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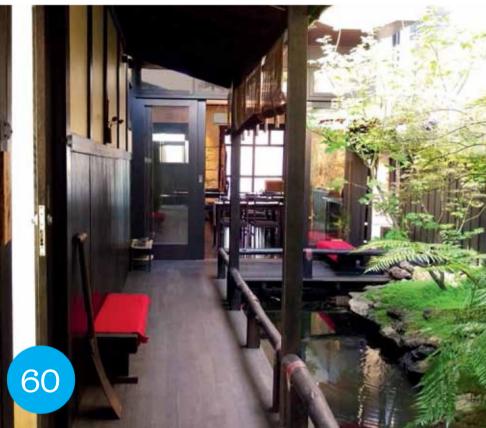














COVER PHOTOGRAPHY STUART SCOTT

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This issue

HANDY STUFF

Tricks and products to stay on top of household grime

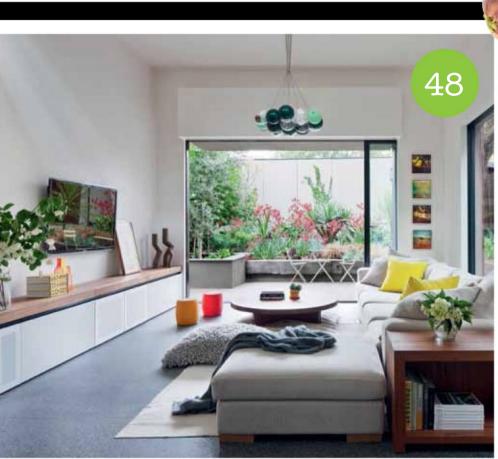


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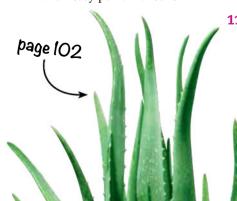
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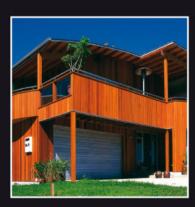
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HOUSEHOLD

CLEANING

Try these tricks to stay on top of home and garden grime and save time

WORDS ASHLEIGH PERRIOTT



Moss menace

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30seconds.co.nz



Lard lover

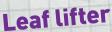
Cut barbie cleaning time with Samba Fat Absorber, about \$5 for 2kg. Just add it to the drip tray and it will soak up fat, plus reduce odours and flare-ups.



Barbie scrub

Get the barbecue back in shape with the Matador Premium Stainless Steel Grill Brush. about \$14. It has an ergonomic handle design, built-in hand guard for heat protection and a replaceable bristle head.

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Keep gutters clear of leaves and dirt with ease using the Cyclone Gutter Cleaning Tool, \$10. Crafted from steel, it measures 405mm long.

cyclone.com.au

Tool tonic

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Clean 'n dry

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raven.co.nz

Block buster

Clear out pipes and drains in the bathroom and laundry, as well as downpipes, with the Karcher 7.5m Pipe Cleaning Kit, \$90. It suits all Karcher electric pressure cleaners and removes blockages with the press of a trigger.

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Bright white

When scrubbing just won't cut it, give tiles a new lease of life with the White Knight Grout Pen, \$13 for 5ml. Its fast-drying formula and self-guiding design make it easy to re-whiten painted or discoloured grout.

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What's new

April is a great time to get some serious D.I.Y. done around your place. Whether it's inside or out, you'll find all the products and advice you need at your local Bunnings Warehouse.



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ADD SOME WARMTH

Enjoy the convenience of instant heat and the beauty of a fireplace with the flick of a switch. Safe and easy to use, the Akai electric fireplace is wall mountable and comes with adjustable heat settings, remote controller, 24hr timer and touch screen control. **\$349**



REACH NEW HEIGHTS The Rhino
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ladder to use for electrical work or
construction because it isn't electrically
conductive, and it's light so is easy to
move around. \$199



VERSATILE WATER PUMP

The Ozito 12V submersible pump gives you quiet performance and efficient water transfer when you don't have access to 240V. The strainer base is easy to remove and clean, and the 5m head means you can carry the water to any location. It's also backed by a three year warranty. **\$89**



FLEXIBLE WAY TO LOCK UP Ideal for a new door or as a replacement for an old lock, the Windsor Brass touchscreen deadbolt lock will keep your home secure. With the option of key or code to open it, it is easy to install and requires no wiring. **\$299**





LIGHT UP IN STYLE You'll love these decorative filament globes. Their soft light output creates a warm glow that will brighten up your home. There's a huge range of shapes and fittings to suit your style, and they look great in our new pendant range. **\$10 - \$60**





GET COOKING WITH GAS This five gas burner hob from Bellini is perfect for large families. With a flame failure safety device on each burner, it features front controls, electronic ignition and quality cast iron trivets. **\$499**





bathroom really has only three standard elements of toilet, sink and shower or tub. And as it's often the smallest room, the layout and design of the space, rather than the size, are what matter.

When designing a bathroom, personal style is key. Interior designer and renovation specialist Monnia Dziril of The Renovation Box (therenovationbox.com) advises being guided by what you love.

'You spend a lot of time in the bathroom, so make it a space that you feel good in,' says Monnia.

Depending on budget and DIY skills, money can be splurged or saved. A lot can be done simply with paint, tiles and accessories to achieve the look and feel you want.



cupboard that was painted white and a sink plumbed in.

ABOVE A mother-of-pearl table adds a decorative element.

Vintage classic

The master bedroom of this home was in the attic space, so the ensuite had a dormer window and a sloping ceiling as architectural features, with both worked into the design.

Taking cues from the feminine but not overly fussy bedroom, the bathroom was done in vintage style and the result was a cosy space that invites privacy and a sense of escape.

Positioned directly under the window to take advantage of the

filtered light and create visual impact is a large claw-foot porcelain tub.

Behind it, a subway-tiled half wall doubles as a bathtub shelf, while the rest of the walls are painted and the sloping ceiling is panelled.

The mother-of-pearl inlay console table is a stand-out feature, adding pattern and colour, and complements the romantic but bespoke feel.

'Using furniture from around the home can add real personality and charm to a bathroom,' says Monnia.



Try timber-look porcelain tiles as an easy to install, low-maintenance option for a vintage bathroom



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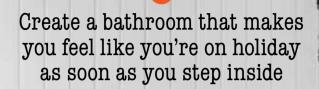




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Recycled haven

The features of a home often dictate the design direction for a bathroom.

In this converted farmhouse, the stone walls were retained and simply painted white. A new timber shutter for the recessed window was crafted out of an old internal door.

'Nothing is refined or perfect, and it's a great example of how to recycle and save money while creating a warm, unique space,' says Monnia.

A salvaged ceramic tub was given a paint makeover and became the focal point of the space.

The black terracotta floor tiles are handmade and they set the tone for the earthy, provincial feel of the room.

A bevelled mirror and an Art Deco light bring in more turn-of-the-century elements that speak to the pared back aesthetic and simple functionality.





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Spacious luxury

Tiling all the way from the floor to the ceiling can make a small space seem bigger, but using a bold paint colour on the walls is the way to make a statement in a bathroom with space to spare.

The warm blue-toned grey that was selected goes with everything, especially white fittings.

'Using a modern colour such as this grey lends a new dimension to classic ceramic fittings, bringing it all up to date,' says Monnia.

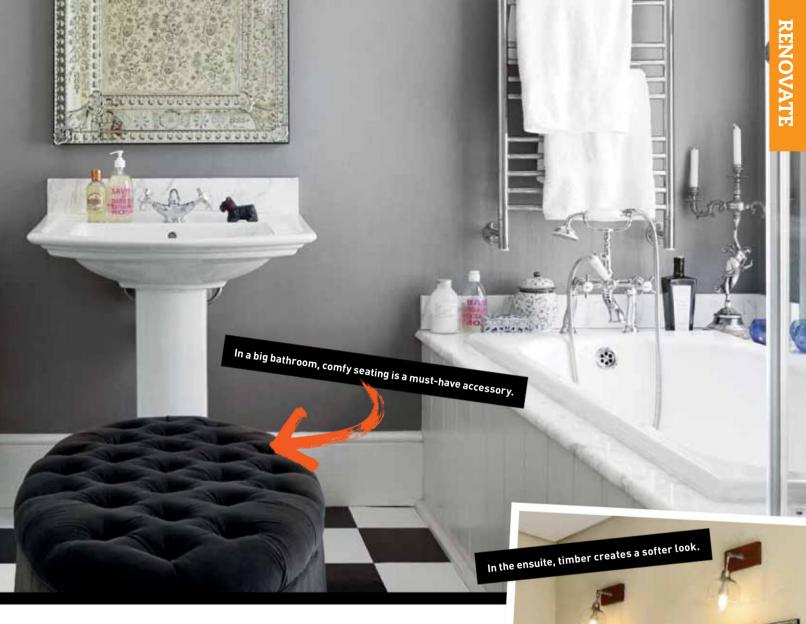
To pick up the black-and-white scheme from the bedroom, this ensuite uses a classic tiled checkerboard floor, the grey walls and the reflection of the wallpaper in the mirror.

