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### DEC/JAN ISSUE



















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All you need to know about composite boards

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Learn how to operate a circular saw

#### **SEE THE WORLD**

Take a look at a real-life Hobbit hole hotel



#### **GET THE MAG**

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Test your knowledge of these colourful butterflies

#### Build

#### 24 TREADING THE BOARDS

Innovative ways to install decking in any space

#### 38 BUILD A POOLSIDE DECK

Create a split-level outdoor entertaining area

#### 48 READY RETREAT

Add a deck to a guest cabin to extend the living space

#### **COOL DOWN OUTDOORS**

The best solutions to beat the heat this summer

#### **60 TRANSFORM A TIRED DECK**

Clean, sand and stain worn timber decking boards

#### **66 INSTALL FRENCH DOORS**

Use glass-panelled doors to maximise natural light

#### **DELUXE DINING**

Choose an outdoor setting and barbie for the deck or patio



**COVER PHOTOGRAPHY SUE FERRIS** 













#### Renovate

#### 80 3 BUDGET OUTDOOR MAKEOVERS

Turn neglected spaces into inviting alfresco areas

#### **86 FRONT TO BACK**

A dated 1970s build is turned into a modern family home

#### **Decorate**

#### 96 GET CRAFTY FOR CHRISTMAS

Make rustic DIY decorations for the festive season

#### **102 UPCYCLING FOR OUTDOORS**

Turn preloved pieces into garden furniture and decorations

#### Kids

#### 110 CHILD'S PLAY

Create one-of-a-kind Christmas gifts for the kids this year

# FESTIVE FOOD 120

9 holiday entertaining recipes

#### Outdoor

#### **130 GO CAMPING THIS SUMMER**

Pitch your tent in the great outdoors for a budget escape

#### **138 HOME SAFE HOME**

Keep your place secure while you're away on holidays

#### **146 INVASIVE INSECTS**

Protect your home from bed bugs, mosquitoes, wasps and termites

#### **150 FIREPROOF YOUR HOME**

Get the home and garden ready for bushfire season

#### Garden

#### **164 THIS MONTH**

Keep the garden thriving through the summer heat

#### **168 12 FESTIVE FIXES**

Get the backyard looking its best for Christmas entertaining

#### **174 SUCCULENT XMAS TREE**

Create a living table centrepiece using cuttings, wire and moss

#### **176 GROW FROM CUTTINGS**

Easy propagation techniques to make new plants for free

#### 180 RAISING BEAUTIFUL BEGONIAS

Brighten up shady garden areas

#### 186 PROTECT PLANTS THE NATURAL WAY

Organic pest and disease zappers

#### **192 MUST-HAVE HERBS**

Grow coriander, basil, tarragon and mint for cooking

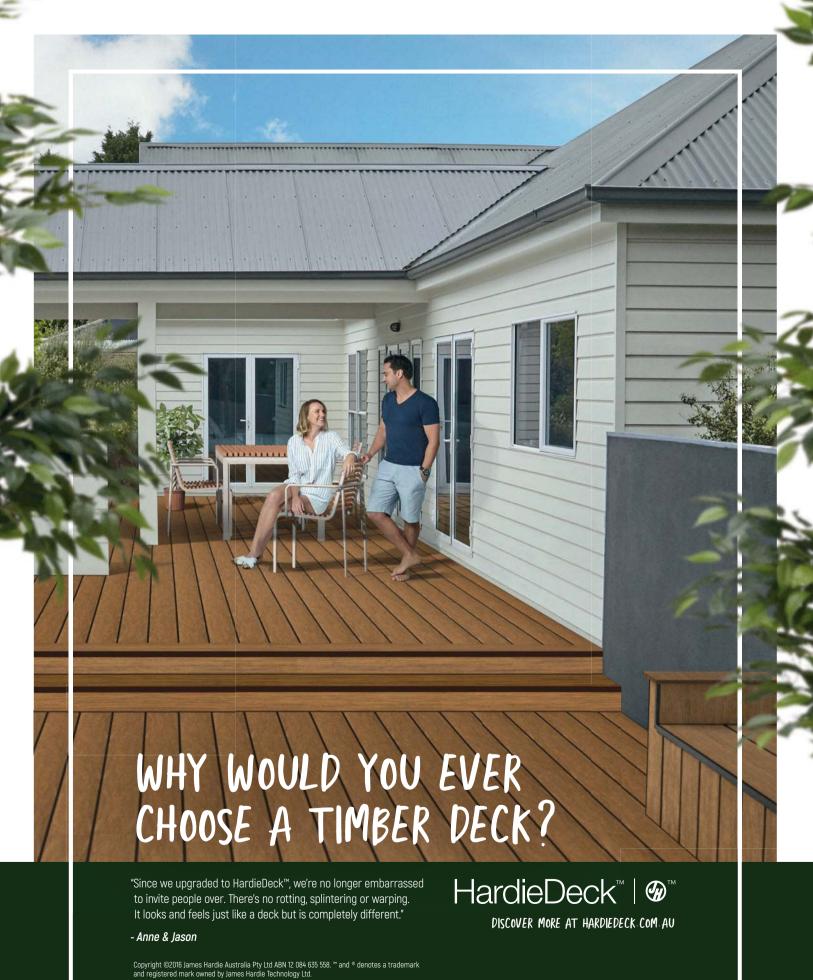


### LOVE THE COVER?

Create an entertainer's delight by linking the house and pool with a designer deck

**MAIN PICTURE SUE FERRIS** 







### Be bold. Enter with style.

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**PASSAGE** 



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**PRIVACY** 

# THIS ISSUE

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#### EDITOR'S LETTER



Happy holidays from the Handyman team. Back row (L-R): Cristian, Dan, Nick, Thomas, Alek, Leon, Curtis. Front row: Nori, Lynn, Artemis, Ashleigh, Sheron, Kate.

ussies love their decks and I'm no exception to this rule, especially because I don't have one! A back verandah, yes. Patio with a pergola, check. But not a real deck.

If you, like me, are deck-less, turn to page 24 for an inspirational gallery of designer Aussie decks.

Whether you have a sloping site or a cramped courtyard, there is a deck for you. From simple squares to clever curves and split-level specials, there's a solution for every home.

Project editor Stuart built not just one but two decks for this issue of the magazine, including the one on the cover. Check out his clever handiwork on pages 38 and 48.

And if you have an old deck that needs work, turn to page 60 for how to sand and stain timber in a few steps.

#### Celebrate the holidays

Get into the silly season with decos you can make using twine, gum leaves and pine cones for a rustic-themed Christmas, on page 96.

To make entertaining easy and fun, try our summer recipes for seafood, burgers, pavlova, ice-cream and more on page 120.

And if you're stumped for gift ideas, check out our round-up of perfect prezzies from page 13.

Plus we have 12 festive fixes to get the garden in shape for the holidays, page 168, and a Christmas tree you can make using succulents.

Happy DIYing,



#### PRODUCT OF THE MONTH

TruClose Child Safety Gate Hinges from D&D Technologies, from \$33 for a pair, are Australian-made polymer hinges designed to suit gates around homes, pools and pet areas (au.ddtechglobal.com).

These award-winning hinges are guaranteed against rust, binding, sagging or staining.



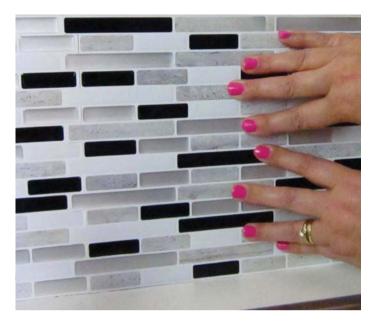
TruClose hinges are easy to install DIY.

They come in regular and heavy-duty models to suit home and garden gates, heavy or high-traffic gates, and metal or timber fencing materials. TruClose hinges offer a lifetime warranty and readily adjustable self-closing reliability.



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### NEW

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#### FAST FACT



Tinsel was invented in Germany in the 17th century and originally made from silver that was pressed and cut.

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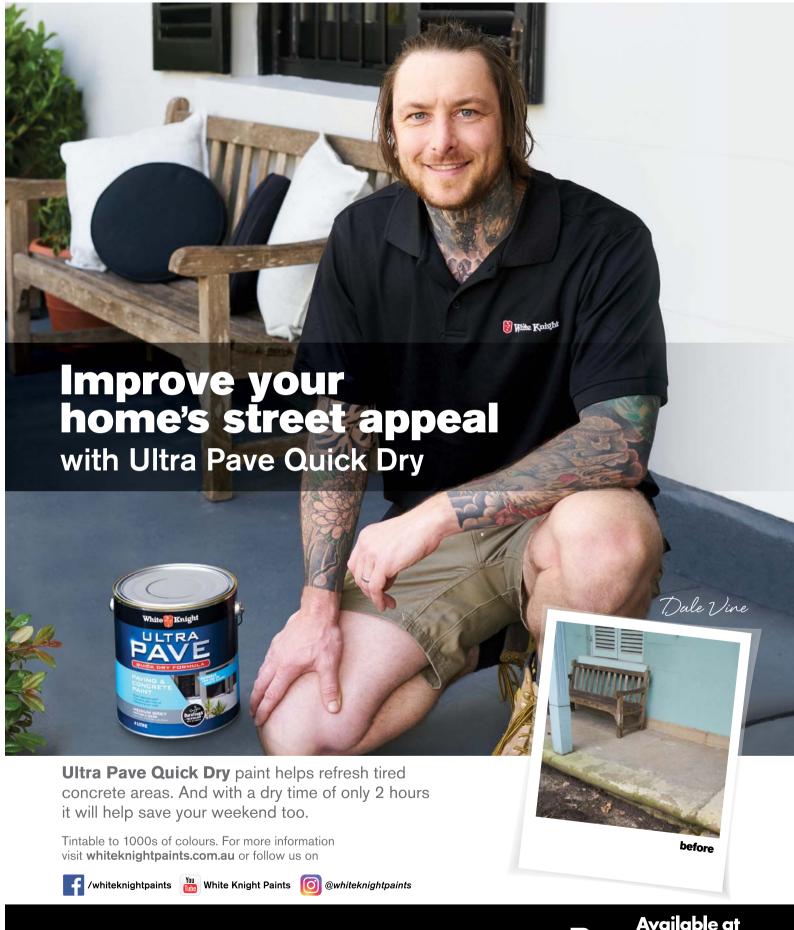
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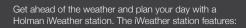
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# TREADING THE BOARDS

Find innovative and problem-solving ways to extend your outdoor zone and create a welcoming deck

WORDS SITA SIMONS

The backyard isn't complete until there's a deck. But you can forget those preconceived rules of what, how and where, and get creative with your outside space.

Whether you're using hardwoods or softwoods, composite boards or rustic reclaimed timbers, deck design has come a long way.

Be inspired by this round-up of decks, that were designed to work with the site and function as a seamless extension of the home.









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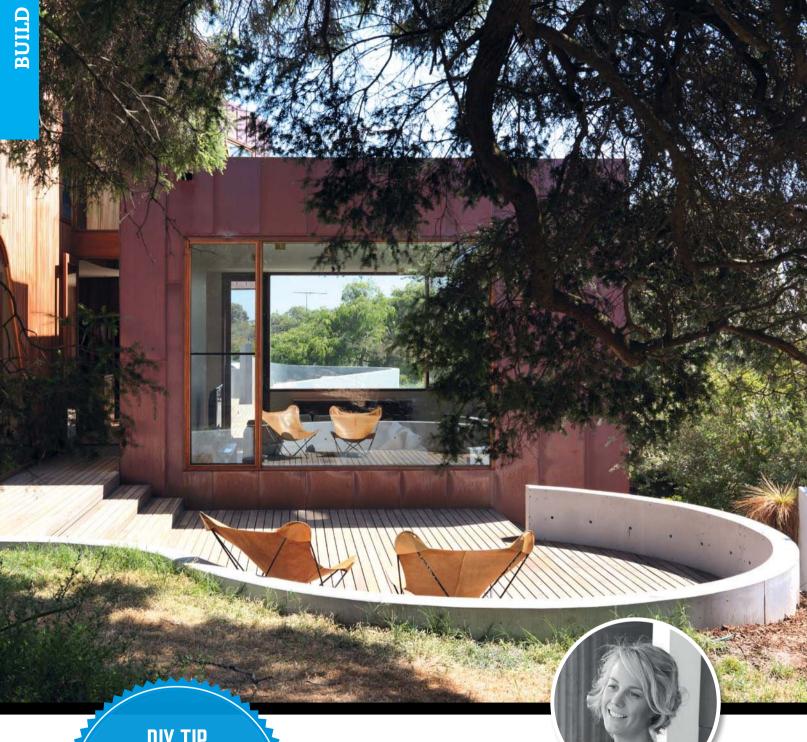






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**DIY TIP** 

Decks often require approval and need to meet safety regulations, so check with your local council before building.

#### **CURVED LINES**

Its location on the edge of crown land meant there were strong parameters set for the footprint of this house.

To provide useful outdoor rooms, decks were installed on two sides, one for winter, the other for summer.

Victorian architect Kate Fitzpatrick of Auhaus Architecture + Interiors (auhaus-arch.com) says the decks are designed to be pockets within the surrounding leafy landscape.

A low concrete wall lends the notion of enclosure to the area and functions both as bench seating and a surface for drinks and other items.

The curved line is also a reference to the front of the house, which in turn contrasts with the strong linear form of the rear yard and the deck's horizontally installed boards.

#### MIXED MATTER A pool that had been in

A pool that had been in place since the 70s formed the central feature of this backyard, and its curved shape and the split levels presented a creative challenge to landscaper Denise Staffa of Outside In (outsidein.net.au).

A palette of mixed materials was used to bring it all bang up to date. Stone cladding on the pool wall creates depth and exposed aggregate on the flooring gives the curved pool a seamless look.

Feature paving breaks up the use of concrete, and the roof of the alfresco area was designed to mirror the roofline of the home.

Deep timber decking softens the hard landscaping elements.













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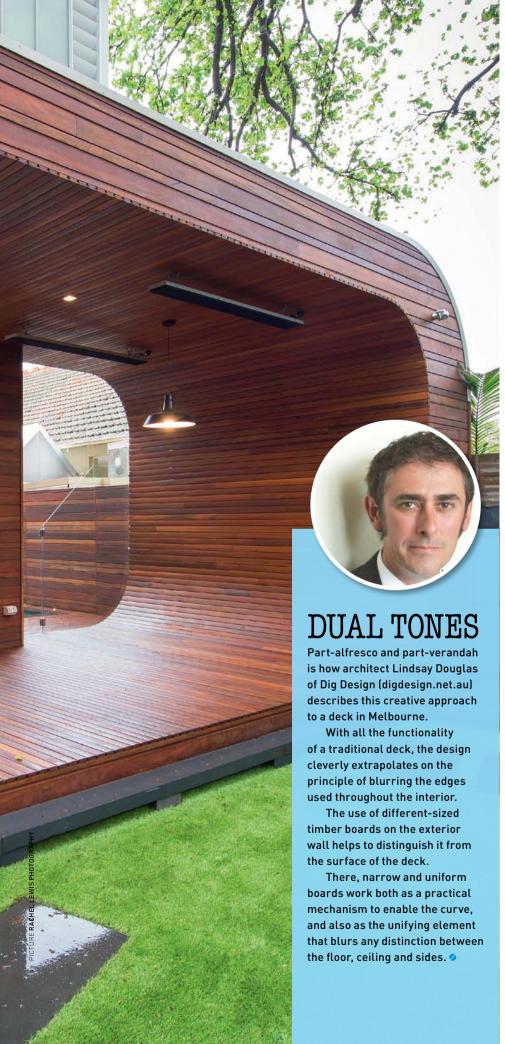
Thinking Outside think WHITES













# BUILD POOLSIDE DECK

Link interior and exterior living spaces with a stunning dual-level entertaining area

MAIN PICTURES SUE FERRIS PROJECT STUART SCOTT STYLING ARTEMIS GOUROS

he rear of this house had recently been renovated to open it up to the backyard, but with only a brick staircase leading to a small lawn, it lacked an outdoor entertaining space.

To take advantage of the poolside location, a dual-level deck was built to link the indoors with the outside.

Constructed as two separate decks connected with two steps, the upper level was designed to flow from the open-plan living area, while the lower deck provides a level space adjacent to the pool.

From inside the house, the decks visually merge, resulting in an outlook that flows seamlessly from the living area towards the pool.

The wide border of the upper deck subtly defines the two zones while also providing comfortable informal seating for relaxed gatherings.

Before





# BUILD THE DECK



#### Prepare the bearers

Cut a 150 x 50mm notch into the end of four bearers, then position the notched end of the bearers onto the brick house footings adjacent to the house bearer. Temporarily support the bearers level, then drill 6mm clearance holes and secure to the house bearer with two batten screws.



#### 4 Frame the steps

Mark the first two bearers 600mm from the end. Cut a 140 x 45mm noggin to size and secure between the bearers at this point using screws. Secure a bearer between the noggin and the outside joist 1000mm from the first bearer. Cut the first bearer to create the recess and install additional posts for support.



#### Excavate post holes

Measure 3000mm from the house on the outer bearers, spring a chalkline and trim the bearers to size. Measure the width of the deck at the house and cut joists to size. Clamp one joist to the end of the bearers and secure with triple grips. Plumb post positions, then dig 300mm holes to 600mm deep.



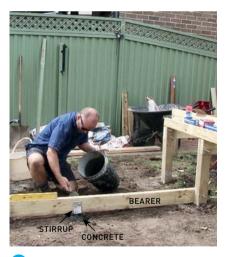
#### **5** Attach lower bearers

Support bearers in position 20mm below the pool coping and check for level. Secure the outer bearers flush with the outside of the upper deck posts with joist hangers. Attach the inside bearers to the sides of the upper deck posts using cuphead bolts. Mark post positions at 1500mm intervals.



#### **3** Install the posts

Measure from the top of the bearer to the base of the hole, deduct 50mm and cut the posts to length. Cut 140 x 45mm rebates into the tops of the posts to seat the bearers. Clamp in position, drill two 10mm clearance holes and secure with cuphead bolts, then pour concrete into the holes.



#### **6** Install the stirrups

Remove the bearers and dig post holes, then replace the bearers. Attach the stirrups to the bearers above the holes using two coach head bolts. Fill the holes with concrete to just above ground level and allow to set. Secure 140 x 45mm blocking around the pool coping using batten screws.

