtightness. If they are old, this option will always be preferable to replacement. Even sash windows can be made quite



Right: A membrane and insulation under a suspended timber floor gives the combined benefit of both draught proofing and insulation



efficient this way. However, there will still be an inherent risk of air leakage at the meeting of rails and around the sash boxes, so adding a second line of defence is also advisable. Possible options are shutters, secondary glazing, insulated curtains or blinds, or a combination of these. Doors can also benefit greatly from an insulated curtain as well as additional covers over keyholes and letter flaps.

Gaps around the frames can be more tricky to fix without major intervention. You should avoid mastics or silicon sealant because these will interfere with moisture movement through the building fabric and can cause decay in the frames and any

associated timber. Large gaps or failed pointing should be fixed using lime mortar. A solution for smaller gaps is to pack them with oakum – made up of hemp or jute fibres impregnated with tar. It will provide a long-lasting, breathable solution.

Unused chimney stacks should be capped to reduce heat loss, but it is

essential to maintain ventilation of the stack to prevent damp. If a chimney is being used, lining the flue will help. What's more, stoves tend to avoid the draughts associated with open fires.

The gaps between boards in a suspended timber floor can be caulked using oakum to prevent draughts. If the boards can be lifted without causing damage this is usually better, so that a breathable membrane can be draped over the joists. The pockets formed between the joists can be topped up with a loose fill, natural insulation such as cellulose (recycled newspaper) to provide both insulation, as well as essential draught proofing.

The primary defence against draughts through gaps in the building envelope is the internal plaster layer. Old, worn or cracked plaster will not be effective. The best solution will depend greatly on what you have to

interfere with the breathability of a wall. In this situation. The best solution is to strip back the plaster and replace it with a sympathetic covering of lime or clay-based plaster.

You may also find that there is a mixture of different generations of plaster. If this is the case, you will need to decide as to whether it is best to replace or

better to repair. The main objective is to achieve a good, intact covering of a breathable plaster finish. Often, in timber frame buildings, there will be junctions that aren't plastered over. These can usually be treated, similar to gaps

breathable performance relies on the ready evaporation of moisture from the fabric into the internal environment. It is

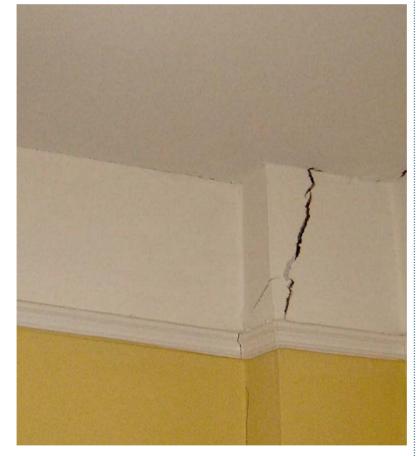


it generated by the activities of the occupants – is able to escape from the building. This means that good extract ventilation will need to be installed (and properly operating) in all wet spaces, such as kitchens, bathrooms and utility rooms.

Carrying out a careful programme of draught proofing should increase the comfort and energy efficiency of a period property without the need for an extensive ventilation system. However, it is sometimes necessary to go much further and install measures to achieve very high levels of airtightness. This carries a high degree of risk and requires very careful detail and specification - it is unlikely the benefits would justify the amount of work and cost in most situations. If this approach is taken, considerable attention must be paid to the provision of a suitable and sophisticated ventilation system.

If ventilation isn't sufficient, the relative humidity levels inside the building will become very high. This will promote condensation and mould growth, and create a very unhealthy living environment. Ultimately the fabric of the building would become damp and result in decay.

Above: Front doors can present opportunities for draughts to get through. The Letterplate Eco can help minimise these gaps (www. ecoflap.co.uk)



start with. For example. if there are important historic plaster layers surviving, then a very careful and sympathetic repair is required. If all the historic plaster has been removed and replaced with modern plaster, this will probably have cracked because of its incompatibility with the underlying wall fabric. Modern plaster can often

around windows and doors, with lime pointing or oakum.

Balancing airtightness with ventilation

Good ventilation is of vital importance for the health of both the house and its occupants. This is particularly true of period buildings because their

Left: Major cracks create draughts. but are also a sign of a more serious structural issue which should be investigated further

ALAN TIERNEY



Alan Tierney is a period property consultant and conservation specialist. **He runs Picketts Historic Building Conservation (www.** pickettsconservation.co.uk), which offers hands-on advice to owners of heritage homes.



GARAGE DOORS • ENTRANCE DOORS • STAIRS • INTERNAL DOORS • FLOORS • WALL CLADDING





From trees and other geographical features through to local materials, what's on and around your plot can feed in to the way a dwelling's design takes shape. This can often make for an interesting result, says architect Julian Owen

here are three essential ingredients for creating the perfect bespoke house design: the budget; where it is built; and the needs and aspirations of the future occupants. To ensure the design is special, respect the land that it sits upon and its location. Even a simple plot has features and qualities that make it unique, and the trick is to weave these into your brief and budget to create a home that is anchored into its location.

Initial considerations

The Highways Agency has the power to influence what is given planning consent and expects the point of entry on to a site for cars to be safe, with good visibility on to the road as they leave. If the plot is adjacent to a busy road this may affect the floor layout: rooms that have less need of peace and quiet, such as a bathroom or utility room, can go on the side of the property facing the highway. If traffic is noisy, consider placing the bedrooms at a lower storey facing away from the road, with the land level raised on the other side to absorb the worst of it.

A professional developer will treat a big change of level across a site as a nuisance, but for an architect it is often

seen as an asset because it can offer endless creative possibilities, such as split-level floors, or a front door on the middle storey, perhaps reached along a raised walkway. If the site has a steep slope away from the road it makes sense for living areas to be situated on the middle level because there is more daylight than the lower rooms where you can tuck away the bedrooms.

Sometimes the garden layout is left to the end of a project, almost as an afterthought, but what visitors are presented with when they first see a property is a key moment for the success of a design. It is generally accepted to be a good thing if you can see the front door straight away – you'd have to be a bit antisocial to want your guests and visitors to wander around your plot trying to find the entrance to your home!