A timber side table and black velvet ottoman that invites you to linger in the space make it seem more than just a functional area. Grey-veined marble is used to great effect as a ledge around the tub and a splashback for the sink.

There is an immediate sense of luxury, but comfort is also present.







Material matters

These homeowners decided that traditional spaces weren't for them.

Keen to have a stone bath in the main bathroom, they pushed the idea and essentially moulded the whole room out of concrete. They ended up using concrete in the ensuite as well.

Their choice of main material meant a limited palette of colours.

'Concrete can be mixed with fibre glass, polymers and aggregates so it is suitable for a bathroom. This makes it very durable and easy to clean, and lends a grounded, organic feel that is textural and warm,' says Monnia.

Adding a pale pigment to the concrete mix created neutral colours that work well with the natural light.

Lighting is very important in bathrooms, especially with a flat, non-reflective surface like concrete.

'In a bathroom, you need to see well, and the lighting over the mirrors in the ensuite is a great example of getting it right.'



Team concrete with brass tapware and iron accessories to add texture and layer the look







Lifting the lid on choosing a toilet

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Rejig the floorplan to fit a full-length bathtub in a compact space

WORDS SANDRA BRIDEKIRK PICTURES STUART SCOTT

hen *Handyman* contributor Sandra Bridekirk moved into her home eight years ago, she had no immediate plans to renovate the main bathroom.

But with a growing family and improvements being made in the rest of the house, the room gradually began to look tired and out of character.

As it was a small space, the simple option would have been to install a new shower, vanity and toilet in the same positions, but the family wanted

to add a bathtub, which made planning the reno a lot harder.

'An interior designer friend said it couldn't be done, but we managed it,' says Sandra.

The room was 1800mm wide, the length of a standard large tub, which meant the bath would be 800mm wide, more than Sandra had anticipated, so she searched for streamlined fittings.

'Eventually, I found products that would fit without it feeling like you were sitting on the toilet to use the vanity,' says Sandra.



A clever layout is key in a small bathroom



a frameless glass shower screen.



Several design tricks were used to make the bathroom look more spacious.

- ◆ WATERFALL EFFECT Large glossy white tiles were chosen for the side walls and travertine-look ceramic tiles for the floor and far wall, drawing the eye in to create a waterfall effect.
- BLIND CORNERS A standard recess would have taken up too much space, so Sandra chose a cut-corner shower with a frameless screen.
- MIRROR IMAGE Mirrors add to the illusion of space and reflect light, so a large mirrored shaving cabinet was

recessed into the wall to make it as low profile as possible.

• SLEEK DESIGN 'It may seem a small detail, but if you avoid having things like the toilet-roll holder and loo brush visible from the door, it adds hugely to the feeling of space,' says Sandra.

PICTURE (BEFORE) SANDRA BRIDEKIR





Cutting costs O NO WASTE The old vanity and mirror were listed for sale online, and the shower base was put out for council pick up. **© ENERGY SAVER** Dimmable LED lights were installed, meaning long-term power savings. **ORECYCLED RENO** The shower rail was a recent addition, so it was kept, cleaned and refitted. And the wall insulation was left over from a previous renovation. • PIPE DREAM All plumbing was kept in situ, with only the new vanity requiring an extension. >

GETTING STARTED

Once the plans were drawn up, it was time to call in the tradies.

'The plumber had to rework the taps to accommodate the new bath and work out the most efficient way to get drainage across the room to the vanity,' says Sandra.

Pieces of the compressed fibro flooring were cut out to allow access to the pipes beneath. Once the work was done, new strips of the same product were attached to the joists.

'I wanted to centre the toilet and vanity to look best in the space, so the plumber did this by bringing PVC pipes across under the flooring,' she says.

He then ran water pipes over to the new vanity position.

Light switches and a powerpoint were roughed in by an electrician and a cut-in for a three-in-one extractor fan and heat lamp was made. A duct outlet was then added so the fan could be vented to the outside.



Mix curves and angles in white, glass and chrome for a streamlined bathroom

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TAKING SHAPE

Once the wall panels were done, the waterproofing process began and eventually the room was retiled.

Next, the plumber came back and reinstalled the toilet, vanity and tapware in the same positions where Sandra had originally drawn their outlines in chalk.

The final detail was a cut-corner shower recess, custom-made to fit the space. It was an extra expense, but it completed the bathroom true to the brief. And the results even exceeded Sandra's expectations.

'No matter how much you look at an outline on the floor, it's hard to visualise the end result,' says Sandra.

'I love it. It looks so modern and is very easy to clean, and we managed to fit in that bath. It actually looks more spacious than I had hoped.'

The total cost of the project, including tradies, was \$13,000. ◊





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TILE RESTYLE

Extra-large tiles were selected to provide clean uncluttered surfaces that amplify the space.

Only four of the 900 x 900mm grey tiles were required for the floor, including a single tile being used for the shower recess. On the walls, 900 x 300mm satin alabaster tiles with a rectified edge were used.

At a height of 2000mm, in line with the top of the frameless shower screen, 10mm cedar trim was added to relieve the large expanse of light tiles on the walls.

This trim was also used to frame the frosted-glass louvre window above the bathtub that replaced the dated double-hung window. >

Before

Structural changes
Originally, the bathroom
had brick-veneer walls laid
over a formed-concrete floor.

This made it tricky to re-route services to suit the new floorplan and caused problems with the large-format tiles, which are ideally laid over good substrates.

Ultimately, the walls and floor were completely removed and new modern materials were used to create true, even surfaces.

A false ceiling was also installed to house an aluminium fitting for LED strip lighting and an in-line extractor fan.

After

Installing a sliding cavity door and corner shower opens up the space.

Watch how to install a sliding door Subscribe at handymanmagazine.co.nz/sliding-door

TAILOR-MADE SHELVES

A double-ended bathtub was installed below the new louvre window.

The narrow ledge located at the foot of the tub was topped with high, custom-made timber shelves that match the bespoke wall-hung vanity.

Baskets are used to keep essentials tucked away on the vanity shelves.

A flush-mounted mirror above the streamlined white basin completes the sleek, contemporary look.

The renovation cost \$7400. ♥



Add warmth to an all-white bathroom by using a rich-grained timber



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Take your bathroom to the next level with the Oakridge wall hung vanity. This contemporary styled bathroom vanity range comes in four sizes to accommodate nearly any bathroom space.

The Oakridge vanity features soft close draws, a chrome satin handle, hard-wearing composite stone top and convenient overflow. Tapware not included.

EMILIO SLIDING

A modern sliding shower with stylish frameless glass. This enclosure is a practical solution for when space is limited. Package options includes the Ezi-Lay tile tray or an acrylic tray with one piece seamless acrylic wall liner.

GEORGIA SQUARE

A modern pivoting shower with a stylish low profile frame. A great option for an alcove or as a standard two sided shower enclosure. Options include an acrylic tray with one piece seamless acrylic wall liner.

GEORGIA CURVED

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a one piece seamless acrylic wall liner .















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PICTURES ISTOCK

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If tile grout is cracked or crumbling, remove protect the waterproof

TIPS WHEN WATERPROOFING

Make the right decision when renovating wet areas of the home with these smart ways to find the best service

hile it may seem like waterproofing is as easy as applying a few coats of paint, a lack of know-how and poor workmanship can lead to a hefty repair bill.

Waterproofing tops the list of the most common construction defects reported in New Zealand, according to building industry statistics.

Signs of failed waterproofing are often invisible until structural damage has occurred, so it's vital the work is done right the first time around.

The average cost for employing a professional to waterproof a bathroom is about \$1000, but fixing a dodgy job can cost many times that.

All waterproofing membranes require building consent and a manufacturer's warranty.

The products used for the job must be installed in your home only by manufacturer-approved tradesmen.

Select a product suited to your job, that has been appraised by the Building Element Assessment Laboratory (BEAL) or the Building Research Association of New Zealand (BRANZ).

All work requiring consent must be undertaken by a licensed practitioner, who must issue you a memorandum of work once the job is completed.

Finally, seek a code compliance certificate from a building consent authority, usually your local council.

Pick a professional Waterproofing is not generally undertaken by a builder or plumber unless they have done a manufacturer's applicator course and hold a current product licence. Most tilers will hold a licence,

although the licence is usually specific to a single product. Shop around for a professional

until you find the right fit.

Set the standard Discuss what standards waterproofing work in your property will need to meet.

BRANZ Bulletins 591 and 583 make specific recommendations for waterproofing work. Visit the Membrane Group website to see the specific code of practice for your job (membrane.org.nz).

All internal and external waterproofing must meet Building Code standards.

Get a guarantee As you would with any other large purchase, you must get a guarantee from the product manufacturer and a warranty from the applicator.