# STUART'S PICKS



HardieDeck System, about \$110 per sqm. hardiedeck.com.au





Intergrain Natural Stain Water Based Exterior Merbau Stain, \$48 for 1L. intergrain.com.au



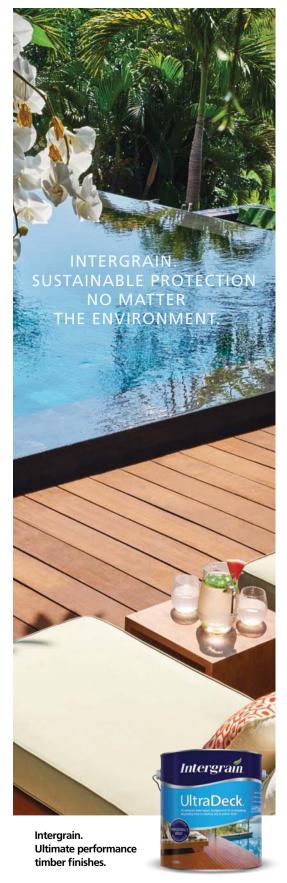
Buildex 14g x 85mm Galvanised Bugle Batten Screws, about \$13 for 25. itwproline.com.au Laserframe Allseasons 140 x 45mm H3 MGP10 Structural Pine, about \$19 for 2.4m. chhwoodproducts.com.au



Securing edge boards
The upper deck features
a 296mm edge board which
overhangs the framing by 30mm.

To support the edge board, set the centre of the second and the second-last joist, as well as joists adjacent to the step, 273mm from the edge of the deck. To support the mitred corners, secure 90 x 45mm blocking as necessary using batten screws.

Fascia boards need to be secured to posts and intermediate studs. To provide support, secure 90 x 45mm studs every 500mm between the upper and lower joists using batten screws.



Nothing's tougher on timber than blazing sun and torrential rain. Intergrain Ultradeck's Hydroguard formulation protects against UV, abrasion and the extremes of weather for up to 3 times longer than traditional decking oils. It's Australia's most advanced timber protection formulation. Visit intergrain.com.au

Above image features Intergrain UltraDeck on Villa Mana, Bali. Intergrain<sup>®</sup> UltraDeck and Hydroguard are registered trade marks.

## BUILD THE DECK



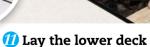
#### Make the steps

Calculate the step height by dividing the final height difference between the decks by three, then mark the posts. Butt join 90 x 45mm lengths of timber to create two step frames. Cut posts to size with rebates at the ends and secure flush with the outside of the deck frame, then secure the step frames.



#### **(10)** Lay the upper deck

Secure wingless jointers against the front and back edge boards. Remove one wing from two winged jointers and secure at the sides. Lay boards from either side, inserting the wings into the boards and securing the jointers to the joists with screws. Rip an edge board for the centre and secure with screws.



Position the first board with a 30mm overhang, then secure with screws. Lay boards across the deck using winged jointers, butt joining boards over joists. Leave a 10mm gap between the ends of jointers for drainage. Trace the curve of the pool coping, then cut the boards using a jigsaw and tungsten blade.



#### **8** Secure the joists

Attach the upper joists using triple grips and nails, then secure additional joists to support the border. Space the joists at 450mm centres and secure using triple grips and nails at every bearer. Attach lower joists between the bearers flush at the top using joist hangers and nails.



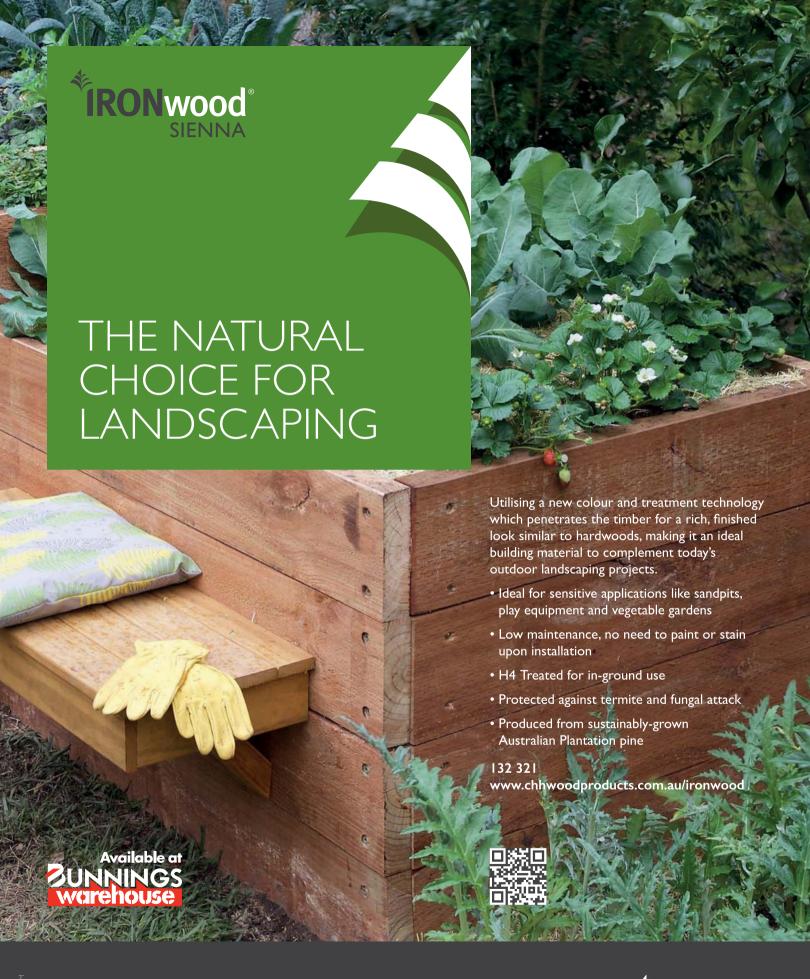
#### Oreate the upper border

Secure a wingless jointer against the house with screws. Cut a 45° mitre at one end of an edge board using a circular saw. Position the board flush against the jointer overhanging the edge by 30mm and secure with decking screws. Continue laying edge boards around the deck perimeter.



#### Attach fascia and steps

Secure the top fascia board against the overhang using decking screws at the top and a winged jointer at the base. Secure remaining boards with jointers, then clip in the top strip above all the jointers. Cut step treads and risers to size, then secure with screws and construction adhesive. >











#### Secure the channels

Mark the fence posts 2000mm below the desired height of the screen. Clamp channels in position, check for level and secure to the fence posts using screws. Measure 1285mm from the top of the channel and secure the slat support bracket at this level.



#### Install the slats

Measure distance between the inside of the channels and cut slats to size. Insert the first slat and check for level, then insert a 20mm spacer into each channel followed by another slat. Continue to the top of the channel, then attach the top cap.



#### **3** Attach the brace

Mark the centre of the top and base slats and clamp the brace in position. Drill a 5mm clearance hole through the brace only, then secure to the base slat with a screw. Using a spacer, secure the next slat. Repeat for all the slats, then trim the brace with a hacksaw.



#### Light up the deck

To create a space that can be used both day and night, lighting was installed by an electrician into the edge boards, fascia and beside the steps.

Water-resistant LED lights from HPM were selected as they are efficient and ideal for outdoor use.

The upward facing deck lights in the edge boards subtly define the perimeter of the top level, while the step lights illuminate the stairs and cast a warm glow across the lower deck and pool.







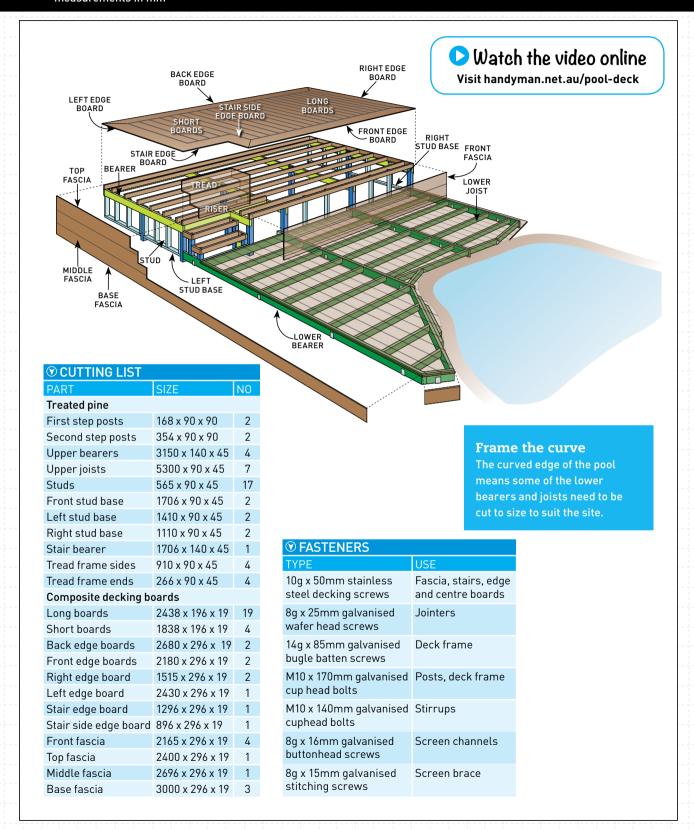


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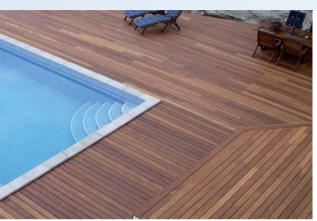
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# POOLSIDE DECK



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### About Cumaru Hardwood

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- Available in Decking, F34 Beams and F27 Posts
- Will gradually age to a silver-grey oil or stain to retain its warm colour
- FSC® certified making it a responsible choice (FSC-C084234)

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- High strength and hard-wearing Australian hardwood
- Minimal tannin bleeding can be stained or oiled after installation
- Available in Decking and F27 Beams
- Class 2 durability above-ground
- PEFC™ certified making it a responsible choice (PEFC/21-31-120)

# RETREAT

Use a steel frame and composite boards to build a bushfire-safe deck

**PROJECT AND PICTURES STUART SCOTT** 

he old dairy at this rural property had been converted into guest accommodation, but as it was built on a slope, it lacked a level access point.

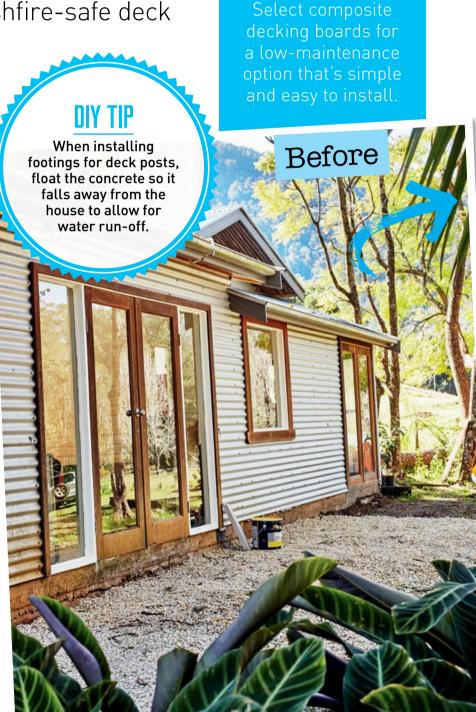
A deck was built off a set of French doors to create a level access point and an outdoor area, creating a seamless flow between indoors and out.

The property is in a fire-prone area with the maximum Bushfire Attack Level Flame Zone (BAL-FZ) rating, so the deck needed to comply with specific building requirements.

A Steel-Deck frame was designed online, ordered at Bunnings and built on site (steeldecks.com.au). Then Ubiq Inex cement-based composite boards, which are deemed non-combustible, were laid (ubiq.com.au).

#### Materials

Steel frame and posts \$2370	
Decking boards	\$2776
Fasteners	\$311
Concrete	\$75
Adhesive	\$101
Sealer	\$235
TOTAL	\$5868



Stuart

EXPERT

SECRETS



## BUILD THE DECK



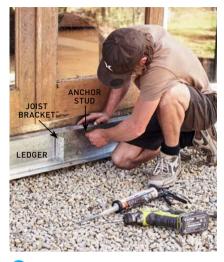
#### Prepare the bearers

Lay out the ledger and bearer side by side and align the ends. Use the template provided to mark the joist bracket positions and holes. Drill two 5mm clearance holes through the ledger at each joist position and attach the joist brackets using the supplied pan head screws.



#### 4 Install the posts

Plumb the post positions. Dig 300mm holes to 600mm deep. Measure from the bearer base to the hole bases, to cut the posts to length minus 50mm. Secure the post brackets to the posts and bearer. Pour concrete into the holes to just above ground level. Secure the remaining joists with screws.



#### Secure the ledger

Support the ledger in position against the house slab. Drill two 14mm holes through the ledger 150mm deep into the slab at each end, and at two evenly spaced positions in between. Fill the holes with anchor adhesive. Insert the anchor studs, rotate to coat, then secure to the ledger with the nut.



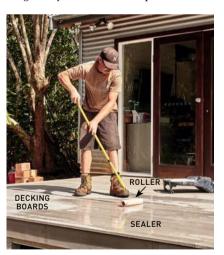
#### **5** Lay decking boards

Secure the fascia boards flush with the frame top using construction adhesive and screws. Cut the perimeter boards to size with 45° mitres at the ends and 10mm overhang. Secure the boards adjacent to the house, then the side perimeter boards. Lay the rest of the boards, butt joining them over joists.



#### **3** Assemble the frame

Prop the bearer in position, allowing for a gradual fall away from the house, then attach the remaining brackets to the ends of the joists. Secure the two end joists and one intermediate joist to the ledger and bearer using pan head screws. Measure the deck diagonally to check it is square.



#### 6 Finish the boards

Use a pressure washer or hose and a stiff-bristled brush to clean the deck thoroughly to remove all dirt and dust. Apply a generous coat of clear concrete and paving sealer using a roller and allow to dry.

TIP If staining the boards, apply the stain before applying sealer.









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# Cool down OUTDOORS

Enjoy summer in the backyard with heat-beating solutions for all spaces

**WORDS SITA SIMONS** 

Summer is all about outdoor living and entertaining. That means making the most of the backyard and spending the long sunny days and balmy evenings relaxing on the deck or patio.

But as temperatures rise, it can become too uncomfortable to stay outside, with the lure of the air-con inviting a move indoors.

To turn your outdoor area into a shaded, breeze-cooled sanctuary and enjoy the best of both worlds, all you need is a few widely available and easy-to-install helpers.







#### **Breeze bringers**

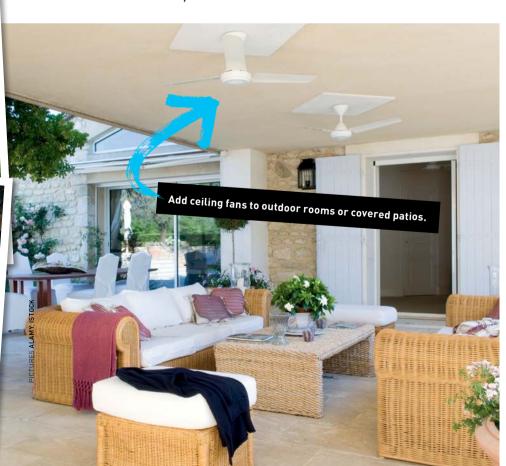
An outdoor-rated ceiling fan installed under a solid pergola or on a verandah can generate a pleasant cooling breeze and has the added bonus of helping to keep mosquitoes and other bugs at bay.

Metal and acrylic blades will weather the outdoor conditions better than timber. Some outdoor fans are rated to withstand contact with rain. Add an extra level of cooling with a misting fan. These work on the same principles as air-conditioning but are at a much cheaper price point.

Full systems can be installed with multiple misting points that you can set on a timer, but even small misting fans at ground level will provide good cooling in a confined area. >



Transform your outdoor area into a cool and calm haven, sheltered from the summer heat





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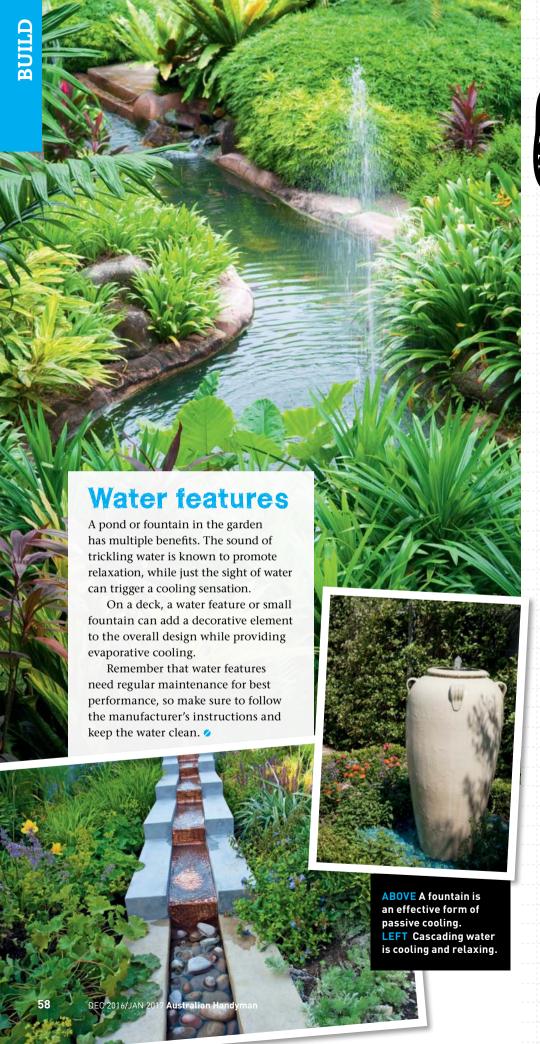
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Water Magic 56 x 50 x 69cm Tolmer Waterfall Fountain, \$260. northcotepottery.com



# Stay cool this summer





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Revive an outdoor entertaining area and dining setting in just a few steps

**PROJECT AND PICTURES MELISSA DARR** 

ollowing a busy year of interior renovations, blogger Melissa Darr recently turned her focus to the outside of her home.

The deck at the back of the house was looking well past its prime and badly in need of a facelift.

Melissa and husband Bevan usually re-stain their deck every six months to keep it well maintained, but this time they had left it a little too long.

They decided to completely rejuvenate the deck by sanding back the boards, railings and outdoor furniture then refinishing the timber with a water-based stain.

'The deck looked quite worn and in need of more than a little TLC to bring it back to life. It was a bit of work but I'm happy with how it turned out,' says Melissa.

#### After

The weathered deck is now an inviting alfresco dining room, all set for summer entertaining.





Wire balustrading keeps the deck open to the views



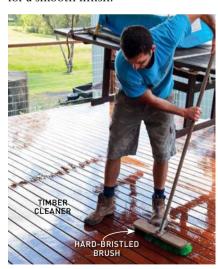
# DECK MAKEOVER

With summer here and the entertaining season in full swing, Melissa and Bevan revamped their back deck and balustrading, refinishing them in a water-based stain.