New & existing trees

Contrary to popular belief, a line of trees will not help with sound attenuation, although it could reduce pollution from exhaust fumes. If you're lucky there'll be some interesting trees around that provide contact with nature and attract wildlife. If you are unlucky there may be trees that are

Above: The brief given to 2020 Architects (www.2020 architects.co.uk) from the owners of this barn-style home in County Down, Northern Ireland, was to create something that engaged with the landscape. Fibre-cement corrugated cladding echoes vernacular agricultural buildings

LOCAL AUTHORITY DESIGN GUIDES

One of the most powerful influences on the design of a new house is the attitude of the local council. Many have detailed guides that should be followed if you want to avoid ending up in a time-wasting spat trying to convince them that your proposal is worthy of approval. Some planning officers may attempt to micromanage your design, especially if the construction site is in a conservation area or near a listed building. An early exponent of these sort of standardised requirements was the Essex Design Guide, which was created in 1973. It was a brave attempt to force developers to create houses that were firmly rooted in the building traditions of the county, but the result was so prescriptive many Essex housing estates in the following decades looked very similar. The resulting blandness was eventually recognised as a problem and the latest incarnations being produced by councils across the UK specifically allow more scope for innovation and modern architectural styles.

Below: Blee
Halligan Architects
(www.bleehalligan.
co.uk) wrapped
this house in cedar
shingles. The timber
cladding responds
to its location in a
tree-filled plot, but
its sharp angles
and minimal design
makes the property
distinctly modern

protected by law, which restrict where you can build and reduce the daylight levels inside the house unless the plan is adjusted to accommodate them. However, provided that they are not so over-dominating that it is impossible to build on the site, they can usually be made into a feature.

All trees have an area around them about 800mm below ground where any excavations might cause them damage. This is called a root protection area. This has to be estimated by tree experts, but it is sometimes possible to build quite close to the trunk, depending on the age, species and subsoil. If the tree is in a particularly awkward

location, it is possible to find the exact locations of the important roots using an air spade to excavate the earth without causing any damage.

Local styles & materials

When it comes to locking a house into its location, the elevations have the most visual impact. When you are in the early stages of developing a design in an area that you don't know very well, you may find it helpful to take some time to wonder around the locality and get a feel for its character. Take some inspiration from newer buildings,





as well as older ones. One way to ensure that a new home is firmly part of its surroundings is to build using traditional materials, such as local stone in the Lake District, cob in Devon or brick and pantile in the East Midlands. However, be cautious with your selection as you can run the risk of your home looking like a pastiche because the rules of thumb used by our ancestors for building also affected the massing and proportions of their homes.

The style of simple buildings from times past is called vernacular and, if it is carried through with conviction, copying this style can have a very pleasing result. However, there is an altogether more subtle way of linking into the past which some call contemporary vernacular. It goes beyond simply copying from history and combines traditional building forms and materials with modern construction techniques, sustainable, energy-efficient design and the social characteristics of a region. So, a house might be bedded into its site in a form that reflects the vernacular look of an agricultural structure, but be built with contemporary rendered walls and topped with a zinc roof. There could be large areas of glazing in keeping with our desire for plenty of natural light, but similar in scale and proportions to traditional barn doors.

Council guidelines

Apart from the obvious physical features of the plot and its surroundings, the invisible hand of the local planning

department will also come into play and affect the design. Councils usually have a set of guidelines that they will apply to the location, size and appearance of the house you intend to build. They typically impose limitations such as how close you can place a two-storey wall to a neighbour's windows, how the ridge height relates to adjacent buildings and even the materials that are likely to be acceptable. Some are more prescriptive than others, but generally speaking, modern design is easier to get past the council in an urban setting than in a close-knit village or conservation area. Contrary to the situation ten or 15 years ago, many planners now actively encourage fresh, creative ideas. However, it pays to ensure that your architect has a clear and thorough understanding of what style of self build is likely to be acceptable in the area and how best to present a scheme to them persuasively.

Above: Townscape Architects (www. townscapearchitects.co.uk) built this barn-style home on land formerly occupied by farm buildings, and local planners required that the house reflected the traditional look and feel of a farmstead

JULIAN OWEN



Julian Owen is an East Midlands-based chartered architect and author of several books on self build and house alterations. His publications include Self Build; Home Extension Design; and Kit and Modern Timber Frame Homes. He's also the founder of the ASBA Architects network. To find out more visit www.asba-architects.org.





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Structural details:

Not only is sound proofing a requirement of Building Regs, it's a necessity for a quiet and peaceful interior environment, says expert Tim Doherty

here are two different types of noise that self builders and home improvers should know about - airborne and impact generated sound. Sources of the former include talking, TVs, music and media, and the latter comes from occupants walking or bouncing on floors or the slamming of doors.

Sound travels in waves; anything that is airbornegenerated (say from speech) will create vibrations that transfers to walls, floors and ceilings. If building elements are of a light specification or density, the vibrations can travel through the materials and enable sound to be heard



on the opposing side. Impact sound travels in the same way, except the waves are more intense as they are the result of a heavy load crashing into a floor, for example.

There are ways to help reduce the passage of airborne and impact sound through enclosing building elements, but it is essential that this detailing is appropriate to each development and environmental situation. Otherwise the noise will find an alternative route in. Reduction is known as flanking sound, and this is the key to your acoustic success. If sound waves are blocked from going through a building element, they will try to find an easier route over or around the obstruction; often in hidden parts of your floor, walls or ceilings where two or more elements meet.

Sound characteristics

Sound pitch is measured in Hertz (Hz) with the range for the human ear being 20Hz to 20,000Hz. The intensity of a sound is measured in Decibels (dB), where its loudness



will double for every 10dB increase. For reference, rustling leaves start at 20dB and ordinary speech at 60dB. Louder noises might include traffic at 70dB.

Reverberation is the length of time that a sound lingers after its source has come to a stop. A low reverberation environment is encouraged for dwellings, either through sound absorbing building elements or soft furnishings. Reverberation time is measured in how long it takes a sound to reduce by 60dB after it has stopped. Typical absorbers which may provide relief include fibrous materials, dense membranes, furniture and carpets.