To protect yourself from repair expenses in the event of damage, make sure you stick to any maintenance requirements set out by the manufacturer, as defects in the application may appear years after completion.

Find the finest Keeping up to date with laws and regulations in the Building Code is essential.

It's not mandatory for builders and other tradies to be a member of an industry body such as the Certified Builders or Master Builders Association, so call your local branch to find the qualified members near you, or ask at a tile shop for recommendations.

Read the reviews Find out their level of experience and request customer testimonials to ensure they have a history of quality workmanship, as well as positive relationships with past clients.

Can you DIY?

Simply put, definitely not. Only licensed applicators are permitted to do waterproofing work around the home.

Building Code compliance documents are free to download off the Master Builders Association website (masterbuilder.org.nz). Other industry bodies also provide guidelines that will help you make your choice of product.

Tiled shower areas are at the highest risk of damage should work be faulty, so all walls and floors must be waterproofed.

Laundries and separate toilets also require protection, and most councils will require floor drains to be installed in any wet areas.





LAY WALL TILES DIY

Get a fresh new look and save money with these easy tiling techniques

Renovating the bathroom is a great way to improve your home while adding value, and you can make the project more affordable by laying tiles yourself.

To calculate the number of tiles needed for a wall, multiply the length by the height, then deduct any openings and add 10% for wastage.



Ensure a licensed professional applies all waterproofing

What you need

Tiles
Adhesive
Tile spacers and wedges
Notched trowel
Measuring tape
Pencil
Bucket
Drill and mixing paddle
Tile cutter
Spirit level
Timber rail
Grout and grout float
Sponge



Mark a datum line

Deduct 20mm from the tile height and mark a straight line along the wall at this height. Create a temporary rail by attaching a piece of timber to the studs using screws, checking for level.

TIP The datum line ensures tiles are level and accounts for uneven floors.



Cut the tiles

To work out the width of the last tile in a row, position one tile on the timber rail, starting at one end. Move it along the rail, one tile width at a time, adding the width of a spacer between each tile. Measure the width for the last tile and cut to size with a tile cutter.



Add tile adhesive powder to a bucket of water and blend using a power drill with a mixing paddle until it has the consistency of toothpaste, adding water or powder as necessary. TIP Use a tile adhesive compatible with your waterproof lining.





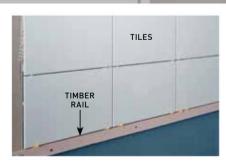
4 Lay the first row

Spread adhesive onto the back of the first tile using a notched trowel. Position the base of the tile on the timber rail and push it against the wall. Clean off any excess adhesive and push plastic wedges under the lower corners of the tile.



Tile the wall

Lay the rest of the tiles across the first row, inserting spacers in between. Check for level when complete, using wedges to adjust the tiles as necessary. Start the next row, applying adhesive to the wall and laying tiles one row at a time. Repeat to finish tiling the wall.



6 Lay the base row

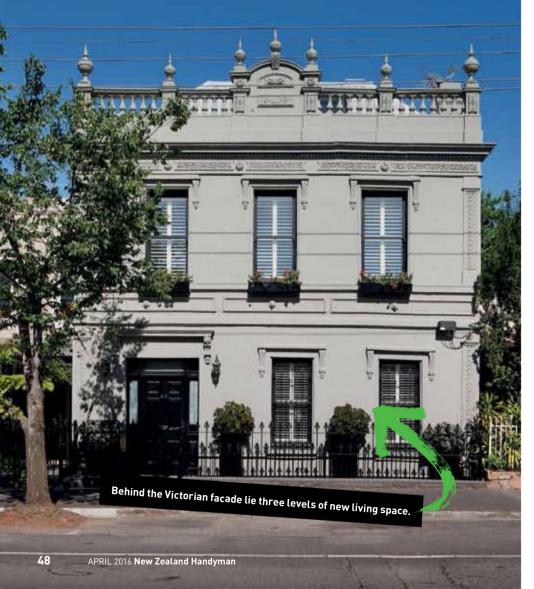
Remove the timber rail and lay the base row, cutting the tiles as required. Let the adhesive cure, remove the spacers and grout the joints, wiping away the excess with a damp sponge. TIP After removing the datum line, re-waterproof the screw holes. •

FOR YOUR INSPIRATION **>>>**

OLD& NEW

Heritage style and modern architecture combine to create a home with character

WORDS SITA SIMONS PICTURES SHANNON MCGRATH





he central suburbs of most cities around the world are sought-after places to live with high property values.

Residences in inner cities are typically tightly packed, but this 10 x 40m double-fronted house built in the Victorian era stood apart.

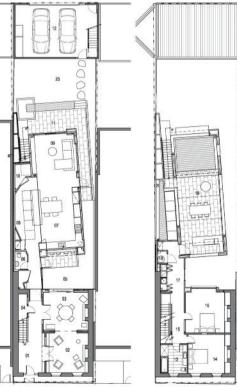
However, it wasn't too impressive to look at from the street, says architect Nick Travers, who was called on to give the old home a makeover.

'Partial renovations and lots of add-ons, mostly from the 1980s, gave it a dated, incoherent feel, concealing its presence and dulling its charm.

'Past the facade, there wasn't a lot of the original fabric and detail of the house left, so this was a large-scale demolition and rebuild,' says Nick.

The clients were a couple with young kids who loved the area and wanted a contemporary design. Their goal was a home with personality and warmth, and space for entertaining.





FIRST FLOOR

GROUND FLOOR



DESIGN TIP

Timber was used throughout the home to add warmth in spaces with utilitarian surfaces

Original restoration

Although most of the original house was demolished, referencing the era and period details is always necessary for a successful renovation.

'It is kind of an unspoken rule. I have seen renovations that didn't do it and they can feel disconnected and almost soulless,' says Nick.

'It can be jarring to think you are entering a Victorian house because of the facade and be faced with undiluted modernism inside. There's always a balance that feels right.'

Traditionally, the front rooms would have been formal reception and living areas. The renovation played with this concept to create a comfortable home rather than stiff spaces that no-one would use.

The front rooms are separate spaces that allow for privacy and feel different from the rest of the house.

Nick's goal was to achieve an interpretation of old-world feel and include what he calls 'a winter space'.

'These are cold-climate rooms, using darker colours, timber panelling and layers of texture,' says Nick.

'Classic furniture shapes and rich wallpapers reflect the English styling this era of architecture would have had.'

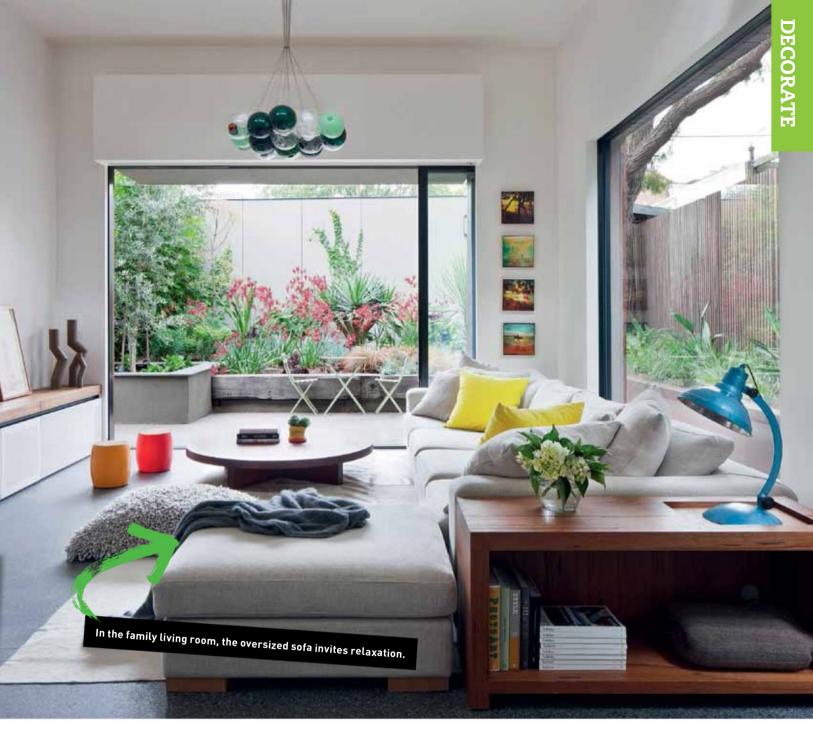
BUDGET TIP

buy paint in bulk and



LEFT On entering, you are greeted by a formal sitting room-cum-library, which references the original heritage home. **BELOW** A light-filled corridor links the old





Courtyard connection

The home was renovated to become two separate structures. Behind the Victorian facade lie period-style rooms, while a modern pavilion was added at the rear of the property.

From the sitting room-cum-library, a wide corridor that doubles as gallery space leads to the new build, angling at the end to open into the pavilion.

Light floods into the corridor through a full-length skylight and is filtered by timber beams, signalling the deft design of the new build.



Built-in joinery offers an exact customised solution for the space in the living area

A leafy open courtyard sits between the old and the new parts of the house, which is accessed via glass doors in the gallery corridor.