#### Sand the surface

Use an orbital sander with an 80 grit disc to sand the deck, posts and railings, paying special attention to flaking and peeling areas. Change to a 120 grit disc and sand again for a smooth finish.



#### **3** Scrub the timber

Clean the surface by applying a deck and timber cleaner using a sponge mop. Leave for 15 minutes, then scrub it off using a hard-bristled brush. Hose the deck thoroughly and allow to dry completely.



#### Fill the gaps

Timber can contract and expand, so look for any gappy joints on the railings. Apply timber filler using a plastic spatula, sanding once dry.

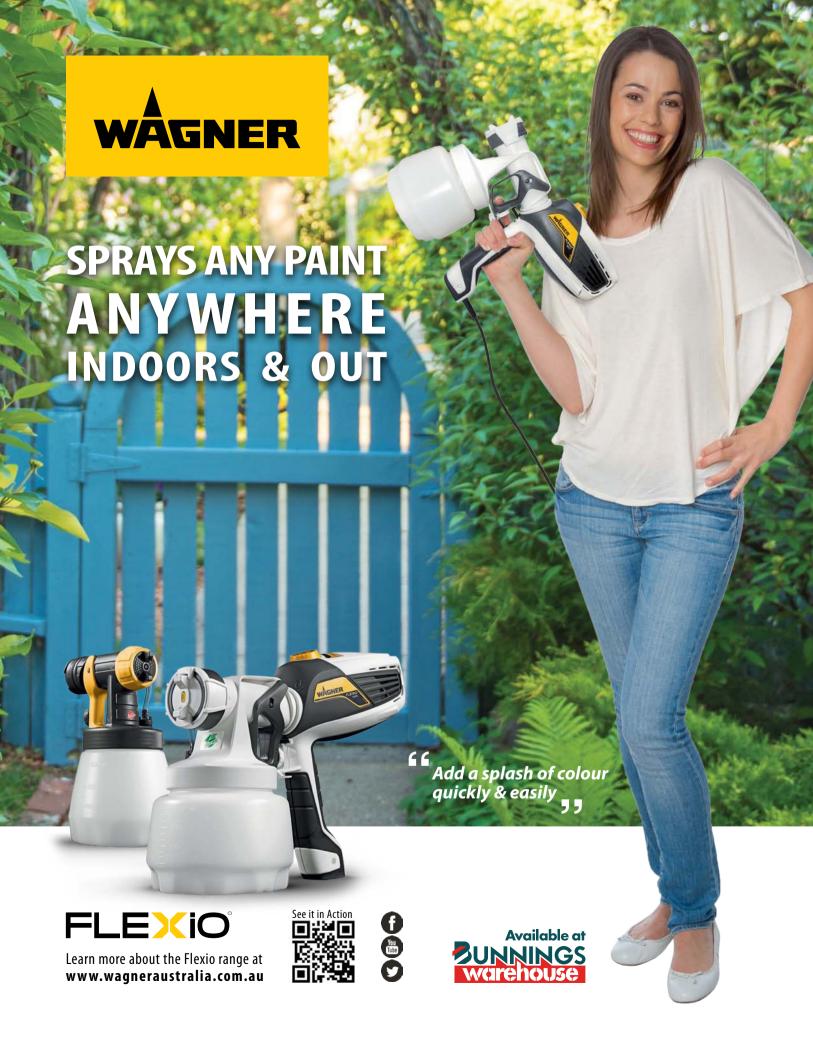
TIP Select a coloured filler that closely matches the tone of your timber.



#### **4** Stain the deck

Apply 2-3 coats of a water-based stain to the boards in long strokes using a long-handled, soft-bristled brush, roller or an applicator. Allow about two hours for the stain to dry in between coats.









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# FRENCH DOORS

Let in the light with glass-panelled doors that open out onto a patio

PROJECT AND PICTURES STUART SCOTT

he carport at this property was recently converted into a combined guesthouse and artist's studio. It was enclosed with stud walls but original features such as the hexagonal slate roof were kept.

As part of the vaulted ceiling was enclosed to create storage,
French doors were chosen for the main entry to maximise natural light.

We installed Corinthian Doors rebated 2040 x 820 x 40mm Windsor

WIN 40 Entrance Doors, \$259 each (corinthian.com.au).

Featuring clear bevelled glazing, the doors open outwards, and wide butt hinges allow them to be folded neatly against the exterior wall of the studio, to let in air and light.

One door is secured with a flush bolt at the top and base, and the other strikes against it with a rebated mortise lock and handset, to provide a secure entrance.

#### DIY TIP

To hold a door upright when working, slot it into a notched timber offcut, then tap in a wedge to secure the door in position.



#### EXPERT SECRETS

When fitting door hardware, always use good-quality sharp chisels that will cut easily and accurately.



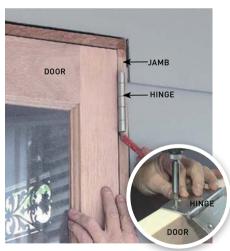


# INSTALL THE DOORS



#### Assemble the frame

Leave a 1680mm wide x 2070mm high opening to allow for the rebated doors and frame with a 10mm clearance. Use a mitresaw to make relief cuts for both jamb housings in the head, then clean the waste with a chisel. Predrill 2.5mm holes, apply adhesive in the housings, then secure with three screws per side.



#### 4 Secure the hinges

Test fit the doors, packing underneath to give 2-3mm clearance and planing the edges if needed. Mark the hinge positions on the doors, then remove the doors and hinges. Secure the hinges to the doors temporarily, predrilling 2.5mm holes. Scribe and rebate the hinges flush with the doors.



#### Install the frame

Position the frame in the opening and clamp. Plumb the jambs and check the head for level. Insert packers between the jamb and the wall at the hinge positions, securing with two screws through the stop and packers. Pack the head in the centre to ensure it is level, then secure with two screws.



#### 5 Hang the doors

Secure the hinges with screws, starting at the top. Test the doors close freely, adjusting as needed. Mark the positions of the lockset, handle and flush bolt on the doors and jamb. Fit the hardware, remove the doors to fit the flush bolts, then re-hang the doors and test the action.



#### **3** Position the hinges

Mark hinge centres 100mm from the top and base, and at the centre of each jamb. Drill 2.5mm pilot holes, then secure the hinges with two screws, with a 5mm gap between the hinge and stop. Scribe around each hinge with a knife, remove the hinges, then chisel out rebates so each is flush with the jamb.



#### **6** Finish the doors

Remove the doors and the hardware. Secure the architraves with adhesive and nails. Use a nailgun to punch in nails and fill all holes. Sand the doors, architraves and jamb with 120-180 grit sandpaper. Prime and apply three coats of gloss or semi-gloss paint, then re-fit all hardware and re-hang the doors.





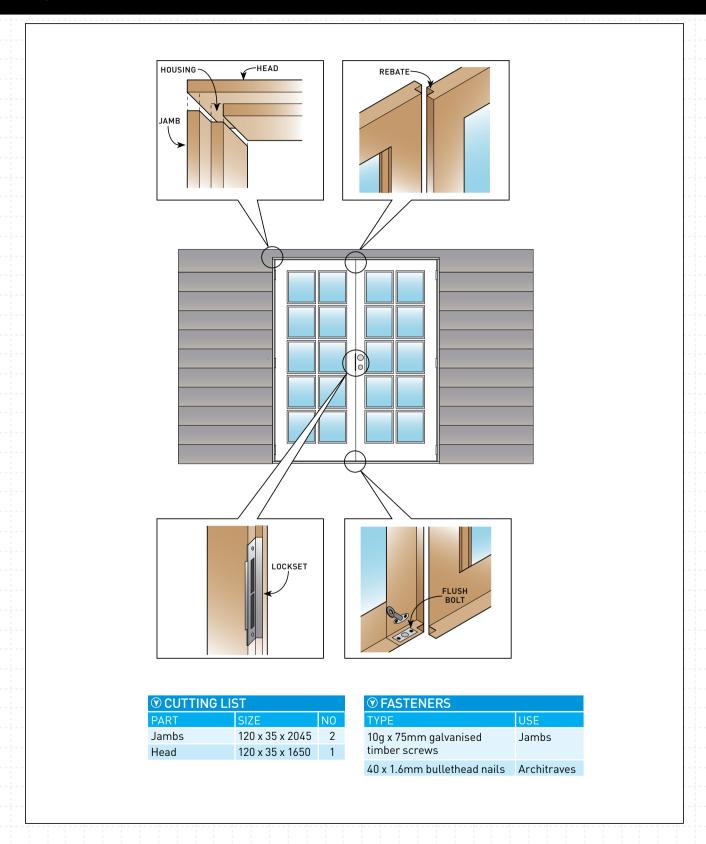


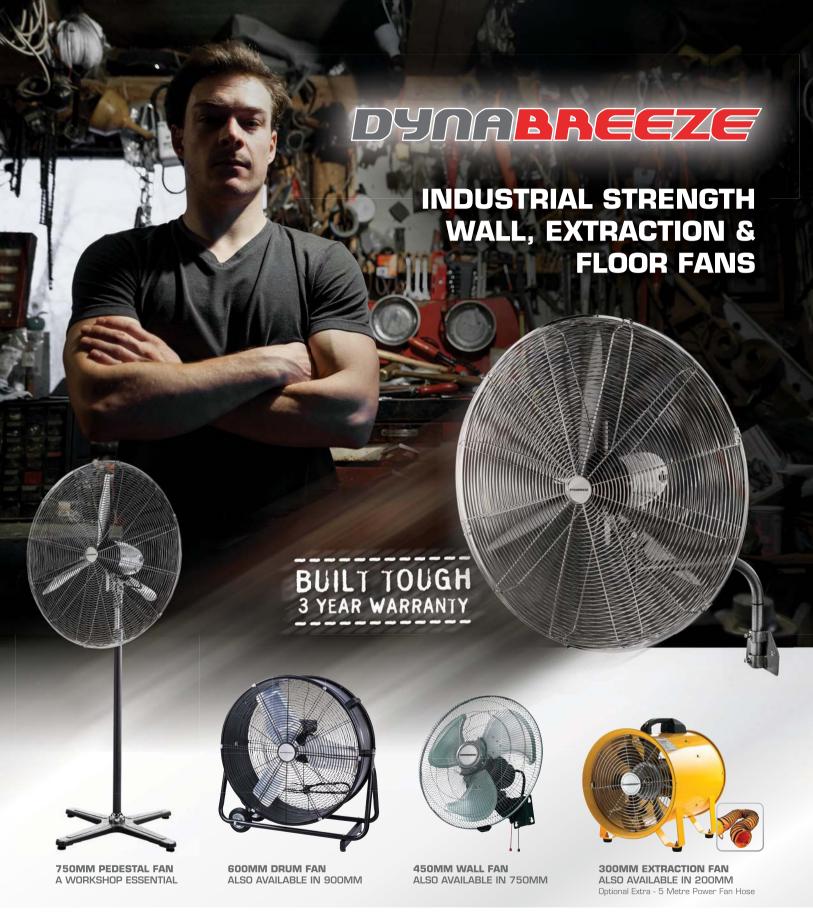
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# FRENCH DOORS







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# DELUXE DINING

Turn the deck or patio into a summer entertaining area with an outdoor setting and a barbecue



barbies plus pizza ovens available, it's easier than ever to be an outdoor chef.

To set up an alfresco dining space, consider the number of people in the

seating area on the deck or patio with furniture designed for the outdoors that is made from durable materials, including timber, metal and wicker.



Make the most of the longer days and warmer evenings by cooking and eating outdoors

dining, plus a pizza oven for alfresco cooking.

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# MODERN SOLUTION

Decking boards are traditionally made from natural timber but, in recent years, man-made products that offer a durable and low-maintenance alternative to timber have become available.

Composite boards are made from a variety of materials, ranging from fibre cement to recycled timber, plastic, bamboo and even rice husks.

Engineered to resist rot, they don't need regular sanding and refinishing like timber. Some boards come in a range of colours while others can be stained.



# Types of boards

Wood Plastic Composite (WPC) boards are made from real timber fibres and high-density polyethylene or PVC.

Engineered Cementitious Composite (ECC) boards are made from high tensile fibre cement that is resistant to cracking.

# Working with composite

As they are manufactured, composite boards are free from knots and cracks and are less prone to warping, making them simple and easy to install.

Many boards are available with a hidden fastening system or a tongue-and-groove profile, creating a tidy, modern look. Some boards require specific spacing to allow for expansion.

WPC boards can be cut just like timber, but ECC boards must be cut with a fibre cement blade. Always wear a respirator and goggles when cutting composite.

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BASIC SKILLS

# Circular saw

# **Quick cutting**

While they may be intimidating to beginners, circular saws are simple to use and make cutting timber and other materials quick and easy.

Corded saws provide ample power for repetitive cuts, while cordless saws are portable and ideal for situations when mains power is unavailable.

The adjustable baseplate allows the user to change the depth and angle of the blade, making bevel cuts easy.

There are different blades for a variety of materials but, generally, the more teeth, the smoother the cut.

Choose a 24-tooth blade for general cutting, or a 40-tooth blade for sheet material or fine cuts.

Circular saws cut on the upstroke, so ensure the good side of the timber is facing down to avoid splintering.



### **USE A CUTTING GUIDE**

For accurate cuts, mark the cutting line, then measure the offset from the blade to the baseplate edge. If the piece being cut off is the one you need, add the blade thickness. Mark the offset and clamp the guide in position. With the baseplate against the guide, nick the timber to check the alignment, then make the cut.



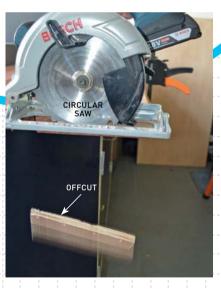
# Watch the video online Visit handyman.net.au/circular-saw



### **O SET THE BLADE DEPTH**

To make neater cuts, position the unplugged saw against the edge of the timber with the blade guard retracted. Loosen the baseplate and adjust so the teeth extend about 5mm below the timber, then tighten the baseplate.

TIP Set the blade at less than full thickness for grooves or housings.



### **OLET OFFCUTS FALL FREELY**

Avoid supporting both ends of timber when cutting, as this can make the blade bind, causing kickback. Instead, allow the offcut to fall freely. When crosscutting plywood, ensure it is supported along its entire length to avoid damaging the veneer, but don't clamp or restrict the offcut piece.



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# BBUDGET OUTDOOR MAKEOVERS

Transform neglected backyards into inviting recreational spaces

### **WORDS AND PICTURES CHERIE BARBER**

comfortable outdoor area is a fantastic asset for any home, but many backyards and courtyards are unkempt or lack facilities, making them unappealing or unusable as entertaining areas.

But it's possible to renovate an outdoor area on a budget to create a stunning alfresco space.

These three makeovers show how easy it is to turn neglected parts of the home and garden into accessible, functional and versatile extensions of the living areas, while adding value.

The key is working with existing features, recycling materials and spending in the right areas to get the maximum return on investment.











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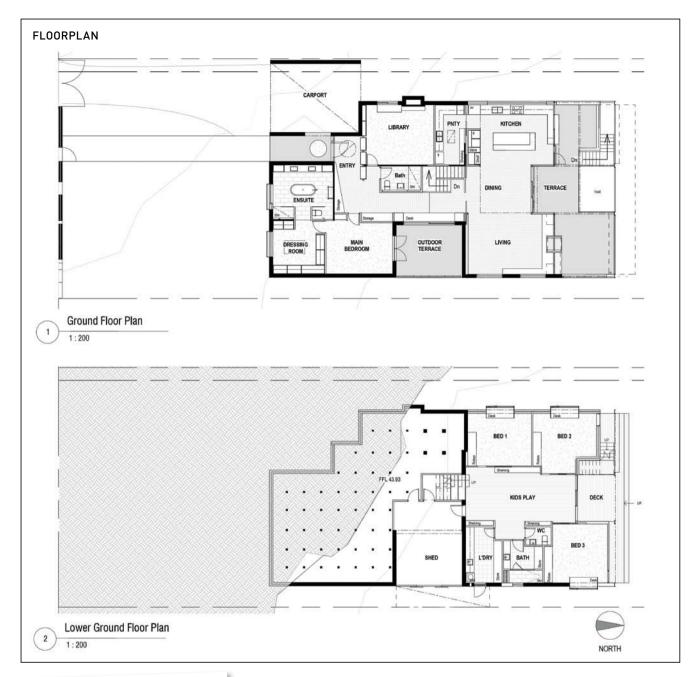


The layout of the house was reworked to make

an easy connection to the big back garden.

to create different

levels and zones





### Making new connections

To achieve the brief of connecting to the outdoors, Emilio went through several design proposals where he reversed the layout of the house. But in the end, the bedrooms remained on the ground floor.

While it is more straightforward to run living spaces straight out onto the backyard, doing so with this house would have lost the views those areas enjoyed.

'They were too precious to lose, so the challenge became how to connect

the house to the outdoors using the existing configuration,' says Emilio.

'It seemed to make most sense to allow the children's rooms to open directly onto the yard, as they are really who it's for, especially now they're at an age when they want to be inside on screens all the time.

'Equally, the parents were more appreciative of the views,' he says.

To create this link to the outdoors, the living spaces open onto balconies and an external staircase allows access to the backyard from upstairs.



### Blurring the lines

Sensitive reorientations are a feature of Emilio's work, and he's conscious of the line between old and new.

The footprint of the home didn't change and the two front rooms were left intact, but the back was gutted.

'This was about integrating into the original, and avoiding a simple demarcation between an existing house and a new one,' says Emilio.

He blended the two by taking fresh elements into the original and drawing existing details into the new part, such as skirting, cornices, lighting, ceilings and flooring.

When well considered and carefully selected, these elements come together to blur the lines.

'You want to walk into a house and feel it's cohesive, rather than two cousins sitting beside each other. The result is more interesting and better integrated, rather than trying to be an architectural showpiece,' he says.



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### Warming the interiors

The entire top floor is dedicated to the living, kitchen and dining areas, and the master suite. Each area has its own private balcony for taking in the view.

An internal staircase opens onto a central upstairs hallway, with the kitchen and dining to the left and living room to the right.

Natural light floods the space and custom-built joinery in textured blue panels runs the length of the hall.

The architects designed the vertical pattern on the panels, which was custom-routed into the MDF and painted with enamel.

'This reads as a continuous surface. If it was all just flat panels, you'd only pick up the cupboard doors and there are a lot of them. They provide masses of storage,' says Emilio.

There is a strong mid-century aesthetic, with lots of warm timber in the parquetry flooring, furniture and internal cladding. The living room features a low bluestone bench, an element Emilio likes to include.

'We always ensure there is enough horizontal shelving and benching so that it can be decorated,' he says.

A timber-clad column holds an inward and outward fireplace, which vastly extends life outdoors in the often chilly Victorian climate.