Building Regulations

For acoustics and soundproofing, the relevant document is Part E: Resistance to the Passage of Sound. Sections E1 and E2 set the standard for new homes and conversion projects. E1 deals with limiting sound that's travelling from different areas of the same property and from adjoining buildings, such as terrace houses and flats. E2 looks at reasonable resistance to sound transmission from within the property through floors and walls. It doesn't apply to walls that include doors, a wall between a bedroom and its ensuite or existing walls or floors in a conversion.

Part E looks at airborne and impact sound and sets minimum levels in homes for both (ie you need to use materials that reduce noise to a minimum level, creating a layer of resistance/sound reduction). Regarding airborne sound in new builds (E1), the minimal level of sound resistance for dividing walls or floors between homes is 45dB; for conversions, the standard is 43dB. Regarding impact sound, a minimum of 62dB is required from floors and stairs in new builds, which again is slightly different for a conversion project at 64dB. For E2 to be met, the

Above: If using a vast amount of glazing in your project, choose acoustic insulation glazing from a specialist company, such as IQ Glass. It helps to reduce sound frequency to around 100Hz. Left: This Wiltshire home incorporates triple glazing from Green Building Store (www. greenbuilding store.co.uk) which adds to the home's soundproofing. The basement is built partially underground using ICF, while the main house is made up of engineered timber I-beam with 300mm Warmcell insulation



Above: Front doors from Urban Front (urbanfront.com) are crafted to ensure strength. and rigidity. The calculated door leaf insulation is 1.112W/m²K and 32dB for sound insulation. This project features the Porto e80 doorset in European Oak with a concealed handle and sandblasted sidelites. Right: Junckers (www. junckers.co.uk) has launched The New Era acoustics range, for use with its solid wood floors. It's height is adjustable for use on structural concrete slabs. block and beam floors and almost any other type of sound, dry loadbearing base. When installed correctly, it can achieve an impact sound reduction

of up to 28dB

minimum performance standard is for a 40dB reduction between all new floors and walls in any dwelling or flat, regardless of whether or not it is a conversion project (this is for airborne sound reduction only, with no actual minimum requirement for a reduction in impact sound).

It's worth noting that the company Robust Details was set up to inform Building Regulations on sound proofing.

Inside single dwellings

Regulations are not onerous and place only a minor obligation to achieve some notional sound reductions. It's always best to speak to manufacturers to understand what kind of sound performance their products can achieve.

Internal walls can be constructed from 75mm metal or timber studwork with two layers of plasterboard on each side, or one layer and a minimum of 25mm, 10kg/m³ insulation. A better solution would be two layers with the extra insulation. If you're building in masonry, an alternative is concrete blocks with a mass of 120kg/m² and either plasterboard or plaster on each side, or, for a slightly lower standard, aircrete blocks with a lower mass of 75-90kg/m². For 75kg blocks, you need to dryline the surface with plasterboard to build up the density.

With floors, the recommended solution is concrete planks with a mass of 180kg/m^2 – regulating screeds and ceilings are optional – or a concrete block and beam floor where the blocks and beams provide a mass of 220kg/m^2 . In addition, a bonded screed would be required at a minimum 40mm thickness, with a plasterboard ceiling fixed to the underside of the structure. Lastly, you could try suspended timber or metal joists with a floor board surface (providing a minimum mass of 15kg/m^2), 100 mm of sound absorbent mineral wool (with a density of 10kg/m^3) and a sheet of plasterboard under the joists.

Separating walls

Requirements for acoustic reduction between two dwellings or flats (E1) is more demanding. Separating walls must achieve a 45dB reduction for airborne sound and, although this appears only 5dB more than the requirements for E2, the extra 5dB needs an excessive upgrade in specification to ensure performance.

Solutions include thick and dense masonry walling with directly applied plaster to each side. Here, performance is based upon building the mass per unit area of the wall. Alternatively, two skins of masonry with a clear cavity between, and with both of these being plastered on their

exposed faces. Performance is reliant on the mass of the masonry selected, but also the degree of isolation created between the two skins. This can be affected by cavity widths and connections between the skins (needed for stability), much like wall ties and foundations. A single skin of masonry with two independent cladding panels fitted to each side with a cavity between is a third option. This solution relies on mass per metre, and the absorption of the cladding panel materials to soak up sound. Lastly, you could try two skins of timber studwork, completely separate from each other and with mineral wool insulation between the studs and a clear cavity between the two skins. Performance relies on the mass per metre of the timber studwork, absorption of the mineral wool and the isolation of the skins by the cavity width.

Separating floors

As far as separating floors is concerned, the same broad principles apply in terms of building mass and density and/or isolation cavities. One difference is that the new target



for impact noise reduction at 62dB comes into play, which creates a need for absorption through resilient layers.

If you use a dense enough concrete slab as your separating floor, then a soft covering of carpet underfoot, along with a suspended plasterboard ceiling fixed to the underside of the slab, might be all that is needed to meet the necessary performance tests. More likely, however, would be the use of a typical concrete slab with a resilient layer on top (say rubber matting) and then a floating finish that's above using a screed or insulation and chipboard. A similar suspended plasterboard ceiling would be needed on the underside of the slab as well.

Timber frame structures with resilient layers and floating floors can also be used. However, the solution will involve a separated ceiling structure for the unit below, with a clear cavity between the joists which, if lack of space is deemed a problem, could be staggered.

TIM DOHERTY



Tim Doherty was the founding MD of the National Self Build & Renovation Centre and a founding member of NaCSBA. He now runs Dobanti Property Consultants (www.dobanti.com), a specialist surveying

& building consultancy providing support to both the residential and commercial sectors.