The courtyard acts as a transition point, bringing views, natural light and greenery into the interior of the front part of the house and rear pavilion.

The landscaping was an important element of the overall renovation.

'Because there was width in the block, a key focus was the connection between the indoors and out. The clients went to a lot of effort with the native gardens. These spaces create a sense of sanctuary,' says Nick.





Located right above the living space and accessed by an external staircase is a large open-air terrace, which takes in views of the garden and trees and also the city's CBD in the distance.

This type of entertaining space was top of the owners wish-list. While still being a private space, it is big enough for parties and gatherings.

There is a visual link from the terrace to the living area via a highlight window, and the open roof structure defines and contains the space.

The warm palette of timber, in this case the cladding of Victorian ash, is continued so the outdoor spaces feel harmonious with the interior.

Recycled timber beams and exposed brickwork ground the design and give it texture. >



A native garden can be both lush and structural but is always low maintenance



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ALL THINGS BENCHTOPS

Install new surfaces to transform the look and feel of your kitchen

56

APRIL 2016 New Zealand Handym



full budget-blowing renovation isn't the only solution to the problem of living with a dated kitchen.

If the layout is practical and the cabinetry in good shape, you can give the kitchen a refresh instead of an overhaul. And the quickest way to do this is by replacing the benchtops.

Here are some of the hottest benchtop trends currently available in laminate, stone, timber and bamboo.

Your choice will depend on the existing cabinetry and overall look of the room, as well as your budget.

TIP Install new cabinetry handles for another instant, budget upgrade.



LAMINATE

The ideal choice if you're after a quick kitchen refresh, laminate benchtops are available in a huge variety of styles, colours and patterns.

A very budget-friendly option when compared to stone, laminate is also easy to install and maintain, making it the best choice if you want to replace the benchtops DIY.

You can go for plain benchtops in the colour of your choice, or opt for laminate that has the appearance of textured timber or high-end stone so you can get the designer look for less.

Depending on the style and the colour, laminate benchtops come in a gloss or matt finish, and in a range of sizes and profiles.





TIMBER AND BAMBOO

A great way to add warmth and life to a kitchen, natural timber and bamboo benchtops bring a beautifully organic look and feel.

Timber benchtops can be made from a variety of hardwoods, including maple, Victorian ash, European oak and beech.

Measure up

- ① Check the cabinets are level and square by placing a spirit level on top of the base cabinets. If they're not, adjust them as necessary.
- ② Measure the length of the kitchen, remembering to include all filler and end panels. It is best to start from a wall and measure outwards. Add 20mm for the overhang or 30mm where safety corners are used.
- 3 Measure the depth of the benchtop from the wall to the front of the cabinet doors and drawers.

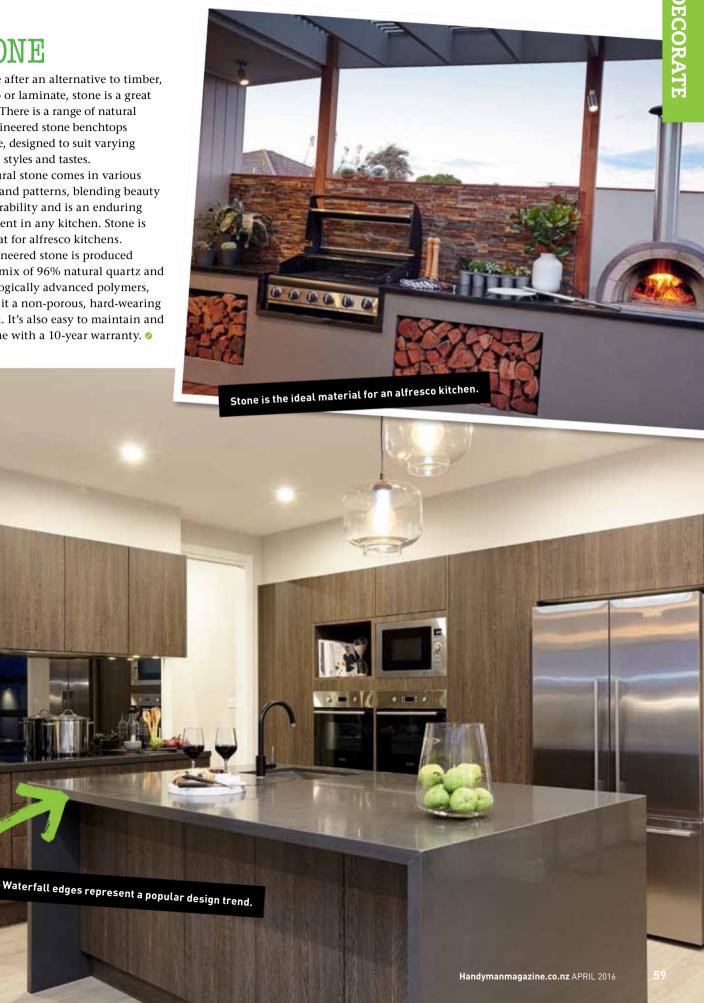


STONE

If you're after an alternative to timber, bamboo or laminate, stone is a great option. There is a range of natural and engineered stone benchtops available, designed to suit varying budgets, styles and tastes.

Natural stone comes in various colours and patterns, blending beauty with durability and is an enduring investment in any kitchen. Stone is also great for alfresco kitchens.

Engineered stone is produced using a mix of 96% natural quartz and technologically advanced polymers, making it a non-porous, hard-wearing material. It's also easy to maintain and can come with a 10-year warranty.











rossing the threshold into Ryokan Gojyuan, in Sydney's inner-city Balmain, is like stepping through a magical portal and being instantly transported to Japan.

'We've always had a love affair with Japan, but it was never in my mind to open something like this, it just happened,' says Linda Evans, owner of the guesthouse (ryokangojyuan.com).

Linda and her husband, Steve, visited Japan in 2001 and they were inspired by the hospitality they enjoyed while staying in traditional Japanese guesthouses, called ryokan.

'We thought it would be nice to have something like that in Australia, so people could see what hospitality is supposed to be about,' she says. Despite being an IT professional by trade, Linda has a strong practical background in DIY, as does Steve.

'I had a vision and we managed to find a local builder to work with, who was the best help we could have wished for on this project,' she says.

The reno was a huge undertaking, involving major excavation work and a substantial rebuild of the property.

The transformation took five years to complete. Linda acted as project manager and maintained her sanity by focusing only on the job at hand.

'When we were doing the roof, I forgot about everything else. If I had looked at the overall project, I probably wouldn't be sitting here talking about it today,' she says.



The minimalist use of space is key when setting out a Japanese-style room

Seizing opportunities

Despite the various challenges, many unexpected opportunities surfaced as the work progressed, making the process rewarding and enjoyable.

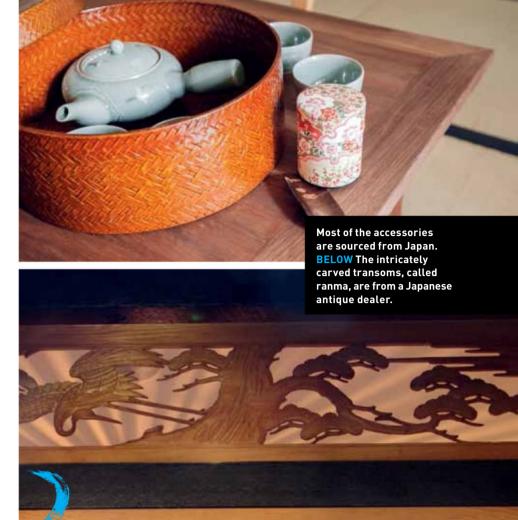
'I was going to use bamboo around the pond so I bought several books on the subject, but then this redwood came up on eBay. I thought it was lovely so we got that instead, and it changed things completely,' says Linda.

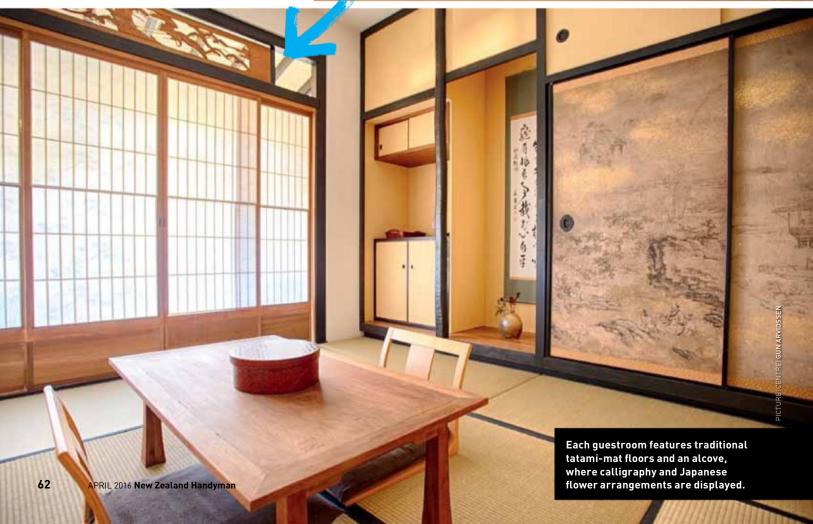
The cedar used for the front door was also an online find.