The kitchen is welcoming and warm, highlighting rich American oak and featuring more coloured storage cupboards, this time in green.

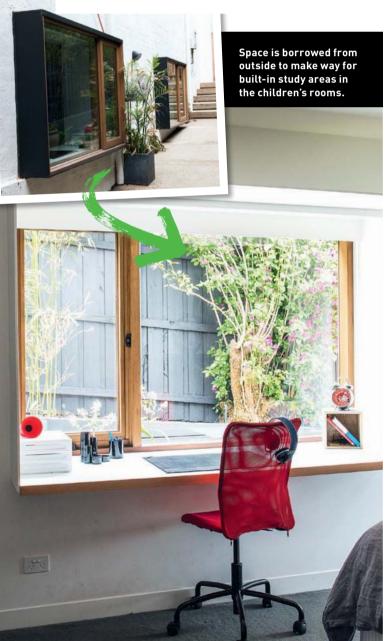
### **Creating smarter spaces**

The children's bedrooms are generous, each with a study area. Stand-alone desks would have taken up a lot of space and made the rooms feel small.

'We had an idea to create a new window that borrows space from outside with an extruded frame and a huge sill that acts as the desk so it sits halfway in and half out.

'In this way we provide the function but take much less room. My theory is that making a kind of cocoon, where the kids are sitting in the space, might be better for their concentration,' says Emilio.

This also works from the outside and gives the wall expression and articulation with the steel window frames, which then tie to the other steel features on the home. >





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### Making inspiring choices

The master suite is on the same level as the living spaces and features a dressing room and bathroom.

The dressing room was added directly off the back of the bedroom and leads into the ensuite. It was done in the same green as the kitchen, and provides folding and hanging room, plus a large full-length mirror.

The generous ensuite features a freestanding bath in the centre as well as a shower, and it all comes alive with the gorgeous tropical wallpaper the owners imported from the US.

'It was an inspired choice for this area and makes it incredibly inviting

and grown-up. In Australia, we tend to avoid colour and patterns and making bold statements,' says Emilio.

The children's rooms all open onto to a large central play area.

'We wanted to foster multiple use, and encourage the children to come out of their bedrooms and into the communal space.

'Sliding doors are a way of making the division between the rooms less strict. If you have mean little doors, it's more difficult to entice a child in or out of the room,' says Emilio.

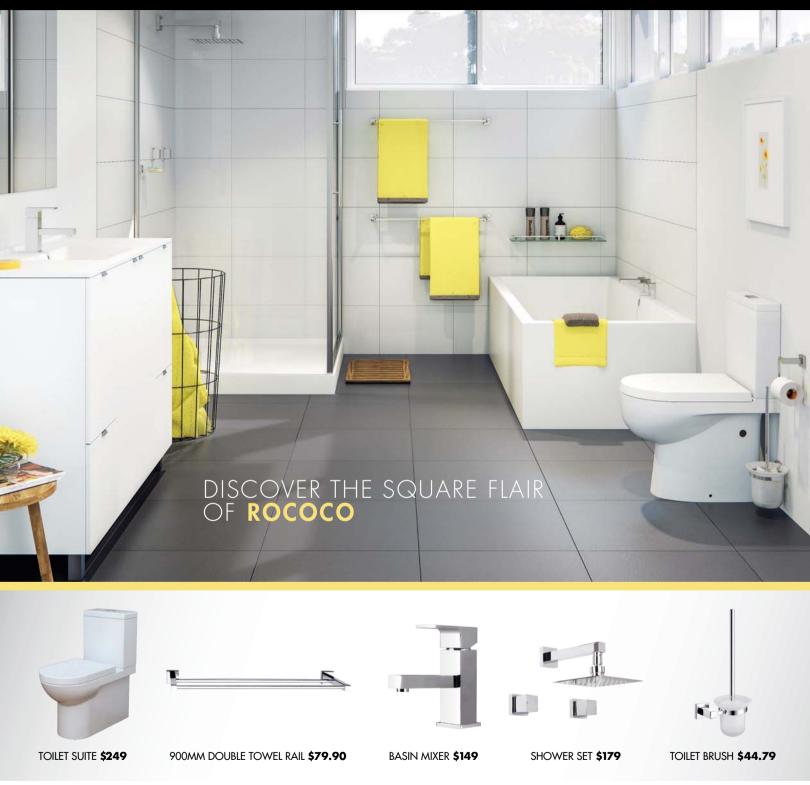
With all the doors open, the children's bedrooms just become part of the overall space. >



# Different tones of a similar colour unify the palette without becoming predictable







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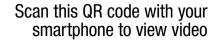
'This references the history of the build, while bringing it right up to date. We coupled it with plate and perforated steel that act as privacy screens and details around windows.

'Up close, the white brick is rough and patterned, giving a lovely contrast against the sharp steel,' says Emilio.

Timber lining boards soften the house and give it some warmth. The building is large and tall, so the scale 'We wanted to use materials that have a lot of natural patina to them, and that will change and age.

'This is not a maintenance-free house. It requires upkeep, needs attention and a management regimen, but it will last and last and only ever get better with age if it's properly cared for,' says Emilio. ◆









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TIMBER PLACEMATS

An outdoor table setting calls for rustic placemats, so Melissa had her husband Bevan slice rounds from a log out of the woodpile, then simply sanded them smooth.

The placemats tie in perfectly with the other natural materials used to decorate the festive table.

# What you need

Log Chainsaw Orbital sander 80 grit sanding disc 120 grit sanding disc 80 grit sandpaper Sanding block





# Cut the log

Use a chainsaw to carefully cut the desired quantity of 15mm-thick rounds off the log for the placemats. Give each round a light sand to remove any sharp edges using 80 grit sandpaper and a sanding block.



# Sand the rounds

Use an orbital sander and 80 grit disc to smooth off any unwanted bumps on each side of the rounds. Change to a 120 grit disc and sand each side of the rounds until the surface has the desired smoothness.



DIY TIP

Make sure you
select a well-seasoned
log to use for the
placemats, as green
timber will not
be suitable.

## **3** Finish the placemats

Don't worry if the bark falls off the outer edges of the wood.

Rinse off each round, then use a soft cloth to remove any built-up sawdust. Leave the placemats in a sunny spot to dry thoroughly.

**TIP** To seal the placemats, apply a light coat of a matt varnish.



Melissa painted the pots and pine cones, added a sprinkle of glitter, glued the pine cones to the pots, then topped them off with a silver star.

'If you want to keep your kids busy during the holidays, put them to work helping to make these mini trees. They'll love taking part,' says Melissa.

Green alitter Hot glue gun Silver cardboard Star punch









# Spray the pots

Cover a work surface with newspaper. Spray the outside of the pots lightly with silver paint, except for the base. Allow to dry for about an hour, then apply a second coat. Leave to dry completely for another two hours.



# Paint the cones

Paint the pine cones with green acrylic using a brush, making sure it gets into the crevices. Allow to dry, then apply a second coat. While the paint is still wet, sprinkle glitter over the pine cones and leave to dry.



## **6** Make the trees

Run a bead of glue around the base of each pine cone using a hot glue gun and quickly insert into a pot, making sure they are upright. Punch stars from silver cardboard and glue to the tops of the pine-cone trees. >

# NATIVE WREATH

Tie a cheerful wreath to your front door to welcome guests to your home.

Melissa made her wreath using six different types of foliage attached to a wooden ring and hung it from the door using ribbon. To add colour, she sprayed the gum leaves in gold.

'What better way to celebrate a merry Aussie Christmas than with a beautiful festive wreath made from native foliage?'

# What you need

Wooden or wire craft ring
(about 350mm)
Gold spray paint
Scissors
Jute twine
Sprigs of native foliage, such
as wattle and gum leaves
Plastic twist ties
White ribbon
Upholstery nail











# Spray the leaves

Cover a work surface with newspaper, then spray the gum leaves with gold paint. Allow to dry and apply a second coat. Cut foliage into 200mm lengths. Make 12 bunches using a sprig from each plant, securing with a twist tie.



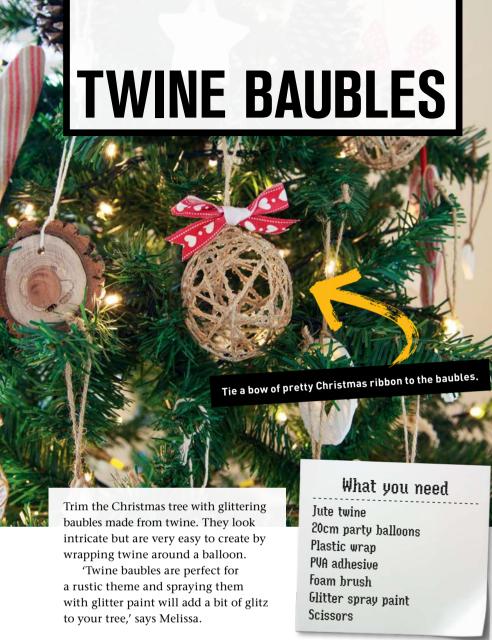
# Attach the foliage

Lay one bunch of foliage on the craft ring and tie the twine around the base several times to secure it firmly. Put a second bunch of foliage near the first, and attach with twine. Repeat until the wreath is completely covered.



# **6** Hang the wreath

Cut the ribbon to the required length, depending on where you are going to hang the wreath. Tie the ribbon to the craft ring in among the foliage and hang the wreath on a door using an upholstery nail.

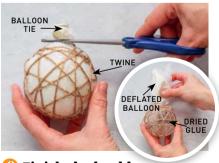


12



# Wrap the balloons

Blow up balloons to the desired size, tie off and cover with plastic wrap. Attach the twine with a dab of adhesive, then wind it around each balloon. Cut the end and glue down. Dab adhesive all over the balloon using a foam brush.



### Finish the baubles

Leave to dry for 24 hours. Cut the ties to deflate the balloons, then pull out with the plastic wrap. Use a skewer to remove the dried glue, then spray the baubles with glitter. Leave to dry. Attach a piece of twine as a hanger.  $\checkmark$ 

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Think twice before throwing out those preloved pieces, as it's quick and easy to revamp them DIY

PROJECTS AND STYLING TRACY MARYON AND AMANDA SHAW MAIN PICTURES SUE FERRIS.

here's always a way to repurpose a preloved or discarded item and put it to good use again.

Here, we turned a tatty disused louvre door into a vertical plant holder, which is ideal for balconies.

A worn, sorry-looking table and four chairs have been transformed into a colourful outdoor setting.

And an old dinosaur model toy metamorphosed into a planter.

They're quick and easy projects, and you'll have great fun into the bargain.





# EXPERT SECRETS

Use a cork block when sanding large, flat areas for extra pressure and to give

# VINTAGE SETTING

A garage sale find for just \$20, this table was well past its prime. The chairs were salvaged on council clean-up days on different occasions, but we managed to get four exactly the same.

To give the timber table and chairs a vintage look they were painted in two shades of green, then sanded back.

They were first primed, then painted in a water-based dark green

and light green, with each coat allowed to dry thoroughly in between.

We sanded the light green paint to reveal the darker colour beneath and a little of the primer in places.

To finish, they were coated with water-based varnish for protection.

The setting is ideal for alfresco dining on a summer's day, or all year round on a covered verandah.



Painted in shades of green, the setting blends in with the natural surroundings





# VERTICAL GARDEN

Found by the roadside, this louvre door was turned into a plant holder.

We scoured op-shops, council clean-ups and garage sales for quirky tins in different sizes to use as pots.

The door was painted and sanded back, then the potted tins were hung on the slats using S hooks.

To make it both functional and decorative, the tins were planted with a mix of herbs and flowering plants. The plants can be changed with the seasons for an ongoing display.

The stand can be leant against an exterior wall or used to add colour to a side passage, and it can be easily moved about to catch the sun.





# Paint the door

Apply primer, then paint the door in white. Select the best side, then coat the frame in green. When dry, sand the frame with medium-grit paper to reveal the white paint and timber in places. Lightly sand the edges of the slats.



### Make the holes

Use a brad awl to make several small drainage holes in the base of each tin. Make a hole at least 10mm down from the rim of each tin, big enough to fit an S hook. Insert the S hooks in the tins.



# Hang the tins

Add a layer of blue metal aggregate to the tins for drainage, then a layer of potting mix. Position the plants in the tins and top up with mix, firming it down. Hang the tins on the slats using the S hooks.



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#### Mark the hole

Use a pencil to draw a curved line along each side of the dinosaur's back to mark out a hole large enough for the plant you are using.

TIP Nina drew lines about 120mm long for the planting hole.





#### Apply the paint

Lay newspaper on a flat surface to protect the surroundings, then spray the dinosaur with two coats of paint, allowing it to dry in between coats.

TIP We used a paint and primer in one that is suitable for outdoors.

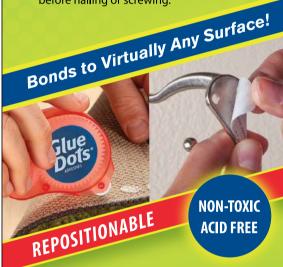
#### **3** Add the plant

Pour potting mix into the hole, pushing it right down into the tail and neck of the dinosaur, but leaving room in the centre for the plant. Add the plant and fill around it with mix, firming it down well.



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Trim the edges all around the hole using a scalpel, then

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#### Adding the detail

Features were added to the face of the dinosaur with acrylic paints.

The eyes were painted in green with a black line down the centre, the nostrils in black and the teeth in white.





Taubmans Easycoat Low Sheen, about \$31 for 1L. taubmans.com.au



**Uni-Pro Cork Sanding** Block, about \$3. unipro.com.au



Zenith 50mm Zinc Plated S Hooks, \$4 for five. itwproline.com.au





Rust-Oleum 2X Ultra Cover Paint + Primer in Gloss Apple Red, \$12 for 340g. rustoleum.com.au

OP) TIM SHAW (BOTTOM) SUE FERRIS

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THE SIGN OF A GREAT BBQ



# Child's play

Be inspired to create a special Christmas gift that will capture the imagination of any child

**WORDS ASHLEIGH PERRIOTT PICTURES STEVE PERRIOTT** 

eave the store-bought toys on the shelf this year, or leave them for Santa to deliver, and give the kids a one-of-a-kind Christmas present made specially for them by you.

These creative DIY gift ideas are easy to make, each taking just a day to complete, and simple to customise using colour and accessories.

#### **Dress-up mirror**

Children love dressing up, and this mirror makeover will light up the life of junior performers, helping them get into character for their play acting.

To make it, a basic mirror with an untreated pine frame was modified to feature coloured LED lights. Paint, flowers and glitter add extra sparkle.

Materials		
Framed mirror Fairy lights Faux flowers Paint Glitter PVA adhesive U shape staples Painter's tape	\$88 \$10 \$7 \$10 \$3 \$2 \$3 \$10	



#### Let your child enter a world of fantasy in front of this mirror fit for a star





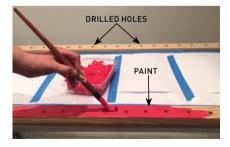




#### Prepare the frame

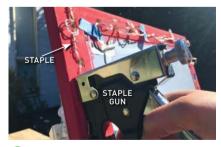
Tape paper over the mirror to protect the glass. Temporarily secure the lights to the frame using tape. Mark the location of each light, then drill holes using an 8mm spade bit.

TIP Clamp an offcut to the underside of the timber to prevent splintering.



#### Paint the timber

Sand the frame with 120 grit abrasive paper, then again with 180 grit. Apply two coats of paint, letting it dry in between coats. Sprinkle glitter over the second coat while still wet. Leave to dry, then attach fake flowers to the painted frame with PVA adhesive.



#### Attach the lights

Push 1-2 fairy lights through each hole from the frame back and tape in position. Use a staple gun to secure lights to the frame with a U shape staple either side of each hole, then remove the tape. Insert batteries for the lights into the power box.







Build young revheads a parking garage to house their fleet of toy cars and trucks. The kids will love launching vehicles off the long ramp, while you'll love seeing their toys off the floor.

A small timber crate forms the garage, PVC pipes create the car spaces and felt is used to make the road on top.

The ramp was crafted from DAR pine and is attached with hinges for flexibility and easy storage. All the timber was painted fire-engine red.

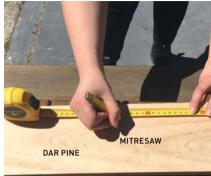
44 x 32 x 20cm crate	\$40
50mm PVC pipe	\$41
50mm hinges	\$3
Polyurethane sealant	\$19
PVA adhesive	\$2
DAR pine	\$7
Paint	\$10
Felt	\$9
Letter stickers	\$3
Screws	\$2
TOTAL	
TOTAL	\$136

Watch the video online
Visit handyman/toy-car-garage



INN\_15375







#### **1** Prepare the ramp

From a  $1200 \times 140 \times 12$ mm length of pine, cut a  $550 \times 140$ mm ramp using a circular saw. Mark a  $300 \times 80$ mm piece for the sign in pencil, then cut out with a circular saw, using a straightedge guide to rip the board. Lightly sand the edges with abrasive paper to remove any roughness.



#### **4** Secure the pipes

Apply an even bead of polyurethane adhesive/sealant around the pipe rims and down the outer sides to secure to the crate and adjacent pipes. Position the pipes in the crate in alternating rows of five and four, until there are six rows. Allow the sealant to cure for four hours before moving the crate.



#### Paint the pieces

Apply a non-toxic paint to the crate, ramp and sign using a mini roller. Touch up the edges with a small paintbrush for an even finish. Leave to dry for 30 minutes, then apply a second coat, ensuring even coverage on both sides of the timber. Allow to dry thoroughly.



#### **5** Add the sign

Position the sign on the lip of the crate and mark screw locations on each end and in the centre. Predrill holes, then attach sticker letters to say 'Parking Garage'. Clamp the sign to the crate, securing with three 6g x 25mm screws. To prevent splitting the timber, use a low drill speed.



#### **6** Cut the pipe

Using a permanent marker, mark the PVC piping into 27 sections, 180mm in length. Secure the pipe tightly to a workbench with spring clamps, then cut the pipe sections with a hacksaw. Sand off any rough edges with 120 grit abrasive paper to provide an even surface for the sealant.



#### **6** Attach the ramp

Secure two 50mm hinges to the inside face of the ramp with four 6g x 15mm screws. Position the ramp on the empty end of the crate, predrill holes and attach with four more screws. Cut a black felt road and attach with PVA adhesive to the garage roof, adding a strip of white felt as a road line.