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Lender		Mortgage Type	Payment Schedule	Contact	LTV Land	LTV End Value	Interest Rate	1st Stage Payment
Bath BS	*	SB & CB	Advance	0345 223 4647	95%	80%	4.44%	DPP & Building Regs
Buckinghamshire BS	*	SB	Advance	0345 223 4647	80%	80%	4.99%	DPP & Building Regs
Darlington BS	*	SB & CB	Advance	0345 223 4647	85%	70%	4.84%	DPP & Building Regs
Furness BS	*	SB & CB	Advance	0345 223 4647	80%	80%	4.15%	DPP & Building Regs
Hanley Economic BS	*	SB & CB	Advance	0345 223 4647	85%	60%	5.04%	DPP & Building Regs
Mansfield BS	*	SB & CB	Advance	0345 223 4647	85%	80%	4.99%	DPP & Building Regs
Newcastle BS	*	SB &CB	Advance	0345 223 4647	85%	80%	5.29%	DPP & Building Regs
Tipton & Colsley BS	*	SB & CB	Advance	0345 223 4647	85%	75%	4.99%	DPP & Building Regs
Vernon BS	*	SB & CB	Advance	0345 223 4647	85%	80%	5.50%	DPP & Building Regs
Buckinghamshire BS	*	SB	Arrears	0345 223 4647	85%	85%	4.84%	Foundations
Chorley BS	*	SB & CB	Arrears	0345 223 4647	85%	80%	4.64%	Foundations
Darlington BS	*	SB & CB	Arrears	0345 223 4647	85%	70%	4.64%	Foundations
Furness BS	*	SB & CB	Arrears	0345 223 4647	80%	80%	3.99%	Foundations
Hanley BS	*	SB & CB	Arrears	0345 223 4647	85%	80%	4.74%	Foundations
Hinckley & Rugby BS	*	SB	Arrears	0345 223 4647	85%	75%	4.99%	Foundations
Ipswich BS	*	SB & CB	Arrears	0345 223 4647	80%	80%	3.99%	Foundations
Loughborough BS	*	SB & CB	Arrears	0345 223 4647	80%	80%	4.39%	Foundations
Mansfield BS	*	SB & CB	Arrears	0345 223 4647	80%	80%	4.49%	Foundations
Newcastle BS	*	SB & CB	Arrears	0345 223 4647	85%	85%	4.99%	Foundations
Nottingham BS	*	SB	Arrears	0345 223 4647	80%	80%	3.99%	Foundations
Stafford Railway BS	*	SB	Arrears	0345 223 4647	85%	75%	4.27%	Foundations
Tipton & Coseley BS	*	SB & CB	Arrears	0345 223 4647	85%	75%	4.49%	Foundations
Vernon BS	*	SB & CB	Arrears	0345 223 4647	85%	80%	4.74%	Foundations
Virgin Money	*	СВ	Arrears	0345 223 4647	85%	80%	5.29%	Foundations
West Bromwich BS	*	SB & CB	Arrears	0345 223 4647	85%	80%	4.29%	Foundations
Beverley BS		SB	Arrears	01482 881510	n/a	80%	4.99%	Wall Plate
Cumberland BS		SB	Arrears	01228 403141	75%	85%	Call	Flexible
Earl Shilton BS		SB	Arrears	01455 844422	50%	75%	4.99%	Flexible
Ecology BS		SB	Arrears	08456 745566	80%	80%	4.65%	Flexible
Melton Mowbray BS		SB	Arrears	01664 414141	75%	50%	3.49%	Foundations
Newbury BS		SB	Arrears	Local Branch	66%	75%	4.45%	Foundations
Penrith BS		SB	Arrears	01768 863675	75%	75%	4.99%	Foundations
Saffron BS		SB & CB	Arrears	01482 881510	65%	75%	3.99%	Flexible
Scottish BS		SB	Arrears	0131 313 7700	60%	80%	5.89%	Foundations

EXPERTS

Askthe Essential advice on your problems with building, budgeting, DIY & planning from the most experienced names in the self build industry

Mike Dade is a land and planning specialist. He is a contributing editor of Build It, a plot hunting expert and author of several books on planning and plot issues. He is one half of Speer Dade consultants (www.speerdade.co.uk).



Rachel Pyne is director of financial services at BuildStore (www.buildstore.co.uk). She has worked in self build finance for over 10 years and deals with a diverse portfolio of lenders across the whole market as well as on exclusive self build and renovation mortgage products.



SUSTAINABILITY

Nigel Griffiths is director of the Sustainable Traditional Buildings Alliance (www.stbauk. org) and a consultant working mainly on energy efficiency policy and evaluation. He is the author of the Haynes Eco House Manual.



SCOTLAND

Angela Doran is NaCSBA's self build representative for Scotland, Wales and Northern Ireland, brought in by Glasgow City Council to coordinate a pioneering new self build project in Marvhill. She works to promote alternative, community and individually led housing in Scotland.



SELF BUILD

Tim Doherty was the founding MD of the National Self Build & Renovation Centre and a founding member of NaCSBA. He runs Dobanti Property Consultants (www. dobanti.com), a specialist surveying & building consultancy for the residential and commercial sectors, including project management and custom build solutions



PROJECT MANAGEMENT

Mike Hardwick is a self build consultant, project management specialist and NaCSBA's general manager. He has first hand experience of the processes involved in building bespoke homes.



Opinder Liddar is a director at Lapd Architects (www.lapdarchitects.co.uk). The practice specialises in residential projects from extensions to new builds, making him the ideal person to answer all your home design questions.

SELF BUILD

Can I use the Help to Buy scheme for my self build project?

I want to build my own house and was wondering if I can get financial support through the government's Help to Buy scheme. Am I eligible, considering my proposed plans would be for a new build property? If this is possible, should I apply for the scheme before I start building, or after I have finished constructing my home?

Sadly, no. The Help to Buy scheme does not extend to self builders, only to the speculative new build sector. However, one of The National Custom and Self Build Association's (NaCSBA) aims is to introduce a similar intiative under the Right to Build umbrella for self and custom builders.

This is from the NaCSBA Manifesto for England: "Introduce a Help to Build equity loan scheme for custom and self build homes to equalise the position compared with the speculative new build market. Help to Buy Equity Loan has provided a major boost to the speculative new build sector, allowing access to cheaper mortgages with lower deposits by providing a loan of 20% of the value of a property up to £600,000, interest free for the first five years. The scheme is funded until 2021.