'It was once part of a house in Mosman and now it's a door in Balmain. I love the idea that the timber has another history,' she says.

'The process made me think of a flowing river. It turns and turns, and you really never know what's going to happen.'

Taking advantage of all the opportunities allowed Linda and Steve to create a ryokan whose authenticity resonates in every detail.







Attention to detail

The furniture, decorations and crockery are sourced from Japan or local secondhand dealers.

'We set out the two guestrooms as traditionally as possible. Each features a tokonoma, an alcove where ikebana (Japanese flower arrangements) or calligraphy pieces are displayed,' says Linda.

But beneath the surface of the perfectly executed decor lies a high-tech infrastructure.

'I'm an IT programmer, so right from the very start I wanted to use cutting-edge technology,' says Linda.

'My office is located upstairs and everything is star-wired from there.'

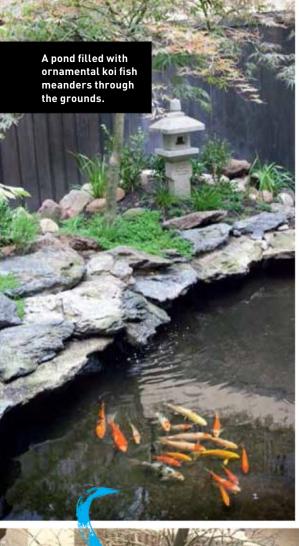
Track lighting systems have been cleverly integrated into the cladding of the structural beams in the dining room and lobby area.

The guestrooms and bathhouse feature concealed sound systems that play soft and soothing Japanese background music on demand.









Serene and green

One of the most noticeable qualities of Gojyuan is the sense of calm, and nowhere is this feeling more pervasive than in the meticulously crafted garden.

'The sound of running water is very peaceful, and it was always going to be a major part of the garden,' says Linda.

The groundcovers and feature plants make it hard to believe you're in Sydney, despite the locally sourced sandstone.

'Outside the back guestroom, which faces south, the moss is really coming on. In Japan, moss is everywhere.

'We have a lot of Japanese maples, and the idea is to highlight the change of seasons, even if Sydney is a little too temperate for us to really gain the fullest autumn tones,' she says.

While any Western visitor is sure to be awestruck by Gojyuan, there is a higher seal of approval that Linda is particularly proud of.

'An elderly lady visited us once, an experienced tea person, dressed in a kimono. She said, "When I heard this place was run by an Aussie, I was expecting something totally different. But this is like my home in Kyoto."

'To me, that's the best compliment I could receive, as it means she could see what's gone into it. And that's us, and our passion for Japan,' says Linda.

It takes vision and perseverance to create a space that can pass such a test of authenticity, but as Linda has shown, it is a completely achievable prospect, even without a massive budget.



The use of running water is an essential way to imbue a space with serenity









adoorable style by Hume

DOOR UPGRADE

Revamp an entry for a new look and to boost security

WORDS DANIEL BUTKOVICH

odernising the doors in your home can be a simple and cost-effective way to create a fresh, new look while improving privacy and security.

Designer doors create a great first impression upon entry and help reinforce the style of the home.

Replacing a door, repainting an existing one or installing new handles can all be done DIY.



For an instant impact on a budget, repaint the door and add new handles

WHAT YOU NEED

Ryobi Door Lock

Installation Kit, \$33.

ryobi.co.nz



Create a great first impression with an updated door.

PPG Easycoat Doors & Trim Interior Gloss White Paint, \$65 for 4L. ppgpaints.co.nz



Ozito 18V Cordless Drill Driver, \$98. ozito.co.nz



Most interior doors feature a hollow-core construction and are 35mm thick. The standard size of a door is 1980 x 810mm, but suppliers can provide them in other sizes.

0

Update an entry by installing a new door, hanging it DIY to save money

EXTERIOR

With years of exposure to wind, rain and harsh sunlight, exterior doors can end up looking faded and weathered.

Luckily, it's simple to swap your door for a modern model that will withstand the elements.

Exterior doors must be stronger than interior models, and most are

made from solid wood. Aesthetics can't be overlooked, as a front door is often the first thing visitors see when entering your home.

Glass panels allow light to enter the home while adding character, and they can also be frosted for additional privacy.



Hume Nexus Entrance Door, 1980 x 810 x 40mm, about \$462.



Hume Regency1 Entrance Door, 1980 x 810 x 40mm, about \$746.



The old way in is on the way out. With Schlage $\mathsf{Touch}^\mathsf{TM}$, no key means there's nothing to lose, nothing to fiddle with, and—for intruders—nothing to pick. All in a slim profile that's every bit as sleek as it is strong.



The keyless era starts at schlage.co.nz



INTERIOR

Sometimes, all it takes to modernise a room is a new door handle. It's surprising how much of an impact it can make, especially when paired with a new coat of paint.

Door furniture complements the architecture of your home. Matching the clean lines of a new door with sleek steel handles creates a cohesive, modern look.

TIP Interior handles with locks can add privacy to bedrooms.









EXTERIOR

Exterior handles need to be more robust to provide additional security.

Technological advances have revolutionised these handles, with convenient features like electronic keypads, remote controls and fingerprint recognition becoming standard inclusions.

These increased security features improve home safety, and modern designs protect your home without making it look like a fortress.

SECURITY DOORS

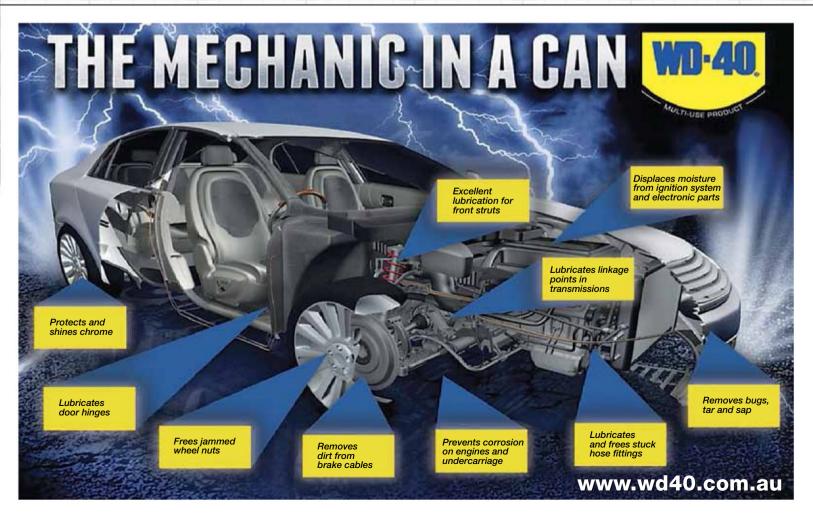
It's worth considering a security door when replacing an old screen door, as it adds an extra layer of defence against intruders yet still allows airflow.

Steel doors are the strongest, while aluminium mesh is lightweight and less prone to corrosion. One-way security mesh adds privacy, letting you see out, but preventing others from looking in. TIP Ensure your security door meets New Zealand Building Standards.



Create ventilation without compromising on protection from bugs and burglars







Bold doors

Transform your entrance with paint to create a stunning first impression

WORDS DANIEL BUTKOVICH

here is no renovating technique that offers more bang for your buck than painting.

It's a simple and easy way to transform both the interior and exterior of the home, and it's well within the skill level of any DIYer.

Plus, you don't need to paint the whole house to change the look.

Painting the front door is a fun way to add colour to the exterior, and gives a home instant character.

The hardest part is choosing the colour, but happily there is a shade to suit every architectural style.

TIP Bold colours are best for external doors, as bright sunlight can make lighter shades appear faded.





Monarch 130mm Doors, Windows & Trims Roller Kit, \$16. austbrush.com.au









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Each year SPCA Auckland helps more than 15,000 sick, injured and abandoned animals. With no funding from the government we rely on supporters in the community to help us do our work.



SPCA Guardians are a special group of regular monthly donors who help us take action for animals in five key ways:

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👺 Rescue

Rehabilitate

Shelter and rehome

Seek justice

For more information about becoming an SPCA Guardian, please visit our website www.spcaauckland.org.nz email guardians@spca.org.nz or phone og 256 7307

INSTALL A DOOR

If you're replacing an internal door or hanging a new one, mounting it to the jamb is an easy DIY job.

First, test-fit the door in the frame and check that there is at least 2mm clearance at the top and sides.

If the door is too wide or tall, trim it on the hinge side or from the base, using a power planer.

What you need

Internal door
Drill and drill bits
Tape measure
Wedges
Hammer
Hinges and screws



Panelled doors suit both modern and traditional homes.