Operated Fairy Lights, \$10. bunnings.com.au



Sika Sikaflex 11FC Polyurethane Adhesive Sealant, \$19 for 310ml. sikaretail.com.au 🕏

Holman 50mm x 1m DWV PVC Pipe, about \$7. holmanindustries.com.au

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## GIFY

# GUIDE

Have a very DIY Christmas with this home and garden round-up

Brighten your garden or balcony

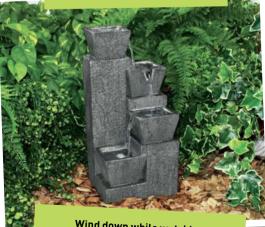
- 1 Opal Bird Bath, 49 x 49 x 50cm, \$89.98.
- 2 Infinity Drum, 30 x 29cm, in White and Charcoal, \$36.98.

with birds and potted blooms.

#### OUTDOOR LIVING



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with 6-drawer Chest, \$384.



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\$96.90, for a streak-free finish.



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> Tackle the DIY to-do list with the Stanley 6-piece Screwdriver Set, \$9.98.





# HOLIDAY ENTERTAINING BEGIN BEG

Create a mouthwatering menu to celebrate the season from this line-up of colourful dishes with a tasty twist







PREPARATION TIME 15 minutes, plus 30 minutes marinating COOKING TIME 21 minutes

#### **Ingredients**

4 boneless, skinless chicken breasts (about 800g)
1 cup (250g) Greek-style natural yoghurt Finely grated zest and juice of 1 lemon
1 tablespoon olive oil, plus extra for brushing

5cm piece fresh ginger, peeled, finely grated

1½ teaspoons ground sumac
½ teaspoon ground cumin
1½ teaspoons ground turmeric
1 teaspoon sweet paprika
½ teaspoon cayenne pepper
Steamed zucchini and yellow

pattypan squash sprinkled with sumac, to serve

#### **QUINOA HERB SALAD**

1 cup (200g) quinoa
250g jar roasted red capsicums,
drained, chopped
2 preserved lemon rinds,
thinly sliced
1 cup (40g) coriander leaves
1 cup (40g) fresh mint leaves, torn
½ cup (20g) fresh basil leaves, torn

- ① TRIM the chicken breasts and pound them out a little to a similar thickness so they cook evenly. Put the chicken in a large zip-lock plastic bag. Add ½ cup (125g) yoghurt, lemon zest and juice, oil, ginger and spices.
- 2 SECURE the bag, then lightly massage the marinade into the chicken. Stand for 30 minutes, or refrigerate for up to 12 hours.
- **3 MAKE** the salad while the chicken breasts are marinating. Put the quinoa

and 3 cups (750ml) water in a large saucepan. Bring to the boil, reduce heat to low and cook for 12-15 minutes, or until the quinoa is tender. Rinse under cold water and drain well. Toss the cooked quinoa with the roasted capsicum, preserved lemon and herbs just before serving.

- **4) BRUSH** a hot barbecue plate or chargrill pan with the extra oil. Lower the heat to medium-high and cook chicken for 3 minutes on each side, turning once only, until cooked through. Transfer the chicken to a serving plate, cover loosely with foil and set aside to rest for 2 minutes.
- **S COMBINE** the remaining ½ cup (125g) yoghurt with 2 tablespoons water. Drizzle over the chicken or serve separately. Serve the chicken with the quinoa herb salad and the steamed zucchini and squash.



#### Oysters with herb and lemon oil

PREPARATION TIME 10 minutes, plus 30 minutes marinating **COOKING TIME Nil** 

#### **Ingredients**

¼ cup (10g) fresh flat-leaf parsley leaves 1 tablespoon fresh tarragon leaves 2 tablespoons chopped fresh dill leaves 2 teaspoons finely grated lemon zest 1/4 cup (60ml) extra virgin olive oil 12 fresh oysters, on the half shell 2 teaspoons chopped fresh chives Freshly ground black pepper

- 1 PUT the parsley in a small heatproof bowl and cover with boiling water. Stand for 30 seconds, then drain and plunge into a bowl of iced water. Drain well and pat dry with paper towel.
- 2 COMBINE the parsley, tarragon, dill, lemon zest and oil in a small food processor and process until the herbs are well chopped. Pour into a very fine sieve over a bowl. Leave for 30 minutes to strain, pressing with the back of a spoon.
- **3 ARRANGE** the oysters on a serving platter. Spoon a little herb oil over each oyster, top with chives and season with freshly ground black pepper. Serve immediately.

**PREPARATION TIME** 20 minutes **COOKING TIME** 6 minutes

#### **Ingredients**

1/4 cup (60ml) salt-reduced tomato juice

1 tablespoon finely chopped fresh herbs, (we used basil, oregano, thyme, parsley and tarragon)

 $\frac{1}{2}$  small ripe tomato, very finely diced

 $\frac{1}{2}$  small stalk celery, very finely diced  $rac{1}{4}$  small red onion, very finely diced

¼ teaspoon Worcestershire sauce

1/4 teaspoon Tabasco sauce

Freshly ground black pepper 1 tablespoon vodka (optional)

12 large fresh oysters, on the half shell

1 PREHEAT the oven to 200°C. Combine the tomato juice and herbs in a small bowl and leave to infuse for 10 minutes, then strain.

**2 COMBINE** the strained tomato juice with the tomato, celery, onion, sauces, pepper and vodka, if using, in a small bowl.

**3 ARRANGE** the oysters on a large heatproof plate. Drizzle each oyster with 1 teaspoon of the dressing. Put a wire rack in a large roasting pan or baking dish and put the plate of oysters on the rack.

4 POUR boiling water carefully into the roasting pan so that it comes to

just under the rack. Cover the pan with foil, tucking it around and under the rim to trap steam during cooking.

**5 PUT** the pan in the oven to steam the oysters for 3-6 minutes, depending on their size. Carefully remove the foil and serve the oysters immediately. >



When serving oysters, supply a small fork and a finger bowl for each diner



#### **Ingredients**

- 3 slices thick white bread 500g lean beef mince
- 1 small red onion, finely chopped
- 3 tablespoons chopped fresh flat-leaf parsley
- 3 tablespoons chopped fresh oregano leaves
- 1 tablespoon chopped fresh rosemary leaves
- 1 clove garlic, crushed 4cm piece fresh ginger, peeled, finely grated
- 1 tablespoon olive oil or olive oil spray
- 2 teaspoons freshly ground black pepper
- 2 teaspoons cumin seeds
  Seeded bread rolls, lettuce leaves,
  tomato and red onion slices, to serve
  Greek-style natural yoghurt,
  to serve

- 1 **REMOVE** the crusts from the bread. Tear the bread into small pieces and put in a large bowl, then pour ½ cup (125ml) water over it. Set aside for 10 minutes, or until the bread absorbs most of the liquid. Stir mixture with a fork until smooth.
- **2 PUT** the beef mince, onion, herbs, garlic and ginger in a large bowl. Add the bread mixture. Using wet hands, bring the mixture together and knead lightly until just combined. Don't overwork the mixture, or it will become pasty.
- 3 SHAPE ½-cup amounts of the mince mixture into 6 balls using wet hands. Roll the mixture between your palms, then gently flatten each one into a hamburger patty. Keep the size consistent, so they cook evenly and at the same time.
- **4 BRUSH** or spray each patty lightly with oil. Combine the black pepper and cumin seeds and sprinkle over each patty. Cover and refrigerate for 10-15 minutes to firm.

5 HEAT the barbecue or grill pan to medium-high. Add the patties to the barbecue or pan and lower the heat to medium. Cook the burgers for 6-7 minutes on each side, turning them once only, or until cooked through. Serve the burgers on seeded bread rolls with the lettuce, tomato, red onion slices and yoghurt. Serve with extra yoghurt on the side and the pepper and cumin mixture.

#### COOK'S TIP

Try using different fresh herbs and spices, such as fresh mint or coriander, and add ground allspice or cumin to the mince.



...too good to put down









#### Strawberry and basil granita

**PREPARATION TIME** 15 minutes, plus about 5 hours freezing **COOKING TIME** 5 minutes

#### **Ingredients**

2 tablespoons caster sugar
4 x 15cm stalks basil with leaves on,
roughly chopped
½ teaspoon black peppercorns
500g strawberries
Small basil leaves, to garnish

**1 COMBINE** the sugar and ½ cup (125ml) water in a small saucepan and stir over low heat until the sugar dissolves. Add the chopped basil and peppercorns and turn off the heat.

Set aside the mixture to cool, then strain it into a bowl.

**Q HULL** the strawberries, rinse and pat dry. Process in a food processor until puréed. Strain into the bowl through a fine sieve to remove the seeds.

3 POUR the strawberry mixture into a shallow plastic or glass container, cover and freeze for about 1½ hours, or until starting to freeze around the edges. Stir and scrape with a fork to mix evenly. Return to the freezer. Repeat every hour for 2-3 hours, then scrape into an airtight container, cover and keep frozen until required. Serve the granita in glasses, garnished with small basil leaves.

PREPARATION TIME 10 minutes COOKING TIME Nil

#### **Ingredients**

 $$\mathcal{V}_{2}$$  rockmelon (about 800g)  $$\mathcal{V}_{2}$$  honeydew melon (about 650g) 600g piece watermelon

2 mangoes, flesh diced

1 tablespoon honey

2 tablespoons finely shredded fresh mint leaves

1 tablespoon fresh lemon thyme leaves 2 teaspoons finely grated fresh ginger

1 USE a melon baller to cut the melons into balls, avoiding the seeds. Put in a large shallow bowl and add the remaining ingredients.

**2 TURN** gently to combine. Set aside for 30 minutes for a syrup to form and allow the flavours to combine. Gently turn once or twice again while standing, then serve.



#### Fruity pavlova

**PREPARATION TIME 20 minutes** COOKING TIME 11/2 hours

#### **Ingredients**

4 eggwhites

1 cup (230g) caster sugar

2 teaspoons cornflour

1 teaspoon vanilla extract

1 teaspoon white vinegar

300ml carton thickened, heavy or

double cream, whipped

Sliced kiwifruit, bananas and

strawberries, brushed with

lemon juice to stop them

browning, to serve

Passionfruit pulp, for drizzling

**11 PREHEAT** the oven to 120°C. Using a 20cm cake tin or plate as a guide, draw a circle on a sheet of baking paper with a pencil. Lightly coat a baking tray with oil to keep the paper from slipping. Place the paper pencil side down on the tray.

- **2 BEAT** the eggwhites with a pinch of salt in a large bowl, using very clean electric beaters, until soft peaks form. Add the sugar gradually, about 1 tablespoon at a time at first, beating after each addition until dissolved.
- **3 SIFT** over the cornflour and add the vanilla and vinegar. Beat to combine. Spread the mixture on the baking paper to a 20cm circle. Make vertical ridges around the side of the meringue with a small non-serrated knife.
- 4 BAKE for 1½ hours, then turn off the oven and leave the oven door open slightly to let the pavlova shell cool down completely.
- 5 SLIDE a large knife under the cooled pavlova shell to loosen it from the baking paper. Carefully slide the pavlova shell onto a serving plate. Spread over the whipped cream, then top with the sliced fruit and drizzle with passionfruit pulp. Serve within 30 minutes of topping.

Serves 8

- 1 cup (250g) low-fat Greek-style
- 200g frozen raspberries
- 1 teaspoon vanilla extract
- ① **CUT** the bananas into 2cm slices, and put in a resealable plastic bag. Expel the excess air, then tightly seal. Freeze for about 6 hours, until firm.
- 2 LINE a sieve with muslin and stand over a bowl, with the sieve clear of the base. Spoon the yoghurt into the muslin, gathering the ends and twisting to enclose. Position a saucer on the muslin and weight it with two 400g cans. Put in the fridge to drain for 4 hours.
- **3 COMBINE** the frozen bananas, raspberries, drained yoghurt and vanilla extract in a food processor. Process mixture until smooth and evenly combined, occasionally stopping and scraping down the sides using a rubber spatula.
- **4 TRANSFER** the mixture to an airtight container and freeze for 6 hours, until firm. Remove from the freezer 10 minutes before serving, so the ice-cream can soften. Or, to make individual serves of ice-cream, freeze the mixture in 8 x 100ml ice-block moulds. •

# SEE THE WORLD \*\* Take a journey into fantasy land

**Underground retreat** Nearly 80 years ago, author J.R.R. Tolkien wrote, '... it was a hobbit-hole, and that means comfort'.

He was describing Bag End, the home of Bilbo Baggins in his much-loved children's classic, The Hobbit, published in 1937.

In real life, Mr Baggins' cosy home can now be found tucked into the earth in the Columbia River Gorge mountainside in central Washington state, US.

Created by designer Kristie Wolfe, a tiny house aficionado, The Hobbit Hole is a faithful copy of the original pocket-sized dwelling and is currently listed for rental on Airbnb.

It's no wonder Bilbo was so reluctant to leave his cosy home.







# Go camping wis summer

Take advantage of the warm weather and explore nature on a budget getaway

**WORDS** DANIEL BUTKOVICH

eading off on a family or group holiday can often be challenging, with work and school commitments, and expensive airfares, making it difficult to get away.

But with summer here, and school holidays under way, it's the perfect time for camping.

All it takes to experience the natural locations near you is a few inexpensive essentials and a bit of planning. >

Camping holidays are easier than you might think with the right gear.



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#### SET UP A DOME TENT



#### Select a site

Choose a flat area without large branches overhead to set up the tent. Select an area that receives morning shade, as the heat of direct sunlight can become unbearable in summer. Clear the ground of twigs and rocks that may damage the tent. Ensure campfires are a safe distance away.



#### 4 Hammer in the pegs

Reposition the tent if required, then hammer a peg through the eyelet into the ground at one corner using a mallet. Pull the opposite corner taut and drive in a peg, then repeat for the other corners, ensuring the sides are taut. When camping on a sandy site, keep the tent anchored with sand pegs.



#### Insert the poles

Lay out the tent, then assemble the poles and lay them in position. Insert the poles through the sleeves, pushing rather than pulling to avoid them coming apart or catching on the fabric, then attach the clips to the poles.

TIP If there is a slope, position the tent so your feet will be facing downhill.



#### **5** Attach the fly

Drape the fly over the top of the tent, ensuring the guy ropes are on the outside and the entrance flaps align with the door of the tent. Secure the fly by attaching the hooks to the eyelets at each corner.

**TIP** Avoid touching the fly if it rains, as this may cause water to seep through.



#### **3** Erect the tent

Insert one end of the first pole into the eyelet at a corner, then insert the other end into the opposite corner, bending the tent pole and adjusting the fabric as necessary. Repeat for the other pole to raise the tent.

**TIP** Have a second person help you align the poles with the eyelets.



#### **6** Secure the guy ropes

Create a loop of rope at the lower end of the tensioner. Pull the guy rope out from the seam towards the ground at a 45° angle and hammer a peg into the ground through the loop. Tighten the tensioner until the rope is taut.

**TIP** Stake guy ropes as close to the tent as possible to prevent trip hazards.

#### Where to go

Choosing a destination is the first step, as campsites have different levels of amenities and this determines what you'll need to bring. Booking is always recommended during peak periods.

Holiday parks are ideal for first timers, as they normally have hot showers, gas barbecues and the option of powered or unpowered sites.

National parks offer beautiful natural attractions and fun activities, but usually have fewer facilities.

Bush campsites normally don't have any amenities, so you'll need to bring everything with you.

#### Tent vs RV

For occasional campers, a dome tent is ideal. They're affordable, easy to set up and pack away, and don't take up much car space.

If you're a keen camper with a big family, consider a camper trailer. They feature a large tent, cooking facilities and storage, but you'll need to tow it and they may be too big for some campsites.

A campervan or caravan is ideal for taking the luxuries of home with you. Well equipped with proper beds, they're the most expensive option, but you can rent one to try the lifestyle.



Fire safety

Sitting around the campfire is a quintessential camping experience, but fires have risks and shouldn't be treated lightly.

Pay attention to fire danger signs and don't light up on hot, windy days. Never light a fire if a ban is in place. Keep campfires well clear of tents and equipment, and have a bucket of water nearby in case the fire accidentally spreads.

Before you leave the campsite, ensure your campfire is completely extinguished by thoroughly dousing any hot coals with water. >



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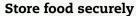
#### Clean before packing up

Leaving excess moisture on the tent fabric when packing it up will cause mould or mildew, leading to unpleasant smells and stains. Bring a towel to wipe down the tent fabric before packing it away.



#### Make a tuckerbox

Pack essentials like tea, coffee, sugar, salt, oil, long-life food, cups, plates and cutlery into a clear box, using compartments to keep it tidy. Replenish the box after every trip so it's stocked and ready for next time.



Animals can be more dextrous than you think, and those that live near campsites may have learned how to find their way into food boxes. Secure the lid with a bungee cord to keep out unwanted intruders.



vegetables in advance and pack them in plastic containers. This also prevents food from becoming waterlogged in the cooler as the ice melts.



#### DIY ice bricks

Freeze water bottles the night before and use them as ice bricks in your cooler. The solid bricks keep the interior cool for longer, and when the ice melts you can drink the cold water.



## PRODUCT Quick, simple and secure

GRIPPIE Use the Grippie to join, secure and tighten ropes or bungees



Loop and tuck

**Quick-lock cams** 

- NO KNOTS Simply loop and tuck
- SECURE Just pull to tension
- QUICK RELEASE

UNI-PRO

www.unipro.com.au





#### What to pack

Once you've established what kind of facilities are available at your chosen campsite, you can figure out what you need to bring with you.

Many campsites don't have drinking water, so you'll need to pack at least 5L per person per day for hydration and hygiene. A jerrycan with a tap is ideal for carrying water.

If you're not a frequent camper and don't have all the gear, borrow from friends to keep costs down.

For a full packing list, visit handyman.net.au/camping-checklist.

#### Camping essentials

- ✓ Tent
- ✓ Sleeping bags
- ✓ Mattresses
- ✓ Cooking utensils
- Plates, bowls, knives and forks
- ✓ Cooler
- ✓ Water supply
- ✓ Torches and lanterns
- ✓ Camp chairs
- ✓ Folding table
- ✓ Ropes
- ✓ Insect repellent
- ✓ First-aid kit
- ✓ Sunscreen



If you're using appliances outdoors or connecting to a powered site, you'll need to protect the cables. The Ampfibian X1, \$40, features waterproofing and cleats to prevent disconnection, keeping you powered (ampfibian.com.au).

Ropes are essential for securing items to roof racks or keeping awnings taut. The Uni-Pro Grippie, \$10, features spring-loaded cams and makes it quick and easy to tighten, join and secure ropes or bungee cords (unipro.com.au).



















# HOME SAFE HOME Remove the temptation for thieves to target your home by installing tough locks and smart alarms WORDS ADAM WOODHAMS

he Christmas and New Year period is when many of us spend long days at the beach or head off on a well-earned holiday.

It is also the time when break-ins rise significantly, as thieves take advantage of your absence, intent on relieving you of your newly received Christmas gifts and other possessions.