"An equivalent but bespoke scheme for the custom and self build sector, using the Right to Build brand, would enable the sector to expand and grow by creating access for those without the substantial cash deposit currently required. The structure of the scheme would ensure that it is focused on more affordable and lower risk builds, capped at a completed market value of £600,000 in line with Help to Build." For more information visit www.nacsba.org.uk/campaigns/help-to-build/



PLANNING

Should I self build on my garden plot or sell the land on?

We have planning permission to build a house at the bottom of our garden. I am trying to gather information to decide whether to take on my own self build or just sell the plot on. My architect told me the site should be worth 33% of the finished house sale price but one builder who has visited the space indicated that 20% was a more accurate valuation. Who is correct?

Valuing a plot by reference to the estimated price of the finished home is no more than a rough rule of thumb. Both the figures you mention sound a bit suspect. 33% is often quoted as a 'typical' percentage, but good sites can sell for a higher figure. 20% sounds very low. I suggest that instead, you talk to an estate agent who sometimes sells plots alongside property; this is likely to give you a more reliable indication of the value of your site.



FINANCE

How do I get public liability insurance for a rebuild project?

I've recently purchased a bungalow which I'm planning to demolish in order to rebuild a new bespoke home to live in. My architect has strongly advised me to take out public liability insurance to cover the time until the existing property is demolished, but I haven't been able to find a company that's willing to insure me.

One broker mentioned 'uninhabited house' cover as a potential route, but they weren't prepared to offer me help in this instance and neither was anyone else that I've contacted. My current lived-in house insurers were also unwilling, and the British Insurance Brokers Association (BIBA) haven't been able to help either. Can you advise on how I can obtain public liability insurance now?

It is certainly good advice get public liability insurance before building, because as the owners of the bungalow you are responsible for the site. However, uninhabited household insurance or public liability only insurance is difficult to get.

Public liability insurance is further complicated when there is an existing property on site that is waiting to be demolished. I would advise that you speak with an expert broker in this field; someone who can collect the details of the plot and put forward a proposal to insurance companies on your behalf.

This will allow you to decipher whether anyone is willing to provide public liability insurance for the time before you start demolition. Details of the current condition of the structure, demolition works and your building plans will be required.

PROJECT MANAGEMENT

Can I make money off of my demolition site?

I am about to demolish my 1950s bungalow and would ideally like to make some money from the materials before it is destroyed. I was planning on selling the big items like the conservatory on Ebay but was wondering where else I can make some profit. For instance, is there value in second-hand radiators, piping or cables?

There used to be a time when the cost of the demolition works could be paid for by the salvage of the materials, but less so today. Sometimes you can be lucky. Perhaps someone might be starting a home building project locally and could benefit from you recycling some of your unwanted goods.

Waste metal always has a value (at the prevailing rate) but no one will want to buy a 1950s radiator as a usable product unless it's a particularly special specimen with retro credentials.

The most attractive items will be clay or slate tiles (but not concrete), good quality stock or engineering bricks, terracotta tiles, solid wood internal doors, fire surrounds, random metals or lead. Windows and doors cannot usually be recycled any longer as extensions now require current energy efficiency standards.



ANY QUESTIONS?

Send all your self build, renovation and conversion questions to buildit@castlemedia.co.uk or visit www.self-build.co.uk/question Please note all correspondence may be published in the magazine



YOU HAVE THE RIGHT TO BUILD

Want to build your own home?

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racking down the right plot for your project is a little more complex than purchasing an existing house.

The good news is over 13,000 people manage to find land and build every year – but if you want the best chance of identifying a viable site, it's worth getting to grips with the process first. Here's what you need to know.

LAND FINDING ROUTES

Few self builders simply stumble on a great plot by chance and end up building on it. Identifying the right opportunity can take considerable time and effort, so it pays to adopt a multipronged approach. So what are the best land hunting routes?

Use your contacts Tell your friends and co-workers that you are looking for a plot. They may have heard of someone selling in your preferred area, for instance, or even have a large garden they'd be willing to split at the right price.

Go exploring Walk around the locale to identify potential opportunities such as empty land between houses, garden plots or disused garages. If you spot a site you think has scope to build on, approach the owner and let them know you are interested. If the owner isn't obvious and you can't find out via the Land Registry, try speaking to the neighbour.

Talk to locals Head to pubs and shops in the area you're considering to meet residents, as they may be able to tell you about opportunities not yet listed. Professionals such as architects, building surveyors or planning consultants in the

region may be a useful source of leads, too – and you might want to use their services further down the line.

Speak to business owners Local farmers, breweries, universities and other organisations may have surplus land they want to sell (or would consider selling). Many do so via estate agents, but there's no harm approaching them directly.

Sign up for your Right to Build Councils are now obliged to maintain official self build registers, thanks to the government's Right to Build legislation. You can record your interest in obtaining a plot and state the type of project you are keen to pursue. If 200 people sign up, the council is then supposed to permission 200 viable sites within a three-year period. You aren't guaranteed land, but the legislation should see the availability of build-ready plots improve dramatically.

FURTHER READING

www.self-build.co.uk/right-to-build

Visit the council's website Local authorities list current planning applications online, usually under the 'planning' or 'housing' sections – with details of the scheme, who has applied and when. If you find a likely-looking opportunity and can get in touch with the owner before they get consent, you'll be in a strong position to secure a purchase.

Use plot finding databases BuildStore's Plotsearch (www.plotsearch.co.uk) lists thousands of sites with planning consent across the UK. Happily, it's also free to use. As well

Above: Gorgeous plots do exist – but if you have grand designs on that secluded rural location, bear in mind that it's incredibly rare to get planning consent for a completely new house in the countryside. Demolish and rebuild may be a better route

112 expert help

as giving you the chance to find a good plot, this resource helps you get a feel for land prices and availability in different areas. You can also see which estate agents are active in your region. Turn to page 115 for a taster of what's on offer.

Check out property auctions Many good quality plots change hands this way. Auction houses such as Clive Emson, Allsop and Savills sell a variety of sites, so get on their mailing lists for catalogues. Remember that you will need to have finance in place – once the hammer goes down, the contract is triggered and a deposit is due.