Watch the video 'How to Hang a Door' at bunnings.co.nz/diy-advice









1 Attach the hinges

Mark the position of the hinges on the edge of the door 200mm from the top and 300mm from the base. Drill pilot holes and attach the hinge with screws. TIP If the hinges need to be recessed, score the outline with a knife, then use a sharp chisel to remove the waste.



2 Fit the door

Position the door perpendicular to the frame. Level the door using wedges, ensuring there is 2mm clearance at the top and the hinges are sitting square on the jamb. Drive the top screw into the top hinge, check for level and adjust wedges as required.



3 Hang the door

Once the door is level, drive the top screw into the lower hinge. Remove the wedges and check the door shuts properly. If it doesn't, remove the lower screw, adjust the wedges, then reattach. Secure the hinges with the remaining screws when the door hangs flush.





L. Determine your storage needs



2. Hang the FastTrack Rail and snap on the plastic cover.



Snap shelving and accessories onto FastTrack Rails.



10 TIMES MORE STORAGE Space

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Q Find it at Bunnings

GARAGE

Sort out this multifunctional area with easy-to-implement storage systems

he average family garage is often a messy dumping ground for tools, sports gear, gardening equipment and old toys, leaving no room for a car or projects.

Building a custom storage system to clear the clutter and free up space for the perfect DIY cave is simple.

For a functional work space, select a durable workbench and pick out accessories, such as a pegboard, to hang hand tools within easy reach so the bench is clear for use.





Safe and secure

A metal garage storage system is a fantastic way to keep power tools and chemicals secure, while creating a work space for DIY projects. The stylish, functional Ultimate range offers shelves, cabinets and drawers.

Shelving is an essential part of any organised garage. A five-tier system utilises vertical space while leaving plenty of room in a single or double garage for a car. Add tall cabinets for lockable storage space.



Invest in a sturdy roll out cabinet with drawers to keep small items like tape measures within reach



RAISED VEGIE BED

Use timber sleepers to create a simple no-dig patch for growing edibles

PROJECT AND PICTURES ADAM WOODHAMS

utumn is a great time to start growing vegetables but, even with the cooler weather, digging a patch can be a chore.

We built and planted a raised $2.4 \times 1.2 \text{m}$ garden bed in just a day using timber sleepers and metal posts. Holes had to be dug for the posts, but the sleepers were then simply slotted in.

This bed was for growing edibles, so we chose a location that received at

least 4-5 hours of direct sunlight a day and wasn't exposed to a lot of wind.

Herbs and annual flowers could be grown instead of vegies, but if you're planning to use the bed for other types of plants, choose a site with sun levels that suit the species being used.

The best thing about this project is that you only need basic skills and tools, and you can plant seedlings to get a jump-start on your crops.







Buildex 14-10 x 100mm Bugle Head Batten Timber Screws, \$20 for 25, from Bunnings.



Ryobi Airwave Wide Crown Stapler, \$90. ryobi.co.nz



Coolaroo 5m Prepacked Weed Control Mat, about \$5. coolaroo.com



Cemix Fastcrete, \$10 for 20kg. cemix.co.nz



Whites Outdoor 450 x 50mm Retain-iT Corner Post, \$25. whitesgroup.com.au

What you need

Timber planks
Metal corner posts
Quick-set concrete
Hex head timber screws
Bugle timber screws
Weedmat
Pea straw



BUILD THE RAISED BED



Set out the corners

Dig the first corner post hole to about 200mm deep and drop in a post. Add the concrete, checking for plumb. Slide an uncut 2400mm sleeper into the post, using this to mark the location for the second post hole, then dig the hole.



Secure the sleepers

Mark 20-30mm from the top edge on each face of the metal corner posts and 100mm below this mark. Predrill two holes on each face using a 4mm bit. Secure the sleepers to the posts using 12g x 25mm hex head screws.



🕜 Lay the newspaper

Ensure the weedmat is pulled out over the grass and not folded back. Lightly wet sheets of newspaper by dunking them in a bucket of water, then lay about 8-10 sheets to cover all of the exposed areas of the bed.



Measure the diagonals

Add the second corner post to the new hole, keeping it plumb, then pour in the concrete. Cut a 2400mm sleeper in half and slot into the corner posts. Measure the diagonals, adjusting the short sleepers until they are equal.



5 Lay the weedmat

Cut weedmat to about 400mm wide, then cut two strips to 1200mm long and two strips to 2400mm long. Use a stapler to secure the weedmat to the short and long sleepers about 40mm down from the top edges.



8 Fill with soil

Add the soil to the garden bed, filling it almost to the top. Use just over half a cubic metre of soil for a bed this size. TIP The most economical way of buying soil for a job like this is to order it from a landscape supplier.



3 Install the posts

Mark and dig the last two post holes. Position the corner posts in the holes, then slot the final long sleeper in between them. Check for plumb and level before pouring concrete to secure the corner posts in position.



6 Add a cross brace

Cut a sleeper to 1200mm long. Find the centre of the bed and mark the long sleepers, position the cross brace and secure to the long sleepers using 10-14g x 100mm bugle screws to prevent the long sleepers bowing.



Plant the vegies

Prepare the soil, then plant the vegies, watering and mulching well. Add stakes to plants such as tomatoes at planting time to avoid root damage later on, securing your new plants to their stakes with budding tape.

LAWN BORDER

Securing weedmat to the sleepers around the border of the raised bed works as a long-term barrier to any grass that may start to creep in from the surrounding lawn.

Laying newspaper across the rest of the bed base smothers the grass and prevents it from rising into the bed. Paper breaks down into useful organic material in about three months.

TIP An organic mulch such as pea straw also adds nutrients to the soil.



For a set-and-forget garden bed, install a drip-irrigation system with a timer before planting





Succession planting is a great way to stretch what may normally be a 2-3 week harvest period out to 2-3 months.

Tomatoes are a great choice for smart succession planting. Simply plant seedlings, semi-advanced plants and advanced plants at the same time, or plant second and third rounds of seedlings 3-4 weeks apart.





Here's the easy way to win the war on weeds and save water in the garden

WORDS AND PICTURES ADAM WOODHAMS

Mix river pebbles, crushed quartz and bark mulches for a landscape with visual interest.

ost effective, sustainable and great looking, mulch is a must for any garden, with the many benefits far outweighing the cost and minimal time it takes to lay it.

Mulching saves water by reducing evaporation and runoff, prevents soil erosion from wind and water, and provides insulation, keeping plant roots at a more stable temperature.

You can use organic mulches such as pea straw that break down and add nutrients to the soil, or go for inorganic types such as pebbles that last longer and have more of a design aesthetic.

All types suppress weeds and make any that do pop up easier to remove.



EXPERT SECRETS

Buying mulch in bulk from a local supplier saves money when mulching a larger yard.





Organic varieties

Natural materials such as pine bark or leaf compost are called organic mulch, as they add nutrients and feed the soil as they gradually break down.

But to break down harder bark or woodchips, micro-organisms borrow the nitrogen in soil that plants need for healthy growth. To stop nitrogen drawdown, lay composted manure or straw under these mulch types.

GROW TIP

Newspaper or cardboard laid under organic mulch helps suppress weeds and breaks down, adding organic matter to soil.



Pine bark
These mulches or nuggets
are available in a range of
sizes and will take 18-24 months
before they need replenishing. Pine
bark will induce nitrogen drawdown.









Soft fall

A fine pine bark mulch that is partially composted, soft fall is ideal for children's play areas due to its softness. It is generally available in bags or bulk.



Inorganic varieties

Pebbles or gravels, available to buy bagged or in bulk, are generally described as inorganic mulches.

These mulches are long lasting and decorative, and only needed to be topped up every few years.

They do the same job as organic mulches with water-saving and weed control, but won't break down or add organic matter or nutrients to soil.



- **1 REMOVE** all weeds from the area, making sure you get the roots as well.
- 2 SPREAD a quality manure or compost over the entire area, then add a controlled-release fertiliser such as Osmocote Plus Organics.
- **3 WATER** the area well, then spread mulch evenly to a depth of at least 50mm, ensuring it is not pushed up against the stems or trunks of plants. Water the area well to finish.



Leaf litter
Ideal for large gardens, leaf
litter is a blend of woodchips
and leaves that will need replenishing
every 12-18 months. This mulch may
cause nitrogen drawdown.



Readily available with just a little time and effort from a beach near you, seaweed looks after the soil by providing beneficial nutrients as it breaks down.



Meadow hay

Great for vegies and flowers,
garden-grade hay breaks
down quickly, adding nutrients to
the soil. You can lay it under other
mulches to reduce nitrogen drawdown.

SPRUCE UP AN OUTDOOR SETTING

Breathe new life into timeworn patio furniture by refinishing the surfaces

WORDS AND PICTURES MELISSA DARR

IY blogger Melissa Darr bought this metal outdoor table setting from a garage sale nearly a decade ago, and it was now starting to show its age.