But there are easy steps you can take to make your home more secure and deter intruders. And they don't take a lot of time or cost a fortune to do.



Installing good quality locks on all doors and windows is the first step to improving home security.

Basic door locks seldom provide a suitable level of protection. To make sure a door is truly secure, you need a lock with a deadbolt that can only be opened with a key or code.

Windows and sliding doors can be secured with the addition of a locking bolt. These are easy to retrofit, so it makes sense to boost your protection.

Sliding door bolts and window locks come with a selection of screws and bolts for either metal or timber frames, so ensure you fit the right ones.

For added peace of mind, one-way screws on window locks ensure they can't be removed once fitted. >



The most common break-in point is forced entry via a window



With an automatic alignment feature, putting in a lock is made simple with the Ryobi Wood/Metal Door Lock Installation Kit, about \$26 [ryobi.com.au].



A classic double deadlock, such as the Lockwood 355 Double Cylinder Deadlock, \$163, offers the maximum level of security on entry doors [lockweb.com.au].



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The Gainsborough Angular Trilock, \$210, packs security and style in a matt black entry set with 3-in-1 locking, privacy or passage modes and deadbolt [gainsboroughhardware.com.au].



Add an extra layer of security with a quality screen door. The Protector Aluminium adjustable model, \$199, fits various sizes so you can DIY [protectoraluminium.com.au].



Secure rear or side gates with the LokkLatch Deluxe by D&D Technologies, about \$71, to keep thieves from accessing your home unseen [au.ddtechglobal.com].



Complement metallic accessories with the luxe Lane Security Privacy Door Lever in Brushed Copper from ITW Proline, \$49 [itwproline.com.au].



When installing multiple window locks, buy them keyed alike so one key works for every lock. Look for the key number on the pack.

# PROTECT MEMORIES

In these digital days so many of the things we treasure, such as family photos, music and movies, are stored digitally on our computers.

Theft or damage through fire or storms while you are away can mean you lose precious records. The smart solution is to make data backups.

It is easy to make backup copies of essential material, such as photos and music, or better still clone your entire hard drive so that you effectively have a duplicate copy of your computer.

When you make a backup copy, it's important to keep it updated and stored securely at home or another safe off-site location.



A fireproof, water-resistant lock-box or safe, such as the First Alert 26L Security Chest, \$249, is perfect to stow backup hard drives, valuables and documents [altamonte.com.au].

Engineer Sam Zavaglia from Seagate, the data protection experts, has the following advice on keeping your online valuables safe and easily accessible.

ORGANISE your data in specific folders from the beginning so it will be easier to find what you need as your material builds up over time.

HAVE a backup plan. Always double your backup by having another copy of your files saved onto a different drive.

© ENSURE you spring-clean your digital library just as you would do your home and delete any versions of the same document you no longer need.

TIP There are apps to help you locate and clean out any duplicate files.

© CHOOSE when and how you want

CHOOSE when and how you want to back up your files. Set it up automatically or do it manually.
 SELECT good-quality hard drives because data such as photos are priceless and irreplaceable. ➤





Seagate Backup Plus Hub,

solution for your digital

needs [seagate.com].

from \$229, is an all-inclusive

0

The clever Sandleford Floor Vent Safe, \$61, sits in the floor and can be covered with standard vents to look like part of your central air system [sandleford.com.au].









**PRESTIGE** Square D Handle 192mm and Flat Round Knob 32mm

**ZENITH** Round Robe Hook

#### BRING A TOUCH OF INTEREST TO YOUR HOME WITH BRUSHED COPPER

While silver, chrome and stainless steel are three metallics commonly used in the home, warmer metals like copper, are having their moment to shine. The texture and gleaming finish of copper provides a sophisticated warmth to most palette choices.



The easiest way to make your home look occupied while you're away is to create the appearance of business as usual.

- GIVE neighbours the dates you're away and your contact details, and ask them to bring in bins.
- PAY a small fee to have Australia Post hold your mail, or ask neighbours to clear your letterbox regularly.
- TELL the company that monitors your alarm system about your holiday plans.

- KEEP up bookings such as pool care.
- MOW the lawn before you leave. If you'll be away for more than two weeks, arrange to have it trimmed again.
- FIT motion sensors to exterior lights.
- **SET** timers to turn on appliances and lights. Sequence bedroom lights to turn on after the lounge room ones go off.
- CHECK voicemail remotely and keep the greeting as if you're at home.
- ADD outdoor solar lighting. Try ones with motion-sensor switches.
- PUT an auto-twilight switch on wired outdoor lighting to turn on at sunset.
- CONNECT a programmable timer to an irrigation system to water the garden.



#### PETS

Traditionally, pets such as cats and dogs get packed off to the cattery or boarding kennels for the holidays.

But if your pets will be safe indoors, or have suitable secure and protected outdoor spaces, consider leaving them at home and have a minder come in to feed, water and walk them.



The HPM Light Patrol Security Sensor, \$42, is a 180° device that can be fitted to existing outside lights and set to switch itself on at sunset [hpm.com.au].



Use an intelligent, hands-off device, such as the Holman iWater Bluetooth Tap Timer, \$99, to remotely control garden watering via an app [holmanindustries.com.au].







For motion-sensing lighting in stylish colours and finishes, switch on to the Avalon Twin LED Spotlights, about \$144, from Brilliant [brilliantlighting.com.au].

The high-tech Forta LED 30W Floodlight from HPM, \$129, with movement sensor is ultra energy-efficient and ideal for monitoring areas such as driveways.



#### DIY TIP

Tech savvy? Install a security system that can be controlled by an app and managed from your smartphone or tablet device.



**Getting social** We all love to let our friends know just how awesome our holiday is.

But by posting holiday happy snaps to your public social media profiles you are potentially advertising your home is empty.

So set the security of your social media accounts to allow material to be viewed only by known 'friends'. >

# DON'T THINK OUTSIDE THE BOX

When you need peace of mind that your valuables are secure this holiday season -Lock up with a Lockwood Digital Home Safe.



To find out more visit lockweb.com.au or phone 1300 LOCKUP to speak to one of our friendly Lockwood representatives.



Available at Small Digital Home Safe - 4210901 Warehouse Medium Digital Home Safe - 4210902 Large Digital Home Safe - 4210903







Once the domain of only the most luxurious homes, full security and camera systems are now affordable and, in many cases, quite easy to DIY.

Most burglars will avoid alarmed properties and security system decals and signs are also effective deterrents, say experts from ADT Security, who gave us this advice on alarm systems. For more, visit adtsecurity.com.au

- **INSTALL** a wireless system which avoids expensive cabling, is harder to disarm and much easier to take with you when you move home.
- **© CONSIDER** a back-to-base monitored alarm system to ensure your home is protected 24/7. A fully monitored system can cost as little as \$300 to install and about \$1 a day to monitor.
- **SELECT** a system that can be expanded as your needs change.
- **DESIGN** your system with different zones so at night you can move around bedrooms and bathrooms while the rest of the home is on alarm mode.
- FIT a battery as backup in case of blackout or someone cutting the power.
- ADD an extra layer of protection by connecting your monitored alarm system to your smoke alarms.

Protect the shed
Sheds and garages are
another favourite target
for housebreakers.

They offer easy pickings for a handy supply of break-in tools, such as hammers, chisels, crowbars and ladders.

Keeping equipment and tools safe is straightforward with the right locks and secure storage.



Use a Master Lock Mini Python 1.8m x 5mm cable lock, about \$26, to secure large items, such as ladders, to stop intruders using them [bunnings.com.au].

Store your gear in a fully lockable 5-drawer tool chest from Ultimate Storage, \$299, to keep it out of the wrong hands [ultimatestorage.com.au].



~ THIS SUMMER ~

# Fleep Well

~ WITH ~



quell.com.au





Protect your property from pesky pests to prevent structural damage and stop disease in its tracks

**WORDS ASHLEIGH PERRIOTT** 

s the weather warms up and the sunny season gets under way, the conditions are perfect for a range of pests, dormant over winter, to start plaguing your home as they emerge from their hideouts.

Higher temperatures and rain favour bed bugs, mosquitoes, wasps, termites and more, leading to a rapid rise in their numbers.

Be prepared and you'll remove the risk of these roaming raiders setting up shop in your home, potentially bringing disease and leaving costly damage in their wake.



Nearly eradicated in the 1950s, bed bugs have reappeared in recent years as they became resistant to certain pesticides. The brown, flat, oval bugs grow to 4-7mm as adults and feed on blood, biting people as they sleep.

Commonly brought into the home in luggage after a stay at an infected hotel, bed bugs hide in mattress seams, bedheads, carpet and furniture.

Signs of an infestation include a sickly sweet smell, dark stains or blood spots on sheets and mattresses, and live insects or shed skins.

Spot them early and eradication is a DIY job. But their small size and nocturnal nature often mean you'll need a professional to tackle removal by the time they're discovered.





#### MOSQUITOES

The scourge of backyard barbecues, mosquitoes thrive in summer and are most active at dawn and dusk.

Their bite causes a small itchy bump on the skin, but in tropical areas they can spread serious diseases, such as dengue fever.

To prevent a plague at your place, remove still water sources, such as

pots and puddles, where they breed.
Fill plant saucers with sand to retain
moisture and stop water pooling.

Install screen doors and window screens, use citronella candles and wear DEET-based repellent.

A bug zapper is also a great way to deter mosquitoes in outdoor entertaining areas. >

EnviroSafe Mosquito Drops, \$12 for 45ml. envirosafeaustralia.com.au

Mosquito



Gecko Triple Lure Insect Trapper, \$115. geckoinsectkillers.com.au



While most wasp species are solitary, non-stinging garden pest controllers, a few clash with humans and have a painful sting.

Wasps usually build new nests in summer, with workers dying off over autumn while the queens hibernate in winter.

They may build nests in roof or wall cavities around the home, and in areas such as the garage.

Wasps can penetrate through brick.

PestX
Rea
400g



PestXpert Wasp Jet Long Reach Spray, \$17 for 400g. pestxpert.com.au



The Buzz Insect Control Fly Catcher, \$14 for two. bunnings.com.au

European wasps scavenge food scraps and often build nests in a hole. To remove them, call on professionals as they are aggressive and their sting is painful.

Paper wasp

Paper wasps will attack to defend their nests, which often hang from fences or eaves. Apply insecticide at dusk to kill workers or they will rebuild in the same spot.

Insect Killer Concentrate, \$15

for 500ml. brunnings.com.au

European wasp



#### **TERMITES**

With timber being their primary food source, certain termite species can cause potentially expensive damage to decks, houses and trees on a property.

They thrive in high humidity and will often eat their way inside through submerged timber, such as deck posts or footings, making them hard to spot until they are well established.

Use structural timber that is treated to deter termites and prevent damp in your home.

Or, avoid using timber when it will be in direct contact with the soil and try alternative building materials or lay a concrete slab for foundations.

If none of this is possible at your place, schedule an annual check with a pest specialist or spray high-risk areas with insecticide as a preventative.



# The state of the s

Smart moves to make now to reduce the danger when bushfires threaten

**WORDS** ADAM WOODHAMS

Bushfires have the potential to impact us, whether we live in rural, regional or suburban areas, so being prepared is essential.

Having an emergency plan is the best chance you'll have to come through a major event unscathed.

Even if your property doesn't back onto bushland, it's still wise to take basic measures to get ready because given the right circumstances fire can roar deep into suburbia.

Homes 100 metres or more from the fire front can be impacted by ember attack, which is when smouldering leaves and ash are carried by heatwaves ahead of a fire.

And, burning bark can be blown kilometres ahead of the fire.

#### **SAFETY TIP**

Keep updated on fire danger ratings and alert levels for your area and be familiar with the emergency radio frequency.

Garden guidelines
Minimise fire danger in the garden with a little planning.
Avoid using wood or plant-based mulches close to your home or outbuildings. Use non-flammable mulching materials such as pebbles.

There are many plants and trees classed as low-flammability. Your local fire service may have a list or Google 'fire-resistant trees Australia'.

- Be aware of which plants are considered more flammable and put them well away from the house.
- Avoid planting any vegetation right up against your home.
- Use landscaping materials with low or no flammability.





Follow these simple guidelines to help keep your property safe.

- MOW lawns regularly and keep them free from dried or dead grass.
- TRIM dead branches from vegetation.
- PRUNE off branches near the roof.
- **KEEP** roof gutters and garden, path and driveway drains free of leaves.
- **RAISE** the tree canopy to at least two metres above ground.
- STORE potentially explosive fuel, gas bottles, petrol-driven tools, paints or bulk chemicals away from your home.
- MOVE flammable items, such as firewood, hanging baskets, garden furniture, dog kennels and doormats, well away from the house.
- ATTACH quality fittings to garden taps and have hoses long enough to reach every corner of your property.
- INSTALL a 'static water supply' sign or similar to alert fire services to water sources such as a tank, dam or pool.
- INVEST in a small transfer pump and suitable fire hoses and nozzles to use with a fixed water supply, such as

- a pool or dam, as mains water can be unreliable in times of emergency.
- **DEVELOP** a bushfire survival plan for your household, including pets and livestock. Your local fire authority can provide advice on preparing one.
- **DECIDE** whether you will stay to fight a fire or leave. If you plan to leave, have possessions packed and ready, plan your route and leave early.
- **© STAY** to fight the fire only if you are well prepared and always inform local authorities of your decision. >



If you live in a designated 'bushfire prone' area and you are renovating or building, then you need to integrate fire-resistant materials into your plans.

Much of what you can build is now covered by appropriate design guidelines in the Australian Standard AS 3959:2009. You have a legal obligation to comply with these rules.

But there are many high-quality, low-flammability materials that will integrate beautifully into your designs. Consult with your builder, engineer or architect about the options available.

- **KNOW** about the relevance and impact of fire zoning for your area.
- CHOOSE timbers with natural fire resistance such as merbau, blackbutt and spotted gum.
- **INSTALL** fine metal mesh gutter guards classed for ember resistance.
- ADD metal mesh ember guards in gaps or cracks where embers may settle.
- PUT in quality metal mesh flyscreens.

#### DIY emergency kit

A basic survival kit can be a lifesaver in a crisis.

Store it in an easy-to-carry, watertight box in a place you can find with the lights out.

Every six months, check that the contents are in working order and not past their use-by dates.

- ✓ Quality first-aid kit
- ✓ Blanket or sleeping bag
- Tarpaulin
- LED torches and lantern
- ✓ Small AM radio
- ✓ Spare batteries for torches and radio
- ✓ Power bank to re-charge mobile phones
- ✓ Bottled water
- ✓ Food such as muesli bars
- ✓ Reflective safety vest
- ✓ Heavy-duty gloves
- ✓ Coil of rope
- ✓ Duct tape

#### FIRE DOORS

Doors are an area of design and construction that can be a weak point when it comes to fire.

Corinthian Doors BAL40 entry door system is designed to withstand fires in high-risk zones (corinthian.com.au).

The system combines the door, frame, hinges, seals, handle and lock for a high level of protection.

The 15 different designs will suit any property, and the thermal and sound-dampening properties of the doors will keep your home quiet and well-insulated.



CTURES (TOP) ISTOCK





Rhino CCB600 Blue Cargo Case, 600 x 550 x 400mm, \$155. rhinoboxes.com.au



Family First Fire Resistant Document Bag, \$11. family-first.com.au



Coast Polysteel 600 Flashlight 620 Lumens, about \$61. bunnings.com.au



Silvan Selecta 400L Fire Fighting Unit, \$1998. silvan.com.au



Bear Easy Tear Professional 48mm PVC Duct Tape, about \$7 for 30m. saint-gobain.com.au



Scott Safety UniSafe Large Orange Hi-Vis Day/Night Safety Vest, \$7. scottsafety.com



Ozito Power X Change 18V Workshop Radio, \$49. ozito.com.au

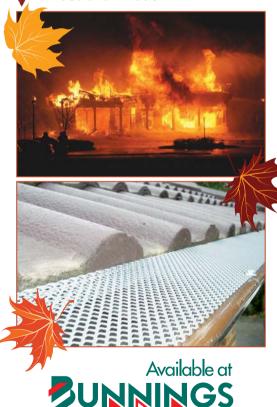


St John Ambulance 150-piece Comprehensive First Aid Kit, \$50. stjohnambulance.com.au Ø



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# Q Find it at Bunnings

# Build a new garden bed

Use sleepers to create a timber planter to grow herbs and vegies

rowing vegetables, herbs and flowers at home is incredibly rewarding, but it can be challenging if your soil is poor.

Building a raised garden bed is an easy landscaping solution that allows you to grow plants in the best soil possible and eliminates the need for excessive excavation.

Hardwood timber sleepers are ideal for building a garden bed, as they're strong and won't degrade after prolonged contact with the soil.

#### What you need

Timber sleepers
Batten screws
Steel stakes
Circular saw
Cordless drill
Spirit level
Roofing square
Stringline
Mattock
Mallet



## Raised garden beds provide good drainage and help prevent soil compaction



#### Set out the bed

Lay two sleepers on the grass where the bed is to be built. Position them where the long sides will be installed, then measure the distance between the sleepers to determine the length of the short sides.



#### Cut the sleepers

Use a tape measure and square to mark the sleepers, then cut them to size using a circular saw to create the short sides. If the bed is longer than one sleeper, halve the overall length and cut four sleepers to size.





#### **3** Assemble the frame

Position the short sides between the long sides, then drill pilot holes and secure the sleepers with two batten screws at each corner, checking that the corners are square. Repeat at the other end of the garden bed.





#### **4** Excavate the site

Mark the outline of the frame on the grass, then have a second person help you remove the frame. Use a mattock and shovel to remove the grass from the area, taking care not to disturb any existing plants.



#### 6 Reposition the sleepers

Dig a trench for the sleepers around the perimeter so the top of the garden bed sits 50mm above ground level. Move the frame back into position, and check for level, then use a stringline to check that the long sides are straight.



#### **6** Secure the sleepers

Drive stakes into the ground on the inside of the bed using a mallet, securing to the sleepers with four galvanised screws. Join sleepers together by securing stakes at each joint with two screws into each sleeper.

# 

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is giving away
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For your chance to win, go to handyman.net.au/stanley and tell us in 25 words or less why you need this tool pack.

Entries close 26 January 2017. The winners will be announced on the website in March 2017. Visit handyman.net.au for the full terms and conditions.



Get the job done well with the Stanley 87-piece Metric Hand Tool Set, \$199.



The Stanley FatMax 560g Large Strike Face Hammer, \$30, has a 70% larger strike face for improved accuracy.



The Stanley 16-piece Cushion Grip Screwdriver Set, \$35, has large, soft handles for improved comfort and grip.



The Stanley FatMax Exo Retractable knife, \$20, features a magnetic exposed slider for fast blade change.