FURTHER READING

www.self-build.co.uk/auctions

Register with agents Many building plots are still sold through traditional estate and land agents. Monitor the books of both types, as some may have overlooked the planning potential of properties they're selling (eg for a demolish and rebuild opportunity). The personal approach can pay dividends with this route, too – if they know you, they're much more likely to give you a heads up when something's coming onto the market.

WHAT MAKES A GOOD PLOT?

Picture the perfect piece of land and it will probably be in a pleasant area, affordable, completely level, easy to access and have good ground conditions, no obstructions and no planning issues that might hamper your plans. Trouble is, that plot doesn't exist (or at least if it did, a big developer probably snapped it up ages ago). In practice, even the best site will require you to make a few compromises. So it's crucial to assess contenders properly to check you can get as close as possible to your goals at a cost that stacks up.

Plots generally come with planning permission in place: either outline (which is a fairly loose affirmation that the site can be developed); or full (consent for a particular design). Beware any site that doesn't have a current approval. Land is worth considerably more once consent has been granted, so if the deal looks too good to be true, it probably is.

Basic potential

Once you've spotted a likely-looking opportunity, there are two key questions to ask before delving in further. Can the house you want to build be comfortably accommodated on the plot (eg in terms of size, local property values and the like)? And does the existing planning consent allow for that house, or could it be amended to suit? If you can say yes to both of those, then it's worth a bit more research.

In terms of site suitability, you need to check for issues that could increase construction costs (which should be factored into any offer for the land), make it difficult to get the right kind of design for your household, or affect the viability of a project. Some of the most notorious budget-busters include steep slopes, difficult access to services (electricity, gas, water etc) or obstacles such as trees, existing structures and overhead cables. But these issues may not be insurmountable, and with good design some can even be turned to your advantage. A sloping plot is likely to offer great views and the potential for a basement, for instance, and you won't face much competition from developers.

From a planning perspective, check how long is left on the consent. If it's less than about six months and you need

to redesign the house or sort out any conditions the planners have put on the permission (such as approval for materials), this could be problematic. It might sound obvious, but you should also scrutinise the plot boundaries to ensure you're buying all of the land included in the approved plans.

Detailed assessment

If early-stage investigations seem positive, you can move on to a more in-depth appraisal of exactly how suitable the site is in terms of planning potential and build costs. This will take in things like access, trees, ground conditions, drainage and legal considerations. Build It's invaluable resource at www.self-build.co.uk/plot-checklist can help structure this part of the process. If you come up against anything you're usure about, seek advice from suitable professionals. That might mean speaking to your local council about planning matters or engaging a solicitor on the legals.

A planning consultant, architect or specialist design-andbuild company may also be able to point you in the right direction or help you undertake a full viability assessment.

QUICK GUIDE Types of building plot

Bespoke homes can be constructed on a range of sites, and knowing about the opportunities can help you spot land with potential for your project. Here are some of the key options:

Brownfield sites This is basically previously-developed land that is or once was occupied by a permanent structure. Government policy supports the provision of new housing in such locations, so councils tend to look favourably on plans that have the potential to improve these plots. Plus, on a practical level, services are likely to be in place already.

Demolish & replace A type of brownfield opportunity where you could knock down an existing building, such as an old bungalow or former non-residential structure, and construct a new (usually bigger and more attractive) home in its place. It's often more cost-effective than tackling a renovation, as VAT can be reclaimed on a new build project.

Infill plots There's no formal definition of this type of site, but many councils take it to mean a small gap between an otherwise built-up frontage or group of houses. Infilling is usually allowed within settlements' development boundaries – and sometimes outside of these. Gaining consent will be more difficult in zones such as conservation areas.

Gardens Contrary to the 'backland development' and 'garden-grabbing' headlines of a few years ago, planners still allow schemes on garden plots – especially in places that are considered to be built-up. You may even be lucky enough to have a large space that could work as a viable site already; or know a friend who is willing to negotiate a fair price.

Edge-of-settlement Depending on the maps marked out in the relevant council's Local Plan, this kind of site might fall within existing built-up area boundaries or it might not. Generally, policies will allow development within this zone – but control it very strictly outside. This undeveloped land is known as greenfield, and will typically only offer housing to serve the needs of agriculture, replacement dwellings and some infill.

Serviced plots A fairly new option on the market, this term refers to land that's ready to build on – with utilities, highway access and possibly other infrastructure already in place, as well as at least outline planning consent. This route offers the benefit of more certainty over early-stage costs.

FURTHER READING

www.self-build.co.uk/serviced-plots

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Land SALE

Location Kent Price £550,000 Plot 143484

This plot has outline planning permission for the construction of one domestic building. It's a fantastic opportunity for

a self builder to create a bespoke home by the ocean. Located close to the seaside, the site sits conveniently between Whitstable and Canterbury. Despite a rural setting, the plot benefits from easy travel access to London and the motorway network.



AgentChristopher Hodgson

Location Worcestershire Price £295,000 Plot number 146282

Housing an existing traditional barn with detailed planning consent, this space is ripe for a total

transformation. The change of use that is allowed is for a family dwelling and would be an ambitious project, but perfect for anyone up to the challenge. The peaceful rural surrounding has easy access routes to nearby towns and villages.



AgentFisher German

Lancashire Price \$300,000 Plot number 146970

Incredibly sought-after, this secluded space on the outskirts of Canton village has detailed planning permission for

a four-bedroom house, with a separate garage and a private garden. The current proposal details the layout across three storeys, maximising the plot's footprint. The traditional scheme complements the rural views and local architectural style.



AgentMatthews
Benjamin

Location Carmarthenshire Price £125,000 Plot number 147259

Overflowing with potential, this piece of land in rural Wales has outline planning consent for a three-

bedroom detached abode. The design is flexible, so a self builder can put their own stamp on the house. With beautiful views across the local area, it's a great chance for a home in a secluded space, while enjoying good access to the motorway network.