With unsightly flaking paint and rusty spots, it was looking the worse for wear. But as the table and chairs were still structurally sound, she was determined to bring them back to life.

After giving the setting a good clean and removing the flaking paint, a new paint finish was applied.

'The table and chairs just needed a little bit of cosmetic work to make them look brand-new again. We're hoping we can get another 10 years or more out of them,' says Melissa.





Melissa and her husband Bevan began the project by stripping the setting of any flaking paint.

Using a grinder with a wire brush disc, Bevan ground back all the old paint on the table and chairs to reveal the aluminium base underneath.

The metal was thoroughly cleaned to remove any dust, then it was left to dry before being painted.

Melissa used rustproof paints, applying one coat of primer and two coats of spray paint, allowing it to dry thoroughly in between coats.



EXPERT SECRETS

To prevent falling leaves or dirt from sticking to wet paint, make sure you work in an area that is under cover.



Handyman

BUYER'S GUIDE

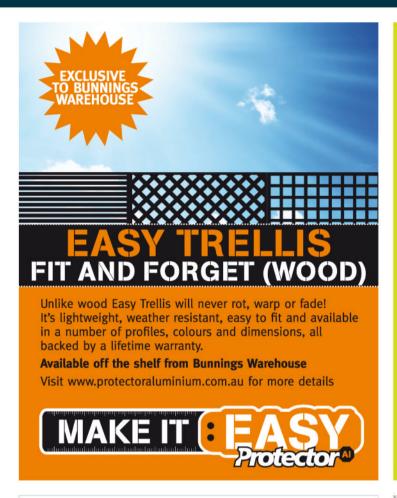
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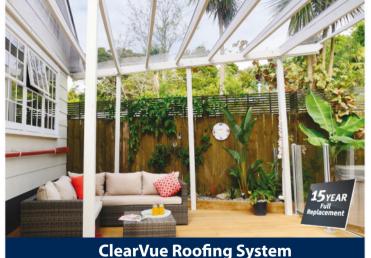


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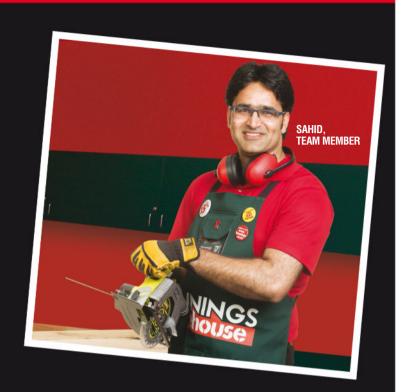


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There is a wide range of fabulous stone, plastic, timber, glazed and unglazed terracotta, and steel pots available in a variety of colours.

Select styles to go with your garden design and that blend in with wall colours and surrounding brickwork.

Reflect the mood of your garden in your choice of containers. A collection of pots of varying sizes, colours and textures often suits a cottage or country garden. In urban settings, bold pots and planting styles can be more effective.

Wide rather than high containers suit low-growing plants while large pots can feature dramatic architectural plants. Square pots look good filled with round, clipped plants. >







When they've been in pots for too long, plants become root-bound, and the roots fill the pot, circling around inside.

Gently tease out the roots from the potting mix, then cut off any that are damaged, as well as 25-50mm of solid roots at the base.

Repot the plant in a larger pot and put it in a semi-shaded area for a week so the plant can establish, then move it to its intended location.



Stand containers on pot feet to assist drainage and prevent staining pavers





REPOT A PLANT It's a good idea to repot plants every three years. This should be done, even if the plant hasn't outgrown its pot, as the potting mix degenerates and needs renewing. New plants from a nursery usually need repotting in a larger pot.



1 Add the potting mix

Transplant the plant into a larger pot so it has room to grow. A plant that is growing in a 20cm pot will need to be planted in a 25cm pot. Partially fill the new pot with potting mix, then remove the plant from the old pot.



Position the plant

Check the rootball of the plant and trim off any twisted or broken roots. Position the plant so that it sits at the same level as it did in the original pot, adding or removing potting mix as needed.



Top up with mix

Fill around the rootball with potting mix using a trowel, firming it in at the roots and making sure the mix is about 25mm from the rim of the pot so water will not spill over the edge. Water well and top up the potting mix if it sinks.

Avoid damage PLANT PICKS It's important to take care when removing a plant from its pot or you may damage From sunny spots to windy balconies, there's a plant for any situation. the stems or roots. To remove it from a plastic O SHADE Azalea, aspidistra, begonia, pot, put one hand around the clivia, bromeliad, camellia (small plant base and invert the pot. cultivars), hostas, impatiens, ferns, Lift the pot off with your dianella and lomandra. other hand and, if the plant • SEMI-SHADE Cordyline, bromeliad doesn't slide out easily, (morning sun only), liriope, dracaena, squeeze the sides of the pot camellia (small cultivars), fuchsia, and or tap the sides against daphne (morning sun only). • SUN Agave attenuata, nasturtium, a hard surface. gardenia, salvia, lavender, geranium, grevillea, kangaroo paw, flax, verbena, petunia, pansy, succulents and vegies. • WIND Bay, olive, oleander, flax, New Zealand cabbage tree, hebe, lomandra cultivars, dianella, geranium, westringia, rosemary, succulents, Murraya paniculata, bird of paradise, lavender and Yucca elephantipes. Fuchsia Camellia Pot basics There's only one rule when choosing a pot, if it holds soil, you can grow a plant in it. Fern Drainage is the essential Bird of paradise factor so if the pot lacks drainage, drill a few large holes in the base. Large pots hold water better and are bolder in appearance than a variety of small pots. And large pots and troughs work best on windy balconies, as they don't dry out as rapidly as small ones. Water frequently as dry potting mix becomes lighter and makes pots prone to blowing over. >

PICTURES ISTOCK (MAIN) CHERYL MADDOCKS

Nasturtium

Handymanmagazine.co.nz APRIL 2016

GARDEN

KEEP THEM THRIVING

Potted plants have different feeding, watering and pruning needs to those that are planted in garden beds.

Here are a few guidelines to ensure your container garden thrives.

Pruning Shrubby plants need regular tip-pruning to encourage dense growth and to keep them looking good. Many shrubs can be clipped into a ball or topiary shape for a formal look.

Feeding Potting mixes contain enough food for a short time, but then you need to regularly apply a controlled-release plant food that will feed your plants for three-, six- or nine-month periods. You can also use granulated or complete soluble fertilisers, or add a layer of compost or manure to the surface of potted plants.

> Watering Water pots deeply until it runs out of the drainage holes. You'll be able to work out a routine based on the weather. In the warm months, you will sometimes need to water daily.

with these tips.

Water-saving ways Help your plants thrive

Glazed pots hold moisture

longer than unglazed ones

• ADD water-holding crystals to the potting mix when repotting.

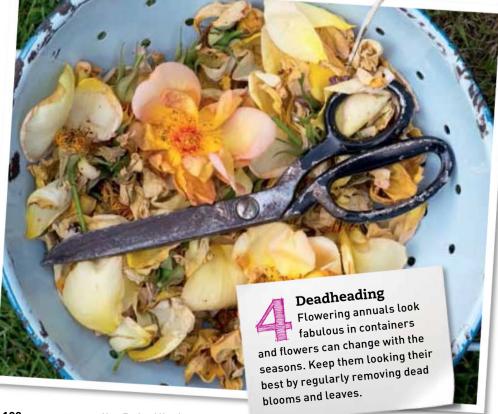
• MULCH with pebbles, sphagnum moss or meadow hay.

TRY plastic instead of terracotta pots, as they have better water retention, and use an attractive terracotta container as a sleeve.

G SPRAY the inside of unglazed

LINE unglazed pots with black

terracotta pots with a sealant. plastic, but don't cover the base and drainage holes. •



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Collectively known as xerophytes, they have adapted to arid conditions, developing storage structures in their leaves, stems or roots that store enough water to survive periods of drought.

This makes them ideal for dry areas, windy sites or coastal hotspots.

Ranging in size from the Mexican native Carnegiea gigantea that can reach 15m to low-growing sedums, they make outstanding features in garden beds and wonderful pot plants.

Agave attenuata

Grow in beds

Plant succulents of varying heights and shapes, combined with waterwise perennials, to create interesting foliage compositions.

Large succulents can be used in the garden in a minimalist style, with just a few sculptural plants set in areas of gravel or stone.

Low-growing sempervivum, sedum, echeveria and Senecio serpens are ideal groundcovers, while agaves and aloes grow into great feature plants.

PLANT Sun and well-drained soil are essential. If drainage is poor, use a raised bed or a sloping bank.

GROW Feed in spring and summer with an all-purpose plant food. Don't overwater, as most succulents will virtually survive on rainwater.

Mulch with black, grey or white pebbles to give the garden structure and prevent weed growth.



EXPERT SECRETS

While they can tolerate a great degree of neglect, succulents will grow stronger, with better colour and form, if given a little care.

Due to their low water demands, few plants are more suited to container cultivation than succulents.