Featuring an adjustable ball joint, the Multi Angle Hobby Vice, \$40, can be fixed in almost any orientation.

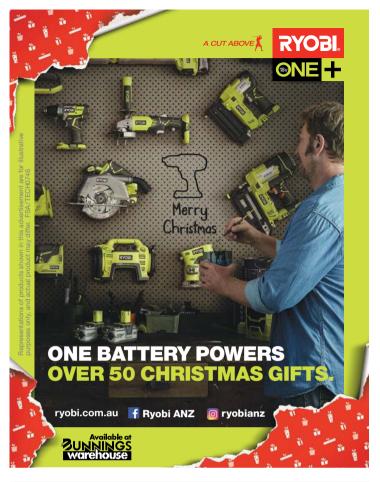


The Stanley FatMax 585mm Tool Box, \$50, has an all-round water seal for the ultimate protection of your tools.



Tough and lightweight, the Stanley FatMax 1200mm Carbon Fibre Level, \$149, is perfect for overhead levelling.

#### Handyman BUYER'S GUIDE





THE MODA COLLECTION

A door is a statement of what to expect as you enter a room. That's why Sally Klopper of Sally Caroline Interior Design starts with Corinthian's Moda Collection. With 24 timeless designs to choose from, a Moda door will be right at home in your home. To watch Sally talk about her timeless design principles, visit Corinthian.com.au

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#### Handyman BUYER'S GUIDE











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#### Want to change a room in a weekend?

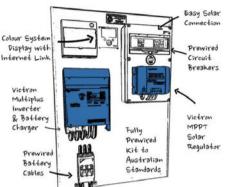
new wall lining panels. They go straight over existing wall materials and transform a room immediately. Different profiles are available and they come pre-primed ready to paint. Look for them in the Bunnings timber panels aisle or ask at the Special Orders desk.

www.easycraft.com.au



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# WHAT'S IN COLOUR

SALVIA 'BLACK & BLOOM' Featuring deep-blue blooms on black stems this Salvia guaranitica cultivar will make a statement in any landscape.

Reaching 1.2m high and spreading to 1.2m wide, it has a mounded, upright habit and flowers in spring, summer and autumn.

Beautiful but very tough, Salvia 'Black & Bloom' thrives in drought, heat and humidity. Give it a position in full sun in well-drained soil. **O SUNPATIENS** For non-stop colour

any outdoor area, plant SunPatiens. Easy to grow in full sun or shade, they also love heat and humidity

from spring through to autumn in

There are 10 colours to choose from and you can use them in beds, pots or hanging baskets.

and are virtually maintenance-free.

Give them well-drained soil,





#### To-do list

Keep the garden thriving in the heat of summer.

- ✓ ADD water to a backyard pond or water feature to top it up in dry weather.
- ✓ MIX water-storage crystals into the potting mix of containers and hanging baskets.
- MULCH all beds and pots, including fruit trees, shrubs and vegies.

- ✓ WATER lawns deeply and weekly in dry weather.
- ✓ DEADHEAD roses.
- ✓ USE soaker hoses or install a drip-irrigation system to water the garden more efficiently.
- ✓ MIST indoor plants using a spray bottle.
- KEEP foliage around water gardens damp as a habitat for frogs.





#### **Indoor hanging planters**

Turn decorative pots into hanging planters in a few simple steps and use them indoors, on a covered verandah or under a pergola. All you need are the pots and plants, plus sisal rope and hooks for hanging them.

Mark holes about 20mm down from the pot rims to drill holes for the rope, using a bit to suit the material. Thread the rope through the holes, tying knots at two points along the length, then attach to a hanging hook.

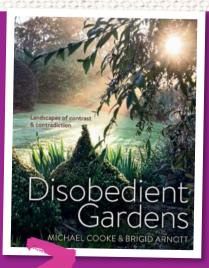
Ensure the hook is rated to take the weight of the planted pot, then secure the hanging hook into timber beams, or a plasterboard or masonry wall.

#### **BOOK CLUB**

Aussie landscape designer Michael Cooke is a fan of garden contradictions and contrasts.

'I like ... sun and shade, messy and neat, organised and considered,' he says.

In Disobedient Gardens (\$60, Murdoch Books), Michael shares five of his 'disobedient' gardens, all beautifully photographed by Brigid Arnott, and talks about what makes them unique. •



411111111111111



#### Prune now

Thin out fruit trees if needed and remove any dead or diseased wood.

- **O** APPLES
- **OPEARS**
- **OPLUMS**
- **O PEACHES**
- NECTARINES

#### Harvest now

Pick fruit from trees, vines and canes during summer.

- **O BANANAS**
- **O CHERRIES**
- **O GRAPES**
- **OBERRIES**
- MELONS



Cherries

#### Feed now

Give flowering and fruiting plants an application of fertiliser.

- O CITRUS
- **O PASSIONFRUIT**
- **OVEGETABLES**
- O PATIO ROSES
- **O HIBISCUS**

Hibiscus







**...**Lithium

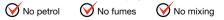




#### **RYOBI 36V GARDEN RANGE.** POWER MADE EASY. IT'S MADE US NUMBER ONE.



One 36V Lithium Battery powers more than ten tools.









\*Australia's best-selling battery-powered DIY garden range.









After weeding, top up your mulch to conserve moisture and help keep future weeds at bay.

Use lucerne hay, sugar cane or pea straw on garden beds, and pine bark or eucalyptus mulch on shrub beds. On succulent gardens and in fire-prone areas, use gravel, scoria or pebbles.

Set the scene

Add a feature with an outdoor plar dining setting, a piece of garden art such as a simple sculpture, or a tall pot brimming with the strappy foliage beds

of a colourful cordyline or flax.

A birdbath surrounded by flowering plants makes a lovely picture and ensures the birds will be visiting.

Beautify empty spaces in garden beds with advanced potted annuals and perennials, and small shrubs. >





Light the night
When the sun goes down
outdoor lights work their
magic in the garden.

Add rustic lamps to a table for nighttime dining or illuminate the garden so it can be viewed from indoors. Use small spotlights to highlight favourite plants, a water feature or a statue.

Uplights will accentuate walls or feature trees and shrubs while fairy lights create pretty effects. Wrap them over tree branches or string them around a patio.

Solar-powered lights come in a variety of sizes and types, including fairy lights and stakes. They are handy to light pathways or highlight swimming pools, walls and plants.

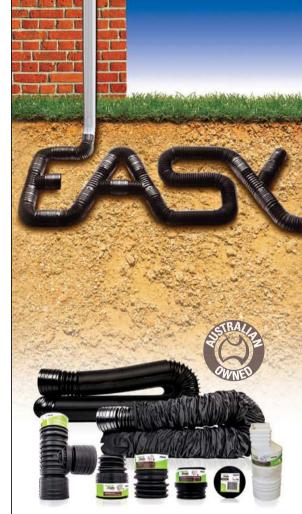


Install a water feature in the garden to enjoy its calming sounds

Add a fountain

Water features are a great addition to the garden, as they have both a soothing and cooling effect. They come in lots of shapes and sizes, or you can DIY using a pot and pond pump.





### Need drainage for your Retaining Wall?

Stretch Drain is more felxible than traditional corrugated pipe allowing it to bend around any obstacle and retain shape during installation!

- Fast & easy to install
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Patio umbrellas and shade sails provide instant solutions.
Look for those that tilt vertically and horizontally, and also swivel, so you can reposition them as the sun moves during the day.

Add potted colour
Pots brimming with
flowers bring colour
and life to the garden.

Use them to decorate outdoor entertaining areas, or position a flowering pot plant at the front door to create an inviting entry.

Large pots hold water better than small ones and they're bolder

in appearance than a collection of small pots. Nurseries are bulging with flowering plants at the moment, so buy advanced potted colour for instant impact.

Plant alyssum, alstroemeria, amaranthus, bedding begonias, calibrachoa, catmint, fuchsia, gaura, geranium, gerbera, impatiens, lobelia, petunia, salvia and verbena.

Hang pretty baskets Transform dull or

bare areas with cheerful hanging baskets. Hang them in trees to liven up empty areas of the back garden, or brighten a pergola with colourful cascading flowers.

Hanging baskets designed to fit flat on walls can be used to turn a surface from boring to beautiful. • SUN Brachyscome, calibrachoa, coleus, Dichondra 'Silver Falls', petunia and sweet alyssum.

• SHADE AND PART SHADE
Trailing and bedding begonias, impatiens, ferns and fuchsia.

Re-pot old faves
Before you rush to the
nursery to buy new
plants to decorate outdoor areas,
take a look at your existing plants.

If they're looking straggly and not growing well, maybe they simply need to be re-potted.

It is best to do this every three years, even if the plant has not outgrown its pot, as the potting mix degenerates and needs renewing.

You can replant into the same container, but if the plant has grown considerably or is root-bound, then move up to a bigger pot size.

- BRIGHTEN a dark courtyard with a large outdoor mirror to reflect light and increase the sense of space.
- MAKE lanterns to hang in trees using pretty jam jars. Put a tealight candle inside and wrap thin wire around the top to create a hanger.
- **O CREATE** a wreath for the front door to spread Christmas cheer and

welcome guests. Camellia, laurel or gardenia leaves make a shiny green display or, for an Australian theme, cover the wreath in eucalyptus leaves.

• FLOAT favourite blooms in a bowl filled with water on an outdoor table setting to add colour and a sense of tranquillity. Any attractive bowl that is watertight will do.









Bends around anything!



Expands up to 4 times longer!



Connects 2 or more pipes!





# SUCCULENT XMAS TREE

Pine is the traditional species used for Christmas trees, and while live trees looks spectacular at first, they don't last more than a week or two in the hot Australian summer.

Instead, you can create a colourful living centrepiece using wire mesh and succulents. These drought-tolerant

plants store water in their leaves, making them ideal for creating a festive display in a hot climate.

The secret to keeping them alive and healthy is a layer of sphagnum moss secured to the wire frame. It retains water for a long time, allowing the cuttings to thrive and strike roots.



#### Make the frame

Wearing gloves for protection, roll steel mesh into a cone shape, then secure with wire along the edge. Cut the mesh using wire cutters and trim any sharp edges, then tuck the rim underneath to create a level base.



#### Add the moss

Hydrate a block of sphagnum moss by soaking it in a bucket of water and breaking it apart with your hands. Push clumps of moss through the gaps in the mesh to secure it firmly until the cone is completely covered.



#### Insert the cuttings

Prune cuttings with about 50mm of stem and remove excess leaves. Make small holes in the moss using a pencil, then push the cuttings into the holes. Start with large cuttings first, then fill any gaps with smaller specimens.







# How to take a cutting

Take cuttings in the morning, when the stems have more moisture.

- FILL a 100mm plastic pot, which will hold about 4-5 cuttings, with a good-quality seed-raising or propagating mix.
- **CHOOSE** cutting material from the top or outer growth of the plant.
- **© CUT** just below a pair of nodes. For semi-hardwood, take cuttings about 100-150mm long, with at least four nodes on the stem.

For herbaceous, take cuttings about 75-100mm long, with at least three nodes on the stem.

- PINCH out the top shoot. Remove the leaves from the base of the cutting, leaving a couple on top.
- **DIP** the ends of the cutting into a hormone rooting powder.
- MAKE a hole in the mix using a pencil and insert the cutting by at least half its length, firming the mix around it to hold it in position.

- Take a semi-hardwood cutting with at least four nodes on the stem.
- 2 Pinch out the top shoot.
- 3 Remove the lower leaves from the base of the cutting to prevent moisture loss.







Plant cuttings need humidity to form roots.

You can buy a mini greenhouse or make your own by placing small bamboo stakes around the edge of the pot and covering it with clear plastic. Just ensure the plastic doesn't touch the plants.

Potted cuttings can also be put into a wooden or polystyrene foam box and covered with glass.

Or, you could cut large, clear soft-drink bottles in half, then upend them over the cuttings. >

3

#### Taking root

Position the potted cuttings in a warm shady spot and use a mist sprayer to water, checking regularly that the mix is moist but not wet.

In 6-8 weeks, check to see if the cuttings have taken root by gently pulling the stems. If they feel firm, it means roots have formed. Strong new growth on a cutting also indicates that they have taken root.

Don't give up on them, as some plants, especially roses, take longer.



When taking cuttings, good after-care is essential for success

#### Semi-hardwood cuttings

These are also known as semi-ripe cuttings, and are taken from hardened spring growth.

The wood has been growing for a couple of months and should snap quickly when bent.

These plants will grow easily from cuttings, but be adventurous

and give anything a go, as you never know what may strike.

WHAT TO PROPAGATE Abelia, azalea, bottlebrush, begonia, box, camellia, fuchsia, gardenia, Geraldton wax, grevillea, bay, New Guinea impatiens, hibiscus, lavender, lilly pilly, mint bush, murraya, plumbago, rosemary, roses and westringia.







Create a gorgeous hedge with lavender cuttings.



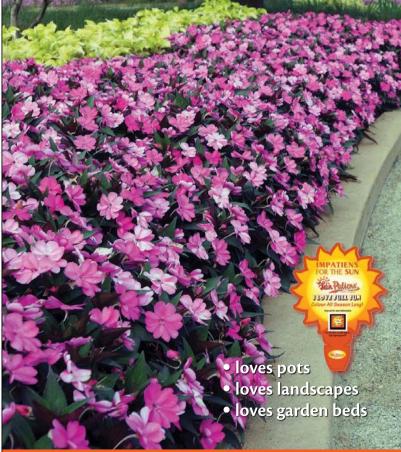
## Here's a landscape line that...

loves the **SUN** loves the **HEAT** 



**Flowersthat Flourish** 





10 colours all ready to make an impact!



# RAISING BEAUTIFUL BEGONIAS

Plant these star performers to brighten shady spots in garden beds or bring indoors as potted colour

**WORDS CHERYL MADDOCKS** 

inding good-looking plants for shaded and semi-shaded areas is not always easy, but begonias are great choices for these difficult places.

They have lovely flowers and abundant foliage, and will also happily grow in pots. If you're forgetful with the watering from time to time, don't worry, as they won't drop dead.

Begonias belong to the Begoniaceae family and there are about 1200 species and many different cultivars of these stunning plants.

Mass-planted begonias make a spectacular display.



There's a begonia for just about every position in the garden and home.

Bedding begonias will grow in sun and produce flowers for months in either garden beds or containers.

The pretty leaves and flowers of cane begonias make them standouts in shady, tropical-style gardens.

Rex begonias with their colourful leaves make handsome indoor plants.

Elatior begonias will bloom for months indoors and the large flowers of tuberous begonias look wonderful cascading from hanging baskets.



Always water in the morning to prevent mildew on leaves





#### **Bedding**

Also called semperflorens or wax begonias, these are available as seedlings and grow to 200-250mm.

Semperflorens means 'ever blooming' and they live up to their name, as they flower continuously from spring to the end of autumn.

While bedding begonias are usually sold as annuals, they are actually perennials and will bloom again in all but frosty climates.

They come in pink, red and white with waxy bronze or green leaves.

Look for powdery mildew on leaves and treat with an organic fungicide.

- PLANT in pots or garden beds in full sun or partial shade. In cool areas, too much shade will reduce flowering and in very hot areas, excessive sun can burn the leaves.
- WATER regularly if in full sun.
- FEED bedding begonias monthly using a soluble plant food.
- PROPAGATE by taking cuttings from near ground level. Trim excess leaves, leaving two at the top and put in a propagating mix.

Water and cover with plastic.
When the roots develop, transfer to small pots for several weeks before planting out in the garden.

#### Cane

Known as cane, angel wing (Begonia coccinea) or tree begonias, these elegant plants have upright stems and clusters of drooping flowers.

But their beautiful spotted leaves are likely to attract just as much attention as their lovely blooms.

• PLANT outdoors in frost-free areas in a position that receives morning sun or dappled light.

Grow in beds or in large pots.

Give the plants space and room to spread, as new canes

grow from the root system on the outside of the existing ones.

- WATER when the surface of the potting mix is dry. Do not overwater.
- FEED in spring with a six-month controlled-release fertiliser, or use a soluble plant food every 3-4 weeks.
- PRUNE in late winter to early spring by cutting out all old, brown canes to just above ground level.

Trim the other canes to the height you desire and new growth will appear from the top node.

Flower colours include orange, red, pink and white.



**TAKE CUTTINGS** of cane begonias now and they should be ready to plant out into garden beds, or large containers, in about 4-6 weeks.



#### **1** Take the cutting

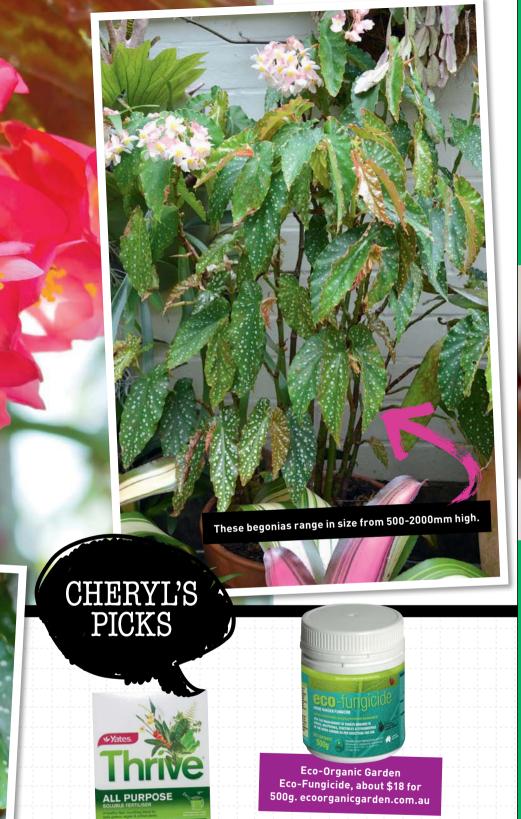
Fill a 100mm pot with propagating mix. Take a tip cutting with 3-4 nodes from where the leaf meets the stem. Remove all but the two top leaves from the cutting and cut large leaves in half to reduce moisture loss.



#### Plant into pots

Insert the cuttings into the mix with at least two nodes below the surface. Firm them into place and put the pot in a warm but shaded position. Keep the mix moist but not overly wet. Plant out when the roots appear.





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- -Stir Fry Sprouts

-Sandwich Sprouts



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- GROW indoors in bright light but not direct sun.
- HUMIDITY is essential or the leaf margins will become brittle. Boost humidity in air-conditioned rooms by standing the pot on a dish of pebbles. Add water so it sits just below the pebbles.
- WATER sparingly and only when the surface of the pot feels dry. Overwatering is a common cause of death. Water less in winter when growth slows down.

Latimates.

Rex begonias may be grown outdoors in tropical and sub-tropical climates.