AgentClee Tompkinson & Francis

Location Norfolk Price £400,000 Plot number 147837

This beautiful spot of land has detailed planning permission for a three-storey detached dwelling. The

consent stipulates a barn-style structure, to integrate visually with the local vernacular. Owners of the plot will enjoy stunning rural vistas. The local village, Necton, is equipped with a variety of shops and amenities, and there are larger towns nearby.



Agent Sowerbys

Location Perth Price £85,000 Plot number 148198

Outline planning consent for a single storey house has been granted for this plot in the heart of the

Scottish countryside. The quiet space could be an ideal location for the right self builder. The local village of Methven boasts all essential facilities, including a pub and even an Indian restaurant. Perth is close by, with a wider variety of amenities.



Agent Miller Hendry

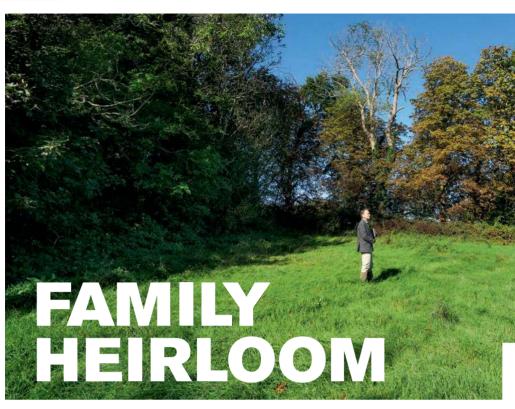
PLOT WATCH: Mike Dade investigates

This spot of land has been in Alan Newton's family for generations, but does it have potential for his dream eco home?

WHO Alan Newton

WHAT A plot bordering the village street in an area of outstanding natural beauty

WHERE Hertfordshire



lan Newton's family has owned land in a Hertfordshire village for several generations. Some of it, fronting the village street, has already been built on. Most recently, this has included an affordable housing scheme. Now, just one small paddock remains behind these dwellings. Alan would love to construct a home for himself – could this space, which he already owns, be a suitable spot?

The site

Alan's plot sits behind the village street and forms part of a larger paddock. A copse of trees and overgrown hedge separate his land from the long back gardens of the adjacent houses. It's enclosed on two other sides by trees. There's a track running along the back of the houses to the plot, which the family retained access to when they sold off parts in the past. The path is overgrown but could readily be cleared. The entire space is approximately 40m long by 20m wide, with a gentle slope down to the east.

Planning basics

Perhaps surprisingly, for an open piece of land like this, it is situated within the village development boundary, which is set out in a reasonably up-to-date Local Plan. Typically, councils will draw these lines pretty tightly around the built-up area of settlements, but not here. Admittedly the plot does bite into the built form of the village, but it's very well separated from it by all the trees. A further twist is that the settlement is within an area of outstanding natural beauty (AONB),

where policy seeks to preserve rural charm and character. This means any planning proposals for a self build on this site will be closely examined to ensure they won't have a harmful effect on the stunning landscape.

Potential to build

Alan would like to construct a three-bedroom home. He wants it to be as energy efficient as possible and would favour contemporary design over something more traditional. This is a reasonable proposition for a good-sized plot like this. Plus, being within a defined development boundary usually means that a new dwelling would be acceptable - in principle. You do occasionally see refusals and dismissed appeals, where harm to the character of the village edge is considered to rule out the benefits of any new building. Here, the AONB status adds significantly to the degree of protection afforded to natural beauty. Consequently, there's no guarantee that permission would be granted, despite Alan's plot being located just inside the village development boundary.

There are two mitigating factors, though. One is that the plot is screened off from its surroundings by trees, so a new structure would have little to no impact on the built character of the village. The second is the fact that Alan's not looking to construct anything too large, and his preferences for the design have the potential to be low key.

Scheme details

It would make sense to consider a design that would sit as inconspicuously as possible



the plot, which could be a habitat for newts. If discovered, protective action will need to be taken before and during the work. It's unlikely that construction will be prohibited.

Finally, it would be worthwhile for Alan to think about the garden and landscaping at an early stage. Maintenance of the external spaces to be as natural as possible might help overcome the potential issue with the impact on the area's beauty. If Alan's getting an ecological survey done, he should ask for recommendations of any environmental and biodiversity enhancements that could be incorporated into the scheme. Any such improvements should really feature in all applications these days, as it's required by government planning policy guidance.

Where to start?

The very first step that I'd recommend Alan take would be to clear the access track, so



in the landscape – low profile green roofs and timber or other muted wall coverings would be a good start. Also, with the slight slope to the plot, the house could be set into the ground a little to further reduce its visual impact. Careful thought would need to go into the access and parking/turning areas, to ensure that cars would be well-screened, too. Both the house and vehicle space would need to be situated away from the boundary trees, and an arboricultural survey and report would be essential to demonstrate that no harm would come to the surrounding trees.

It's also likely the council will want to see an ecological survey to accompany Alan's application. There's a pond about 40m from that it's more obviously capable of providing entry to the plot. This will also prevent it from getting absorbed further into the woodland. It would then make sense for him to start discussions with an architect, with a view to taking some sketch drawings to the council to get pre-application advice. Preliminary consultations aren't always necessary, but in this case it could be advantageous. With the plot inside the development boundary, there's a reasonable chance a planning officer would wave the new building through without a second thought and instead might focus on the design itself. This would work to Alan's advantage. Having a conversation on how the plot should be developed is a far

stronger position than debating whether it should be used in this way in the first place.

If Alan is prepared to compromise on the details of his scheme, the officer might offer a few suggestions or tweaks. They'll be invested in the outcome, putting Alan in much better standing.

You can't guarantee that the same agent will deal with a formal application after the pre-app, but that's typically the way it goes. Seeking this advice early on would also flush out the council's requirements, in terms of supporting reports and the need to make any financial contributions. The latter is sometimes needed where a council doesn't yet charge Community Infrastructure Levy.

Obtaining consent

Assuming the pre-application advice is positive, Alan can move on to getting the tree and ecological surveys commissioned and pinning down the design. Before he submits the final application to the local authority, he should take advantage of his family's long-standing presence in the village and do a little lobbying. This could include going to immediate neighbours, most of whom he knows, and the Parish Council, where again he has a few contacts. Given that the plot is neatly tucked away, there's a good chance that Alan will be able to avoid objections. This is helpful for any application, and you can find more information on liaising with neighbours on page 89.