PLANT Use a potting mix formulated for cacti and succulents.

Most succulents like a lot of sun, but some, including *Rhipsalis* spp., *Aeonium tabuliforme*, gasteria and haworthia, appreciate shade from the hot afternoon sun. *Agave attenuata* will also take a little shade.

• **GROW** Feed with a soluble fertiliser in early spring, summer and autumn, or just apply a six-month slow-release fertiliser during spring.

When planting, keep the potting mix barely moist and don't water for the first week. Water when the mix is nearly dry, but don't overwater. A weekly watering is enough for most potted succulents once established.

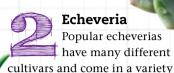




Aeonium

There are many different species of aeonium, ranging from groundcovers to branching plants that grow up to 1.5m high.

The most popular are the bronze- and green-leaved Aeonium atropurpureum and 'Schwartzkopf', its dark maroon-leafed cultivar. GROW in garden beds and pots.

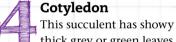


of sizes and colours. While hardy, they do benefit

• GROW in containers or use as a groundcover in garden beds.

from periodic care.

Aloe Aloes have bold structural form and most of them bear teeth along the leaf edges. Aloe arborescens is popular, but make sure you position it where its thorny leaves can't scratch you. • GROW in garden beds.



thick grey or green leaves and pretty bell-shaped flowers.

Cotyledons don't mind winter rainfall and are frost-tolerant.

• GROW in garden beds, hanging baskets or containers.



There are about 190 species in this genus, including annuals, perennials and shrubs.

They vary in height from groundcovers to the well-known jade plant, which grows up to 2m, and tree-like Crassula arborescens that can reach 4m high.

• GROW in garden beds or pots.



Agave

These plants have bold leaves, and almost all of them have spines, so care needs to be taken where they're planted. The friendliest is Agave attenuata, with soft, silver grey-green leaves. • GROW as features in beds. Agave attenuata looks great in large pots.



Sempervivum

These are commonly called hens-and-chicks because of the way they multiply.

The chicks grow from the base of the mother plant and are attached by thin stems. They can be detached and replanted and will soon grow their own roots. • GROW in shallow bowls, rockeries or hollowed-out rocks, as they don't need much soil to survive. They revel in cool climates.



Certain succulents have

Hanging habit

a trailing habit and these are ideal for planting in tall urns or hanging baskets.



The green leaves of jelly bean (Sedum rubrotinctum) turn red in dry or cold conditions. Every leaf that drops can produce a plant.

Sedum

Sedums range from groundcovering plants to Sedum spectabile, which reaches a height of about 60cm.

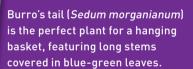
While most are evergreen, some die down during winter and reappear in spring. They can also have a trailing habit. **GROW** in containers and garden beds.



Kalanchoe With interesting leaves

and pretty flowers, kalanchoes range in size from small groundcovers to large shrubs. They grow well in humid sub-tropical climates.

• GROW in garden beds or pots.



Burro's tail



While rhipsalis prefers a warm climate, high humidity and a shady position in the garden, it will tolerate morning sun. >

Yucca

Various yuccas have soft-tipped leaves, but most have a terminal spine, so take care where they are planted in the garden bed.

The cream or white flowers are produced on tall spikes.

GROW in garden beds.



TOP LEFT) ALAMY







his garden bed at the front of *Handyman* managing editor Lee Dashiell's house had never looked good.

As it was highly visible, he had tried growing various perennials, shrubs, bulbs and annuals, and revamped the bed multiple times.

'Over the years, I've replaced the soil, mulched and installed watering

systems, but the problem is that it's in baking sun all summer, and the existing and surrounding soil is lacking in nutrients,' says Lee.

He decided to cut his losses and strip the bed and plant succulents, as they thrive in these conditions.

There were a few succulents and cacti in the garden, so they were moved and new ones bought to fill in.

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GARDEN EDGE IK

Icon Plastics 100mm x 10m Garden Edge, \$35, from Bunnings. Trojan 1.35kg Club Hammer, \$23. trojantools.com.au



HOW TO PLANT

Onions come in different shapes and skin colours, including brown, white and red, and it's important to sow each of them at the appropriate time.

There are early, mid-season and late-maturing varieties, and planting them in the right season prevents them bolting to seed.

GROW Onions can be grown from seedlings, which are available from nurseries, or sown from seed.

Sow the seeds directly where they are to grow and thin when 100mm tall, spacing the plants 70-100mm apart. Don't plant seedlings too deep, just cover the roots and the stem bases. Apply a complete fertiliser in summer. HARVEST They are ready to harvest about 6-8 months from planting, when the leaves are dry and fall over. Once pulled from the ground, leave them in the sun for a few days to cure, then store in wire baskets or mesh bags. IN THE KITCHEN Brown and white onions are essential for many dishes and red onions are good raw in salads.



GROW TIP

To enjoy a continual supply of onions in the garden, make successive sowings with varieties of a different maturity.

An onion a day...

Researchers have found that red onions can help inhibit heart disease and studies reveal that a high consumption of allium vegetables can protect against stomach cancer.

Studies also show that men who eat more than 10g of allium vegetables a day are about 50% less likely to develop prostate cancer.

Brown and white onions contain sulphides similar to those found in garlic that may assist with lowering blood lipid levels.

The taste of onions ranges from strong to mild.



In addition to the brown, white and red-skinned types, you can also grow closely related species of the genus, which include leeks, spring onions, shallots and tree onions.

Every variety has that distinctive onion smell created by alkyl sulphides.

Spring onions have long green leaves and no bulb.

Mistaken identity

Onions can be confused with each other. This is often the case with spring and green onions. But what they do have in common is they are both immature onions.

In New Zealand, what we call a spring onion is sometimes referred to as a green onion, eschalot, shallot or scallion.

Many varieties of onion can be grown and picked young as spring onions, but it is best to buy seeds labelled as spring onions.

Green onions are also called spring onions by many people, as they are immature onions planted in autumn and harvested in spring.

They are harvested with small white round bulbs and long green stems, which are used in the kitchen as spring onions.

Shallot

Also called eschalots, shallots have a mild, sweet flavour. They develop brown- or red-skinned underground bulbs.

• GROW Shallots are grown from bulblets or cloves, like garlic. You can buy the bulblets from nurseries in autumn and winter.

To plant, space 150-200mm apart with just the tops showing above the soil level. Feed monthly with a complete soluble fertiliser.

More small bulblets will multiply around the mother plant, which can be saved and replanted.

- HARVEST They are ready to harvest when the tops start to fall over and before they flower.
- IN THE KITCHEN They are widely used in Asian and French cooking.



Shallots can be eaten raw, pickled, boiled, baked or fried

Spring onion

Harvested for its green shoots, a spring onion is an immature onion that has not yet made a bulb.

• GROW The seeds of spring onions can be sown at almost any time of the year, and you can also buy seedlings from nurseries.

Sow the seeds directly where they are to grow, in garden beds or

containers, and make successive sowings every 4-6 weeks.

Use a soluble liquid fertiliser fortnightly and water regularly.

- HARVEST They will be ready for harvesting in about 8-12 weeks.
- IN THE KITCHEN Use raw in salads, stir-fries, crepes, quiches and tarts. Add to cheese scones, scrambled eggs and omelettes.



Leek

Although not as dominant in taste as onions, leeks don't lack flavour. • GROW The seeds are sown now and transplanted to garden beds when about 120mm high.

You can also plant seedlings. Dig 200mm deep trenches, add the seedlings and cover with a little soil to hold them upright.

Slowly fill in the trenches as the seedlings grow. This blanches the stem bases, keeping them white.

Feed monthly with a fertiliser that's high in nitrogen.

- HARVEST Pick about three months after planting when about 20mm thick.
- IN THE KITCHEN Use in soups, stews, sauces and pies. Leek also teams well with chicken.

HEALTH TIP

Leeks are used to help clear congestion in the respiratory system and are a good remedy for slow digestion.

Tree onion

Also called Egyptian and walking onions, tree onions (Allium cepa Proliferum Group) have an unusual habit in that they grow and sprout bulbils in the flowerheads.

As the bulbils grow, the weight of the flowerheads causes the stem to bend and touch the ground, where the bulbs take root. GROW Plant the bulbs 30mm deep and 150-200mm apart. A very hardy onion, it will even survive in frozen ground. Apply a soluble plant food every six weeks.

O HARVEST Pick when the stalks are dry. Replant bulbils that have formed on the top for a new crop. OIN THE KITCHEN Use in salads, stir-fries, omelettes and quiches. The bulbils are good for pickling.



Simply sprouts

Onion sprouts are exceptionally good for you. Weight for weight, like all sprouts, they yield a huge level of nutrients compared to mature vegetables.

Growing your own means you can be sure you will be eating them at their freshest and at their nutritional peak.

You can sprout them in the kitchen in a tray or jar, but only use seeds that are labelled for sprouting, as those for sowing in the garden are not intended for consumption. 🤣



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