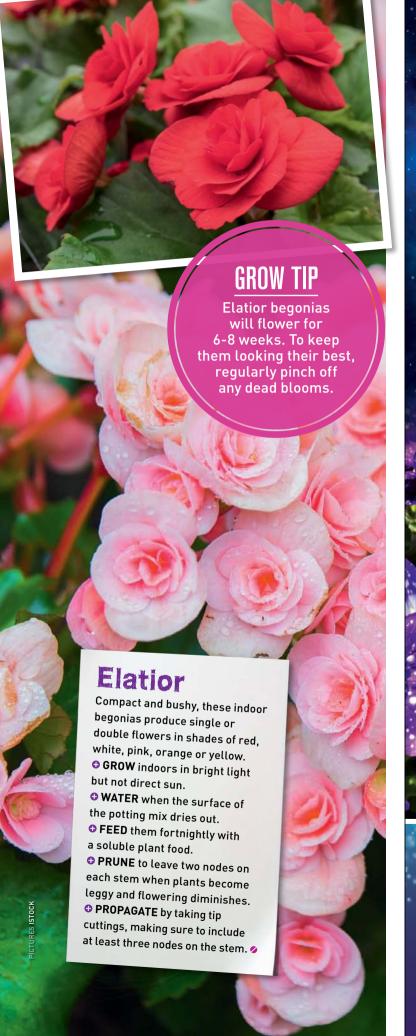
These showy plants flower in colours from subtle white, cream or pink to brilliant scarlet, red, orange or yellow.

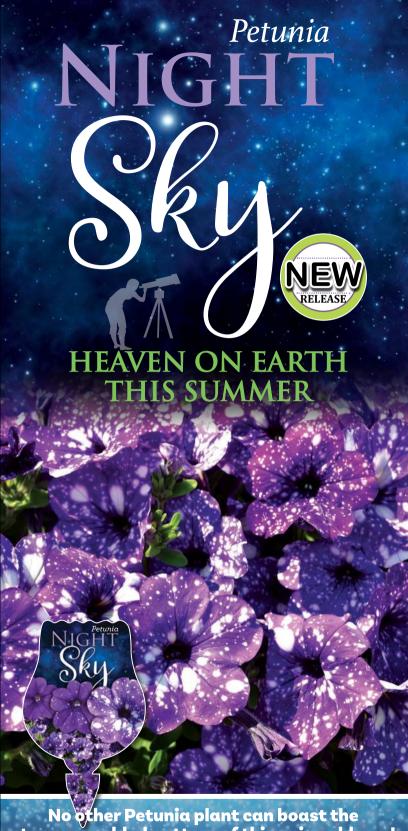


The winter-dormant *Begonia* tuberhybrida flowers from midsummer to early autumn.

When the tubers die back in late autumn, put them on a tray, cover in nearly dry potting mix and keep in a cool, dry position. Re-pot in early spring.

- GROW in hanging baskets or pots on well-lit balconies out of wind and direct sun. Buy tubers in winter when growth is dormant or in summer when in full bloom.
- WATER when the surface of the mix is dry. Do not overwater.
- FEED them fortnightly using a soluble plant food.





starry-speckled pattern of this unique bloom!

- White speckles against a deep purple-blue backing recreate a clear night sky.
- You'll get lost gazing at the myriad of patterns each flower is totally unique.
- Let this petunia spill from hanging baskets and patio containers for an eye catching display this summer.



#### using natural methods to care for your soil and plants, When you garden in this way, you become more aware of the

environment and nature's balance. Chemical sprays, while effective,

and also control pests.

rganic gardening is all about

can alter this delicate state by killing off beneficial insects.

But it is surprisingly easy to protect the garden organically from pests, diseases and weeds, as there are simple, non-toxic approaches for many of the most common offenders.

# PROTECT PLANTS MATURAL WAY

Keep your patch free from pests, diseases and weeds with easy-to-use organic solutions

**WORDS CHERYL MADDOCKS** 

The pollen and nectar of daisies attract beneficial insects.

• Choose companion plants Visit facebook.com/HandymanMagazine

#### PREP FOR **SUCCESS**

Careful preparation can avoid garden problems, and having good soil as a base and using the right plant in the right place is key.

If pests continually attack a plant, it may be unsuited to its situation and not growing well, making it vulnerable. The soil may be too heavy, the climatic conditions incorrect, or the position too hot or too shaded.

Good garden management means getting to know your plants and observing them regularly so you can spot pests or diseases before they develop into major infestations.



Keep tools clean to avoid spreading pests or disease to other areas of the garden



**▶** Attract good insects Select plants that create a desirable environment for beneficial insects that help to control pest populations, such as parasitic wasps, assassin bugs, hoverflies, lacewings and ladybirds.

Beneficial insects prefer small and abundant flowers, such as those from the daisy family (Asteraceae), which are excellent sources of the

pollen and nectar which attract species that feast on predators.

Bees and beneficial insects are also attracted to plants in the mint family (Lamiaceae) which produce clusters of tiny, two-lipped flowers. PLANT Aster, basil, catmint, cosmos, dill, fennel, lavender, lemon balm, marigold, mint, oregano, Queen Anne's lace, sage, sunflower, sweet marjoram, tansy and thyme. >



Dealing with pests organically does not necessarily mean you have to mix your own sprays.

You'll find many products on the market classified as organic sprays that are kind to beneficial insects and the environment.

#### **Aphids**

Small sap suckers that attack many plants including edibles, shrubs, trees and vines.

◆ SPOT IT Distorted growth and sticky honeydew on leaves and fruit which feeds sooty mould, a black coating that develops on leaves and stems.

◆ FIX IT Attract ladybirds, crush by hand or hose off plants. Hippo Enhanced Eco-Oil kills aphids and has compounds that attract beneficial insects.

#### Bronze orange bug

Also called stink bugs, these sap suckers attack citrus trees, including native varieties.

• SPOT IT Small, flat, green nymphs grow into black or

dark-brown adults of about 25mm long. Both cause flower and fruit fall by sucking on stalks.

• FIX IT Remove adults and place in a bucket of hot water and detergent. Wear gloves and eye protection, as the bugs can squirt a toxic acidic substance.

Spray nymphs in winter with Yates Nature's Way Citrus & Ornamental Spray.

#### Caterpillars

Most species feed on tree and plant leaves but some eat fruit.

- SPOT IT Chewed leaves on young and old growth, or seedlings being eaten.
- FIX IT For small infestations, remove by hand and destroy.

Or use Yates Nature's Way Caterpillar Killer. It controls most caterpillars with a natural bacteria that kills the larvae once it is ingested.

Handyman.net.au DEC 2016/JAN 2017



Healthy plants are much less likely to be attacked by diseases. Make sure you select the right plants for your climate and give them the correct positions, such as in full sun or part shade.

But when problems do appear, there are natural fixes to try.

#### Black spot

A fungus that affects many plants, but especially roses.

SPOT IT Almost circular black spots appear on leaves, which will also turn yellow and fall prematurely.

• FIX IT Water in the morning so leaves are not wet at night. Ensure good airflow around rosebushes, as the fungi like humid conditions.

Spray affected plants with a product such as Eco-Organic Garden Eco-Fungicide.



This fungi attacks cucurbits, roses, grapes and ornamentals.

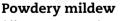
- SPOT IT Patches or spots on the upper surfaces of leaves, with furry growth beneath.
- FIX IT Never water the foliage of susceptible plants but apply at the roots in the morning, and use a seaweed solution weekly.

Mix one part whole milk with nine parts water and spray weekly. Or use Eco-Organic Garden Eco-Fungicide.



Strawberries, tomatoes and plants in the potato family (Solanaceae) suffer from this disease.

- SPOT IT Lower leaves start to dry out and the whole plant may eventually die.
- FIX IT Remove and destroy infected plants. Rotate your crops annually, especially plants that belong to the potato family.



Affects ornamentals, apples, vegies, strawberries and pawpaw.

• SPOT IT Faint white spots on the leaves that increase in size until covered in white powder.

• FIX IT Apply a seaweed solution weekly to vulnerable plants as a preventative measure.

Mix one part whole milk with nine parts water and spray weekly. Or use Eco-Organic Garden Eco-Fungicide.



Blossom end rot

This disease affects the base of tomato and capsicum fruits.

- SPOT IT The bottom of fruit looks sunken and blackened.
- FIX IT Address a lack of calcium in the soil or irregular watering, both of which can cause this rot.

Add liquid lime to the soil, and water regularly and deeply.





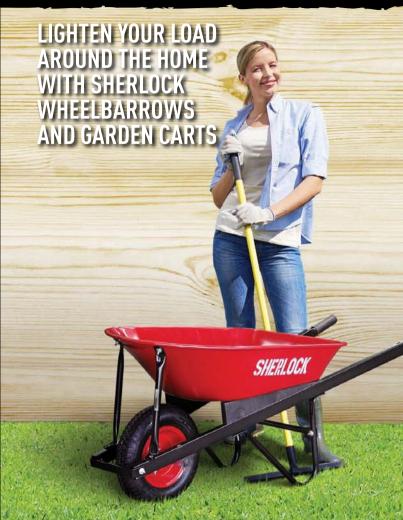
Making regular checks of your plants means you can manage problems as they arise. Use a commercial spray to deter a specific disease or pest. Or, make a DIY spray to zap sap-sucking insects.

- **READ** the maker's label for guidance when spraying on hot days, as this can stress plants. The maximum temperature usually recommended is 27°C.
- AVOID spraying on windy days so it doesn't drift and is applied directly to the plant. Early morning or evening is best, when the air is still and there are fewer beneficial insects around.
- **© COVER** the undersides of leaves, as well as spraying the top, as many pests tend to conceal themselves there.
- MAKE your own soap spray to kill sap-sucking insects, such as aphids, thrips and bronze orange bugs.

Dissolve 2-3 teaspoons of liquid soap in two cups of water. Shake well and apply directly onto plants.



## SHERLOCK LASTS LONGER

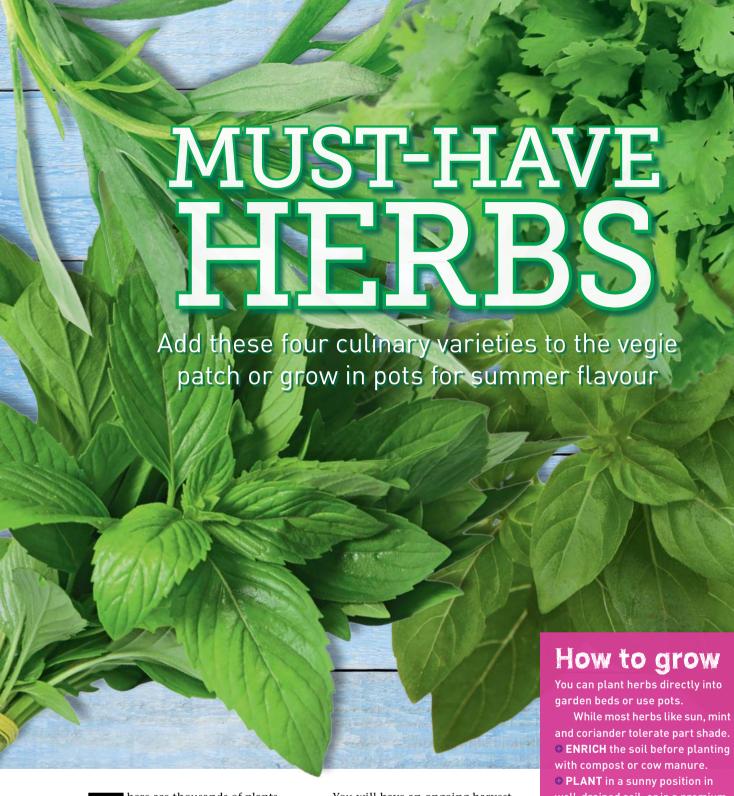


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here are thousands of plants that are classed as herbs, and over the centuries, many have been used to flavour food, freshen the air, treat ailments, ward off pests and diseases, and as decoration.

As well as being staple kitchen ingredients, the leaves and flowers of herbs add lovely fragrances and colours to the garden.

You will have an ongoing harvest in summer, but any excess won't be wasted, as you can freeze herbs to use in winter when they're more scarce.

To make picking easy, dedicate an area for herbs close to the back door or use a sunny kitchen windowsill.

Basil, coriander, tarragon and mint are all easy to grow and will thrive in most climates.

- PLANT in a sunny position in well-drained soil, or in a premium potting mix if using pots.
- ◆ WATER regularly and feed fortnightly with a soluble plant food to encourage new leaves.
- HARVEST herbs regularly in summer to promote branching and growth in autumn. Remove flowers to keep plants leafy.

#### CORIANDER

This is an annual herb belonging to the Apiaceae family. In hot areas, choose slow-bolting varieties suited to leaf production and delayed flowering.

All parts of this plant are used to flavour cooked dishes, salads or salsas.

The sharp-tasting leaves resemble flat-leaf parsley and are used in Asian, Indian and Middle Eastern dishes.

Use the leaves fresh or chop and freeze in ice-cube trays for later.

The dried seeds and roots are often used in curries and spice pastes. Roasting the seeds enhances their flavour. They work well in sweet or savoury dishes, whole or ground.





#### BASIL

Aromatic basil has a distinctive scent and flavour and is extensively used in European and Asian cooking.

There are many types suited to different cooking styles. If you like Asian cuisine, you could plant 'Thai' or 'Lemon' basil. But if a recipe calls for basil, then common or sweet basil (*Ocimum basilicum*) is what is meant.

Use your fingers to shred the fresh herb if using it in salads or pasta dishes when appearance matters, as cutting with a knife can bruise and darken the leaves.

Basil teams well with fish, chicken, egg and rice dishes, and with tomato and vegetables, especially beans, capsicum and eggplant.

#### Time for tea

Today, sweet basil is known more for its pleasant taste than its medicinal benefits.

But, due to its mildly sedative properties, basil was traditionally prescribed by herbalists as a tea for easing nervous irritability.



A sun-loving perennial, French tarragon (Artemisia dracunculus) is an essential part of the cuisine of France.

It can grow to a height of 600mm and will perform best when the old foliage is cut down to ground level at the end of autumn.

The slender aromatic leaves have a complex taste, blending sweet anise and basil with resinous undertones.

Use this distinctive flavoured herb sparingly, either fresh or dried.

It goes well with fish, eggs, poultry, veal, cheese and salads. Chop the leaves and add them to mayonnaise, salad dressings and salsa verde.



Health helper

Tarragon is mainly known today for its culinary uses, but in various countries, it is used as a traditional medicine to treat diabetes symptoms, and recent studies seem to support this.

The herb is a good source of vitamins A, C and B6, and contains antioxidants that can help to neutralise free radicals.



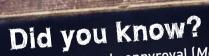
Fast-growing mint has an invasive nature and is best grown in a pot with a saucer to avoid direct contact with soil and stop it spreading.

Mint likes to be kept moist and will grow happily in a semi-shaded spot.

There are many varieties of mint, and peppermint and spearmint are the most commonly grown.

Peppermint has a strong flavour and makes a great digestive herbal tea.

Spearmint is the variety that is traditionally used in the mint sauce served with roast lamb. It also teams well with potatoes and peas, and can be used in salads and fruit drinks.



Peppermint and pennyroyal (Mentha pulegium) are natural insect repellents. A few drops of peppermint oil added

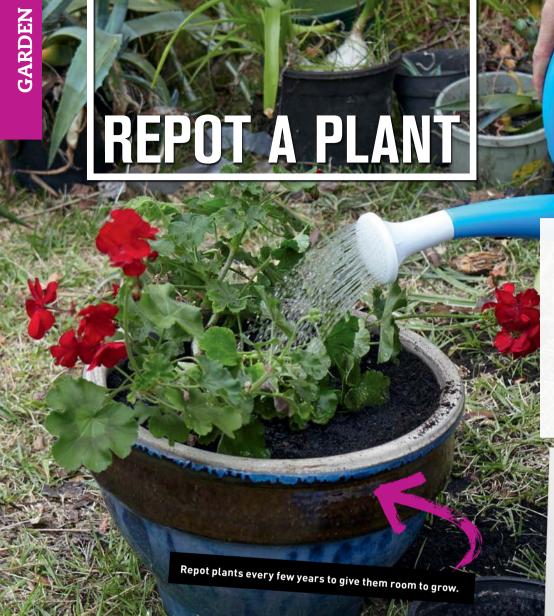
to a damp cloth and wiped on benches can deter ants and cockroaches. And a little dried pennyroyal mint under your dog's bedding can help repel fleas. But don't use with expectant dogs and cats.



Peppermint (Mentha x piperita) helps to relax the gut, working to relieve cramping, gas, indigestion and inflammation.

Drinking a cup of mint tea may also relieve nausea. Fresh mint contains small amounts of fibre, vitamin A and potassium.





As your plants grow they may need transplanting into larger pots.

If you can see roots on the surface of the soil or sticking out of the drainage holes, then the plant is rootbound and needs to be repotted so that it has more room to grow.

Make sure to use a premium potting mix, as they have all the nutrients a plant needs to thrive.

#### Materials

Pot
Plant
Potting mix
Fertiliser
Seaweed solution
Watering can
Gloves
Mask





#### Add potting mix

Cut open the bag of potting mix carefully. Grab a couple of handfuls of the potting mix and add a layer to the base of the pot.

**TIP** Always wear gloves and a mask when handling potting mix.



#### Remove the plant

Lift the plant out of the pot. You may need to hold the stem, turn the pot upside down and tap the base while slowly pulling it away from the plant. If the roots are tightly bound, pull them away from the rootball.



#### Transfer into the pot

Position the plant in the centre of the new pot and fill around it with potting mix, firming it down. Water in using a seaweed solution to help promote root growth and prevent transplant shock. Fertilise regularly.



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# DEG

#### What's on this month

Head down to your local Bunnings this December to get some advice for your next D.I.Y. project



31 [SAT]

#### **GAME MAKERS**

Create a fun game to challenge your friends.



SAT]

11 [SUN]

#### SANTA'S LITTLE HELPER

Christmas arts and crafts.



24 [SAT]

#### **CRAFTS**

Create a work of art using a range of materials.



31 [SAT] O<sub>1/JAN</sub> [SUN]

#### **OUTDOOR BUILDING**

Tackle that next project and learn handy tips.

If you live in South Australia, speak to a team member or visit bunnings.com.au/yourstore for details about our great one-on-one D.I.Y. workshops. These workshops run from 10am to 4pm each Saturday and Sunday.

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- 3. Euro Design Cage Lantern
- 4. Tuscan Path Provincial Dog Statue
- 5. Scheurich 740 Pots
- 6. Scheurich Red Mini Expressive Pot
- 7. Scheurich 800 Galaxy Pot Collection
- 8. Tuscan Path Provincial Cat Statue