If the initial advice is negative, questioning the very principle of building on the land, then Alan should still consider whether an application would be worth a try. His local contacts might give him a shot at getting his application before the planning committee, where individual officers' objections can, on occasion, be overruled. Even if his proposal is refused, it might be worth considering an appeal. Much of this would depend on the reasons for refusal. If the objections could be overcome by design changes, then amending the scheme and re-submitting would be the way to go. If the issues are more deeply rooted, then appeal would be Alan's only option to take matters forward.



Would you like Mike Dade to cast his expert eye over a plot or project you're considering?

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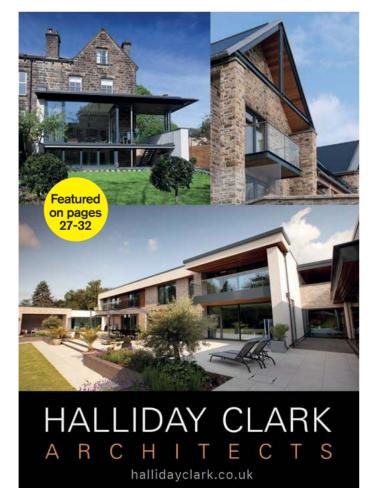
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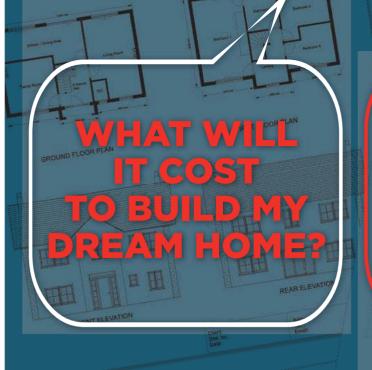
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By self building in their large garden, Rosemary French and Norman Simmonds have created a striking new home









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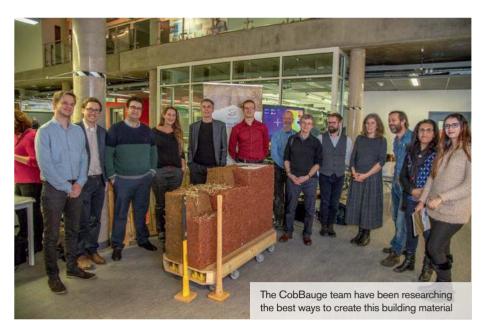
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focus on:

Steve Goodhew from the CobBauge initiative tells us about the team's innovative research into a modern version of this traditional straw-based building material



What is the CobBauge project?

The name is a mix of the English and French terms for cob which is a natural building material that has been used since

prehistoric times on both sides of the Channel. It's particularly prevalent in the South West of the UK. We've looked into these conventional techniques to create a strong construction material.

English cob is traditionally a mix of soil, straw and water. It works very well for walls – rooms are warm in winter and cool in summer – but by using the material in its pure form, it isn't easy to create a structure that complies with modern Building Regulations. We've been researching how to keep the method's efficiency while also meeting today's standards.

Our work has been a collaboration with a team in France to combine traditional cob building from both countries. The project aim is to create and monitor two pilot properties made from the result of our research, a material we've called CobBauge. We'll be looking at energy consumption, thermal comfort and indoor air quality and compare it to other buildings. We believe the product is fantastic, but others will need to see it in action.

What has your research found?

We started by looking into what materials would work best to make the product. That collaborative approach gives us an edge, as we had access to techniques and materials both here and in France. For example, we're using reeds, which are normally waste products from the cob-making process in France. They don't really come into it here so would have otherwise passed us by.

It's fantastic to have the findings from both sides of the Channel agree in terms of the best mixture of materials to provide strength, thermal comfort and efficiency. This sharing of resources and results is like our own internal peer review and strengthens our findings that CobBauge is a viable material. Our next step is to create small prototype buildings – these are in addition to the occupied pilot properties still being planned.

How will this next phase work?

Having people live in the pilot buildings is critical. We could try simulated occupation, with various heaters and devices to humidify the air, but there's nothing quite like having people, because they do the unexpected. This is where the team at Hudson Architects come in. They're going to design a fantastic home that uses CobBauge for a client who wants to try an innovative product, but with a long historical lineage behind it.

What are some of the main advantages of building with CobBauge?

It's a thermally efficient material, with built-in insulation and very low embodied energy values. You can be reassured that the property you're putting up has consumed and is only going to use a small amount of energy. There's also very little waste. You can reuse the material at the end of its lifecycle, and there doesn't seem to be any loss of properties when you break it down and remake it. But if you really want to get rid of the stuff, it's just subsoil and natural fibre, so it won't damage the environment. We love that cob also fits in with historical cultural identity throughout the country – many highly energy-efficient building techniques don't because they've not been around very long.

There are some limitations though. If you're constructing a three-storey cob building, the walls tend to get quite thick. At the moment, it's more logical to limit it to two-level properties. However, further research might help us find a solution to that.

Is there anything else people should know about using this construction method?

Speak with your local authority about the material – they can be restrictive in either the technologies used for a new build, or in the overall design. We've come across some people who are interested in using CobBauge for their building projects, but the conditions imposed by their council mean that they don't have the freedom to use this form of building.

How can self builders get involved?

If you're interested in the practicalities of materials going into your home, or you even want to do a lot of the work yourself, then coming to events and experiencing them first-hand is important. Our prototype buildings – in Plymouth and in Normandy – will provide the opportunity for people to actually get their hands dirty by helping to build the structures. We need to train the tradespeople to use this material, so that can include self builders. As the CobBauge project runs through to the next phase and the construction of the pilot buildings, we'll be holding more training events. I'd also encourage anyone interested in this material to link up with Earth Building UK and Ireland (EBUKI).

Find out more about the project at www.cobbauge. eu/en. You can speak to EBUKI by logging on to www.ebuki.co. You can reach Hudson Architects at www.hudsonarchitects.co.uk



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